WWW.LIGHTHOUSENOW.CA

A DIVISION OF ADVOCATE MEDIA INC.

LIGHTHOUSENOW
PROGRESS BULLETIN

shining a light on the progress of our south shore

WEDNESDAY, OCTOBER 10, 2018

BRIDGEWATER, NOVA SCOTIA, CANADA

Proudly Independent Since 1875

$2.17+HST
Publication # 40031078

142nd Year • No. 41

MODL, TOB to take over running of LCLC

Plan is to avoid duplication of services and increase accountability

By GAYLE WILSON
gayle.wilson@lighthousenow.ca
@wilsonLHNOWnews

The Municipality of the District of Lunenburg (MODL) and the Town of Bridgewater (TOB) agreed at a joint in-camera meeting October 3 to take over the management of the Lunenburg County Lifestyle Centre (LCLC) and integrate their three recreation services.

In special council meetings following the session, the two municipalities voted to amend the Lunenburg County Multi-Purpose Centre Corporation (LCMPCC) Agreement, which governs their association with the LCLC.

The LCLC's management and administration will be carried out under the jurisdiction of a management board, which will consist of three elected representatives from MODL's council and three from TOB's council.

"The implementation of this is the overarching operation and management of the LCLC will be through the Municipality of the District of Lunenburg's director of recreation," the TOB's chief administrative officer (CAO), Richard MacLellan, told *LighthouseNOW.*

According to MacLellan, MODL's Trudy Payne will be tasked with integrating recreational programming through the LCLC in order to eliminate any duplication of services between MODL, TOB and the LCLC.

MacLellan said the move is "all about accountability to the taxpayer, and transparency."

It gives the councils "authority to be accountable for the financial and programming decisions at the LCLC.

"As well, it is about some efficiency and finding opportunities to integrate work to deliver better overall recreation and economic development outcomes to Lunenburg County," commented the CAO.

MacLellan said the agreement covers all of Bridgewater's recreation activities, though it not all of MODL's.

"The municipality obviously has rural aspects to their recreation service delivery that there wouldn't be duplication at the LCLC or the Town of Bridgewater. They do have some differences."

The arrangement took effect on October 4.

MacLellan declined to comment on what this means for the LCLC's current general manager, Kevin Benjamin.

"I'm not going to speak to staffing matters at this time," he said.

See LCLC on page 2

DAVID SORCHER, PHOTO

On Thursday, October 4 coastal touring companies and other concerned citizens staged a "peaceful paddling" at Mahone Bay to protest offshore drilling with a non-motorized flotilla of kayaks and paddle boards. More than a dozen kayaks took to the water from the Mahone Bay Civic Marina. Karl Marsters of Pleasant Paddling in Lunenburg ventured out with one of his daugthers, Myra, on board.

Anti-drilling advocates denounce offshore activity at packed public meeting

By KEVIN MCBAIN

More than 100 people packed the Mahone Bay Centre October 3rd to show their support and learn more about the fight against offshore oil drilling off of Nova Scotia's South Shore.

The Council of Canadians and the Campaign to Protect Offshore Nova Scotia (CPONS) hosted the event.

The goals of the speakers were simple: to persuade those gathered of the devastation that could occur if an oil spill happened off of Nova Scotia's beautiful shores. Such a spill could prove disastrous to the fishing and tourism industries – the lifeblood of the province, speaker after speaker argued.

BP Canada has been performing exploratory drilling less than 50 kilometres off the shore of Sable Island, Canada's newest protected park. They have permission from the Government of Canada to drill six more by 2022.

Melissa Labrador, from the Wildcat Community in South Brookfield. opened the event with a prayer.

"Thousands of years ago our ancestors welcomed guests to our land with the understanding that they would look after our Mother Earth," she told the audience. "But we are not doing that. We are supposed to be her caretakers.

See OFFSHORE on page 2

IN THIS ISSUE

Comment..... 4
Lifestyles..... 17
Rural Ink 10
Log 19
Sports..... 11
What's On..... 22
Arts..... 14
Classifieds..... 25

Tell us what you think: www.lighthousenow.ca/survey

FRIES WITH THAT?
Burger joint
Page 10

FLAME ON!
Fire artists
Page 13

PODCAST PERFORMANCE
Laurie Brown live
Page 14

We care about our environment
Please recycle this newspaper
7 72445 00001 2
A publication of
LIGHTHOUSENOW.CA

INJURED?
Wells Lamey Mailman & Bryson
Call for your FREE CONSULTATION
(902) 275-3544
chester@hwlblaw.com
ACCIDENT AND PERSONAL INJURY LAWYERS
154889

Anti-drilling advocates denounce offshore activity at packed public meeting

OFFSHORE from page 1

"My grandfather gave me some advice…look at these things like what we are doing to our own body," she added. "At some point we lost the respect of our land. There is so much risk when you start disturbing the land."

Maude Barlow, the Honorary Chairperson of the Council of Canadians, Canada's largest public advocacy organization, took the podium next.

Barlow said that she was proud of her government at the most recent Paris Climate Change conference that she attended.

"I was at the Paris Climate Change Conference and Prime Minister Trudeau made a lot of promises and for once, I wasn't embarrassed by where I came from. But he hasn't kept any of those promises.

"Then I saw the Minister of Environment and Climate Change, Catherine McKenna, on a beach in Nova Scotia saying this project will be safe," Barlow told the crowd.

"We are calling for a moratorium and public hearings," she said. "When does it become enough. We are putting money into projects like this when we should be putting it towards alternative energy for now and for future generations. This is the time to stop growth of this industry and start the transition to alternative sources of energy."

She closed by saying, "We are a part of a local movement. If there is exponential threat, there is exponential hope."

Mahone Bay's Mayor, David Devenne, took the mic next. Elected mayor in the 2016 municipal election, he has been involved in many municipal committees and has previously served as the chairman of the Mahone Bay Wooden Boat Society, the Classic Boat Festival and the Civic Marina.

"After the fishing disappeared, tourism became our lifeblood. Tourism in Nova Scotia brought in $3.2 billion last year and there is a concerted effort to grow that six-fold in the next decade," Devenne said.

"We want people to move here and work here and be successful. Tourism has that potential to get people here to stay," he added. "Can you imagine what would happen if an oil spill were to occur? We had a 10 per cent growth in Mahone Bay between the 2012-16 census. They see opportunities here. You can't take away the tourism and fishing possibilities.

"Council unanimously supported writing to federal minister asking to review the process which they give out the drilling permits and to consult with the public," he said.

Chelsea Fougere is an environmental researcher and anti-capitalist activist. Although Fougere hails from the Annapolis Valley, she lives a double life between the South Shore and Halifax. She is an organizer with Solidarity Halifax and CPONS.

"This is also a clear example of how capitalism corrodes our democracy," she said.

Fougere told the crowd that they are not trying to take jobs away from the oilfield workers, but rather they are attempting to work towards a more sustainable future by putting workers into other jobs that won't harm the environment.

The forum in Mahone Bay was one of four events hosted by CPONS and the Council of Canadians. On October 2, there was a rally in Halifax outside of Neptune Theatre. And on the morning of October 4 peaceful paddling flotillas took to the waters in Mahone Bay and off of Lower Prospect Road in Halifax to raise of the drilling.

A public panel also took place at the Maritime Museum of the Atlantic.

These events coincided with the Maritimes Energy Association's Core energy conference on Canada's East Coast energy future.

DIRTY OIL OR OFFSHORE WEALTH?

Panelists at the Mahone Bay Centre offered up the following statements:

Royalty payments from offshore oil production between 2000 and 2016 was just $1.9 billion.

In one year, tourism ($2.6 billion) and fisheries ($1.8 billion in export value) brought more value to the province then 16 years of offshore oil royalties, according to numbers from 2016.

There are online and paper petitions with more than 60,000 signatures to date. When 100,000 signatures are reached the petition will be delivered to federal Environment and Climate Change Minister Catherine McKenna. To sign the online petition, you can go to: https://protectoffshorens.wordpress.com/take-action/

BP started drilling its first exploratory well in April of this year. Just 61 days later a leak occurred, spilling 136,000 litres of synthetic drilling mud.

Equinor, formerly Statoil plan to conduct seismic testing starting next year. As well, a Norwegian company called MKI has an application started for a 10-year seismic project for the entirety of the Scotian shelf.

Mayor Devenne said that the Town of Mahone Bay is working with more sustainable development. The wind farm currently in place produces about 20 per cent of the energy they need. They are also working on a solar power project that will produce another 15-20 per cent of energy.

MODL, TOB to take over running of LCLC

LCLC from page 1

In the coming weeks, Kevin Malloy, the CAO for MODL, and MacLellan will develop a detailed implementation plan.

The relationship between the LCLC and the two municipalities that help fund it has been proved challenging in the past.

The recreation centre's board of directors and members of TOB's and MODL's councils have often been at loggerheads regarding the amount of taxpayers' money the centre has received, and continues to ask for, and how it is being spent.

Last December the board admitted it was straining to repay $3.6-million in loans the two municipalities provided as part of the initial agreement to cover cost overruns as well as funding and grant shortfalls from construction of the centre.

Arguing that the loans inhibited the centre's ability to move forward, the board wanted the municipalities to write them off.

MODL and TOB did not agree on whether the loan must be paid back.

Before the October 3 decision to collaborate on the management of the LCLC, the two municipalities carried out a scheduled review of their memorandum of understanding with the centre.

MODL's mayor Carolyn Bolivar-Getson told *LighthouseNOW,* so far, the municipalities have only amended the Lunenburg County Multi-Purpose Centre Corporation (LCMPCC) Agreement.

"This only addresses the governance part of that. The new board will look at, I'm sure, all of the agreements that we have. And there will be recommendations coming back to the board and to the councils," she said.

Bolivar-Getson commented that the in-house model will resolve some of the issues that have been a concern for the councils, "and we definitely expect to reduce redundancies and inefficiencies and better integrate the recreation programs between the two municipal units and the LCLC.

'Council has always been concerned over the deficit. And by integrating some of these services we will be able to save money."

She gives day camps as an example, which previously were offered by MODL, TOB and the LCLC.

"And there's only so many youth out there to attend these," said Bolivar-Getson.

MODL's mayor said she believed the public has been looking for the council to work together on recreation with the town.

"I've heard it on the doorsteps when I campaigned, and people continually have said that we don't need two of everything."

According to Bolivar-Getson, among the array of managerial decisions the new board will be handling is which entertainers may be invited to perform at the centre.

The board will then take the recommendations to the councils for approval, she suggested.

Earlier this year the LCLC hired a marketing person to help with the entertainment side of the centre's operations.

FILE PHOTO

The LCLC.

The individual has since left and is yet to be replaced.

"Those are all things that will be determined in the weeks ahead," said the mayor, adding, "The expertise that we do not have in-house we'll be looking to make sure that we can acquire."

In a news release, Bridgewater's mayor David Mitchell said, "We believe that an in-house model will allow the LCLC and our recreation services to work jointly and more efficiently, which will ultimately be better for the taxpayer."

LOCAL

Friends of Nature to host screening of biomass documentary

Will be shown at group's AGM

By GAYLE WILSON
gayle.wilson@lighthousenow.ca
@wilsonLHNOWnews

MARLBORO PRODUCTIONS PHOTO
The film, which has won a number of awards since it was released last year, is produced by Alan Dater (shown here), Lisa Merton, and Chris Hardee.

The Friends of Nature, touted as Canada's oldest environmental conservation group, is inviting the public to attend a screening of the award-winning documentary *Burned: Are Trees the New Coal?* at its annual general meeting (AGM) in Chester October 11.

For the screening, the conservation group is partnering with Nova Scotia's Ecology Action Centre (EAC), which has bought the provincial rights to the film, and is encouraging community groups to attract audiences to view the production.

The award-winning documentary, produced by Alan Dater, Lisa Merton, and Chris Hardee, examines the rise of the biomass industry in the eastern United States.

Its distributor, New Day Films, describes it as "the little-known story of the accelerating destruction of our forests for fuel, and probes the policy loopholes, huge subsidies, and blatant green washing of the burgeoning biomass power industry.

"Forest activists, ecologists, and concerned citizens fight to protect the forests and their communities, and debunk this false solution to climate change," the distributor notes.

The presentation will be followed by a discussion on the devastating effects of biomass electrical generation in Nova Scotia, moderated by Ray Plourde, the EAC's wilderness coordinator.

Syd Dumaresq, the chair of Friends of Nature, expressed concern about the amount of forests the biomass plant at Port Hawkesbury is consuming and suggests the volume shows no sign of letting up.

"We're losing our carbon sink and we're putting emissions into the air for very inefficient generation of electricity," he insisted to *LighthouseNOW.*

Moreover, suggested Dumaresq, "shipload after shipload" of chipped Nova Scotia wood is being

sent out of Sheet Harbour and burned in Europe.

"Now we're losing our carbon sink here again, and we're putting emissions all over Europe.

"People just don't know this is going on. It's dreadful," said Dumaresq.

He commented that the report by University of King's College president Bill Lahey, stemming from his independent review of the province's forest practices, contained nothing about biomass.

"So we were very disappointed in that."

However, the conservationists were encouraged by the fact Lahey said clear cutting should be reduced on Crown land and that there should be no clear cutting near parks and protected areas and wetlands.

"But we're just afraid that if they throttle back on clear cutting on Crown land, which is a good thing, it will just pick up the pace on clear cutting on privately owned land," said Dumaresq.

"So it was a good report, but not good enough in our humble opinion."

The screening of the documentary, and the Friends of Nature AGM , will be held at St. Stephen's Anglican Parish Community Centre, 60 Regent Street in Chester at 7:00 p.m. on October 11.

> "We're losing our carbon sink and we're putting emisions into the air for very inefficient generation of electricity."
>
> **Syd Dumaresq**
> Chair
> The Friends of Nature

KEITH CORCORAN, PHOTO

HAPPY DAY

Bridgewater Mayor David Mitchell, centre, celebrates with municipal police officers Scott Feener, left, and Danny MacPhee inside town council chambers after Feener and MacPhee lost their "acting" titles and were sworn into their permanent roles as police chief and deputy police chief, respectively. A special public ceremony marking the occasion was held October 4.

Be Safe.
Share the Road.

Starting October 1, the new Off-Highway Vehicle Pilot Project will enable OHVs to use shoulders of roadways, or the roadway when necessary, to enhance trail connectivity or access services in select areas.

Pilot Communities:
Porters Lake (HRM)
New Germany (Lunenburg Co.)
Weymouth (Digby Co.)
Walton (East Hants)
Sherbrooke (Guysborough Co.)
Gabarus (CBRM)

For more information and the rules of the road in pilot areas, visit: **novascotia.ca/ohv-pilot**

NOVA SCOTIA
157506

COMMENT

That blank front page

Did last week's blank front page baffle you? Did it surprise you? Make you angry? Amuse you? Shock you?

Newspapers do all those things, and more.

The front page was a concerted effort by newspapers across the country during National Newspaper Week to state in the most matter of fact way as possible that news matters. And above and beyond that, that local news matters.

And nowhere is this better borne out than in a new report from the Public Policy Forum (PPF). Titled *Mind the Gaps: Quantifying the Decline of News Coverage in Canada*, the report finds that the coverage of democratic institutions and civic affairs declined coincided with the downsizing, mergers and closures of print news outlets.

"Our empirical research, in summary, has found that the number of newspaper articles appearing in a sample of communities in all five regions of Canada fell by almost half over the last decade," the report's authors write.

The authors continue: "Coupled with previous PPF research and the work of academics and research institutions in Canada and elsewhere, these trends support the conclusion that the dominant for-profit models of recent decades are not sustainable and that the quality of informed democratic discourse is at risk."

As the National Newspaper Week campaign put it: Who will tell your story if the storyteller disappears?

Just how bad is it? The report notes that "From 2008 to 2016, 169 local media outlets closed and another 54 reduced services, a trend that accelerated in 2017, most notably with the swap of assets by Torstar and Postmedia."

The report's authors contend that these cuts and closures come with "major implications for Canadian politics and democracy."

They argue that access to quality news and information is "critical in a democracy as it enables citizens to know what their governments are doing, to hold those governments to account and to build a culture of civic participation and debate among citizens. Furthermore, access to quality local news is critical to a community's civic health."

Along with a research associate, Nordicity, the PPF carried out a three-month research project examining how news coverage of democratic institutions and civic affairs in local communities across Canada has changed from 2008 to 2017. They define democratic institutions as city halls, provincial courts and legislatures, local transportation authorities, school boards, police boards and so on.

"We chose to focus on these specific institutions because they are critical to having an informed citizenry in a healthy democracy and they are more practical to define," wrote the report's authors.

The report chose 20 communities, looking at languages, region, markets with closures, provincial capitals and market size (the latter was small and medium only). The authors also aimed for a balanced geographic spread as well.

They studied print reporting, measuring the change in volume by the number of articles and depth. The latter included such criteria as the presence of direct quotes, opposing perspectives, and historical context.

The authors write that they found gaps in reporting when it came to covering city hall, courts and legislature.

"Consistent with our findings above, we found that the absolute number of articles covering each area had fallen between 2008 and 2017. In absolute terms, articles covering city hall declined by 38 percent, with declines of 30 percent and 29 percent in those reporting on courts and legislatures respectively."

Furthermore, they discovered that the number of articles reporting on each of the three areas studied—city halls, courts and legislatures—have fallen by almost a half over the last decade.

Not only has the volume of coverage suffered, so has the depth of reporting, the study found.

"Unsurprisingly, the starkest contrast has been between communities with and without newspaper closures," the authors write. "Those with closures have seen a bigger fall in both volume and depth of civic affairs reporting. Communities with closures have experienced a greater growth in provincial coverage, at the expense of regional and municipal coverage, than those without.

"It is axiomatic that when a community loses its newspaper, it loses the news contained within that newspaper. That said, the illustration of that point is stark."

The sobering conclusion of the authors' work is that they contend that the "weakened economic state of the print news industry is leading to less local and community coverage in general and less civic coverage in particular. The information that reporter-based news organizations provide to inform democratic choice, hold officials to account, and allow communities to know themselves better is in sharp decline."

Nor should the news industry look to government for a bail-out, the authors maintain. Rather, government's interest is "in ensuring democracy is well-served by having a robust means of specifically informing citizens of civic activities in their communities and, more generally, of being connected to one another through common bases of information.

"The print news industry has played a vital role in this area in the past and there may be significant consequences for democracy from its decline."

That blank front page last week? It was more than a gimmick. It's a harbinger of things to come unless advertisers and readers truly believe that #NewsMatters.

TO THE EDITOR

Checking in about check ups

To the Honourable Mark Furey: This is my 50th letter about family doctors. I haven't written to you for months so I thought I'd check in to see how things are going. How are you doing? You must be busy what with people calling you about the offshore drilling, and the Crescent Beach paving, and messing around with the Public Accounts Committee, and there's always that marijuana business to look after.

Anyway , I wanted to talk about this doctor thing again. I'm a year older since I last wrote . I've had to go to emergency three times. Everyone treated me fine and I got to go to the Lunenburg Hospital, which was very nice. It's been two months now since I've had any problems with my legs or back and I hear all kinds of stories about people who are having all kinds of serious problems and having to wait a long time to see someone.

I know when we last met you said that the government was working on this and the premier keeps saying that everything is going to be fine. (Such a nice man.) I can't believe that poll that says he's less popular than Doug Ford. Must be fake news. The problem is that the doctors seem to keep moving away faster than you can hire them.

As fall approaches I keep thinking it would be nice to have a family doctor to just check on things. You know , order a blood test or two. Seems I get my car checked twice a year but I can only get help for myself when there's a breakdown.

Here's hoping the waiting list gets shorter.

JOHN CROFT
Dublin Shore

Methane pyramid scheme

John Lohr and Cecil Clarke have placed fracking in their election platforms. I think the PC Party should have a look at this because there can be known negative consequences.

The industry is highly polluting because all these wells leak methane even after they are abandoned as do the installations in cities. Methane is a potent greenhouse gas and this industry is exacerbating the problem by leaving abandoned wells behind for future generations to clean up the mess.

It is a pyramid scheme as wells run out of gas before they have paid for themselves. It is no wonder the industry is knocking on the doors of every jurisdiction that has had coal mines and coal beds trying to open new wells before the creditors catch up.

We don't hear about this because of silencing agreements between the companies and those forced to sell their now contaminated properties. I think this may move votes away from the party if the party shows disdain for the environment and the wishes of Nova Scotians.

ROB MURRAY [DDS -RET'D]
Lunenburg

It's easy to subscribe by phone, fax, mail or e-mail

p: 902-543-2457 • f: 902-543-2228
353 York St., Bridgewater, NS B4V 3K2
hello@lighthousenow.ca

PRINT & DIGITAL
Seniors $67.51
ONLY $75!

DIGITAL ONLY
ONLY $60!

www.lighthousenow.ca

NOVA SCOTIA SUBSCRIPTIONS ONLY. Rest of Canada 1 year $100.00. USA and international available on-line only

LIGHTHOUSENOW PROGRESS BULLETIN

353 York Street
Bridgewater, NS B4V 3K2
902-543-2457 • Fax 902-543-2228

A Division of advocate media inc.
902-455-2870

The NEW LighthouseNOW Progress Bulletin was established in November 2014 and now replaces The Lunenburg County Progress Bulletin (2011), Bridgewater Bulletin (est. 1887) and Lunenburg Progress Enterprise (est. 1876). LighthouseNOW Progress Bulletin is a Nova Scotia owned independent newspaper published every Wednesday by LighthouseNOW.

Publisher
- Fred Fiander

Managing Editor
- Ken Partridge

Editor
- Charles Mandel

Journalists
- Keith Corcoran
- Gayle Wilson

Print Director
- Ronald Demone

Marketing Manager
- David Wood

Marketing Advisors
- Karen Mills

COPYRIGHT

No part of this publication may be reproduced, stored in a retrieval system or transmitted, in any form or by any means, without the prior written consent of the publisher or a licence from The Canadian Copyright Licensing Agency (Access Copyright). For an Access Copyright licence, visit www.accesscopyright.ca or call toll free to 1-800-893-5777.

OUR ARCHIVES: This newspaper is archived both in hard-copy and electronically and exists as a matter of public record. LighthouseNOW does not rewrite or "un-publish" previously published news. We have no control over independent search engines.

EDITORIAL POLICY:

The publication or rejection of articles or advertisements is entirely at the discretion of the editors. Letters to the editor must be in good taste, they must be brief and must bear the signature, address and telephone number of the writer. All letters are subject to editing and publication is at the discretion of the editors. No responsibility is assumed by this paper for the opinions expressed in letters or by correspondents.
Publisher's Liability for Error: The publisher shall not be liable for slight changes or typographical errors that do not lessen the value of an advertisement. The publisher's liability for other errors or omissions in connection with an advertisement is strictly limited to publication of the advertisement in any subsequent issue or the refund of any monies paid for the advertisement.
Indemnification: The advertiser and/or advertising agency agrees to defend and indemnify the publisher against any and all liability, loss or expenses arising from claims of libel, unfair competition, unfair trade practices, infringement of trademarks, copyrights, trade names, patents or proprietary rights or violation of rights of privacy resulting from the publication of the advertiser's advertisement.

ISSN# 1025-6086

A DIVISION OF ADVOCATE MEDIA INC.
LIGHTHOUSENOW.CA

Funded by the Government of Canada | Canada

LOCAL

MODL selects building design company

By GAYLE WILSON
gayle.wilson@lighthousenow.ca
@wilsonLHNOWnews

The Municipality of the District of Lunenburg (MODL) has selected IBI Group Architects (Canada) Inc. to produce the design for a proposed new administration building on MODL-owned property at Osprey Village in Cookville.

The Toronto-based company's bid of $415,166.60 beat out seven other companies' tenders, although it wasn't the lowest.

The evaluation committee based its decision on a number of criteria, which included the design team's experience and qualifications and the key personnel who would be assigned to the job.

MODL's chief administrative officer, Kevin Malloy, who was on the evaluation committee, told a special council meeting that he was "particularly pleased with IBI."

He pointed out that the lead architect is "a protége" of MacKay-Lyons Sweetapple Architects Ltd., which was one of the companies that submitted a tender.

"They've done a lot of work in our municipality and they've had award-winning designs in this community," said Malloy.

"And so for us to have an architect that has that local knowledge is really very, very impressive."

Counsellor Michael Ernst was less impressed about the situation.

He complained about being confused regarding where council stood in respect of a new administration building. He suggested he was getting the sense that a decision had been made that there would be a new building, "and we're going ahead to appoint an architectural firm.

"Or is this just another information gathering session that's going to cost us almost $600,000 dollars?" he asked.

Malloy responded advising that council had concluded that the cost to renovate the existing administration building was high and that the available space to expand was insufficient.

"So the conclusion from council was that the most cost-effective way to go about this would be to look at a new construction," said Malloy.

"The decision was not to approve a new municipal building. The decision was to take it to the next step, which is to have a better pricing model in front of us. A better sense of what the building would look like at the footprint that we have available to us at Exit 12."

While Malloy agreed the cost for the design "is a sizable amount of money," he said the investment "will move us forward on the next leg of the journey of having much better cost information.

"As a result of this work we will have a real true sense of whether this is the direction we want to go or not," said Malloy.

Poll: Nova Scotians want capping stack on short notice for offshore oil wells

An overwhelming majority of Nova Scotians want to see a capping stack - equipment used to temporarily seal ruptured deep water oil wells - able to reach offshore drilling sites within 24 hours.

Currently, the nearest capping stacks to offshore drilling in Nova Scotia are at least 12 days away in Norway.

Ninety per cent of Nova Scotians contacted for a Corporate Research Associates poll supported a capping stack within 24 hours of an offshore drill site.

The new poll also found that 54 per cent of Nova Scotians polled opposed BP drilling offshore for oil, while 44 per cent supported the exploratory wells.

The Council of Canadians commissioned the poll ahead of an energy conference that kicked off October 2 in Halifax.

BP was a silver sponsor of the Maritime Energy Association Core conference, which was looking at Canada's East Coast energy future.

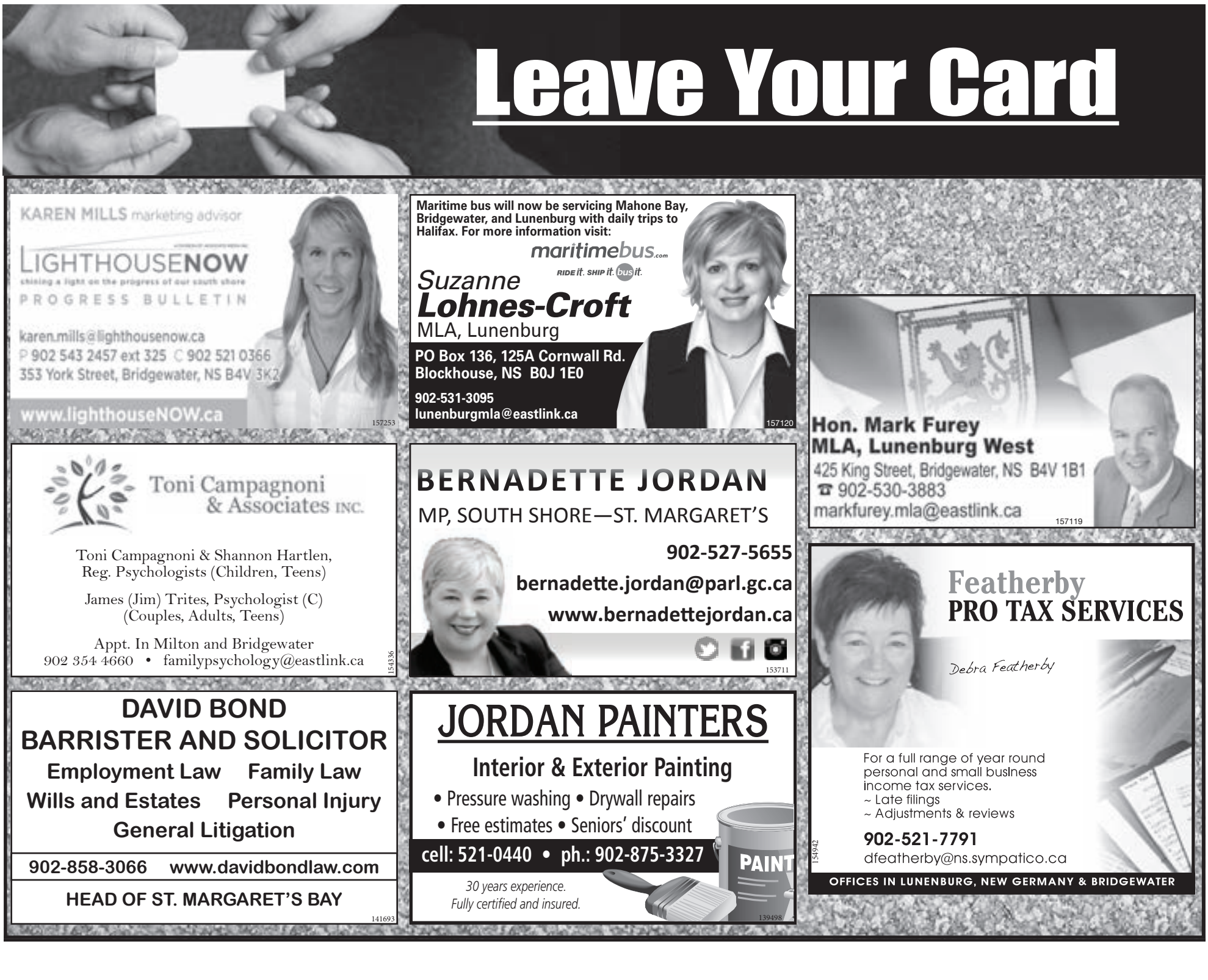
The oil company has resumed drilling of its first of seven proposed offshore exploratory wells. This follows a forced pause caused by a spill of 136,000 litres of synthetic drilling mud 61 days after drilling began.

"BP drilled and BP has already spilled. Approval happened without public consultations in the very communities that stand to be impacted most from a major spill," says Marion Moore from the Campaign to Protect Offshore Nova Scotia (CPONS).

"We are calling for a public inquiry into offshore drilling in Nova Scotia and a moratorium until this happens. Drilling is proceeding without regard for the impact it will have on our fisheries or tourism industries, and without meeting the highest oil spill prevention and response standards, which our communities deserve."

The Council of Canadians and CPONS are organizing a series of events this week responding to the Maritime Energy Association's Core conference, including a rally, public panels in Mahone Bay and Halifax, and a flotilla. All of the events will send a clear message that offshore drilling needs to be part of our past, not our future.

The poll used a probability telephone survey, from August 16 to September 1, 2018, of a random sample of 400 adults aged 18+ years from Nova Scotia. Overall results are accurate within ± 4.9 percentage points, 19 times out of 20. Margins of error for sub-samples will vary by size and are available upon request.



LOCAL

Police warn community 'train' operator about driving ride on town streets

By KEITH CORCORAN
keith.corcoran@lighthousenow.ca
@NewsmanKeith

The driver of a childrens' ride operating during a weekend fundraiser was warned about taking the attraction to the streets.

Children riding in trailers hauled by a "black and yellow striped jeep" were seen travelling September 29 on the west side of town, driving on King Street and Dufferin Street. The Bridgewater Police Service conducted a traffic stop at the Gateway Plaza and issued a written warning to the driver whom, Deputy Police Chief Danny MacPhee said, was likely breaking several traffic safety rules.

"They had a route through town that they were driving with trailers that aren't safe for the road and passengers on it that aren't allowed back there; it's not a parade route," MacPhee said to *LighthouseNOW*.

Contraventions such as hauling passengers under the age of 16 without safety belts, having trailers on the road without proper registration and inspection and specific rules concerning tandem trailers and specific weights were among possible violations. The warning was specific to the passenger/seat-belt aspect.

Police saw five trailers with at least five children aboard each trailer.

"It's one thing if you're on the exhibition grounds or at the Michelin safety fair but once you're on the roadway you've got to follow the rules of the road," MacPhee said.

No charges were laid. Police didn't want to be accused of "wrecking" an event, MacPhee indicated, but the matter was documented and law enforcement delivered a cautionary message.

The Giant Tiger community train, or Tiger train, was offering rides as part of an event raising money for the SHAID Tree Animal Shelter in Whynotts Settlement. Giant Tiger is a large Canadian retailer with a store location at Gateway Plaza in Bridgewater.

A spokeswoman for Giant Tiger Stores told *LighthouseNOW* that "the store was aware of the issue and is committed to ensuring that it does not happen again."

The Tiger train is only allowed to operate on closed and secured roads and pathways, Alison Scarlett said in an email.

"At Giant Tiger the safety, security and well-being of our customers and communities is our number one priority. We will be undergoing a throughout review to determine what happened and to ensure that we are learning from this and implementing further safeguards to ensure that it does not happen again."

Thanks to the generosity of customers and a contribution from the store, the community event itself raised $1,500 for the no-kill animal shelter.

Bandana over face, Queens County man tried to breach Bridgewater pharmacy counter

By KEITH CORCORAN
keith.corcoran@lighthousenow.ca
@NewsmanKeith

With a black bandana covering his face and wearing a grey sweater, a ball-cap and gloves, a Queens County man tried to get beyond the counter to a narcotics safe at the Guardian Pharmacy in Bridgewater last year, but was met with a shut and locked access point.

A pharmacy worker helping a customer after 10 a.m., July 28, 2017, heard a noise and noticed Timothy Daniel Moore, who "got frustrated because he could not get the door open," Crown prosecutor Leigh-Ann Bryson told court September 25 during Moore's sentencing.

Struggling with the half door, Moore looked in the worker's direction and she recognized him, despite the disguise. He left without taking anything. A panic alarm was activated at the store at 10:12 a.m. and police began to look for Moore.

Just over 20 minutes later, law enforcement found Moore in a Jeep Cherokee near an Aberdeen Road apartment building after police were alerted to a man possibly matching the suspect's description appear from a line of shrubbery along a property line, scale and throw himself over a chain link fence, and walk away.

Bryson said police detected an odour of alcohol coming from Moore, who declined to provide a breath sample for analysis. Moore was on release conditions, which included a clause that he keep the peace and be of good behaviour.

Months before the pharmacy incident, Moore had stolen two air compressors and a tool kit and framing nailer from hardware stores in Bridgewater and Cookville, respectively. Police were notified of the thefts in April 2017. Moore was ordered to pay $520 in restitution to a Bridgewater pawn shop.

In September of this year, Moore stole a $380 television and a $3 loaf of bread from a Bridgewater supermarket, but abandoned the items in the parking lot and left in a vehicle after being confronted by store security.

Provincial court Judge Paul Scovil agreed with the punishment recommended by Crown and defence lawyers to penalize Moore, 30, of Charleston, with a 16-month conditional sentence.

Moore, who admitted to a total of seven charges, will be on house arrest for six months and subject to a nightly curfew for six months as part of the order. He'll remain on behavioural and other conditions for the final four months of the sentence.

He was also fined $1,300 and prohibited from driving a motor vehicle in Canada for one year as result of the breathalyser refusal charge.

Moore is receiving counselling for an opiate addiction and he was "drug-seeking" at the time of the pharmacy incident but "reality set in" and he left, court heard.

He apologized to the court, saying he realized what he did was wrong and is now trying to better his life and set a positive example for his children.

The remaining allegations against Moore were dismissed following sentencing.

Brush fires, and fire alarms keep crews busy

Lunenburg County firefighters answered 44 calls for service and Queens County firefighters answered 24 calls for service from Monday September 24 to Thursday October 4. Nineteen of these calls were medical assists.

On **September 24** at 2:45 a.m., Mahone Bay firefighters responded to a fire alarm sounding in Oakland.

On **September 25** at 5:15 a.m., Tri District firefighters responded to a smell of smoke in Newcombville. Wileville firefighters also assisted.

At 9:03 a.m., Liverpool firefighters responded to a fire alarm sounding in Brooklyn.

At 12:11 p.m., North Queens firefighters responded to a brush fire. Liverpool and Greenfield firefighters were also dispatched.

On **September 26** at 12:18 a.m., Chester Basin firefighters responded to a house fire in Chester Basin. Chester, Western Shore, Martins River, New Ross and Blandford firefighters were also dispatched.

At 3:40 a.m., Lunenburg firefighters responded to tires and wood on fire in Tanners Settlement. Dayspring firefighters were dispatched to stand by.

At 6:55 a.m., Hubbards firefighters responded to a grass fire in Mill Cove.

At 9:20 a.m., Conquerall Bank firefighters responded to a fire alarm sounding in Conquerall Bank. Pleasantville and LaHave firefighters were also dispatched.

At 12:54 p.m., Liverpool firefighters responded to a motor vehicle accident in White Point.

At 1:10 p.m., Liverpool firefighters responded to a power pole fire in South West Port Mouton.

At 2:27 p.m., Liverpool firefighters responded to a fire alarm sounding in Mount Pleasant.

At 4:29 p.m., North Queens firefighters responded to a vehicle on fire.

On **September 27** at 7:20 p.m., Oakhill firefighters responded to a brush fire in Dayspring.

On September 28 at 3:20 p.m., Tri District firefighters responded to a single vehicle accident in Laconia. Wileville firefighters also assisted.

At 8:29 p.m., North Queens firefighters responded to a motor vehicle accident.

At 11:00 p.m., New Germany firefighters responded to a four wheeler accident in Pinehurst.

EVAN DAHL
Dahl Dispatch

On **September 29** at 12:52 p.m., Blandford firefighters responded to a structure fire in Bayswater. Chester firefighters also responded.

At 2:06 p.m., Italy Cross firefighters responded to garbage on fire in Italy Cross. Petite Riviere firefighters were also dispatched.

At 5:28 p.m., Chester Basin and Western Shore firefighters responded for a motor vehicle accident in Gold River.

On **September 30** at 4:25 p.m., Western Shore and Chester Basin firefighters responded to a motor vehicle accident in Martins Point.

On **October 1** at 5:30 p.m., North Queens firefighters responded to a motor vehicle accident.

At 5:34 p.m., Chester firefighters were dispatched to a boat assist in Chester.

On **October 2** at 11:15 p.m., Liverpool firefighters responded to a house fire in Liverpool. Greenfield, Port Medway and North Queens firefighters also responded to the scene. Annapolis Royal firefighters were on stand by in North Queens, Tri District firefighters on stand by in Greenfield and Mill Village firefighters on stand by in Port Medway with a pumper and crew.

On **October 3** at 4:08 a.m., Lunenburg firefighters responded to a fire alarm sounding in Hermans Island.

On **October 4** at 11:35 a.m., Port Medway firefighters responded to a fire alarm sounding in Port Medway. Mill Village firefighters were also dispatched.

At 1:18 p.m., Bridgewater firefighters responded to a fire alarm sounding in Bridgewater.

At 7:10 p.m., Chester firefighters responded to a fire alarm sounding in Chester.

You may reach Evan Dahl by e-mail at evandahl10@hotmail.com, by phone at 902-298-9496 or via the Dahl Dispatch Facebook page.

town of BRIDGEWATER

PUBLIC HEARING
PROPOSED TEXT AMENDMENTS TO THE LAND USE BY-LAW

Bridgewater Town Council is considering amendments to Section 3.1.33 of the Land Use By-law, to further regulate the use of outdoor furnaces by adding provisions to require certification with the Canadian Standards Association or the EPA's Standards of Performance for New Residential Wood Heaters. Additionally, provisions related to chimney height and material used in the burning process.

A Public Hearing will be held by Council at 6:00PM on Monday, October 22, 2018, in Bridgewater Council Chambers at which time oral and written presentations on this amendment will be considered.

Copies of the proposed amendments and relevant planning documents are available at the Bridgewater Planning Department located at 60 Pleasant St., during office hours 8:30AM to 4:30PM or by contacting Nelson Nolan, Planning and Sustainability Intern at 902-543-0434, or via email at Nelson.Nolan@Bridgewater.ca.

157584

UP TO 60% OFF MATTRESS SETS
SIMMONS • SOMMEX • SPRINGWALL • MacGREGOR
39" Mattress starting at $99.95
54" Mattress starting at $149.95
All Canadian Made SOFA SETS 20 - 40% off
BED FRAMES from $50.00
RECLINERS Starting at from $499.00
ABE'S FURNITURE
Mahone Bay 902-624-8512
Mon. to Thurs. 9-5 Fri. 9-9 Sat. 9-4
FREE LOCAL DELIVERY
TRADES WELCOME
147025

LOCAL

Office of the Fire Marshal deems last winter's deadly Mill Village blaze undetermined

By KEITH CORCORAN
keith.corcoran@lighthousenow.ca
@NewsmanKeith

The cause of a blaze that destroyed a Queens County home where investigators found human remains is classified as undetermined by the province's Office of the Fire Marshal, a recently released report indicates.

The findings are contained in a 14-page document submitted by Deputy Fire Marshal Andy Wentzell. Investigators came to the conclusion following an examination of the incident scene, interviews and other information. A partially redacted version was released to *LighthouseNOW* via freedom-of-information legislation.

"It is hypothesized that a fire started in or around the main floor of the dwelling consuming the materials within the home. The fire grew with intensity from the first floor extending into the second floor and attic space of the one half storey addition to the west," said Wentzell's report, which was filed in June but only recently released.

"The closest next-door neighbour was away, allowing the fire to grow unnoticed until smoke was noted from the highway indicating a fire in that vicinity."

Volunteer fire services, including the local Mill Village department, were summoned to the Mill Village East Road address around 11:20 a.m., January 26, and found the two-storey home fully engulfed in flames.

"Everything was on fire — the whole front of the house, out through the roof, out through the sides, everywhere," Mill Village fire chief Donald Whynot told a Halifax newspaper at the time.

Emergency crews later discovered a man's remains. Wade Dennis MacIntosh, 62, was originally from Liverpool.

Law enforcement initially described the fire as "suspicious" in nature but soon ruled out that account.

Wentzells' report outlines how it's believed the fire spread and describes the extent of the damage. The "conclusion" portion of the document highlights information, such as that "witness videos noted [a] portion of the building was not involved in fire prior to the fire department arriving."

The report also reads, "the oil barrel was noted as being empty and witness statements stated the owner was using kerosene and space heaters to heat the home." Two kerosene heaters and one space heater were found in the home. One kerosene heater was in a "relatively undamaged" area and the remaining heaters were deemed to have not contributed to the fire's origin.

The Queens County fire was the second deadly blaze in the region in as many days.

Arnold Albert Joudrey, 92, was found dead following a January 25 house fire in Lower Northfield. The cause of that incident was ruled accidental because of "an undetermined failure of a wood burning appliance."

Thinking about fall projects? Looking to do home renovations? Give us a call!
renovations • additions • roofing
siding • interior • exterior
RESIDENTIAL & COMMERCIAL
Wade and Patricia Joudrey
Phone 902-543-8288 • Cell 902-529-2501
pjwj@eastlink.ca
FREE ESTIMATES!
Crouse & Sons Construction Ltd.

TIDE • TABLE

Wednesday, Oct. 10 to Wednesday, Oct. 17

Wednesday, Oct. 10			**Thursday, Oct. 11**		
low	*0.33 ft.*	3:51 am	low	*0.59 ft.*	4:35 am
high	*6.33 ft.*	9:39 am	high	*6.20 ft.*	10:22 am
low	*0.30 ft.*	4:22 pm	low	*0.39 ft.*	5:06 pm
high	*6.00 ft.*	10:04 pm	high	*5.81 ft.*	10:50 pm
Friday, Oct. 12			**Saturday, Oct. 13**		
low	*0.95 ft.*	5:20 am	low	*1.31 ft.*	6:08 am
high	*5.94 ft.*	11:04 am	high	*5.61 ft.*	11:46 am
low	*0.59 ft.*	5:52 pm	low	*0.85 ft.*	6:41 pm
high	*5.58 ft.*	11:36 pm			
Sunday, Oct. 14			**Monday, Oct. 15**		
high	*5.28 ft.*	12:21 am	high	*5.02 ft.*	1:08 am
low	*1.67 ft.*	7:01 am	low	*1.97 ft.*	7:58 am
high	*5.28 ft.*	12:29 pm	high	*4.95 ft.*	1:14 pm
low	*1.08 ft.*	7:32 pm	low	*1.31 ft.*	8:25 pm
Tuesday, Oct. 16			**Wednesday, Oct. 17**		
high	*4.76 ft.*	1:58 am	high	*4.56 ft.*	2:56 am
low	*2.13 ft.*	8:54 am	low	*2.20 ft.*	9:48 am
high	*4.66 ft.*	2:05 pm	high	*4.49 ft.*	3:06 pm
low	*1.51 ft.*	9:17 am	low	*1.61 ft.*	10:08 pm

157734 Level of accuracy may be affected by weather patterns and circumstances.

HONDA Honda Canada Finance Inc. All offers are from Honda Canada Finance Inc., O.A.C. Offers only valid for residents of Atlantic Canada and at participating Honda dealers located in Atlantic Canada. Available while quantities last. In the provinces of NB/ NS/ NL/ PEI: Prices and/or payments shown do not include PPSA lien registration fee of $63/$70.75/$55/$59 respectively and lien registering agents fee of $5/$5/$5/$5 respectively which are both due at time of delivery. Based on 60 month term. *Weekly leases based on new 2018 Civic Sedan DX 6MT(FC2E2JE) for 60 month term, OAC. Weekly payments are $49 for 60 months for a total of 260 payments with $0 down payment and a total lease obligation of $14,651. Payments include $1,655 freight and PDI. $0 security deposit required. First weekly payment due at lease inception. Lease rate is 1.99% APR. 100,000 kilometre allowance; charge of $0.12/km for excess kilometres. License, insurance, applicable taxes, PPSA and registration are extra. Option to purchase at lease end for $6,548, plus taxes. **$750 Cash Back is available on new 2018 Civic Sedan models (excluding Type R) when you lease or finance with Honda Canada Finance,OAC. Cash Back will be deducted from the negotiated price after taxes. Offer cannot be combined with other Civic special offers. Offer valid until October 31, 2018 and is subject to change without notice. †: Best selling car based on annual sales by category in Canada as reported January, 2018. All offers and conditions for a limited time only and subject to change without notice. Errors and omissions excepted. See your Honda dealer for full details.

HONDA TIRE SOURCE LOWEST PRICE GUARANTEE*
If you find a lower advertised price within 30 days of purchasing any of our selected tire brands, your local Honda dealer will match the lower price!*
Honda Winter Tire Package
Set of 4 starting from only $388.88**
Book your appointment online today at honda.ca
HONDA GENUINE PARTS & SERVICE
157649
MICHELIN TOYO TIRES GOODYEAR BFGoodrich DUNLOP Firestone UNIROYAL YOKOHAMA Continental GENERALTIRE Hankook PIRELLI

All offers are effective October 12 - December 21, 2018 when you present this ad at participating Atlantic Honda Dealers, OAC. Prices may differ depending on vehicle model and year. *Should you find a lower advertised price within thirty (30) days before or after the purchase of qualifying tires from a participating Honda dealer, present the Honda dealer where you purchased or intend to purchase qualifying tires with proof of the advertised price and they will match the lower price. Offer does not apply to quotes or advertised prices from outside Canada, online auction sites, wholesalers, online retailers that have no physical stores in Canada, closeout/liquidation/clearance sales, advertising errors or misprints or restricted offers. Subject to stock availability. Qualifying tires must be purchased and installed at a participating Honda dealer in Canada. Advertised item must: (i) be an in-stock brand, excluding Bridgestone, be of the same brand, size, model, sidewall, speed and load rating; (ii) be sold through an authorized retailer located in Canada; and (iii) be in Canadian dollars. Lowest Price Guarantee does not apply to costs associated with labour, valve stems, mounting/balancing, disposal fees and taxes. Some restrictions apply. **Tire offer of $388.88 is for a set of 4 - 15" Uniroyal Tiger Paw Ice and Snow III - 205/65R15 (PN05587). Excludes costs associated with installation, valve stems, mounting/ balancing, disposal fees and taxes. Environmental fees may be extra in certain regions. A $40 mail-in manufacturer rebate has been applied to the total price. Full mail-in rebate details are available directly from the individual tire manufacturer. Offer subject to change or cancellation without notice. Errors and omissions excepted. Ask your Honda dealer for details.

THE COURT REPORT

■ **Teen admits to dangerous driving**. A Lunenburg County teen will be sentenced in November on two counts of dangerous driving causing bodily harm connected an alleged incident last year. A defence lawyer representing **Jesse Leo Hamm**, 19, of Simms Settlement intends to request the matter proceed through an out-of-court restorative justice program. In the meantime, a pre-sentence report, a document outlining the accused's background and personal circumstances that's designed to help a judge decide punishment, will be prepared before the judge considers Hamm's fate. The case, which was in front of Judge Paul Scovil on October 1, was scheduled for preliminary hearing to determine if there was enough evidence to go to trial. At the time, Hamm elected to have his supreme court trial heard by judge alone before changing his election on October 1 and entering pleas. In a news release dated October 1, 2017, RCMP said police responded to a crash involving a car and a parked sport utility vehicle (SUV) on Central Street in Chester on September 29. Police said two men in the SUV were hurt and required transport to hospital in Bridgewater. An air ambulance was later required to take one of the men to hospital in Halifax due to the seriousness of his injuries.

■ **Assaulted man.** A Bridgewater woman avoids a criminal conviction on her record when she completes a year of supervised release. **Holly Elaine Marie Orman**, 28, was placed on a year of probation October 3 after she admitted to kicking and punching a man with whom she was in a domestic relationship and trying to grab his cell phone. Orman, who committed the offence in May, was granted a conditional discharge.

■ **Pair test drug charges.** Two Lunenburg County men charged with drug offences intend to test the Crown's case against them during a preliminary inquiry. **Jason Ashley Dalby**, 41, of Middlewood and **Colby Gabriel Oickle**, 23, of Bridgewater are each charged with possessing cocaine for the purpose of trafficking. Oickle is also charged with breaching probation. The preliminary inquiry is scheduled for late November and they've elected to have their trial heard in Nova Scotia Supreme Court by judge alone. The allegations arise from a four-month police investigation, culminating with a targeted traffic stop July 10 in Oakhill, Lunenburg County. RCMP, in a news release at the time, allege "a significant amount of cocaine was seized from the vehicle." Defence lawyers on behalf of Dalby and Oickle made the elections during provincial court proceedings October 3.

■ **Conditional discharge for assault.** A 40 year old Middlewood man avoids a criminal conviction on his record when he completes eight months of supervised release. During a verbal dispute last year with another individual, **Darren Theodore Sarty** threw a bottle of liquid at the person, causing the substance to splash onto the person's clothes and face. There is a differing view on what that liquid was; the Crown alleges it was urine but the defence said it was expired apple juice. Sarty was sentenced to the period of probation on October 1.

■ **Conditional discharge for obstructing police.** A Lapland man was granted a conditional discharge, which means no criminal record for him once he completes a year of probation. **Brandon Trevor Myra**, 22, grabbed an officer while the lawman was engaged in the execution of his duties last summer. The incident occurred in Bridgewater in August 2017. As part of his sentence, Myra must complete 20 hours of community service work. He was sentenced in late September.

■ **Over the limit**. A Bridgewater man will spend 30 days in jail after admitting to operating a motor vehicle with a blood alcohol level over the legal limit. **Christopher Patrick Duffney**, 26, will serve the time on weekends starting in November. Earlier this year, police encountered the vehicle he was driving and an officer noted an odour of alcohol on Duffney's breath. Duffney subsequently registered breathalyser readings of 160 and 150 milligrams of alcohol in 100 millilitres of blood. The legal limit for a fully-licenced driver is 80. In March, Duffney was prohibited from driving a motor vehicle in Canada for a three-year period as part of the sentence, the final terms of which were set out October 2.

Well-timed, face-to-face conversations about online behaviour vital toward cybersafety

By KEITH CORCORAN
keith.corcoran@lighthousenow.ca
@NewsmanKeith

The third and final instalment of an *Our Kids on Tech* talk highlighted the importance of parents and young people having well-timed face-to-face conversations about digital conduct that can have long-lasting consequences.

A duo panel offering a youth perspective, My Nguyen and Vic Naugler of the local YMCA's youth leadership program, offered perspectives containing a mixture of advice and vigilance.

"Internet can be a wonderful world but you have to navigate cautiously," Nguyen told the audience gathered in a hotel conference centre.

Added Naugler: "Without the correct knowledge or precautions it can be a harsh world."

The non-profit organization, Be the Peace Institute, which promotes gender equity and other social causes, hosted the October 3 public talk in Cookville on cybersafety.

The pair suggested explaining and educating about potential online risks works better than finger-wagging from someone in authority. And if there is a problem, they believe it's better dealt with in a way that doesn't draw too much attention.

Panelists included professionals with expertise in sociology, law, justice and health.

Family psychologist Ayala Gorodzinsky of the IWK Health Centre urged adults to keep all lines of communications open even if they don't understand all the ways of the World Wide Web or electronics.

"Kids know more about apps and technology than we do, but don't let your fear of technology get in the way of you investigating and looking into and reading about all the apps your kids are using," she said.

She said part of getting through to teens is trying to understand their thought process. Teens think of themselves as unique and special and don't think anything bad will happen to them even if it's happened to someone else, Gorodzinsky said. They also believe they're constantly being watched. For them, it's about fitting in and not being rejected, she said, advising adults to choose and time carefully conversations about online behaviour.

"Talk to your kids and others people's kids, and for the kids, talk to your parents and other people's parents," Sue Bookchin of the Be the Peace Institute, urged the audience before wrapping up the discussion, "and let's see if we can do better at this and learn more."

RELIGION DIRECTORY

Services for October 14, 2018

St. Paul's Evangelical Lutheran Church
25 Phoenix Street, Bridgewater, 543-4106
stpaulsbwr@eastlink.ca

SUNDAY, OCTOBER 14, 2018
9:00 am Celebration & Praise
9:00 am Sunday School
11:00 am Worship (HC)
3:00 pm Ridgewood

WEDNESDAY, OCTOBER 10, 2018
10:30 am Bible Study
1:00 pm Choir
5:30 pm Community Café

JESUS
"May the Peace of Christ Jesus be with you today and always"

Pastor Paul Jensen – Organist: David G. Zwicker

ST. JOHN'S ANGLICAN CHURCH
LUNENBURG
HERITAGE, FAITH, VISION SINCE 1753

Sunday, October 14: 21st Pentecost
Holy Eucharist 8:30 am
Holy Eucharist 10:30 am
Sunday School 10:20 am Parish Hall
Chester Brass Band 3:00 pm

Holy Eucharist every Wednesday at 10:00 am

Reverend Alvin Westgate, Priest in Charge; Parish Office 634-4994 / www.stjohnslunenburg.org

Bridgewater United Church

SUNDAY, OCTOBER 14, 2018
21ST AFTER PENTECOST
10:00 am Coffee, Tea and Conversation
10:30 am Worship and Sunday School

SATURDAY OCTOBER 20, 2018
7:00 pm Songs and Stories with Dave Carroll of Sons of Maxwell
All Are Welcome

Rev. Jeff Chant; Minister Angela Clifton, Pastoral Care Minister; Congregational Designated Minister
Organist & Choir Director: Wendy Fraser
Office open weekdays, 9:30 am to 1:00 pm | 87 Hillcrest Street, Bridgewater, NS
902-543-4833 | buc@tallships.ca | www.bridgewaterunited.ca

Central United Church
Cumberland St., Lunenburg

Sunday Service and School
October 14 at 10:30 am

"There is a Welcome for You at Central"

Rev. Grace Caines-Corkum, Minister
John Scott, Minister of Music

ANGLICAN PARISHES OF PETITE RIVIERE & NEW DUBLIN
E-mail: oro@eastlink.ca Phone: (902) 634-8589 www.prnd.ca
Rev. Oliver Osmond

SUNDAY, SUNDAY OCTOBER 14TH
Twentieth Sunday after Trinity
9:00 a.m. St. Johns West Dublin
Holy Communion
11:00 a.m. St. Marys Crousetown
Holy Communion

All services according to the Book of Common Prayer
"O worship the Lord in the beauty of holiness"

Zion Evangelical Lutheran Church
Pastor Rick Pryce
Corner of Cornwallis and Fox Street, Lunenburg

SUNDAY OCTOBER 14TH
9:45 a.m. Sunday School
11:00 a.m. Morning Worship
WEDNESDAY OCTOBER 10TH
7:00 p.m. Bible Study at Grace
SATURDAY OCTOBER 13TH
4:30-6 p.m. Sauerkraut Supper
~ WE WELCOME YOU ~
WHEELCHAIR ACCESSIBLE

Canada's Oldest Lutheran Congregation - Celebrating 241 Years!

St. Andrew's Presbyterian Church
Old Town Lunenburg
Minister - The Rev. (M.) Suk - Ho Lee
Rev. Dr. "Sandy" P. A . McDonald - Interim Moderator
David Findlay - Organist

Sunday Worship Services begin with refreshments and conversation at 10:00 a.m.
Worship service at 11:00 a.m.
Sunday School 11:00 a.m.

Everyone Welcome!

ST. JOHN'S EVANGELICAL LUTHERAN CHURCH
Pastor Adam Snook

Worship Service
& Sunday School 11 am

"There is a place for You at St. John's"

89 Edgewater Street, Mahone Bay, NS ~ 902-624-9660
www.stjohnsmahonebay.ca

St. Joseph's Catholic Church
123 Pleasant St., Bridgewater, NS
saintjosephs@eastlink.ca

St. Norbert's Roman Catholic Church
121 York St., Lunenburg, NS
stnorbert@eastlink.ca

(902) 543-2184

Sunday Mass Schedule
St. Matthew's Elmwood, Sat @ 9:30 am - Jun. - Sept.
St. Joseph's Bridgewater, Sat @ 4 pm, Sun @ 11 am
St. Norbert's Lunenburg, Sun @ 9 am

Weekday Mass Schedule (No mass on mondays)
Tuesday - 9 am St. Joseph's (Chapel)
Wednesday - 7 pm St. Norbert's
Thursday - 7 pm St. Joseph's
Friday - 9 am St. Joseph's (Chapel)

157714

IN YOUR COMMUNITY

CONTRIBUTED PHOTO

Fishermen's Memorial Hospital Auxiliary meeting

Thirty-two members of the Fishermen's Hospital Auxiliary met on September 27 with President Eija Forster in the chair. Peter and Virginia, co-chairs of the NSAHA Western Region joined us as guests.

Cheryl Mackay, from the Alzheimers' Society, presented members with very comprehensive information on understanding dementia. She talked about the causes and warning signs of dementia as well as some positive activities that can be done to help avoid those risk factors.

The summer pantry table, during the Lunenburg Street Festival, was deemed a wonderful success for our first effort. The community donated so many wonderful food items and then showed up in droves to purchase those tasty treats and/or make donations to the auxiliary. Special thanks to the Knot Pub for donating one of their famous peanut butter pies for a very successful raffle prize. With a few tweaks, the auxiliary would like to host another one next year.

St. Norbert's Catholic Church recently made a generous $200 donation to the auxiliary.

Joy Saunders, who has managed the VON foot clinic since 1996, is retiring from this important volunteer job. The auxiliary members extended their great appreciation and thanks to Joy for her longtime dedication. She leaves very big shoes to fill.

Beautiful handmade Gift Shoppe donations from Pauline Massey, Everett Mosher, Phyllis Schmeisser, Rosabelle Mosher, Jean Feindell, Pat Rutherford and the St.James Knitters were accepted gratefully. The used book donations have also been amazing. The auxiliary thanks all community members for their ongoing support. Visit the Gift Shoppe to view the new autumn items, as well as the other great selections available.

The membership committee is working on designing a logo for the auxiliary. They continue to work towards an orientation tour of the hospital for our members, as decisions on purchases are more easily understood when familiar with the areas requesting support. The committee is celebrating that we have 21 new members since we started our drive ion November 17.

Anne Cosgrove made up personal care kits and pyjamas (courtesy of the Daisy) for the use of patients in the FMH emergency room. The auxiliary will continue to support these needs.

To date, we have three members attending the Western Regional Meeting in Liverpool on Oct.22nd; still room for others.

Next regular meeting will be on Thursday, October 25 at 10 a.m.

SUBMITTED PHOTO

Stamps dating from the 1939 royal visit.

Annual stamp show focuses on embroidered postcards

The 23rd Annual Stamp Show and Exhibition, Stampex18, will be held at the Michelin Social Club, Bridgewater on Saturday October 27. The show is hosted by the South Shore Stamp Club. The exhibition gets underway at 10:00 a.,m

This year's show will feature a presentation at noon 12:00 entitled *World War 1: Messages Home in Silk* by Doreen Fitzgerald. Silk postcards were first introduced by a German company in 1898 and exhibited at the Paris Exposition of 1900. They became very popular with British Troops during the First World War who often sent them home. They were embroidered by French and Belgian women in their homes.

This type of postcard is fascinating in that they are little works of art. The workmanship and beauty of these little bits of history is intriguing to most people who view them. The presentation will go into detail about the history and types and will hopefully give an insight in to the story of the embroidered silk postcard.

Another presentation at 11:00 a.m. by Brainard Fitzgerald will look at the philatelic material generated by the 1939 royal visit. Three stamps would be issued by Canada in honor of the royal visit which created an interest greater than the philatelic material for the 1937 Coronation. The visit was an effort to gain support for what might become a conflict and war with Germany. Several months after their return to England war did break out. This presentation will show some of the material generated by the visit.

Stampex18 will also feature a number of philatelic displays of stamps and postal history by club members. A number of stamp dealers will be present and a large auction of stamps and philatelic materiel is scheduled for 12:20. Admission to Stampex18 is free.

Flower essences for pets

Animals have emotions just like people, and they reflect the people's emotions close to them, and the environment in which they live. Emotions such as fear, anxiety, worry or depression can lead to disease because they deplete the physical body of its natural vitality.

When caring for one's own pets or fostered animals, it is helpful to become a good observer. Learn how to distinguish between normal or regular behavior and ones which are unusual or out of balance. Thinking about the animal nature we can find some help in nature to restore their health.

GISELA LEFEBVRE

Flower essences can help restore the natural equilibrium, bringing back the balance of the emotional attitudes. The oldest and best known flower essences are The Bach Flower Remedies. This method of healing was discovered by Dr. Bach from 1920-1930 in England. The Bach Flower Remedies are made from wild flowers and are safe for people and pets.

Since antiquity, scientists already studied alternative therapies because they understood that the harmony between the body and the mind was essential to well-being. They have developed the flower essence therapy to act with those virtues out of balance by providing harmony, restoring well-being and creating the opportunity for a new pattern of behavior. The restoration balance is the objective of the therapy and the clinical results have proven to be good.

The essences are formulated from flowers infused in water and preserved in brandy or in glycerin. For pets, they can be added to drinking water and food or can also be put directly in the mouth, rubbed onto the skin, hooves, paws or beaks and added to bath water. You can put them in a spray bottle and mist an animal's kennel, stall or sleeping area. Put a few drops in your palm and rub it onto your companion animal.

Of the many kinds of flower essences the most common is rescue remedy which is made of a combination of five Bach Flower Remedies to help your pet deal with stressful situations such as going to the veterinary hospital, the groomer, thunderstorms and during fireworks, or moving to a new home.

The ingredients of this flower essence are:

Star of Bethlehem - Orithogalum umbellatum - Can help animals that have experienced abuse, trauma and shock, whether experienced recently or in the past. Helps the animal let go of the trauma and enjoy life.

Rock Rose- Helianthemum - For situations in which the animal experiences panic or terror such as an accident, going to the vet, thunderstorm or fireworks.

Cherry Plum- Prunnus cerasifera - Helps animals who seem to have lost control of their actions such as constant barking or licking.

Impatiens - Impatiens gladulifera - Helps those animals who are impatient and can't wait for their meal or to go for a walk.

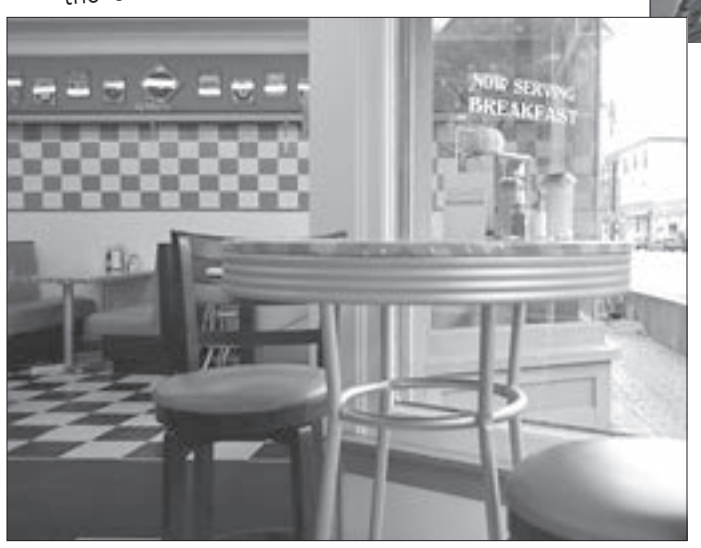
Clematis - Clematis vitalba - For animals who seem to be sleeping too much and not really paying attention to what's going around them.

Gisela Lefebvre is an animal therapist who works in Mahone Bay. She writes about animal welfare and natural therapy.

RURAL INK

GAYLE WILSON PHOTOS

The restaurant is designed to resemble a diner of the ’50s and ’60s.



JAC’s owners personally reupholstered the benches and chairs they purchased from the tavern down the road.

Debbie Dorey (centre), co-owns JAC’s Burgers & Shakes restaurant in Bridgewater with her two daughters, Danielle Oleshko (left) and Deanne Oleshko (right).

The taste of yesteryear

JAC’s Burgers & Shakes serves up nostalgia

By GAYLE WILSON PHOTO
gayle.wilson@lighthousenow.ca
@wilsonLHNOWnews

With a number of eateries closing up shop over the years, it’s no secret that Bridgewater’s restaurant industry has proven to be a tough nut to crack.

But one restaurant on King Street may have found the right ingredients for success.

Forget nouveau cuisine; JAC’s Burgers & Shakes, which opened in May, is making a go of comfort food and styles we all associate with the ’50s and ’60s.

And its success isn’t just about what’s on the menu or playing on the jukebox; owners Debbie Dorey and her two daughters Danielle and Deanne Oleshko have cooked up some helpful deals with local businesses.

JAC’s is a nod to the adage, ‘Everything old is new again.’

And, according to Dorey, it’s, well, Bridgewater.

“We knew right away we wanted a ’50s, ’60s style,” she told *LighthouseNOW* in an interview.

“For one, it’s in right now. It’s a trend.”

Secondly, she says, “It suits Bridgewater.

“A lot of seniors here. But yet again a lot of high school students.”

For students who have been craving a hang-out spot, it’s the equivalent of Arnold’s on the popular former TV show, *Happy Days*.

At the same time seniors warm to the diner decor and Doris Day and other era singers crooning from the jukebox.

“They love it. Love it here. Embraced it so much,” she says, spicing her comments with emphasis.

In the first weekend of opening on May 5th and 6th of this year, the restaurant sold approximately 900 burgers, according to Dorey.

“And then we couldn’t open Monday because we had no food left.”

Canada Day was a record for them.

“The one number that has stayed in my head is 180 milkshakes,” recalls Dorey.

“We’ve been really well received. Really well received,” she emphasized again.

“People like the concept.”

The burgers are all named after family members or friends, and even the building’s owners.

The restaurant name pays homage to the names of her father — Joseph Andrew Collins — and grandchildren — Jaxson, Alexis and Chanel.

“So it had to be JAC’s,” insists Dorey.

Having spent years working in the restaurant industry in Alberta, Dorey already had a good taste of the food service business.

She moved to Nova Scotia, where her now estranged husband, Scott Dorey, is from, but ailing parents back home had her flying back there.

She would regularly go for burgers and shakes with her father in Alberta, and one day found herself in a diner in Arizona with her snowbird sister enjoying the same.

She says she associates burgers and shakes with family time.

“So when I came back here, I said to the girls, ‘I think I want to open a burger place.’”

Rather than as a whim, Dorey made sure she approached the operation with a business plan and the knowledge whether the restaurant could make money.

“You have the dream, but is it a feasible dream?” she wondered.

Formerly a manager of a restaurant, she says she knew “a fair amount about food costing, labour costing and that.

“It’s totally different when it’s your own, trust me, but I did know that numbers had to be there.

“And I also know that this industry is hard. And people open and close on a daily basis.”

> “We couldn’t open Monday because we had no food left.”
>
> **Debbie Dorey**
> Co-owner
> JAC’s Burgers & Shakes

On June 1, 2017 Dorey and her daughters got the keys to 668 King Street, once occupied by Cumings Fire & Safety Equipment.

From the get-go the restaurant has been fed by “a lot of family help.”

Her father and other family members helped finance it.

And her estranged husband, who is a contractor, oversaw the renovations, which included installing a kitchen.

Dorey and her daughters rolled up their sleeves and did a lot of the work under his instruction.

They turned to a friend who showed them how to upholster furniture, and personally re-upholstered the benches and chairs they bought from the tavern down the road.

Dorey also hunted down a supply of pre-owned restaurant equipment.

It would take them 11 months until they felt ready to open on May 5, 2018 — Dorey’s birthday.

As for the cost of investment, Dorey will say only that it was “way more than we thought.

“It’s going to take a long time to pay that back.”

However, she’s optimistic about the business.

She and her daughters have struck collaborative arrangements with local businesses to help them cope with the demand, while at the same time growing their market.

Their raw burgers are all pre-made, according to their family recipe, and packaged by Fresh Cuts Market, which means they no longer have to pat patties themselves.

And their hamburger buns come from Weagles’ Bakery.

JAC’s is also behind the pub menu at the FirkinStein brew pub across the road.

Customers can text their orders through to JAC’s, and when they’re ready a JAC’s employee takes the food over, along with the debit machine, and the customer pays for it there.

“It’s just like a second location for me that I don’t even have to look after,” suggests Dorey.

They’ve also struck a deal with the South Shore Lumberjacks hockey team, offering a restaurant gift certificate as a prize in the puck drop, which helps get the restaurant name out to a big target market.

Meanwhile, supportive customers have been bringing in memorabilia to adorn the shelving around the restaurant.

Dorey pulls out a pair of black cowboy boots donated by a customer who is a fiddler.

“I think people just want to feel like they’re a part of it,” she says.

As time goes on, the business is starting to settle in to a routine. It started out with 11 employees, including Dorey and her two daughters, but eventually the owners deemed they could run smoothly with a total of eight.

While the first month was “overwhelming,” Dorey admits September was slower in comparison. But with students back in school she’s seeing a pick-up again.

She breaks away from the interview to say to say goodbye to departing customers like they were old friends.

“See you guys again,” she says.

“You will,” they confirm in response.

As for where she sees the business going at this point, Dorey replies with enthusiasm, “Oh, only up.”

That’s literally and figuratively speaking.

According to Dorey, within a year or so they would like to expand JAC’s to include the second floor.

This week in **SPORTS**

Wileville run raises money for Dominican charity

By KEVIN MCBAIN

The second annual Empower Women's 5K Walk/Run fundraiser takes place October 13 in Wileville, and organizers anticipate that the event will be larger than ever.

"Last year we had 40 people take part and we didn't do a whole lot of advertising at all," said Tammy Crouse, event co-ordinator. "This year we are hoping for about 75 participants which would be great. It should be a lot of fun."

Participants – men are welcome - can walk, run, hop, ride a bike, or anything else for the five-kilometre trek that uses part of the beautiful Centennial trail.

All money raised from the run goes toward helping Danica's Dream Pregnancy Resource Education Center, located in Sosua, Dominican Republic. The centre was established in 2014 thanks to the hard work and dedication by Donna and her husband Phil Williams, founders of Servant's Heart Ministries.

The center was founded in memory of an 18-month-old girl named Danica who died of health complications in 2007. A year later the Danica's Dream health clinic was established. Since 2014, the Pregnancy Education Center follows the mothers-to-be along their journey from when they first discover they are pregnant to months afterward.

"The infant mortality rate in the Dominican Republic is very high mainly due to the lack of knowledge. Many of the mothers get pregnant very early in their teens and have to quit school because of this," said Donna. "They are very unprepared for life with a baby and we help them through this process and follow them on this journey from when they find out they are pregnant until their babies are four-to-six months old."

Not only does the center prepare women for motherhood, it helps prepare them for a bright future.

"Many of them come to us lacking in confidence in their ability to learn anymore and many of them don't return to school," she added. "At the center we prepare them for what lies ahead. Through the classes that we offer they learn practical things that they can apply in their daily lives. Many of our graduates return to school to finish it and move on to a career."

What the center offers, along with "looking after mom and baby skills." includes financial and literacy programs and staff offer emotional and spiritual support.

The center has been popular since it opened: It has a capacity of 60 at any one time and is always full with a waiting list.

As a bonus, the mothers earn points while they attend classes as well. These can be redeemed at the "baby boutique" that is on location to purchase things that they need for themselves or their child.

Last year's five kilometre event raised $1,500 and organizers hope to double this amount or more this year with the addition of another run in Bathurst, N.B. that also takes place this Saturday.

THE RUN AND THE CHARITY

Cost to participate in the event is $40. You can register through Facebook page, Empower 5K; by email: info@servantsheartdr.org or by calling 1-902-543-2278. You can also stop in at the office at 211 Pearl Street in Wileville.

Although pre-registration is preferred, you can still come out the day of the run and register before the 9:45 a.m. warm-up time.

Registration for this year's event will begin at 8:30 a.m. Warm-ups to get everyone limbered up will be led by Samantha Green of Just Real Fitness, beginning at 9:45 a.m. followed by the run that starts at 10 a.m. sharp from the Servant's Heart Ministries office.

Mayor of the Municipality of the District of Lunenburg, Carolyn Bolivar-Getson, will be on hand to give opening remarks and there will be gift bags for everyone from local businesses.

Servant's Heart ministries came into existence in 2008, founded by Donna and Phil Williams who travelled down to the Dominican Republic in 2005 on a week-long missions trip. The ministry has expanded over the years and they also facilitate other program such as the Hugs for Kids School Program that provides unique opportunities for a quality education.

A Healthy Kids program provides much needed nutrition as well as health education.

The SHM Relief and Development program reconstructs homes and offers relief programs as needed.

The Loma Project has included the building of a community center that offers various program to encourage education, strengthen families and build economic development.

The Williams don't do all the work themselves. They rely on sponsorship and financial contributions made by people all across North America. Staff in the Dominican also host short-term mission teams all year-long that help with building projects, ministry and much more.

Servant's Heart Ministries is located at 211 Pearl Street in Wileville. For more information you can email them at: info@servantsheartdr.org or call 1-902-543-2278.

Golfers come out in force for PRO Kids.

By AETHNE HINCHLIFFE

Eighteen golf teams, consisting of golfers and non-golfers, gathered at the Chester Golf Club September 29 to take part in the Fo'c'sle Golf Tournament for PRO Kids.

The 11th annual event raised $2,260 for Positive Recreation Opportunities (PRO) Kids.

The organization provides financial assistance to children and youth from the Municipality of Chester to help them with the financial cost of participating in sports, recreational or cultural activities, explained Cosette Howlett, PRO Kids coordinator with Recreation and Parks for the Municipality of Chester.

"One hundred per cent of ever dollar raised at this event goes 100 per cent back to the kids in the Municipality of Chester," added Howlett.

Jackie Bremner and Sylvia Swinimer previously organized the event. This year, Leeona Guy-Bergey took the helm as organizer. She says she would definitely manage the event again next year.

The tournament was done in best-ball format, with teams doing a shotgun start at about 3:30 p.m. Teams wrapped up their games at approximately 6:30 p.m.

PRO KIDS

The Municipality of Chester's PRO Kids receives approximately 250 applications a year.

"And the dollar value that sort of matches up with is approximately $50,000 in requests, so that means we have to come up with $50,000 in revenue every year," said Howlett.

The program gets $5,000 from municipal council and fund raises the remaining $45,000, she said.

Children and youth don't only get financial support to participate in sports, explained Howlett. The money PRO Kids gets also goes to children and youth who want, for example, to take music or drama lessons.

Howlett says the Municipality of Chester has been operating PRO Kids since 2002. The number of fundraisers that take place each year varies, but Howlett says there are about 10.

Another fundraising event – the Legends All Stars Hockey Event – is scheduled take place at the Chester arena at 6:30 p.m. Oct. 20.

"It's 10 former NHL legends that are coming to the Chester rink to play in a fun hockey game," said Howlett.

Following the game, there's a Meet and Greet Kitchen Party scheduled to take place at the Chester Legion.

Money raised will go to PRO Kids and the Chester Lido swimming program.

To learn more about PRO Kids, visit https://chester.ca/recreation-parks/pro-kids.

For information about the Legends All Stars Hockey Events, visit http://www.legendsallstarshockey.com/.

BOWLING

Lunenburg Bowling Alley League

Men's League, Sept. 10: H.S., Ross Shatford, 148. H.T., Ross Shatford, 430. T.H., Skunks, 1763.

Ladies League, Sept. 4: H.S., Kim Veinotte, 116. H.T., Kim Veinotte, 331. 300's.

Canexcel League, Sept. 12: L.S., Wanda, 113. L.T., Jade Nauss, 312. M.S., Cory Carver, 120. M.T., Chris Heim, 330. T.H., Stacys Gang, 1459.

Money League, Sept. 6: L.S., Courtney Tremere, 113. L.T., Courtney Tremere, 314. M.S., Colton and Charles, 127. M.T. Colton Whitman, 342.

Mickey Mouse League, Sept. 9: L.S., Alicia Jackson, 129. L. T., Tatum Lohnes, 312. M.S., Cory Carver, 130. M.T., Cory Carver, 352. T.H., Alley Kittens, 1470.

Lucky Strikes, Sept 7: L.S., Jade Nauss, 125. L.T., Jade Nauss, 301. M.S., Scott Doucette, 134. M.T., Scott Doucette, 373. T.H., I GOT ONE, 1522.

Atlantic Youth Bowling, Sept 22: Pee Wee: G.S., Jada Hayward, 68. G.T., Jada Hayward, 193. **Bantam:** G.S., Tatum Lohnes, 118. GT: Tatum Lohnes, 323. B.S.: Isacc Berringer, 99. B.T.: Isaac Berringer, 261. **Junior:** G.S., Grace Lantz, 119. G.T., Grace Lantz, 312. B.S., Nathan Allen, 98. B.T., Nathan Allen, 280. **Senior:** G.S., Caitlyn Doucette, 105. G.T., Caitlyn Doucette, 302. **Senior Grad:** B.S., Nic Danials, 87. B.T., Nic Daniels, 242.

LOCAL NEWSPAPERS: **TRUSTED AND TRUE**

ADVERTISING IS WHY HALF OF COMMUNITY NEWSPAPER READERS ARE ENGAGED

NINE OF TEN CANADIANS (88%) READ A NEWSPAPER ON ANY PLATFORM EACH WEEK

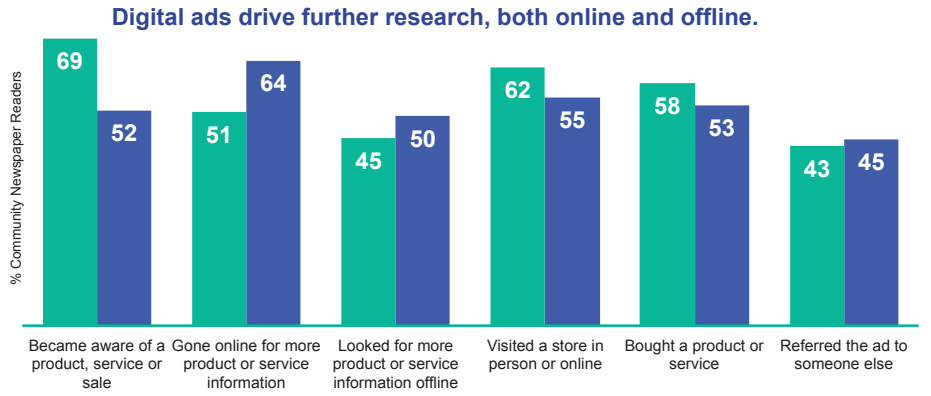
Newspaper access is multi-platform – one-third of adults (34%) read on ALL FOUR platforms.

While more adults continue to embrace technology to read newspaper content, 6 out of 10 adults continue to access print editions.

Every platform (print, desktop/laptop, phone and tablet) is accessed by every demographic to read newspaper content.

NEWSPAPER ADS DRIVE ACTION

Print newspaper ads drive awareness, store visits and purchases.
Digital ads drive further research, both online and offline.



STUDY DETAILS

Study Timing: January/February 2018
Audience: Canadian adults 18+
Study Management: Totum Research
National Scope: 75% English / 25% French
Margin of Error: ±2.0% at the 95% confidence level

2,401 ONLINE SURVEYS
1,130 PRINTED/DIGITAL COMMUNITY NEWSPAPER READERS

NATIONALLY REPRESENTATIVE SAMPLE
Men 50%, Women 50%
18-34: 50%, 35-64: 40%, 65+: 10%
West 31%, Ontario 39%, Quebec 23%, Atlantic 7%

For more information, go to **www.newsmediacanada.ca**

This project was produced with the financial support of the Government of Canada through the Canada Periodical Fund of the Department of Canadian Heritage. The content of this study represents the opinions of the authors and does not necessarily represent the policies or the views of the Department of Canadian Heritage or the Government of Canada.

Source: Totum Research, Canadians 18+, Readers of Community Newspapers in Print and/or Digital Platforms, June 2018

Canadian Heritage Patrimoine canadien

News Media Canada Médias d'Info Canada

SPORTS

PILING ON

Park View defenders gang tackle a Central Kings ball carrier during a Panthers football game at the Kinsmen field in Bridgewater on September 30.

STACEY COLWELL PHOTO

Equine action at Coveside

Photos By AETHNE HINCHLIFFE

The Maritime Hunter Jumper Finale took place at Coveside Stables on Haddon Hill in late September.

Competitors took advantage of the facilities many amenities, which include three outdoor rings, a full size indoor arena, large paddocks and more.

Located near the Village of Chester, the facility regularly hosts clinics with renowned professionals, including Marni and Stefan von Schalburg, and Angela Covert. It also offers training competitions in the spring, and the annual Coveside Classic, Atlantic Canada's premier Equine Canada competition.

Coach and trainer Jackie Rusaw coaches riders of all ages and aspirations. Jackie and the Coveside Team regularly compete throughout Atlantic Canada and students regularly qualify to ride at the Royal Winter Fair. Horses are raised and trained at Coveside.

The Maritime Hunter Jumper Finale took place at Coveside Stables in Chester from Sept. 28 to 30.

Horses and riders worked as one is displays of athleticism during the Equestrian Canada Gold competition.

MUNICIPALITY OF THE DISTRICT OF LUNENBURG

NOTICE OF APPROVAL
Amendments to: Lunenburg Municipal Industrial Zone, Oakhill Secondary Planning Strategy and Land Use By-law

PLEASE TAKE NOTICE THAT on August 28th, 2018, Municipal Council approved amendments to the Lunenburg Municipal Industrial Zone, Oakhill Secondary Planning Strategy and Land Use By-law. The amendments were reviewed by the Department of Municipal Affairs on September 28th, 2018 and are now effective. The amendments involve the addition of "agricultural uses" to be listed as a permitted use in the identified Zone. Copies of the approved amendments are available at the Municipal Office, 210 Aberdeen Road in Bridgewater, or can be accessed from the municipal website at www.modl.ca/planning-applications. For further information contact the Planning Offices, by phone at 541-1325, or e-mail: planning@modl.ca.

Sherry Conrad, Municipal Clerk

157855

THE MUNICIPALITY OF CHESTER
VILLAGE AREA ADVISORY COMMITTEE MEETING

There will be a meeting of the Village Area Advisory Committee on Tuesday, October 16, 2018 at 7:00 p.m.

Agenda items include:

a) Rezoning a portion of 219 Victoria Street, Chester (PID 60686532) from Marine Industrial (MI) to Central Village Residential (CVR)

b) Any other planning matters

This meeting will be held at Chester Municipal Council Chambers, 151 King Street, Chester and is open for the public to attend.

P.M. Myra
Municipal Clerk

157785

freshmart
Your Neighbourhood Grocer
4988 Hwy. 10, New Germany 902-644-3272
FRESH QUALITY MEATS & PRODUCE

BONELESS BLADE POT ROAST $3.99 LB/$8.80kg
PORKLOIN CHOPS CLUBPACK BONE-IN $1.99 LB/$4.39kg
ONIONS & CARROTS PRODUCT OF NOVA SCOTIA $1.99 5 LB bag
CABBAGE & TURNIPS PRODUCT OF NOVA SCOTIA 39¢ LB/86¢kg
BUTTER-CUP SQUASH PRODUCT OF NOVA SCOTIA 69¢ LB/$1.52kg
WHITE POTATOES PRODUCT OF NOVA SCOTIA $2.88 10 LB bag

PRICES FROM THURSDAY OCT. 11th TO WEDNESDAY OCT. 17th, 2018

157726

Community Focus

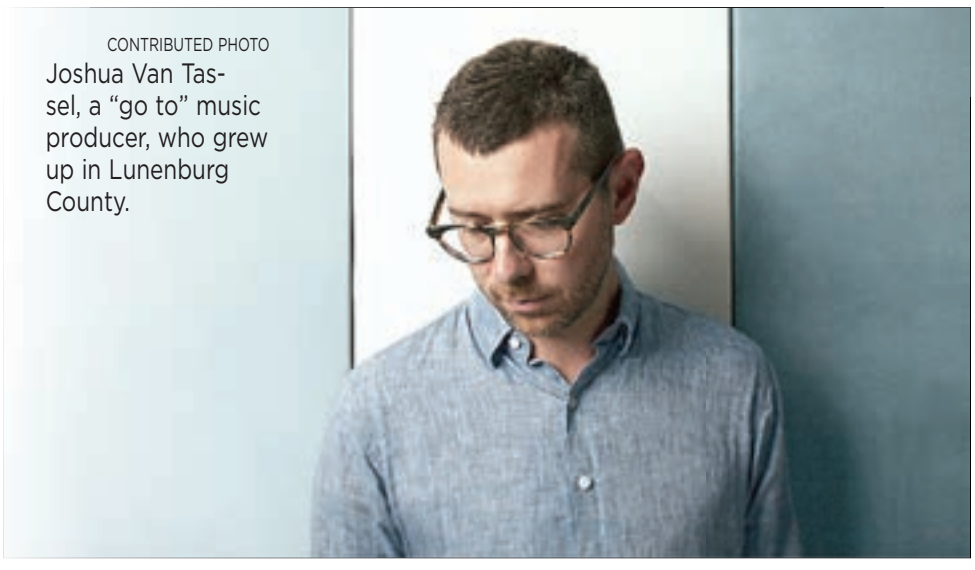
All fired up

Photos By BRITTANY WENTZELL

Members of Industribe perform at AfterGlow in Bridgewater September 29. Three performers, Shanny B, Mariah Duffley, and Shawn Wilson, from the Halifax-based troupe performed several times throughout the evening, wowing the crowds with feats such as fire-eating.

ARTS & ENTERTAINMENT

CONTRIBUTED PHOTO
Former CBC radio and television journalist and host, Laurie Brown, is touching down in Lunenburg October 13 for a live taping of her podcast *Pondercast,* produced in conjunction with musical artist Joshua Van Tassel



CONTRIBUTED PHOTO
Joshua Van Tassel, a "go to" music producer, who grew up in Lunenburg County.

LAMP to host live performance of *Pondercast*

Podcast by the former host of The Signal

By GAYLE WILSON
gayle.wilson@lighthousenow.ca
@wilsonLHNOWnews

The proverbial reel had barely stopped spinning on CBC's night-time radio show *The Signal* last September when Laurie Brown, its popular host for 10 years, hit the Internet with her new podcast *Pondercast.*

Now Brown is about to hit stages in Nova Scotia and Newfoundland with a live taping of the podcast, which she creates with the acclaimed musician, composer and record producer, Joshua Van Tassel.

October 13 will see the two creating an episode of *Pondercast* at the Lunenburg Academy of Music Performance (LAMP), following on from shows in Halifax and Wolfville, and proceeding one in St. John's.

Neither are strangers to the area.

While Brown lives in Toronto, she owns property in Port Maitland. She has hosted the Folk Harbour Festival and was married in Lunenburg.

"I love Lunenburg for a million reasons," she told *LighthouseNOW* in a phone interview from Toronto.

Van Tassel grew up LaHave, where his parents still live, and spent his high school years at Park View Education Centre in Bridgewater.

When *LighthouseNOW* caught up with Van Tassel he was in New York, on tour with Toronto singer-songwriter Donovan Woods.

Van Tassel had been featured on The *Signal*, and liking his music Brown reached out to him for her new podcast.

Describing it as an exciting challenge, Van Tassel told *LighthouseNOW,* "We're certainly having a lot of fun."

Arguably, the podcast was a natural progression for Brown, whose credentials include host on the City TV program *The New Music*, work as a video jockey on the Much Music channel, and host of the *Pepsi Power Hour* for the music station.

As well, Brown was a reporter for the CBC Television news show *The Journal*, and host of *On the Arts* for CBC Newsworld.

She hosted *The Signal* on CBC Radio 2 from March 2007 until September 2017.

In commenting on her departure, CBC Music's director Mark Steinmetz. said: "Laurie's deep knowledge of and passion for music has built *The Signal* into an innovative and inspiring destination for music lovers."

Brown tells *LighthouseNOW* she loved speaking to people on late night radio, describing it as "a very special head space."

She particularly enjoyed the combination of music and "the ability to just basically talk about anything.

"At that time of night, people are more open to listening to and thinking about other things," says Brown.

"And so the beauty of doing it in a podcast form is that I could take one theme, or one idea, and really explore it, as opposed to on radio all my turns need to be so short."

After *The Signal*, *Pondercast* "feels like flying," says Brown. "Because I can just decide myself, where I'm going to really open this up and go into a subject much more deeply."

> "The beauty of doing it in a podcast form is that I could take one theme, or one idea, and really explore it, as opposed to on radio all my turns need to be so short."
>
> **Laurie Brown**
> Writer and host of *Pondercast*

Van Tassel is the son of Odette and Howard Van Tassel, who own the leather craft and shoe repair shop in Bridgewater, Cobbler Corner.

He has acted in a supporting role both in Canada and abroad in cities such as Paris and Istanbul for a number of popular musical artists including Doug Paisley, Great Lake Swimmers, Amelia Curran, Megan Bonnell, David Myles, Royal Wood and Sarah Slean.

His website suggests he's quickly becoming known as a "go-to producer," having made albums for David Myles, KIRTY, Dean Drouillard, Christine Bougie, Megan Bonnell, and Gypsophila.

His self-titled album received critical acclaim from the CBC, *The Toronto Star*, and *NOW Magazine*, It was chosen as one of the top albums of 2011 by *The Signal* and was nominated for a 2013 East Coast Music Award (ECMA).

His album *Dream Date* was released in April 2013, earning a Music Nova Scotia Award and a second consecutive ECMA nomination for Electronic Album of the Year. His *Dance Music: Songs for Slow Motion* won both an ECMA and Music Nova Scotia Award for Electronic Album of the Year in 2014.

In 2015, he was named as one of the first artists in residence at the National Music Centre in Calgary.

On its website, the music centre noted that Van Tassel has become widely known for his "highly sophisticated productions, which flow seamlessly between acoustic and electronic traditions. His distinct instrumental style highlights the beauty in ambient noise, something Van Tassel actively collects during his waking life and then juxtaposes with modern technology to create brand new sounds."

Brown described what audiences of the live podcast shows can expect.

"You're going to get original music performed and created on stage by Joshua, and you've got me standing there with a microphone recording an episode of *Pondercast* and it's kind of an interesting live situation."

She said previous such live recordings in Yellowknife, Vancouver and Fredericton have had people sitting back.

"I see some people close their eyes and kind of dream as I'm painting these pictures about things. It's a very interesting way to spend an evening."

Promotional material for the event suggests the show will be created for an East Coast audience, and that Brown will "fathom the unfathomable" while Van Tassel creates live sea soundscapes onstage.

"Pondering everything from harbour hair to our blubber content to our wave-watching addiction, Laurie makes the case that the sea is our true home," it suggests.

According to Brown, when she knew her tour would be in Nova Scotia and Newfoundland, she thought, "'I've got to write a show about the sea. And the pull of that and what it means to be able to live next to the sea.

"So it's really built for a Lunenburg audience,'" says Brown.

New Germany Small Engine Repair Ltd.

Monday to Friday
8 am - 5 pm
NOW OPEN Saturday
8am - 12pm

PO Box 83, 9 Maple Dr.
New Germany, NS B0R 1E0
Ph./Fax 902-644-2044

157680

Husqvarna®

EARLY BIRD SNOW BLOWERS SALE!

Cross Small Engine Repair Ltd.
69 Conquerall Road, Hebb's Cross
Ph: 902-543-9683 Fax: 902-530-3152
Hours: Mon.-Fri. 8am-5pm, Sat. 8am-12noon

157679

MAIL IN REBATES ARE AVAILABLE!

ARTS & ENTERTAINMENT

Lost and found

Recovered photographs form the basis for a show by a well-known cinematographer

By JANICE MIDDLETON

SUBMITTED PHOTO

Photographer Christopher Porter.

Christopher Porter is in the studio cutting the title cards for the black and white photographs that make up *Urbania Part 1*, a solo exhibition the Chester-born photographer is mounting at the Lunenburg School of The Arts.

The show which runs until October 15 is the first of three, the Lunenburg-based artist plans to exhibit first at the Prince Street facility, a huge space that was once a car dealership. The exhibit rises like a phoenix from work that was lost for 20 years and then found in a derelict barn and returned to him in 2016.

In the late '90s a huge body of Porter's work, dozens of boxes filled with negatives, contact sheets and photographs, was taken from him.

Then came a phone call. The caller had found "all this, piles covered in rat poop and decaying in a corner of a barn," in Lunenburg County not far from where Porter lived. Porter can't or won't say exactly how or why it happened. The loss carved a hole, he admits, "but that's all I'm going to say about it.

"I pressed on" he says. "I don't think about my work; I just do it."

He bought some equipment, a machine that transforms film to a digital image, and with help from partner Shandi Mitchell, a novelist and filmmaker, set about to rescue what wasn't too damaged—about 30 to 40 per cent of the trove.

"I have spent the last two years going through thousands of images, archiving the best, and digitalizing the negatives."

Sifting through them after so many years has taken him back in time. "It's been an emotional confrontation and discovery of myself again," says Porter.

The images are of city life on streets in Casablanca, Havana, New York, Marrakech, Paris, and Istanbul and they were made while the cinematographer was on location as the lighting director for film greats, such as Jim Jarmusch, Ang Lee, Lars von Trier and Wim Wenders, and working with cinematographer Robbie Müeller, whom Porter credits for teaching him the most about how to light scenes.

"The film work paid the bills, but my photography is my life," Porter says. On his time off, Porter would head out, camera in hand. "I explore a city from where it began at the water's edge and go out from there.

"It's the people I want you to see, life around the edges and its relation to a particular world. How we adapt and create. It's not beauty I am after."

"Rather than punching one in the face, as though desperate for attention, his photographs instead have a subtle, sometimes gentle way of slipping into one's consciousness," says Jim Jarmusch, a friend for the last 12 years.

"They are not obvious, nor are they complicated. They are particular images, framed and captured by a particular man …"

Porter, 60, has exhibited nationally and internationally for over 30 years. His work is held in private collections in Canada, USA, Germany, UK, and France.

"See the intimacy, the direct look" he says of a photograph of a young woman in the exhibit, a ticket taker behind glass at a movie house. She looks into Porter's lens, her gaze incurious yet confident.

In doing his work, Porter said he takes his time until his subjects become used to him being around or even forget that he is there.

"I'm curious about how people conform to the place, the construct they're in, as well as to one another."

As examples, he points to young men playing handball against the walls of a vacant warehouse in New York. "See how they've cleaned out the space and are using it for sports." In another photo, "this man has made a shop in an alley."

The collection presents the first 20 images of 60 that comprise the three-part exhibit and is shot in 35mm and 50 mm. After the exhibition ends he expects it to go on tour.

"It's not near done yet – but the process has been revelatory." Porter says the find and then the restoration has made him think about the future and where he would like to donate his archives: "A place where they would be safe."

It's been quite a journey, Porter, now retired from film-making, says. "I don't have the stamina for it."

However, he intends to continue travelling and making photographs. And it's a long way from when he studied photography at Ryerson after graduating from Dalhousie. "The professor told me I'd never make a career in film in Canada so I went to Los Angeles and then to Europe."

HIMMELMAN'S
Your Engraving Store

MELISSA & DOUG
custom puzzles
for kids ages 2+

Sterling Silver Jewellery
Lighthouse & Lobster Trap
for Pandora bracelets

Rembrandt sterling
silver charms

Also available sterling silver pendants,
earrings, lockets, chains and bracelets

236 Lincoln St., Lunenburg Ph. 902-634-8850
himmtrogifts@eastlink.ca 157419

CSN COLLISION CENTRE SAUNDERS
We'll straighten it out

FREE ESTIMATES

I-CAR GOLD CLASS

WE REPAIR ALL MAKES AND MODELS
- Direct repair facility for most major insurance companies
- State of the art facility with highly trained technicians

157875

AUTO ROW HEBBVILLE
902-543-3135
WWW.SAUNDERSCOLLISION.CA
OFFICE@SAUNDERSCOLLISION.CA

K&A Fabulous Finds
Frenchy's

Dress for Less!
Quality merchandise for the whole family.

17100 Hwy 103 Hebbs Cross
Monday to Saturday 9:30am to 6:00pm
Sunday 11:00am to 5:00pm

130215

You wouldn't trust just anyone with your health. So why trust just anyone for your news?

63% of Canadians can't tell the difference between legitimate and fake news. We need newspapers and their credible, independent reporting - now more than ever.

Access to truthful news is under threat.
Help keep Canadian newspaper journalism alive.
Pledge your support at newspapersmatter.ca

NEWSPAPERS MATTER
NOW MORE THAN EVER
NATIONAL NEWSPAPER WEEK
OCTOBER 1-7, 2018

News Media Canada
Médias d'Info Canada

ARTS & ENTERTAINMENT

Crafting a community connection

Canadian Crafts Federation holding part of national conference in Lunenburg

By GAYLE WILSON
gayle.wilson@lighthousenow.ca
@wilsonLHNOWnews

Approximately 60 craft artists, representatives from provincial and territorial craft councils and other affiliated organizations across Canada are expected to descend on Lunenburg October 14 as part of the Canadian Crafts Federation's 13th annual national conference.

The theme of this year's conference, which runs from October 10 to 15 and takes in Halifax as well, is *Placemaking: The Unique Connection Between Craft, Community and Tourism.*

Vena Carr, a spokesperson for the federation explained to *LighthouseNOW* the conference will be about "creating those connections between the craft community and the general public."

"A craft can connect with all people, whether you're a child, or a senior, or a professional craft person. Whether you collect it, or you just witness it for the first time, it can have a special connection to everybody, no matter what your background is or who you are," she said.

The federation's executive director, Maegen Black, said the idea behind placemaking specifically is "making sure that culture is a part of any kind of community development," since it can draw and engage community members.

"So it's really about thinking holistically about either a city or a town or a public place, and trying to make sure you look at all the elements that build that in and making culture a part of that discussion," she says.

"For example, if you have a new park space. Are you going to be taking into consideration the fact that arts events could potentially happen there? Or how can you get artists from the community to do activities that will draw people in as well?"

The five-day conference includes lectures, panel discussions and gallery tours.

The South Shore component will take place at the Lunenburg School of the Arts and also feature a talk by the independent senator for Manitoba, Patricia Bovey.

According to Black, Bovey was chosen because of her history of working in the arts community, museums and galleries.

"She's very aware of the connection between community and the arts specifically, so she'll be giving her perspective on that angle," said Black.

CONTRIBUTED PHOTO
Potter Joan Bruneau established a studio and showroom in Lunenburg called Nova Terra Cotta Studio.

Lunenburg Folk Harbour Society up for N.S. Music Week nomination

More laurels are coming to The Lunenburg Folk Harbour Society.

Nova Scotia Music Week has nominated the society in the category of Community Presenter of the Year.

"It's such an honour to be nominated," says Folk Harbour Society Board Member, Maggie Ostler. "We are a not-for-profit, volunteer-based organization. It takes a lot of volunteers working together to pull off our Festival and year-round concerts. This recognition is gratifying."

The longest running music festival in N.S. is no stranger to accolades. In 2018, The Lunenburg Folk Harbour Festival was named Event of the year at the 2018 East Coast Music Awards.

While on the subject of nominations, on Saturday, October 13, one Music Nova Scotia nominee will host another, as the Folk Harbour Society presents Hillsburn in concert at the St. John's Anglican Church in Lunenburg. A

five-member band based in Halifax, Hillsburn led all nominees this year, earning nods in the categories of Digital Artist of the Year, Pop Recording of the Year, Group Recording of the Year, Recording of the Year, SOCAN Songwriter of the Year, and Entertainer of the Year.

Hillsburn – made up of Jackson Fairfax-Perry, Clare Macdonald, Rosanna Burrill, Paul Aarntzen, and Clayton Burrill – released its sophomore recording, The Wilder Beyond, earlier this year. A follow-up to the band's acclaimed and award-winning 2016 debut In the Battle Years, The Wilder Beyond still displays the group's soaring three-part harmonies, but densely-layered arrangements and more electronic instruments signal a move in the direction of indie rock.

Nova Scotia Music Week takes place from November 1 to 4 in Truro; award winners in all categories will be announced at that time.

The Lunenburg Folk Harbour Society is a non-profit, volunteer-based and family-focused community organization which strives to celebrate the joy of traditional and contemporary folk music, dance and oral history through an annual festival and other events throughout the year.

Coming soon: Museum 2.0?

Bridgewater endorses plan aimed at refreshing town-owned DesBrisay Museum

By KEITH CORCORAN
keith.corcoran@lighthousenow.ca
@NewsmanKeith

While community museums preserve the past, the one owned by the Town of Bridgewater is not only doing just that, but also eyeing its future.

Changes to the DesBrisay Museum could mean altering its appearance, whether it's the interior layout or pursuing more ways to get eyes on collections even if the latter are situated at times beyond the facility's four Jubilee Road walls.

No matter what happens, museum commission volunteers, who oversee the museum's operations, and the town realize the DesBrisay, established as a Canada centennial project in 1967, needs a refresh if it wants to remain a heritage focal point.

Civic politicians recently endorsed reimagining the museum as a "community hub space, a centre for art, cultural, activities, public engagement, and community building." It has to be more than just a storage location of artifacts and historical details, town council was told.

"Basically, the core concept is that the museum needs to move forward from the static exhibit model that's typical of museums of the 1960s and '70s," Patrick Hirtle, the town's communications officer, said. "It needs to be something that's more engaging if its going to continue be an asset for our community and … reinvigorate the public's interest."

Work on the plan, dubbed Museum 2.0, started earlier this year.

The intention, among others, is to embrace museum accessibility and programming year-round, expand its role, grow its relevance, while doing business within the town's current operational budget. However, officials plan to seek partnerships to boost revenue and "reinvest" in the facility and programming.

"I think what I like about this concept [is] the museum becomes fluid and flexible and I'm not sure we were there until we got to Museum 2.0," Mayor David Mitchell said. "This is the first step to really shift that facility."

Town council also agreed to an over-budget expenditure of $23,000 from the commission's budget to extend the museum director's seasonal term appointment.

The museum commission green-lit the new path ahead. Peter Oickle, the committee chairman, said it addresses issues raised by the committee and the Friends of the DesBrisay group. Oickle said it's consistent with the findings of our own strategic planning process and findings for the museum.

"Further it provides a framework for on-going discussions on the museum's role and its place as an integral, and evolving, part of our town and county," he said in an endorsement letter. "The document also provides a way forward for both the town and the commission to work together in a unifying vision between council and the museum commission for what the DesBrisay Museum is and what it should be."

Museum 2.0 may quell concerns previously raised by museum supporters who worried about what would come of the service and its funding.

Civic politicians last year voted to cut the museum's operations, but realized later they didn't have the authority to make such a change. The town's current subsidy toward the museum is $75,000, but it's a far cry from what the amount was years ago. Back in fiscal year 2009-10, the subsidy was more than $148,000. The following year it was nearly $140,000.

The DesBrisay Museum holds the oldest municipally-owned collection in Nova Scotia, and the Association of Nova Scotia Museums at one time ranked it the top one among community museums.

As part of the Museum 2.0 endorsement, town council also agreed to continue operating the Wile Carding Mill on behalf of the province.

LIFESTYLES

JAMES HIRTLE, PHOTO

A yellow-rumped warbler overlooks the Marsh Road in Digby Neck in late September.

Birding on Brier Island

JAMES HIRTLE

Bird Notes

A trip to Brier Island is always exciting. I led a field trip there for the Nova Scotia Bird Society from Sept. 28 to Sept. 30 and we had a good turn-out of between 18-20 individuals. We had at least 69 species for the weekend on the island. This is not high as normally we have 80 or more species, but there were enough birds around to still make it thrilling at times.

Things have changed over the years when we originally ran the field trip during the Thanksgiving weekend. The numbers of birds have been decreasing and they have started to arrive on the island earlier. The large hawk flights began to happen around the third week of September. As a result we moved the field trip to that time.

For a few years we had large numbers of species going through in migration during that date. Migration changed again when larger numbers of species came through during the forth week of September, so I moved the field trip to then. Last year there were big numbers of warblers passing through and we had good numbers of other species. This year warbler numbers were down on the island, but there were larger numbers of other species.

On Brier Island this year there was little around on Friday. We did not have a lot of time to bird though. I had 13 species with an eastern wood pewee as the best bird. Saturday morning started slow, but when the sun came up we saw numerous hawks, and warblers species with a Baltimore oriole as the highlight. A Cooper's hawk also proved exciting.

A trip to Pond Cove gave a kettle of 26 broad-winged hawks as well as 13 turkey vultures. The pelagic with Mariner Cruises was the highlight of the day with humpback whales and whales breaching, white-sided dolphins, about 600 northern gannets, a south polar skua, a northern fulmar, four pomarine jaegers, three red-necked phalaropes, a sooty shearwater, some great shearwaters and an Atlantic puffin. Four eastern phoebes in the evening made a nice addition. My list for the day was 48 species.

On Sunday morning we took a walk behind the Brier Island Lodge and viewed huge numbers of migrants. It was the same at the North Light. Large numbers of American goldfinches and cedar waxwings moved through. We saw numerous Baltimore orioles, a Swainson's thrush, a hermit thrush, yellow-bellied sapsuckers, two eastern wood pewees, and low numbers of warbler species. Nonetheless, enough of those species that were present to make it worthwhile.

By the time I left the island my list was at 43 species and I know I missed a number of other species. On Sunday, September 30, hundreds of American goldfinches moved out of the province.

For me the trip to the island and back is always worthwhile. If there are no birds on Brier Island then, you can usually expect them on the mainland. Going out through Digby Neck you will want to check out Marsh Road, Gulliver's Cove, Trout Cove, Sandy Cove and Mink Cove.

At Marsh Road this year there were warblers and other species in the road and on the bushes the whole way in. The birds included mostly palm warblers and yellow-rumped warblers, dark-eyed juncos, song sparrows and some chipping sparrows. At Gulliver's Cove we viewed a moderate hawk flight.

It was hopping with many species on the way down the road on Friday. This year at Mink Cove we spotted lots of cedar waxwings, yellow-rumped warblers, a clay-colored sparrow, chipping sparrows, a black-throated green warbler, a blue-headed vireo and other species. On the way back through I saw a northern goshawk there.

Kevin Lantz had some great birds around his home at Front Centre with a gray jay, Philadelphia vireo, a black-throated blue warbler and he spotted a pied-billed grebe at Back Centre. His wife Joan Lantz saw a ruby-throated hummingbird. On September 26, Marg Millard of White Point also saw a ruby-throated hummingbird. Mandy Eisenhauer of Rhodes corner reported golden-crowned kinglets.

On Sept. 26, Marjorie Zwicker of Auburndale sent me a photo of an adult northern cardinal feeding a young one that had just then fledged from the nest. This is very late in the year. I've had a lot of reports of other bird species that are still nesting or have young still in the nest as of that date.

Good species across the province included blue grosbeaks, a hooded warbler, a golden-winged warbler, white-eyed vireos, a buff-breasted sandpiper and a Say's phoebe. Ron Wilson reported 500 red-winged blackbirds in South Maitland in Annapolis Royal.

You can reach James Hirtle at (902) 693-2174 or email jrhbirder@hotmail.com

Basic training

PETER C. OICKLE

A walk through our past

The war that was to be over by Christmas continued overseas. Many families had received news of death in battle, or reports of serious injuries of sons fighting in the Canadian forces. Letters, news reports, government propaganda and first-hand stories became part of everyday life as people stretched their arms across the Atlantic.

The summer and fall of 1916 continued at home as best as families could manage. Young men continued to enlist, and for most families this caused high emotional responses. It takes time to turn a civilian into a well-disciplined and strong soldier with a sense of duty.

At Camp Aldershot, near Kentville, by the summer of 1916 four Nova Scotia battalions of the Highland Brigade, along with the Royal School of Artillery, were encamped and undergoing training. Aldershot had been established in 1904, and the plains were a sea of canvas tents each sheltering six to eight. Rain turned the camp into a sea of muck, but regardless of the weather, training was a daily ritual.

Reveille was sounded at 5:30 each morning and a routine followed until lights out. The task ahead of the training staff was to take a civilian and turn him into a well-disciplined soldier. The transformation was often noted when the first day parade and the last day of basic training were compared. Any young man's thoughts of having a great fun time would soon disappear. The drill was tedious and continuous to produce a strong and healthy soldier.

The health of the soldier was not confined to physical training only. Taking orders from someone who might be a buddy back home might not always be well received, but soon the sense of duty and part of a larger corps became second-nature. Good food was needed, along with attention to preventing illnesses.

The base hospital could see up to 150 persons in care due to a variety of illnesses or training injuries. Orders were given to ensure the camp was kept clean, and it was reported that it would be difficult to find litter of any kind. Cleanliness was vitally important to the health of all on base. An outbreak of disease could soon pass through the close quarters of the soldiers and render a company out of service.

Basic training consisted of routine gymnastics, rifle training, bayonet drill, trench building and marching with each part repeated over and over again. Rifle training, marksmanship, followed a routine of progression as one became more proficient. Stationary targets were replaced with human figures and men practised standing, lying down, and from behind trench walls.

Drills included bayonets, which included throwing them at a target. Everything was done to train the soldier to respond automatically. Pictures of rows of soldiers attacking swinging bags are common. Even the trenches were dug and constructed to front line conditions. But none of the training could prepare the young 18 year olds with conditions they would come across when they arrived on the front lines.

Life around the county and province continued to play out in many normal ways. Propaganda was found in every publication and positive pictures of the war effort were common. Stories about the atrocities of the enemy were normal. One story accused the Germans of deliberately infecting prisoners with tuberculosis. A news report cited an Irish officer writing home commenting on conditions at the Somme. He believed that the Germans were running short of ammunition and soldiers and many were only too happy to be taken prisoner. He said they found 1,500 dead soldiers in a 1,000 yard trench. Newspapers carried the banner "Father, What did you do in the Great War?"

General Sir Sam Hughes stated that Canada was on the way of reaching its target of 500,000 in arms having raised a volunteer force of 400,000 by July 1916. He believed it pointed to our strong sense of patriotism, our devotion to duty and love of freedom. He spoke about Canada as being the most democratic country as men of all walks of life fought together with little care of class distinction. Allied reports stated that 55,800 adversaries had been captured by the end of July 1916. The capture brought with it the need for prison camps, food, medicines and other supports for the POW's.

Locally, the Wiles Lake Ice Company advertised that they had "The purest and best spring ice on the market," and orders could be placed with H.A. Baker. In Liverpool, an inspector under the Nova Scotia Temperance Act, P. McAuliffe, seized 720 bottles of ale and porter, along with 250 flasks of whiskey. After being stored at the jail, it was taken to the docks and destroyed. Throughout Nova Scotia, inspectors continued to seize shipments of alcohol, but many more went undetected.

The wardens of Holy Trinity Bridgewater, in mid-December 1916, advertised the sale of the Alexandra Street home recently vacated by Rev. C.A. Cumming. It was said to have 10 rooms, a bathroom and electric light (perhaps they meant lights). The Halifax and South Western Railroad, dubbed by some as the Horribly Slow and Wobbly, made her weekly runs up and down the coast with stops at stations along the way. Middleton, Caledonia, Halifax, and Yarmouth were all destinations.

In 1916 a call was made to enlist 50 Maritimers in the Army Medical Corps as stretcher parties. In addition to learning anatomy, the AMC enlistees would learn how to stop bleeding, give field first aid, and transport the wounded to the field hospitals. Dealing immediately and effectively with the injured improved their chance of survival.

Men were trained to carry the wounded with as little motion as possible. Between the poles, front and back, a man would grasp the stretcher and use the leather sling to take weight off the load. On each side others would help to steady the stretcher as they made their way ducking and moving through craters and pools of mud so thick it would cling to their boots increasing the weight. By November of that year only 12 had enlisted in this vital support corps.

The war in 1917 would enter a different phase of the fighting. Interest in enlisting was waning, and the resources at home were becoming harder to come by. People did try to keep a sense of normalcy under difficult conditions.

Peter C. Oickle is past chair of the Bridgewater Heritage Advisory Committee, Chair of the Bridgewater Museum Commission, conducts guided cemetery and town heritage walks, and presentations to groups on local history. eichel@eastlink.ca.

LIFESTYLES

October nightcaps

There's are a million recipes out there for the crisp evenings of fall—pie, squash, mashed potatoes, you name it. But one aspect of fall meals that often gets overlooked is the drinks. October is the perfect time to have a mug of something hot and tasty in the evening, when the leaves are turning and the temperature dips down.

ELISABETH BAILEY
Betty's Bite

SPICED CIDER

One of my favourite seasonal drinks, spiced cider makes every fall and winter occasion more special—from Thanksgiving to Halloween to Christmas. Enjoy it in front of a fire, lounging on the deck, or sitting at the table with your pie.

Ingredients

2 liters apple cider
2 cinnamon sticks
2 whole cloves
1/2 teaspoon freshly grated nut meg
1 orange, thinly sliced

Directions

Combine all ingredients in a large saucepan and bring to a simmer over medium heat. Continue to simmer, stirring often, for 20 minutes. Strain out orange slices and serve. Decorate mugs with individual cinnamon sticks if desired.

CLASSIC HOT CHOCOLATE

Serve this hot chocolate at the end of the evening to send everyone off into sweet dreamland.

Ingredients

1 cup whole milk
2 tablespoons pure cocoa powder
2 tablespoons sugar
Pinch of salt
1/4 teaspoon ground cinnamon
1/4 teaspoon vanilla extract

Directions

Warm milk over medium-low heat until it is barely simmering, then add all other ingredients and whisk, continuing to heat, until ingredients are incorporated and chocolate is frothy.

HOT TODDY

This drink is a Scottish fall classic. If you like you can make it a bit fancier by sugaring the rim of the serving glass and garnishing with a twist of lemon or slice of fresh, peeled ginger.

Ingredients

3/4 cup water
1 tablespoon honey
1 tablespoon lemon juice
1 shot whiskey

Directions

Bring water to a simmer in a kettle or saucepan, then transfer to a mug or glass with handle. Add honey, lemon juice, and whiskey, stir briefly, and serve immediately

CARDAMOM COFFEE

Coffee often gets the short end of the stick when it comes to festive drinks. As someone who doesn't like to drink a lot of added sugar, I love to add flavours to coffee to make it special without being too sweet. Here's a perfect way to do just that. Like any good Swede I'll drink coffee any time of the day or night, but if you don't want the caffeine simply make yours with decaf.

Ingredients

2 cups freshly brewed coffee
1/2 teaspoon ground carda mom
1 pinch salt
1/4 teaspoon vanilla extract

Directions

Add cardamom, salt, and vanilla extract to coffee. Sweeten and add cream or milk to taste.

Serve immediately.

Elisabeth Bailey is a local food writer in Lunenburg, Nova Scotia. She is also the author of two cookbooks with Nimbus Publishing, Taste of the Maritimes and Maritime Fresh. Her newest book, The Make-Ahead Sauce Solution will be in bookstores October 2018. You can follow her on Facebook, Twitter, or Instagram.

Explore sea-faring roots at The Mystic Seaport Museum

Although the name conjures fantastic imagery of unbelievable tales of the sea that have turned into myths and legends, The Mystic Seaport Museum – Collections and Research Centre (CRC) is an actual place that holds vital information for genealogical research. Although it focuses on American databases, many Canadians, particularly those from Nova Scotia, appear in their lists.

Nova Scotia has always been a seafaring province, and many people have travelled between here and the New England states, some for work, some for permanent residency.

DIANE LYNN TIBERT
Roots to the Past

The CRC is the United State's "leading maritime research facility." It offers "easy access to maritime researchers and scholars." The CRC contains more than two million artifacts, including maritime art, tools, photographs, 1,000 ships registers and 600 audio taped oral history interviews. It opened in 2002 and promised to "exceed national museum standards for conservation, preservation, accessibility and safety."

The facility is located at 112 Greenmanville Avenue, Mystic, Connecticut. They are open year-round, but hours are limited to three days a week. Although you don't need an appointment to visit, they strongly suggest you call to ensure the material you're interested in viewing is available prior to your visit.

Although not all material they possess is available online, there are several databases on their website. One of those is the Seamans Protection Certificates.

The certificates were meant to protect men from being pressed into service by the British Navy. Between 1793 and 1812 more than 15,000 U.S. Sailors were snatched to bolster the fleet during their Napoleonic Wars with France. Men would be grabbed from merchant ships, taverns, streets, their bed and, some, right from the alter. Press gangs were extremely active and brazen.

Congress passed the "Act for the Relief and Protection of American Seamen" in 1796. Customs collectors had to maintain a record of all citizens serving on U.S. vessels. Once registered, the seaman was given a certificate to prove his U.S. citizenship, which was meant to thwart press gangs. It appears, it didn't always work.

There are 30,988 registration papers on file. They can be searched by surname, birthplace, state (or province) and a number of other fields. Thirty-one records appear for those born in Nova Scotia. Samuel Tupper (age 33; 1853; Liverpool), Henry Skinner (33; 1859; Barrington), James Rogers (33; 1855; Wilmonth), Edmund Pyne (26; 1854; Westport) and Parker Moody (40; 1854; Shelburne) are just a few.

Another database under the Digital Resources is American Offshore Whaling Voyages (AOWV) crew lists. The site provides a lot of information on this subject, including log books, journals, newspapers and custom house records. Along with the crew list of the AOWV, researchers also have access to the British Southern Whale Fishery (BSWF) crew lists.

There are 13,782 entries in the BSWF, including six men born in Nova Scotia (serving 1836-1839): William Gill (age 25), Thomas Higgs (28), Benjamin Green #1 (25) Benjamin Green #2 (32), James Brown (28) and James Odell (27). Searching with Halifax as a birthplace generates 13 entries, but there is no way to know if this was Halifax, N.S.

To search these databases and others (including Salem Crew Lists 1799-1879 and Charles W. Morgan Crew Lists) and to browse the site to learn more about the collections, visit The Mystic Seaport Museum website (https://research.mysticseaport.org). Make a point of visiting the Digital Library. The collection of journals—all digitized—is an incredible resource for genealogists and historians.

Diane Lynn McGyver Tibert, author of Scattered Stones, is a freelance writer based in Central Nova Scotia. Visit her Roots to the Past blog (https://rootstothepast.wordpress.com) to learn more about her genealogy writing.

Rock on: stone and mineral therapy

"It just brings an extra element of energy to their lives, one that maybe they didn't have before."

Momoko Marble Primrose Hill is a crystal healing consultant, based in London England. As part of her service, she pairs her clients with specific stones and minerals to match their physical or emotional healing concerns.

Often her clients are looking for a consultation to help with sleep, physical discomfort, anxiety, emotional distress, grief and even infertility.

CATHERINE KNOTT
Vitality & Vim

Much of my personal experience with mineral therapy falls into the category of auxiliary treatments. Wherein stones are used alongside other therapies - such as Reiki, acupuncture, or therapeutic touch – to amplify, store, or direct the energy in a treatment. In terms of these characteristics, we have been using stones such as quartz crystals for practical purposes, for years.

As our bodies also possess a bioelectric component it is no surprise the natural, vibrational attribute of quartz crystals has long been applied to methods of healing, as well.

I was curious to see what Hill would recommend for me and gave one issue: lower back pain. She proceeded to go through a rather in-depth checklist of the situational, emotional and physical aspects of my life to make an appropriate referral. The process was reminiscent of any assessment one might receive in the office of a specialist.

Ultimately, she settled on several stones for my presenting complaint: A smokey quartz, to draw out pain; selenite to remove blockages and lepidolite to clear any anxiety held in my body, which might be contributing to the discomfort. She said that in a healing session she would also recommend placing yellow stones on either side of my body, adding that this was a completely intuitive suggestion.

I found this last comment very insightful as a yellow stone would be beneficial to the area surrounding the gallbladder: the organ beneath the liver, responsible for storing and directing bile for the digestive process. It was an organ I had been actively supporting through herbal supplements and cupping treatments; but not an issue I had mentioned to Hill during the assessment.

In terms of our health, we have always had a relationship with minerals. We consume them daily through our food, or supplements. Himalayan salt is a popular source with approximately 84 trace minerals the body can metabolize - plus a unique ionic energy that is released when the salt is mixed with water. We also use magnesium in a variety of forms – oil, spray or capsule – topically, or internally, to treat insomnia, headaches, sore muscles, and restless leg syndrome.

While stone and mineral therapy can be used in harmony with other treatments, Hill says it is effective as a stand-alone treatment and can be emotionally cleansing. She has observed heart-warming occasions where a client will feel drawn, inexplicably, to a particular stone. They have noted a strong reaction, current, or energy in association with specific stones and after sitting with them for a few moments, will often report feeling better: Their mood elevated, aches and pains alleviated.

Throughout the centuries we have discovered healing is an endeavor with many facets and can be administered in the most interesting and unusual ways. In this respect, natural health may be the sum several elements: an active physical lifestyle, a positive, open mind and a willingness to try new things.

Perhaps the most appropriate question is: what feels right for you?

Catherine Knott is a journalist, health practitioner and reiki counsellor. You can reach her at catherineskyeknott@gmail.com

LIGHTHOUSE LOG

- COMMUNITY - EVENTS - JOBS - NETWORK & MORE!

IN THE COMMUNITY

TOWN OF LUNENBURG
902-634-4006

Lunenburg Arena opens on Friday, October 5 — Public Skating: Mondays, Wednesdays and Fridays (3-4:30 p.m.); Adult Skate: Mondays, Wednesdays and Fridays (11:15 a.m.-12:45 p.m.); Family Skating: Sundays (6:15-7:30 p.m.); Parents and Tots (free admission): Tuesdays (1-2 p.m.).

60-plus Hockey — Mondays (1-2 p.m.), Lunenburg Arena.

Seniors Hockey (50-plus) — Fridays (1-2:30 p.m.), Lunenburg Arena.

Pickleball — Sundays (12-2 p.m.), Tuesdays (9-11:30 a.m. and 7-9 p.m.), and Fridays (1:30-4 p.m.), Lunenburg Community Centre.

Basketball (drop-in) — Wednesdays (12-1:30 p.m.), Lunenburg Community Centre.

Badminton — Wednesdays (7-9 p.m.), Lunenburg Community Centre.

Fitness Classes — Mondays, Wednesdays and Fridays (8:30-9:30 a.m.), Lunenburg Community Centre.

Seniors Fitness — Mondays, Wednesdays and Fridays (9:30 - 10:15 a.m.), Lunenburg Community Centre.

Remembrance Day — November 11, 11 a.m., Lunenburg Cenotaph.

Newcomers' Welcome Event — November 15, 7 p.m., Lunenburg Council Chambers.

Once Upon a Lunenburg Christmas — November 23 and 24, Lunenburg.

Christmas Craft Show — December 1 and 2, Lunenburg Community Centre.

South Shore Players Christmas Production — December 6-9, Lunenburg Community Centre.

TOWN OF BRIDGEWATER
902-543-2274

First Aid/CPR/AED — Emergency Level, October 10 or November 6; Standard level, October 10 and 11 or November 6 and 7, 8:30 a.m.-4:30 p.m.

Digital Photography One — Tuesdays, 6:30-8:30 p.m. Learn basic techniques such as composition, lighting, angles, etc.

Digital Photography Two — Wednesdays, 6:30-8:30 p.m. Learn to improve your photos or art work and explore special techniques and their effects on your photos.

Centennial Trail Walk — October 15, 6-7 p.m. Meet back parking lot of LCLC near trail. Free.

Bus Trip to Ikea and Halifax Central Library (Age 50-plus) — October 19, 9 a.m.-5 p.m.

55 Alive Driver Refresher Course — November 10, 9 a.m.-1 p.m. Review and update your driving skills and gain more confidence behind the wheel. Classroom only.

MUNICIPALITY OF QUEENS
902-354-5741

Pickleball — West Queens Recreation Centre, 70 Riverhead Road, Port Mouton, Queens County - on Tuesdays and Thursdays from, 10 a.m.-12 p.m. A hybrid of tennis and badminton. Exercise and fun for people of all ages, and the cost is just $2.

Greenfield Recreation Association — Mondays: Full Body Tabata, which is a high-intensity interval training, 9-10 a.m. on Mondays, Members: free; non-members: $5. On Tuesdays: Yin Yoga 10-11 a.m. with Amy from Studio South West www.studiosouthwest.ca. Running Club on Tuesdays and Thursdays at 11 a.m., with Linda Freeman, no cost. For information on these programs you can call the Greenfield Rec. Centre at 902-685-2370.

Qi Gong — At the Pleasant River Community Hall, 4882 Highway 208, every Tuesday from 10-11 a.m. Qi Gong, which is a holistic system of coordinated body posture and movement, breathing, and meditation. Cost is $4 per day. For more information, call 902-685-3993.

Canskate — Learn to skate program of the Queens County Blades will start on Sunday, October 14. Registration will be at 2 p.m. that day, Queens Place Emera Centre. The program happens each Sunday at 3:45 p.m. and is a program that focuses on fun, participation and basic skill development led by an NCCP certified professional coach. A CSA-approved, hockey-type helmet - not a bicycle helmet - is mandatory.

Nordic Pole Walking Beginner Class — presentation and learn to Nordic Walk. Monday, October 15 at the North Queens Community School in Caledonia, 6:30-8:30 p.m. $5 per person. Bring sneakers and water, all other equipment provided. Register by October 10 by calling 902-354-5741. Ages 19 and up.

For more information on these and other activities of the Recreation and Healthy Communities Department, call 902-354-5741.

DISTRICT OF LUNENBURG RECREATION
902-541-1343

LCLC / YMCA Aquafit Classes — Tuesdays 12:15-1 p.m.; Wednesdays 7-7:45 p.m.; Thursdays 12:15-1 p.m.

LCLC Yoga Classes — Mondays Hatha Flow Yoga 10:15-11:30 a.m. Mondays 7-8 p.m. Hatha Yoga; Wednesdays Yin Yoga 10:15-11:30 a.m.; Fridays Hatha Flow Yoga, 10:15-11:30 a.m.

Pool Parties — Come celebrate your special day at the LCLC. For more information call 902-530-4100.

Public Skating — Adult Skate, Monday-Friday, 1-2 p.m.; Parent/Tot Skate, Tuesdays and Thursdays, 10-11 a.m.; Public Skate, Fridays 5-6:15 p.m., Saturdays 5-6:15 p.m., Sundays 5:30-6:20 p.m.

For the most up to date schedule check our website at www.lclc.ca

MUNICIPALITY OF CHESTER
902-275-3490

Foundations Yoga Two Session One — Chester Baptist Church, starting October 16.

Skating for Beginners — Chester Rink, starting October 16.

Intro to Therapeutic Touch — Our Health Centre, October 17.

Fall Colours Walk — New Ross, October 17.

Essentrics Classical Stretch Thursdays — Chester Baptist Church, starting October 18.

Food Handlers Certification - FHCS, October 18.

Essentrics Classical Stretch Fridays — Chester Baptist Church, starting October 19.

GPS Workshop — FHCS, October 20.

Porcupine Hill Hike — New Ross Legion, October 20.

Slap Shots & Boot Stompin Tour Legends All-Star Hockey Events — in support of Chester Lido Swim Program & Chester PRO Kids at the Chester Rink followed by a kitchen party at the Chester Legion to enjoy music with Andy Bast our Legends Band with special country music star Aaron Pritchett, October 20.

Family Pumpkin Carving — Municipal Building, October 26.

Therapeutic Touch Level One Training — Our Health Centre, October 27.

Halloween Party — Lightfoot Tower, Chester, October 29.

Mindfulness Skills for Everyday Living — Art of Healing Wellness Centre, starting November 1.

Card Lake Nature Notes Corvids (Crows, Ravens, Jays) Hike — Card Lake Provincial Park, November 3.

Foundations Yoga One Session Two — Chester Baptist Church, starting November 6.

Learn to Curl — Chester Curling Club, starting November 6.

Yin Yang Yoga Tuesdays Session Two — Art of Healing Wellness Centre, starting November 6.

Yin Yang Afternoon Yoga Thursdays Session Two — Art of Healing Wellness Centre, starting November 8.

Home Alone — FHCS, November 17.

Defensive Driving Course — FHCS, November 18.

Foundations Yoga Two Session Two — Chester Baptist Church, starting November 27.

TOWN OF MAHONE BAY
902-541-1343

Mahone Bay Fun & Fitness (Age 50-plus) — Tuesdays and Thursdays, 10-10:45 a.m. with Madeline Oxner. Started September 18. A fun, low-impact class.

LUNENBURG CO. LIFESTYLE CENTRE
902-530-4100

Register now for fall programs. Call 902-541-1343 or register online at www.modl.ca Click on recreation and then on the blue register online button. Or, drop-in our office at 210 Aberdeen Road

Explore MODL Autumn Geocaching Challenge. — Discover the parks, trails, and MODL's hidden gems through this outdoor treasure hunt. We have placed 34 treasure boxes for you to find. Info available at www.modl.ca/recreation/programs/special-events or at our office at 210 Aberdeen Road.

Miller Point Peace Park Photo to Contest — Submit photos taken at Millers Point Peace Park in 2018. Categories: Plant Life, Animal Life and People. (Max 2 photos per category). Age: 12 and under; 13-18 and Adults. Deadline for entries: November 5. Details available at www.modl.ca/recreation

Intro to Swing Dance — Learn the jitterbug, jive and Charleston. Thursdays, 6:30-7:25 p.m., at the MARC, Dayspring, starting October 11 for eight weeks.

Multi-Sport Adult Program — Six sports, six weeks Sledge Hockey, Triathlon, Fencing, Curling, Pickleball and Rugby. Wednesdays, starts now. Call us for more details.

Intro to Lindy Hop — The most well-known swing dance. Thursdays, 7:30-8:30 p.m., starting October 11 for eight weeks, Pre-Register.

Valley Bargain Shopping — October 11, 8 a.m.-6 p.m. Travelling by coach. Pre-Register.

Historic Campfire 1800s Style — Saturday, October 13, 4-6 p.m., MARC, Dayspring. Enjoy some beef stew and dessert and see Swedish log fire in action with Sam Wentzell. Please pre-register.

Dynamite Trail Hike — Sunday, October 14, 2 p.m. Join members of the Trail Association. Meet at Martin's River Fire Hall, Station Road. Weather permitting.

Blue Rocks Commons Hike — New Date: Sunday, November 18, 2 p.m. Explore approximately five km of the Blue Rocks Commons with Janice Rand. Barrens, rocky coastline. Meet at Saw Pit Wharf parking lot, 28 Back Harbour Road, Lunenburg to carpool to the Commons.

Sparkle n' Sign — Friday, October 19, 6-8:30 p.m. at the MARC. Choose a design and create a beautiful sign. Options listed on Sparkle n' Sign Event on the District of Lunenburg Facebook page

Family Pumpkin Party — Saturday, October 20, 2-4 p.m., Parkdale Maplewood 4H Building.

MARC Family Pumpkin Party — Sunday, October 28, 3-5 p.m. An afternoon of pumpkin fun. Pumpkin carving, games, a bonfire and more.

Food Handlers Course — Tuesday, November 6, 5 p.m.-finish, MARC, Dayspring. Please Pre-Register. Great course for everyone. Covers food preparation, storage, personal hygiene, sanitation and more.

Family Christmas Wreath Making — December 2, 2-4 p.m. at the MARC. Make and decorate a balsam fir wreath and enjoy a campfire when you finish. Pre-Register.

Seniors Christmas Party — December 13, 11 a.m.-2 p.m., Oakhill Fire Department. Filling up fast. Reserve your seat now.

Winter Solstice Lantern Walk — December 21, 5:30 p.m. Make a simple lantern and take a walk on the MARC trails.

WHAT'S NEW @ THE LIBRARY?

South Shore Public Libraries has activities for everyone all year long. Here are a few highlights of what's happening this week. Visit southshorepubliclibraries.ca or call your local library to see what else is available.

Etsy Group – Into Etsy? Curious about it? The SSPL Etsy Group meets once a month. Get your online shop ready for the holiday season with tips, tricks and moral support! Margaret Hennigar Public Library, October 13, 1-3 p.m.

NFB Film: *Trick or Treaty?* – This documentary follows the journey of Indigenous leaders in their quest for justice as they seek to establish dialogue with the Canadian government, and to raise awareness about issues of concern to their people. Lunenburg Library, October 14, 2 p.m.

Flag Making for Global Ethics Day – Learn more about international affairs and the countries of the world. We'll be making flags in the days leading up to October 17 when they'll be revealed in the library. Make them at home on your own time or come in and learn from the staff on the dates below. Lunenburg Library, October 16, 3 p.m. Margaret Hennigar Public Library, October 17, 3 p.m. Thomas H. Raddall Library, October 17, 3 p.m.

Household Chemicals – Could the products in your home be making you sick? Join Holistic Nutritional Consultant and Young Living distributor Anastasia Akasha Kaur as she shares 25-plus years of research and experience on what to look for why it matters and what you can do to help ensure a safe and healthy future. Margaret Hennigar Public Library, October 18, 7 p.m.

*All programs are free, but some require registration. Please call your local library to find out more. South Shore Public Libraries - Read. Discover. Learn. Share.

South Shore Public Libraries

Mobile Branch Schedule

MOBILE LIBRARY SCHEDULE for the week of October 12 - 18, 2018

Friday, October 12:

10:00 - 10:45	Broad Cove - Community Hall
11:00 - 12:00	Petite Riviere - Fire Hall
1:15 - 2:00	Crescent Beach - General Store
2:20 - 3:00	Pentz - Westside United Church

Saturday, October 13:

10:00 - 12:00	Caledonia - Opposite Caledonia Pharmasave
12:30 - 1:15	Pleasant River - Community Hall

Tuesday, October 16:

11:00 - 11:30	New Ross Consolidated School
11:30 - 1:00	New Ross Lions' Community Park
3:00 - 6:00	New Germany - New Germany Freshmart

Wednesday, October 17:

1:00 - 4:30	Chester - Chester Legion
5:30 - 7:00	Chester - Corner of Highway 3 and Valley Road
7:15 - 8:30	Chester Basin - Chester Basin Legion

Thursday, October 18:

10:30 - 7:00	Mahone Bay - Three Churches Parking Lot

Closed between 12:30 - 1:00 and 4:30 - 5:30

A hearty Acadian dish

JANA PATTON

One of my coworkers and I were chatting a couple of weeks ago about new things to try for supper. She suggested a dish called chicken friction if I wanted to try something different. It was something her mother made for supper when Karine was younger and she thought I might like the dish.

The dish, which is a chicken soup, dates back to the 1700s, but is primarily found around the Acadien areas in New Brunswick, which would be why Karine hadn't noticed it being served around here. I noticed on a couple of websites, it ranked as one of the top foods to try while in New Brunswick.

A quick foray into recipes on the Internet made me realize there are many variations of the dish. A few of the recipes called for leeks, some used salt pork. Many of them used a lot of potatoes and I saw a few that only used one or two. Even the chicken varied in cut, portions and preparations. The one thing most of them had was the dumplings, but even these had different variations.

I finally decided to buy chicken pieces (drums and thighs). I removed the skin and as much fat as I could. I planned to boil the chicken and save some of the stock for the base of the soup and wanted to cut down on the fat as best I could.

The vegetables used in this dish also varied. I chose to use carrots, turnip and a couple of potatoes as well as onion, garlic and celery for the flavour. The other thing that seemed to set this dish apart from a regular chicken soup was the use of summer savoury.

I got the soup made and was ready to tackle the dumplings. Dumplings have not always been my friend and I don't usually make them for that reason. I remember my grandmother making them for blueberry grunt, but I've never been to recreate them. As with the fricot, there seem to be different variations of ingredients. I went with a very simple recipe and was quite happy to see the dumplings turned out perfectly this time.

Here is my chicken fricot recipe. I guess this will be one more variation.

CHICKEN FRICOT

2-3 lbs. chicken, cooked and picked from bone
1 large onion, diced
1 stalk of celery, sliced
2-3 cloves garlic, minced
1 small turnip, diced
4-5 carrots, sliced
2 large potatoes, diced
1 carton of chicken broth
Summer savoury, to taste
Salt and pepper, to taste

Remove skin and visible fat from chicken. In a large pot, saute onion, garlic and celery; add chicken (if using pieces) and cover with water. Simmer until chicken is cooked. Remove the chicken and set aside to cool.

Add the prepared chicken broth to the pot and bring stock back to a boil; add the rest of the prepared veggies; simmer until almost done. Add the chicken and bring back to boil, then turn heat back to simmer.

Prepare the dumplings.

Dumplings:

1 cup flour
1/2 teaspoon salt
2 teaspoons baking powder
1/2 cup of milk
Sprinkle of summer savoury

Mix together the dry ingredients. Add milk and stir lightly until just moistened.

Drop by spoonfuls into the pot. Place lid on pot and cook dumplings for eight to 10 minutes.

Do you have a favourite recipe? If so, I invite you to share it with me at jana.patton@lighthousenow.ca

Chicken Fricot

Tiny acts of kindness

SUSANNE BECK
Reality Check

One of the email addresses that I'm responsible for is similar to that of an organization far, far away. So, sometimes I receive email that was intended for someone else.

Occasionally, it's obvious that a message is important to the sender. Messages concerning resumes, grant proposals, scheduling, payments, confirmations; those are all issues that could really matter in the life of the person sending the email.

When I receive a message in error, I have two choices. I can ignore it, or I can respond to it.

If I ignore it, the sender likely assumes the message was received by the intended person. It wasn't bounced back. But they'll never get a reply. They won't know the answers to their questions or the important deadlines they've inquired about.

At the least, the sender may make a judgment about the rudeness of that person who didn't respond. Even if they follow up and eventually reach the right recipient, there's still a lingering suspicion: "They say they didn't receive my first message, but maybe they just don't want to admit that they ignored me."

So, when I get a mistaken message, I choose to respond. I send a short message to let the recipient know that they haven't reached the person they intended, so please recheck the address. I also add that I'm located in Nova Scotia; that clearly highlights the error. It's a brief response, but it's courteous.

I seldom receive a reply. Maybe my message goes out into the recipient's spam folder. Who knows? But if I'm already feeling rushed and unappreciated for any reason, then that lack of response enhances the opportunity for me to muster up negative feelings about making this tiny effort.

For example, I can choose irritation. "Why do I waste my time responding? Other people wouldn't. Besides, they'll eventually figure out that there was a problem."

Or I can choose to be judgmental: "Why are people so careless?" Why wouldn't they double-check before sending something so obviously important?"

However, believing as I do (at least some of the time) in contributing my tiny bit to helping people interact successfully, even when I'll never, ever meet them, I still choose to respond.

This morning, among my pile of requests to deal with and clarifications to clarify, I found something unusual. It was a cheery, grateful reply to a message I'd sent to let someone know they had reached the wrong person.

Writing her reply likely took less than a minute. But that tiny message, expressing how grateful she was to know that she needed to try her message again cheered my morning.

I know, I know. It's not anybody else's responsibility to cheer me or my morning. And, according to choice theory, apparently even if someone really wanted to, they wouldn't be able to do so. It's still ultimately my responsibility as to whether I will have a cheery morning or not.

That said, I do think that at least some of what makes companies great to work in, communities great to live in, and relationships work well has to do with small interactions that are done in a kind way.

Those small acts, simple courtesies, say, "Even though I don't know you, I see you as human, not an object, and I will make an effort, even if it's small, to make something easier for you. I will treat you as I would, in fact, like to be treated."

Some kind actions take lots of money, time or resources. And they have value.

But don't discount the value of the tiny acts of kindness either. The return on your "investment" can be high, even if you never see the result.

Have you been the recipient of tiny kind acts? Let me know at choices@focusonclarity.com or by mail c/o Progress Bulletin.

To your choices! ~ Susanne ~

Susanne Beck, RTC is Reality Therapy Certified by the William Glasser Institute

Spay and neuter to cut down on homeless kittens

SHAID, PHOTO

Theo

We all love little kittens. They are too cute to not love them, sweet and soft. But what happens when there are not enough people looking to add a new pet to their family? They will be homeless or in a shelter waiting for a family.

Shelters and rescues all across Canada work hard all year long to take in as many homeless pets as possible and rehome them. Sometimes they are full and just cannot take any more in until some are adopted.

Kitten season is generally thought to be in the spring when stray or lost pets are roaming and return home pregnant, however, we seem to be seeing kittens all year long. Come fall, the spring kittens are old enough to have kittens of their own if they have not been spayed or neutered. It is a cycle that seems to be going on forever.

It is so important to spay and neuter your pets, and not leave them out to roam until they are spayed and neutered. Many believe cats do not need to be out at all. It is safer for them inside. From past experience most cats are happy to be inside and pampered. You do see a few that aren't happy living inside, but please spay and neuter them before you leave them out. Everyone can help to control the cat population by spaying and neutering.

Keep in mind a healthy female cat can reproduce at five months of age. And a cat can have three to five litters each year with four or six or more kittens in each litter. So a litter of five can add up to many kittens each year if they are all left unaltered.

SHAID understands that anyone can have an accident litter, but please do not intentionally have kittens and give them to friends that are not able to afford their vet care or who have no intentions of spaying and neutering them.

SHAID is not going to judge you should you find yourself in this situation, so please reach out for advice or help before your situation is out of hand. We are there to help as many as possible as quickly as possible. SHAID strives to house as many cats as possible and re-home them all into loving homes, but SHAID does need to follow guidelines to ensure they are well cared for and they are healthy before going to their new families.

This might mean you will have to be placed on a wait list and care for them a bit longer, but SHAID will work with you to ensure they are brought into the shelter as quickly as possible, providing they are friendly cats.

SHAID, like most rescues, is not set up or qualified to care for feral cats. They cannot be housed or cared for inside the shelter safely. SHAID does offer TNR assistance to Lunenburg County residents with feral cats on their property. Please call the shelter for more information as this program does not operate in the cold weather for safety reasons.

SHAID's 2019 Calendars are now available to purchase at SHAID, Shur-Gain in Bridgewater ,and Bridgewater Animal Hospital. They are fantastic calendars and they make wonderful gifts for anyone, especially the pet lovers in your family. The calendars sell for $20 each. Get your copy today and help SHAID to help more animals.

SHAID currently has kittens and adult cats waiting for forever homes. Please check the website, www.shaid.ca for availability of all pets. Kittens are adopted quickly in some cases.

SHAID, PHOTO

Eleanor

CRANIAL CRUNCHES

CryptoQuip

This is a simple substitution cipher. A letter stands for another. If you think that X equals O, you will find X equals O throughout the puzzle. Solution is accomplished by trial and error.

Cue P equals S

VDMP ABMUNMUK XHPPHQ MP UTV QMNH YUZ VDYV W'XH HXHB PHHU IHGTBH. MV'P AHGMUMVHOZ ML Y KQYPP IZ MVPHOG.

©2018 King Features Synd., Inc.

Weekly SUDOKU

by Linda Thistle

9		5		3		2		
3				2			6	1
	7		4		5	8		
	9	3			1		8	
8			6	4		9		
	1				9		5	3
	2		3		6		4	
		1		7		3		6
7		6	8					5

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

©2018 King Features Synd., Inc.

CryptoQuote

AXYDLBAAXR .s LONGFELLOW

One letter stands for another. In this sample, A is used for the three Ls, X for the two Os, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

N FLACM CX XGL XHD CMT N'ZL FLLM UHESNMA VI UC1 THUM LZLE PNMOL.

— HEPHM ULKKLP

©2018 King Features Synd., Inc.

All answers found in the classified section of this issue.

Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Prickly sensation				I					Hair gnar				A				
2. Building block						C			Invigorating						S		
3. Fire stone	.	.	.	.	.	.	T		Throw with abandon	.	.	.	.	.	.	G	
4. Matthau or Mitty	_	_	L	_	_	_			Food server	_	_	I	_	_	_		
5. Casual pastime	H	_	_	_	_				Hotel foyer	L	_	_	_	_			
6. Wrath	_	N	_	_	_				Boring tool	_	U	_	_	_			
7. Face coloring					E				Uneven					H			
8. Wriggle						M			Knight's ass slant						F		
9. Opera house chorus					O				Valiant					F			
10. Clothing ensemble				F					Gut the better of				W				

© 2018 King Features Synd., Inc.

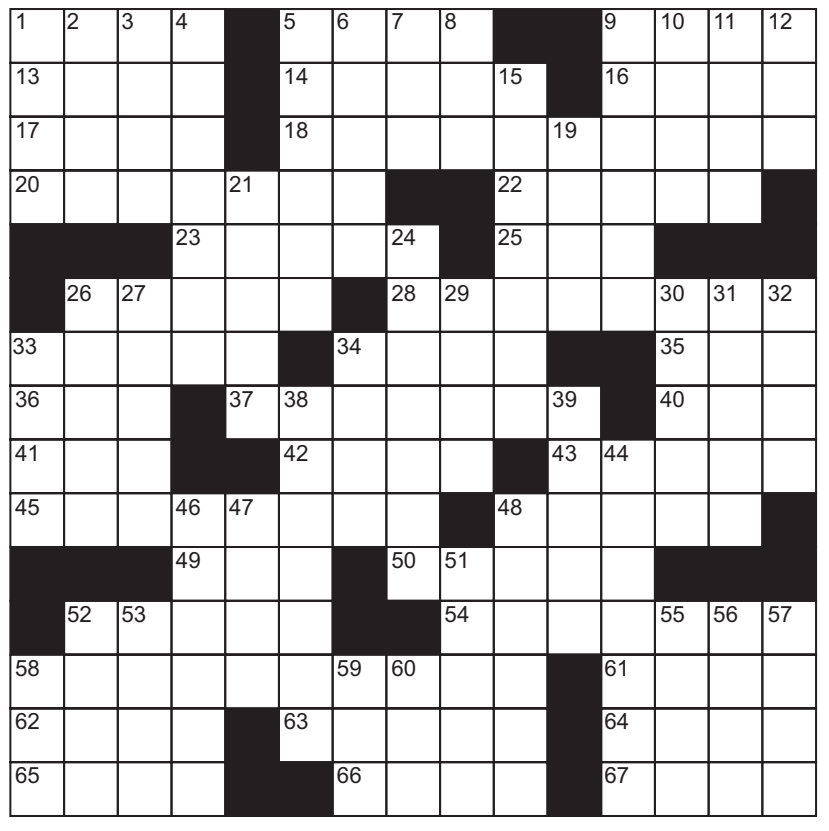
Crossword puzzle by Walter Feener

ACROSS

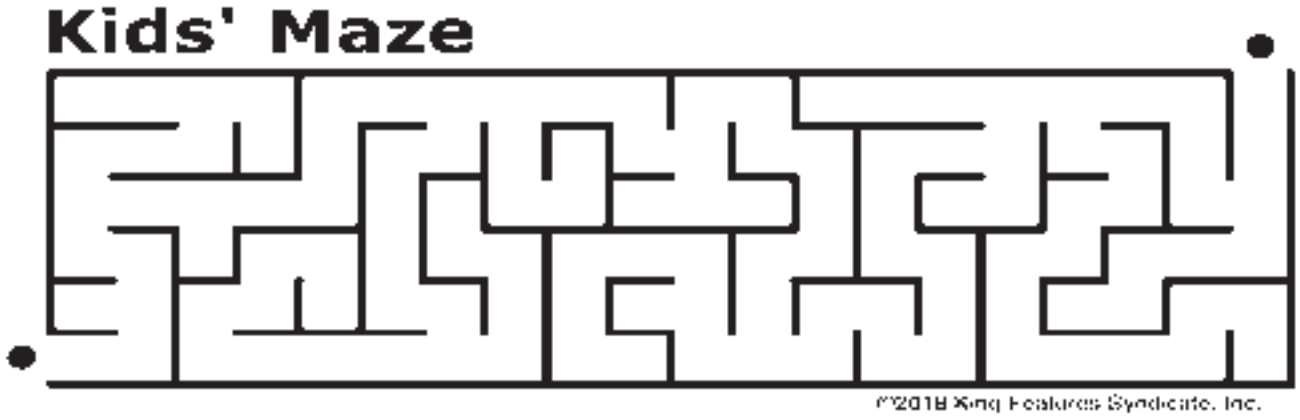
1. City on the Irtysh River
5. Omar of "House"
9. Repairs with stitches
13. Set of judo exercises
14. Musical chord
16. Ballerina's knee bend
17. Neckwear
18. Treating visitors well
20. Cattle contagion
22. Tear up, as paper
23. Large number of
25. Dessert choice
26. Take to task
28. Brief dictionary
33. New Zealand aboriginal
34. Make rude and mocking remarks
35. Grassy field
36. ___ and outs
37. Cut off from society
40. Printing liquid
41. Adversary
42. Smallest sound
43. Song thrush
45. Brave
48. Early evening hour
49. Oil-rich land: abbr.
50. Office assistant
52. Member of a Jewish sect
54. Airport porters
58. Heavy castle gate sliding vertically
61. Charles Lamb's pseudonym
62. Indigo plant
63. Michelangelo sculpture
64. Light metallic sound
65. One of the greatest soccer players of all time
66. Cook in a slow cooker
67. Japanese rice drink

DOWN

1. Unit used in meteorology to measure cloud cover
2. Most important
3. Cancel a correction
4. Disputed region between Pakistan and India
5. Natural gas constituent
6. One who has the authority to vote for you
7. ___ aller
8. Plant fluid
9. Bowling scores
10. River in central Europe
11. Out of control
12. Visualize
15. Entertain oneself
19. Referred to
21. Wheel spokes
24. Youthful
26. Boat pointed at each end
27. Old Testament book
29. Increase dramatically
30. Breathing
31. Kidney enzyme
32. Tibetan oxen
33. Annoy somebody
34. Regular guys
38. Accelerate
39. Make corrections to
44. Shore birds
46. Steal cattle
47. Secular
48. Go up and down
51. Repeated too often
52. Whetstone
53. Seed covering
55. Inter ___
56. Colour for baby girls, traditionally
57. One famed for wisdom
58. Baby food
59. Fleur-de-___
60. Minor infringement, in tennis



Kids' Maze



©2018 King Features Syndicate, Inc.

WEDNESDAY EVENING — OCTOBER 10

	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
6	News	ET	ET Canada	Chicago P.D.		Survivor: Dav vs.Gol		SEAL Team		News	:35 ET Can.
8	6:00 News	eTalk	BigBang	Criminal Minds		Goldberg	Am.Wife	Grey's Anatomy		News	News
11	6:00 News	mark.p	CorrieSt	Great Canadian		Vanity Fair		News: The National		CBC News	CBC Music
4	News	PBS NewsHour		Boston	Steves'	Nature		Nova		Nova	
7	Cash Cab	CTV News Atlantic		BigBang	eTalk	Carter		The Detail		Goldberg	Seinf.
9	6:00 News	News	News	News	Chronicle	Goldberg	Am.Wife	Modern	Single	A Million Little Things	
12	6:00 News	News	NBC News	News	Access	Chicago Med		Chicago Fire		Chicago P.D. "Bad Boys"	
14	6:00 Frame	Framework		Framework		Framework		Caraoke	Caraoke	Caraoke	Caraoke
16	Storage W.	Storage W.	Storage W.	Storage W.	Storage W.	Storage Wars: Best Bidding Wars					
17	The Middle	Home Videos (R)		Frasier	Frasier	3's Comp.	3's Comp.	Loves Ray	Loves Ray	Loves Ray	Loves Ray
18	6Sit.Room	The Situation Room		OutFront		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight	
19	CountCars	American Pickers		Forged In Fire:Knife		Forged in Fire		CountCars	CountCars	Counting Cars	
20	HappyD.	Evening News		Story	M*A*S*H	Empire "Pride"		The Night Shift "Recoil"		The Tudors	
21	6:00 R. Ray	Young & Restless		News	News	Global News		ET Canada	ET	Chicago P.D. "Bad Boys"	
22	Nicky	H.Danger	Dare	★★★ "Rango" ('11) Isla Fisher, Johnny Depp.				:15 ★★★ "Rango" ('11) Isla Fisher, Johnny Depp.			
23	TeenT.	TeenT.	Craig	BareBear	BareBear	BvstWar	Steven	King of H.	Amer. Dad	BobBurg.	BobBurg.
28	6:00 SVU	Law & Order: S.V.U.		★★ "October Kiss" (Rom,'15) (P) Ashley Williams.				All American "Pilot" (P)		New Amsterdam "Pilot"	
29	6:00 Power and Politics			CBC News Network With Carole MacNeil				News: The National		Power and Politics	
32	WBZ News	WBZ News	News	Wheel	Jeopardy!	Survivor: Dav vs.Gol		SEAL Team		Criminal Minds	
33	6:00 CSI	CSI: Miami		CSI: Miami		CSI: Miami "Dispo Day"		Cardinal "Terri"		Queen Sugar	
34	Yes Dress	Yes Dress	Yes Dress	My 600-lb Life		My 600-lb Life "Robert's Story" (R)				My 600-lb Life	
35	6CSI: NY	Highway Thru Hell		MythBusters		Mayday "Storming Out"		Mayday: Compilations		Gold Rush	
36	6:00 News	Boston 25 News at 6		ET	TMZ	Empire "Pride"		Star "A Family Affair"		Boston 25 News at 10	
37	6:00 NCIS	NCIS "Bulletproof"		NCIS "Dressed to Kill"		Bull "Callisto"		★★★ "Batman Returns" ('92) Michael Keaton.			
38	6Flipping	Sex & City	Sex & City	Flipping Out		The Real Housewives		Real Wives Dallas		Flipping Out	
39	BigBang	Mike&M.	Mike&M.	Seinf.	Seinf.	Seinf.	Seinf.	BigBang	BigBang	BigBang	Full Frontal
41	6:00 Haves	Haves and Have Nots		Oprah' Master Class (R)		Oprah' Master Class (R)		Home	Home	Home	Home
43	Arcadia	Johnny	Johnny	Wipeout		Top Chef Junior		Parenthood		★★★ "Big Fish" ('03)	
44	Mom	Modern	Modern	Goldberg	Goldberg	Black-ish	Black-ish	ER Anthony Edwards.		Inside Ed.	Last Man
46	Desert Flip	Desert Flip	Desert Flip	Fixer Upper		Masters of Flip		Desert Flip	Desert Flip	Rustic R	Rustic R
47	6Voyager	Star Trek: Voyager		Star Trek: Voyager		Doctor Who			Stan Lee's Lucky Man		Castle
49	Storage W.	Storage W.	Storage W.	Fail Army	Fail Army	Jokers	Jokers	Jokers	Jokers	Jokers	Imp. Jokers
50	6:00 Tim & Sid (L)			Hockey	Hockey NHL Pha./Ott. Site: Canadian Tire Centre (L)					Baseball MLB	
52	Golf World	Golf Cent.	Skill Code	Learn	PGA Tour	Driver vs. Driver		Driver vs. Driver		Golf Cent.	Golf PGA
53	Interrupt	SportsCentre		Basketball Pre-season NBA Brook./Tor. Site: Bell Centre (L)					SportsCentre		
54	TMZ	Criminal Minds		Criminal Minds		Criminal Minds		Total Divas		Below Deck	
55	6North 60	News	APTN	Indians	Other Side	Other Side	Red Earth	24: Live Another Day		Nuts	Guilt Free
56	6Waltons	Murdoch Mysteries		Murder, She Wrote		Monarch of the Glen (R)		Victoria		Poldark (R)	

DON'T FORGET

Support your local food banks!

This message brought to you by
lighthousenow.ca
your local newspaper

What's on?

www.tvpassport.com/southshore

Channel Guide – A - Lunenburg Co. B - Queens Co. C - Caledonia/Cherry Hill D - St. Margaret's Bay E - New Ross

	A	B	C	D	E
GLOBAL	6	6	6	6	7
ATV	8	9	5	9	8
CBC	11	3	3	11	11
PBS	4	2	13	4	6
ASN	7	7	4	7	4
ABC	9	27	7	31	17
NBC	12	5	9	12	12
SPIKE	14	17	17	14	
A&E	16	15	20	16	
CMT	17	32	22		
CNN	18	14	19	18	
HIST	19	38		46	
ONTV	20		10	23	16

	A	B	C	D	E
ITV	21		16	60	18
YTV	22	28		27	
TOON	23	44		44	
W	28	22		22	
NEWS	29	29		29	10
CBS	32	11	11	32	13
BRAVO	33	20		37	
TLC	34	45		21	
DISC	35	19	23	38	
FOX	36	21	21	24	15
SHOW	37	33		39	
SLICE	38	34		40	
COM	39	53		49	

	A	B	C	D	E
CLT	41			70	
FAM	43	43		43	
PEACHTREE TV	44	46	15	15	
HGTV	46	47		34	
SPACE	47	48		47	
OUTD	49	52		48	
ROGERS SPORTSNET	50	50		52	
GOLF	52			53	
TSN	53	26	2	30	
STAR	54			56	
APTN	55	56			
VIS	56	31		28	

THURSDAY EVENING — OCTOBER 11

	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
6	News	ET	ET Canada	S.W.A.T.		Superstore	GoodPlace	W&Grace	I Feel Bad	News	:35 ET Can.
8	6:00 News	eTalk	BigBang	Law & Order: S.V.U.		BigBang	Sheldon	Station 19		News	News
11	6:00 News	Investig	CorrieSt	Dragons' Den		The Detectives "Jackie"		News: The National		CBC News	Reflections
4	News	PBS NewsHour		Boston	Steves'	This Old House Hour		Secret Life	:50 Secret Life of "Golden Years" (R)		
7	Cash Cab	CTV News Atlantic		BigBang	Pre-game	:20 Football NFL Phi./N.Y. G Site: MetLife Stadium (L)					
9	6:00 News	News	News	News	Chronicle	Grey's Anatomy		Station 19		Get Away With Murder	
12	6:00 News	News	NBC News	News	Access	Superstore	GoodPlace	W&Grace	I Feel Bad	Law & Order: S.V.U.	
14	6Bar Res.	Bar Rescue		Lip Sync	Lip Sync	Lip Sync	Lip Sync	★★★ "A Nightmare on Elm Street" ('84)			
16	6:00 First 48	The First 48		The First 48		The First 48		The First 48		Nightwatch Nation	
17	The Middle	Home Videos (R)		Frasier	Frasier	3's Comp.	3's Comp.	Jokers	Jokers	Drop Mic	Imp. Jokers
18	6Sit.Room	The Situation Room		OutFront		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight	
19	6:00 Search	American Pickers		CountCars	CountCars	Ancient Aliens		Ancient Aliens		In Search Of	
20	HappyD.	Evening News		Story	M*A*S*H	★★★★ "The Princess Bride" ('87) Cary Elwes.				Story	andPOP
21	6:00 R. Ray	Young & Restless		News	News	Global News		ET Canada	ET	S.W.A.T.	
22	Nicky	★★★ "The Princess and the Frog" ('09)				★★★ "Cinderella" ('15) Lily James.				GameOn	Dare
23	TeenT.	TeenT.	"Lego DC Super Hero Girls: Brain ...			BvstWar	Steven	King of H.	Amer. Dad	BobBurg.	BobBurg.
28	6:00 SVU	Law & Order: S.V.U.		Law & Order: S.V.U.		"Pumpkin Pie Wars" ('16) Julie Gonzalo.				Stitched	
29	6:00 Power and Politics			CBC News Network With Carole MacNeil				News: The National		Power and Politics	
32	WBZ News	WBZ News	News	Wheel	Jeopardy!	BigBang	Sheldon	Mom	Murphy B.	S.W.A.T.	
33	6C.Minds	Criminal Mind "Scream"		Criminal Minds		"Last Scene Alive: An Aurora Teagarden Mystery"				Gone "Crystal" (R)	
34	6Weddings	90 Day Fiancé "Goodbye for Now" (R)				The Little Couple		The Little Couple		The Little Couple	
35	6CSI: NY	Highway Thru Hell		MythBusters		Diesel Brothers		FantomWorks		Street Outlaws: Full	
36	6:00 News	Boston 25 News at 6		ET	Pre-game	:20 Football NFL Phi./N.Y. G Site: MetLife Stadium (L)					
37	6:00 NCIS	NCIS "Crescent City"		NCIS "Crescent City"		Bull "Unambiguous"		★★★ "Oblivion" ('13) Tom Cruise.			
38	6:00 Million	Sex & City	Sex & City	Real Wives Dallas		Flipping Out		Married at First Sight		Million Dollar List	
39	BigBang	Mike&M.	Mike&M.	Goldberg	Goldberg	Goldberg	Goldberg	BigBang	BigBang	KeyPeele	KrollShow
41	620/20OWN	20/20 on OWN		20/20 on OWN (R)		20/20 on OWN (R)		20/20 on OWN (R)		20/20 on OWN (R)	
43	Arcadia	Johnny	Johnny	"Russell Madness" ('15) Sean Giambrone.				Parenthood		"Paul Blart: Mall Cop"	
44	Mom	Modern	Modern	Goldberg	Goldberg	Black-ish	Black-ish	ER Anthony Edwards.		Inside Ed.	Last Man
46	Tiny House	Holmes and Holmes		Fixer Upper		Beachfront Reno		Tiny House	Tiny House	Hidden P	Hidden P
47	6:00 DS9	Star Trek: DS Nine		Star Trek: DS Nine		Supernatural (SP)		Penny Dreadful		:15 Penny Dreadful	
49	Storage W.	Storage W.	Storage W.	Fail Army	Fail Army	Storage W.	Storage W.	Storage W.	Storage W.	Storage W.	Storage W.
50	5:00 Baseball MLB			MLB Central		Baseball American League Division Series MLB (L)					
52	Golf Cent.	Golf CIMB Classic PGA Site: TPC Kuala Lumpur Kuala Lumpur, Malaysia (R)								Golf Cent.	Golf PGA
53	Interrupt	SportsCentre		That's H.	Pre-game	:20 Football NFL Phi./N.Y. G Site: MetLife Stadium (L)					
54	TMZ	The Boat	The Boat	The Boat	The Boat	The Boat	The Boat	"Summer Villa" ('16) Victor Webster, Hilarie Burton.			
55	6North 60	News	Nation	The Nature of Things		Marmalad	Quest	"Empire of Dirt" ('13) Shay Eyre, Cara Gee.			
56	6Waltons	Murdoch Mysteries		Murder, She Wrote		Appear.	Boomers	★★ "Columbo: A Friend in Deed" ('74) Peter Falk.			

FRIDAY EVENING — OCTOBER 12

	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
6	News	ET	ET Canada	Chicago Fire		MacGyver		Hawaii Five-0		News	:35 ET Can.
8	6:00 News	eTalk	BigBang	Blue Bloods		Blindspot (SP)		Get Away With Murder		News	News
11	6:00 News	Standing	CorrieSt	mark.p	In Making	Finding the Secret		News: The National		CBC News	Exhibit.
4	News	PBS NewsHour		Boston	Basic B.	Tales	Open Stu	Shakespeare		Shakespeare	
7	Cash Cab	CTV News Atlantic		BigBang	eTalk	★★ "Paul Blart: Mall Cop" ('09) Kevin James.				Goldberg	Seinf.
9	News	News	News	News	Chronicle	The Boat	Speech	Child Support		20/20	
12	6:00 News	News	NBC News	News	Access	Blindspot (SP)		Dateline NBC			
14	6Bar Res.	Bar Rescue		★★ "Happy Gilmore" ('96) Adam Sandler.				Mixed Martial Arts Bellator 207 (L)			
16	6:00 Live PD Kevin Jackson, Rich Emberlin.					Live PD /:05 Live PD		Live PD Kevin Jackson, Rich Emberlin. (L)			
17	The Middle	Home Videos (R)		Frasier	Frasier	3's Comp.	3's Comp.	King of H.	King of H.	King of H.	King of H.
18	6Sit.Room	The Situation Room		OutFront		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight	
19	6Auctions	American Pickers		Ancient Aliens		In Search Of		Ancient Aliens "Earth Station Egypt" (R)			
20	HappyD.	Evening News		Story	M*A*S*H	The Boat	Speech	Dr. Ken	Commun.	20/20	
21	6:00 R. Ray	Young & Restless		News	News	Global News		ET Canada	ET	Chicago Fire	
22	TMNT	Cyber	Dare	Knight	Star Falls	★★★ "The Smurfs" ('11) Kate Perry, Hank Azaria.				Star Falls	Star Falls
23	TeenT.	TeenT.	Craig	BareBear	BareBear	BvstWar	Steven	King of H.	Amer. Dad	BobBurg.	BobBurg.
28	6:00 SVU	Law & Order: S.V.U.		Law & Order: S.V.U.		★★ "Knight and Day" (Action,'10) Tom Cruise, Cameron Diaz,				"Blended"	
29	6:00 Power and Politics			CBC News Network With Carole MacNeil				News: The National		Power and Politics	
32	WBZ News	WBZ News	News	Patriots All Access		MacGyver		Hawaii Five-0		Blue Bloods	
33	:50 Bones		:45 Bones		:40 Bones		:35 Bones		Bones		Bones
34	6Weddings	Four Weddings		Four Weddings		90 Day Fiancé-Extend "Goodbye for Now"				Unexpected: Extended	
35	6CSI: NY	Highway Thru Hell		MythBusters		Highway Thru Hell		★★ "Transformers: Revenge of the Fallen" ('09)			
36	6:00 News	Boston 25 News at 6		ET	TMZ	Last Man	Cool Kids	Hell's Kitchen		Boston 25 News at 10	
37	6:00 NCIS	NCIS "Alleged"		NCIS "Shooter"		Bull		"Dracula Untold" ('14) Sarah Gadon, Luke Evans.			
38	6Savannah	Sex & City	Sex & City	Below Deck		Below Deck		★★ "Hall Pass" ('11) Owen Wilson.			
39	BigBang	Mike&M.	Mike&M.	Goldberg	Goldberg	BigBang	Goldberg	BigBang	BigBang	"This Is the End" ('13)	
41	6:00 Home	Home Made Simple (R)		Where Are They? (R)		Where Are They? (R)		Makeover: Home (R)		Ext. Makeover: Home (R)	
43	5Cat Noir	Creeped	Creeped	★★★★ "Miss Peregrine's Home for Peculiar Children" ('16)				Haunting		"Miss Peregrine's Hom...	
44	Mom	Modern	Modern	Goldberg	Goldberg	Black-ish	Black-ish	ER Anthony Edwards.		Inside Ed.	Last Man
46	FlipVega	Property Brothers		Fixer Upper		B. Hunters	Mexico Life	Island Life	Caribbean	B. Hunters	Mtn. Life
47	6ST: Ent.	Star Trek: Enterprise		Star Trek: Enterprise		★★★ "Zombieland" ('09) Woody Harrelson.				Z Nation "A New Life"	
49	Storage W.	Storage W.	Storage W.	Fail Army	Fail Army	Fail Army	Fail Army	Fail Army	Fail Army	Fail Army	Fail Army
50	6:00 Tim & Sid (L)			Month	MLBCent.	Baseball National League Championship Series MLB (L)					
52	Golf Cent.	Golf CIMB Classic PGA Site: TPC Kuala Lumpur Kuala Lumpur, Malaysia (R)								Golf Central	
53	Interrupt	SportsCentre		That's H.	Football CFL Hamilton vs Toronto Site: BMO Field (L)						SportsC
54	TMZ	Friends	Friends	Friends	Friends	Friends	Friends	The Good Doctor		The Resident	
55	6North 60	News	APTN	Taken	Longmire "One Good Memory"			Strange Empire		Hell on Wheels "Pilot"	
56	6Waltons	Murdoch Mysteries		Murder, She Wrote		S.Wine	Gospel	Gaither Gospel Hour		Sing	People-Sing

WEEKDAY DAYTIME — OCTOBER 10 TO OCTOBER 16

	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	Noon	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00
6	6:00 Global News Morning			Bryan	Xpandable	News	100 Hunt.	Decked	Leave It	Disaster	Various	Food	Million?	Days of Our Lives		The Talk		Young & Restless		The Rachael Ray Show		News
8	7Morning	Your Morning		Your Morning		Live		Marilyn Denis Show		The View		Dr. Phil		The Social		The Dr. Oz Show		Ellen DeGeneres		CTV News Atlantic at 5		News
11	Various	Various	Various	Various	Various	Various	D.Tiger	Dragons' Den		CBC News Network		Escape to the Country		Grand Designs		Heartland		LoveDogs	LoveDogs	Murdoch Mysteries		CBC News
4	Wild Kratts	Jet Go!	Cat/ Hat	Nature Cat	C.George	Pinka-Peter	D.Tiger	D.Tiger	SplashB.	Sesame St.	Super WHY	Dinosaur T.	Peg + Cat	Sesame St.	SplashB.	C.George	Pinka-Peter	Nature Cat	Wild Kratts	Wild Kratts	C.George	Ask House
7	7:00 CTV Morning Live Atlantic			Paid	Paid	Ellen DeGeneres		The Dr. Oz Show		News	Various	Marilyn Denis Show		Bold & B.	Bold & B.	The Social		Dr. Phil		Mike&Molly	Goldberg	One World
9	7:00 News	Good Morning America				Live		Steve!		The View		News	Million?	GMA Day		General Hospital		Ellen DeGeneres		News	Inside Ed.	NewsCenter
12	7:00 Today	Today Show				Megyn Kelly Today		Today		The Rachael Ray Show		News	HUB Today	Days of Our Lives		Pickler & Ben		DailyMail	DailyMail	NBC Boston News		News
14	7Bar Res.	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Various	Tue Ink	Various	Tue Ink	Various		Various		Various
16	Info-Doc.	Various	Various	Various	Various	Various	Various	Various	P. Wars	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various
17	Custom	Various	Various	Billy Goes	Billy Goes	Shannon	Shannon	Custom	Custom	Various	Various	Funniest Home Videos		Various	Various	Various	Various	Frasier	Frasier	3's Comp.	3's Comp.	The Middle
18	7New Day	New Day		New Day		CNN Newsroom		CNN Newsroom		At This Hour		Inside Politics		Wolf		CNN Newsroom		CNN Newsroom		The Lead		Situation
19	7:00 Garage	Yukon Gold		Ice Road Truckers		Restoration Garage		Yukon Gold		Ice Road Truckers		American Pickers		Various	Various	Various	Various	Various	Wed Count.	Various	Various	Various
20	7:00 Morning Live							I Love Lucy	Mary	Rhoda	Laverne	HoganHero	Taxi	Soap	B. Miller	Mission: Impossible		Lost in Space		Mork&M.	Who'sBoss	Cheers
21	Various	Global News Morning		Global News Morning						News	100 Hunt.	Xpandable	Decked	Leave It	Million?	Various	ET Can.	Days of Our Lives		The Talk		Rachael Ray
22	Loud H.	Loud H.	Loud H.	Sponge	Various	Mysticons	Mysticons	Cloudy	Cloudy	Chuck's	Chuck's	Chuck's	Mysticons	Mysticons	Zhu Zhu	Zhu Zhu	Cloudy	Cloudy	Sponge	Sponge	Loud H.	Various
23	Various	Various	Various	Various	Various	Various	Hotel Trans	Supernoo	Supernoo	Wishfart	Wishfart	Johnny	Johnny	Gadget	Gadget	Various	Hotel Trans	Wishfart	Pokémon	Various	Various	Various
28	Movies			Movies				Movies				Good Witch		Law & Order: S.V.U.		Law & Order: S.V.U.		Law & Order: S.V.U.		Law & Order: S.V.U.		SVU
29	7:00 CBC News Network With Heather Hiscox							CBC News Network With Reshmi Nair						CBC News Network With Andrew Nichols								Politics
32	7:00 News	CBS This Morning				Hot Bench	Hot Bench	Let's Make a Deal		The Price Is Right		WBZ News	Young & Restless		Bold & B.	The Talk		Dr. Phil		Judy	Judy	WBZ News
33	Movies			Various		Movies				Flashpoint		Movies				Flashpoint		Various		Various	Various	Various
34	Johnston	Various	Johnston	Little C.	Little	Various	Fri Little C.	Various	Fri Say Yes	Various		Various	Medium	L.I. Medium	Medium	American Gypsy Wedd		American Gypsy Wedd		Various	Various	Various
35	7:00 Mayday	Mayday		Mayday		Bones		Various		Ships/Mon MightyTrain		CSI: NY		Bering Sea Gold		Various		Various		Various		CSI: NY
36	7:00 News	Boston 25 Morning News at 7AM				Boston25MorningNews		Minute	Minute	Wendy Williams		The Real		FaceTruth	FaceTruth	The Dr. Oz Show		TMZ Live!		Boston 25 News at 4		News
37	7Continuu	Rookie Blue		Movies				Movies				Continuum		NCIS		NCIS		NCIS		Bull		NCIS
38	Say Yes	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Sex & City	Sex & City	Various		Various		Various		Various
39	7:00 Laughs	Laughs	JFL: Gags	JFL: Gags	JFL: Gags	Mike&Molly	Mike&Molly	Corner Gas	Corner Gas	Just for Laughs		Laughs	JFL: Gags	JFL: Gags	JFL: Gags	Corner Gas	Corner Gas	Various	Various	Various	Various	BigBang
41	Come Dine	Come Dine	Come Dine	Come Dine	Say Yes	Various	Various	Various	Various	Various	Various	Various	Various	The Best of Oprah		Various		Various		Various		Various
43	:50 Grizzy	Various	Supernoo	Various	:40 Arcadia	:05 Johnny	Various	Various	:45 Croods	Supernoo	Various	:05 Cat Noir	Arcadia	Various	Various	Various	Various	Croods	Various	Various	Various	Miraculous
44	Paid	Queens	Queens	The Rachael Ray Show		Atlanta	Atlanta	Last Man	The Game	Chicago P.D.		Paid	Paid	Hot Bench	Hot Bench	Justice	The Verdict	Divorce	Divorce	Chicago P.D.		Mom
46	Leave It	Various	Leave It	Various	Leave It	Various	Leave It	Various	Leave It	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various
47	7:00 SG-1	Stargate: SG-1		Andromeda		Stargate: SG-1		Stargate: SG-1		Andromeda		Stargate: SG-1		Stargate: SG-1		Andromeda		Various		Various		Various
49	St. Wars	St. Wars	St. Wars	Paid	Paid	St. Wars	St. Wars	St. Wars	St. Wars	St. Wars	St. Wars	St. Wars	St. Wars	Various	Various	Various	Various	Various	Various	Fail Army	Fail Army	Storage W.
50	7:00 Central	Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Hockey Central at Noon		MLB Re/ Hockey NHL/ Hockey NHL				Various		Various		Tim/ Sid
52	Golf C.	Wed Mon Tue Morning Drive				Mon Tue Morning Drive		Wed Morning Drive		Various		Wed Driver	Various	Various	Various	Various	Academy	Various	SkillCo.	Driver/ Golf LEGENDS		W PGATour
53	7Jay&Dan	SC With Jay and Dan		SC With Jay and Dan		SC With Jay and Dan		SC With Jay and Dan		SC With Jay and Dan		Various	Various	First Take		Mon SC	Mon NFL L	Various	Various	Various	Highly?	SportsC
54	7:00 Marilyn	Flashpoint		The Social		Marilyn Denis Show		Flashpoint		The Social		The Daily Pop		Flashpoint		Various	Various	Various	Various	Various	Various	eTalk
55	Various	Various	Various	Various	Various	Various	Various	Au Nord du 60e		Various	Various	Various	Various	Various	Various	Various	Various	Various	Thu Side	Hit the Ice	Moosemeat	North of 60
56	Various	Study	Various	Daily Mass	Various	Life Today	Copeland	Enjoy-Life	700 Club	Various	Various	Daily Mass	Various	Tribal Trail	Various	Wind Back/Fri Zoomer		Highway to Heaven		Little House Prairie		The Waltons

SATURDAY DAYTIME — OCTOBER 13

	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	Noon	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00
6	Bake (R)	RealFish	FishCan.	Adv. North	Fishful	Disaster	Paid	Powerboat	Driving TV	Donut	Donut	Airport: Below Zero		Holmes Inspection		Moving McGillivrays		"Mommy's Little Girl" ('16) Fiona Gubelman.				News
8	7:00 Marilyn	Your Morning Weekend		Corner Gas	Corner Gas	One World	FlourPwr	It Is Written	Cash Cab	SportsCentre		MoneyTalk	Dog Tales	★★★ "Harry Potter and the Goblet of Fire" ('05) Emma Watson, Daniel Radcliffe.							BigBang	News
11	You & Me	Pablo	:50 Dot (R)	Hotel	PJMasks	:05 True (R)	Addison	Ollie!	BeatBugs	Moblee	Stella	LoveDogs	LoveDogs	End of the Road (R)		Doc Zone		The Nature of Things		Youth Olympic Games (L)		
4	Peg + Cat	"The Cat in the Hat Kn...		SplashB.	Pinka-Peter	Nature Cat	Jet Go!	Wild K. (R)	Meals	Martha	Martha	Chef's Life	Mexican	Feast	Lidia's Kit.	Ming	My Greek	TestK	Cook's	Milk Street	Rough Cut	OldHouse
7	The Dr. Oz Show (R)	Paid		Paid	Paid	Canada's Worst Driver		Operation Smile		Hot/ Cleve.	Hot/ Cleve.	Paid	Paid	★★ "When in Rome" ('10) Kristen Bell.				Hot/ Cleve.	Hot/ Cleve.	Marilyn Denis Show (R)		MasterChef
9	7:00 News	GMA Saturday		NewsCenter Five		Wild C.	Ocean	The Great	The Great	Rock Park	Vacation	Football NCAA (L)						Scoreb.	Football NCAA (L)			
12	7:00 Today	Saturday Today				Boston Weekend		Voyager	VetsSav.	Consumer	Naturally	VetsSav.	Champion	Paid	Paid	Paid	Football NCAA Pit./N.D. Site: Notre Dame Stadium (L)					
14	7Bar Res.	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	★★ "Billy Madison" ('95) Adam Sandler.				Bar Rescue		Bar Rescue		"Happy Gilmore" ('96)	
16	Info-Doc.	Flipping Vegas		Flipping Vegas		Scraps (SP)	Food	Zombie House Flipping		Zombie House Flipping		Live PD "Rewind"		Live PD "Rewind"		Live PD Kevin Jackson, Rich Emberlin.						Live PD
17	7:00 "Dear Viola" ('14) Brittany Gray.			"Lucky in Love" ('14) Jessica Szohr.				Tornado	Tornado	Yukon Sale	Yukon Sale	Reba	Reba	Reba	Reba	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man St.
18	7New Day	New Day Saturday		New Day Saturday		Smerconish		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		Newsroom	Special	CNN Newsroom		CNN Newsroom		Newsroom
19	7Truckers	Yukon Gold		Paid	Paid	Ice Road Truckers		Ice Road Truckers		Yukon Gold		The Cars that Made America: Enhanced (R)				The Cars that Made America: Enhanced (R)				Cars Made America (R)		
20	7Megastr.	Stupid	Dr. Ho (R)	ON TV (R)	Paid	Investor	Paid	Dr. Ho (R)	30Min	Dr. Ho (R)	Cannabis	Car Show	Dr. Ho (R)	University	BrainG.	★★ "Pot O' Gold" ('42) James Stewart.				Incredible Dr. Pol (R)		FunnyAsk
21	:35 Off Air	Paid	Paid	Adv. North	Fishful	Global News Morning						FishCan.	RealFish	Powerboat	Driving TV	Airport: Below Zero		Holmes Inspection		Moving McGillivrays		Movie
22	Sponge	Sponge	Sponge	Go Away	Loud H.	Loud H.	Loud H.	H.Danger	Mysticons	TMNT	TMNT	★★★ "The Smurfs" ('11) Kate Perry, Hank Azaria.				Sponge	Sponge	Sponge	Loud H.	Loud H.	Loud H.	Double Dare
23	Unikit	TeenT.	TeenT.	TeenT.	Bare Bears	Gumball	Gumball	CupckDin	Total	NinjaGo (R)	Chop Ninja	Pokémon	P Ranger	YuGiOhVR	Cyber	Beyblade	Ben10	SuperDino	Chop Ninja	Gumball	CupckDin	TeenT.
28	7"A Bone to Pick: An Aurora Teagar...			Good Witch		Good Witch		★★★ "Blended" ('14) Drew Barrymore, Adam Sandler.				★★ "Knight and Day" (Action,2010) Tom Cruise, Cameron Diaz,		★★★ "Blended" ('14) Drew Barrymore, Adam Sandler.								
29	7:00 CBC Northcott Live news coverage featuring reports from CBC bureaus across Canada and the world.									CBCNews With Michael Live coverage of the day's top stories and breaking news from across Canada and the world.										CBC News Network		CBC News
32	7:00 News	WBZ This Morning		CBS This Morning Saturday				Lucky Dog	Dr. Chris	Innovation	Inspectors	Hope Wild	Pet Vet	Paid	Paid	Sports Spectacular		Football	Football NCAA (L)			
33	Bones		:25 Bones	:20 Bones		:20 Bones		:15 Bones		:10 Bones		:05 Bones		Bones		Blue Bloods		Blue Bloods		Blue Bloods		The Closer
34	7Trade S.	Trading Spaces		Trading Spaces		Make This	Yes Dress	The Little Couple		The Little Couple		The Little Couple		The Little Couple		Unexpected		Unexpected		Unexpected		Wedding
35	7:00 Cr.Ship	Hellfire Heroes		Highway Thru Hell		Tanked!		North Woods Law		North Woods Law		Rocky Mtn. Railroad		★★ "Transformers: Revenge of the Fallen" ('09) Megan Fox, Shia LaBeouf.						Highway Thru Hell		Mayday (R)
36	7:00 Boston 25 Weekend Morning News							OutSpace	Earth 2050	Weird-True	Nature	Xploration	Pre-Race	Truck Racing NASCAR Site: Talladega Superspeedway (L)				Pre-game		Baseball MLB		
37	7LostGirl	★ "Sub Zero" ('05) Costas Mandylor.				NCIS "Shooter"		★★★ "X-Men: First Class" ('11) Michael Fassbender, James McAvoy.				★★ "Independence Day: Resurgence" ('16) Liam Hemsworth.				★★★ "X-Men: First Class" ('11) James McAvoy.						
38	Style	Style	Style	Paid	Paid	Paid	Paid	Stitched		Chrisley	Chrisley	Mom	Mom	★★★ "The Blind Side" ('09) Tim McGraw, Quinton Aaron, Sandra Bullock.				★★ "Miss Congeniality" ('00)				
39	Corner Gas	Corner Gas	Corner Gas	Corner Gas	Corner Gas	Corner Gas	Corner Gas	Goldberg	Goldberg	BigBang	Goldberg	Queens	Queens	Queens	Queens	Queens	Queens	BigBang	BigBang	BigBang	BigBang	BigBang
41	7:00 Baby	Handsome Devils (R)		Handsome Devils (R)		Makeover: Home (R)		Makeover: Home (R)		Oprah Winfrey Show (R)		Oprah Winfrey Show (R)		Oprah Winfrey Show (R)		Oprah Winfrey Show (R)		Oprah' Master Class (R)		Oprah' Master Class (R)		Where Are?
43	ALVIN	Lego/ Lego	P Pocket	Arcadia	Monster	Dragons (R)	Tip & Oh	Lego	Miraculous	Arcadia	Lego	Tip & Oh	Miraculous "The Queen's Battle" (R)			Next Step	Next Step	Creeped	"Miss Peregrine's Home for Peculiar Children" ('16)			
44	Paid	Dog Tales	Animal R.	Dragon	Think Big	Hollywood	Y. Icons	Paid	Paid	Paid	Paid	People	Paid	Last Man	Last Man	Dateline (R)		Dateline (R)		Dateline (R)		M.Crimes
46	7:00 Love It	Love It or List It		Paid	Paid	Paid	Paid	Holmes and Holmes		Rehab	Rehab	Rehab	Rehab	Tiny House	Tiny House	Tiny House	Tiny House	Tiny House	Tiny House	Tiny House	Tiny House	Desert Flip
47	7Stargate	Stargate "The Return"		Stargate "The Return"		Stargate "Echoes"		Stargate "Phantoms"		Stargate "The Return"		Stargate "The Return"		Stargate "Echoes"		Face Off "Dream House"		Face Off		Face Off "String Theory"		Face Off
49	St. Wars	St. Wars	St. Wars	Dirt Trax	Paid	Paid	Operation Smile (R)		Paid	Paid	Paid	St. Wars	St. Wars	St. Wars	St. Wars	Storage W.	Storage W.	Storage W.	Storage W.	Storage W.	Storage W.	Storage W.
50	7:00 Central	Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Hockey NHL V.G.K./Pha. Site: Wells Fargo Center (L)				MLBCent.		Baseball MLB		
52	6:00 Golf	Golf British Masters EPGA Round 3 Site: Walton Heath Golf Club Surrey, England (L)											Golf KEB Hana Bank Championship LPGA					Golf SAS Championship CHAMPS (L)				
53	7SportsC	SportsCentre (R)		SportsCentre (R)		Auto Racing 1000Bulbs.com 500 NASCAR Site: Talladega Superspeedway (L)							Auto Racing Rankin 200 NASCAR			Hockey NHL L.A./Ott. Site: Canadian Tire Centre (L)				SportsC		Football
54	Celeb Style	Celeb Style	Celeb Style	ShockTru	ShockTru	"Pregnant at 17" ('15) Josie Bissett.				CSI: Crime Scene		CSI: Crime Scene		CSI: Crime Scene		CSI: Crime Scene		CSI: Crime Scene		CSI: Crime Scene		CSI: Crime
55	:45 Teepee	:10 Teepee	:35 Canot	Garderie	:45 Teepee	School	Anaana's	P. Echo	Coyote's	Guardians	Deerskins	Under	Buy It!	Buy It!	Longmire "One Good Memory" (R)			"The Counselor" ('13) Penélope Cruz, Michael Fassbender.				
56	Poetry	Refl. Islam	Prophetic	Daily Mass	Kalam	Sangat TV	Daily Mass	Hinduism	Gurbani	Watno Dur		Gaunda	S. Pairhaan	Punjab	Maan	Muslim (R)	Quran S.	Waris	S. Pairhaan	Paul Braich	Raonuk	S. Punjab

SUNDAY DAYTIME — OCTOBER 14

	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	Noon	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00
6	Operation Smile		Sarah	Fishful	Context	J.Osteen	Paid	Ent. Tonight		West Block	S's Cottage	Eat St. (R)	Rookie Blue		Ice Road Truckers		★★★ "Oblivion" ('13) Morgan Freeman, Tom Cruise.					News
8	7Morning	SOS	Tomorrow	Operation Smile		Celeb Style	Tribal Trail	KeyDavid	Mass	Question Period (R)		SportsCentre		Football						NFL CTV	Goldbergs	News
11	Bookaboo	CorrieSt	CorrieSt	CorrieSt	CorrieSt	CorrieSt	CorrieSt	mark.p	LandSea	The Weekly	HelloBye	The Nature of Things		q (R)		CBC Music	Exhibit.	★★★ "Zootopia" ('16) Ginnifer Goodwin.				Heartland
4	SplashB.	Peg + Cat	Pinka-Peter	C.George	Nature Cat	SciGirls (R)	Cyberch.	WordGirl	Odd Squad	Open Stu	Steves'	Places	Start Up	Amer. Experience "The Circus" 1/2 cont'd next (R)				American Experience "The Circus" Pt. 2 of 2 (R)				WindowWild
7	The Dr. Oz Show (R)		Paid	Paid	Paid	Canada's Worst Driver		Paid	Church	Hot/ Cleve.	Hot/ Cleve.	Question Period		Football NFL (L)						NFL CTV	:25 Football NFL (L)	
9	7:00 News	GMA/Sunday		NewsCenter Five		This Week		NewsCenter Five		On Record	Matter/Fact	CityLine	News	Raw Travel	Paid	Saving Hope (R)		STIHL Timber Sports		World of X Games		NewsCenter
12	7:00 Today	Boston Weekend		Sunday Today		Boston Weekend		Today	Meet the Press		This Is N.E.	Paid	Paid	NASCAR	Countdown	Auto Racing Talladega 500 NASCAR Site: Talladega Superspeedway Talladega, Ala. (L)						
14	7Bar Res.	Bar Rescue		Bar Rescue		E. Power	X. Off-Road	Truck Tech	D.Muscle	Bar Rescue		Bar Rescue	"In a Pinch"	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue
16	Info-Doc.	Hoarders		Hoarders		Hoarders		Hoarders		Hoarders		Storage W.	Storage W.	Storage W.	Storage W.	Storage W.	Storage W.	Storage W.	Storage W.	Storage W.	Storage W.	Storage W.
17	7:00 "My Daughter Must Live" ('14)			"Lonesome Dove Church" ('14) Tom Berenger.				Tornado	Tornado	Yukon Sale	Yukon Sale	The Middle	The Middle	The Middle	The Middle	Loves Ray	Loves Ray	Loves Ray	Loves Ray	Home Videos (R)		Videos
18	7New Day	New Day Sunday		Inside Politics		State of the Union		Fareed Zakaria GPS		Reliable Sources		State of the Union		Fareed Zakaria GPS		CNN Newsroom		CNN Newsroom		CNN Newsroom		Newsroom
19	7Truckers	Yukon Gold		Paid	Paid	American Pickers		CountCars	CountCars	CountCars	CountCars	CountCars	CountCars	Forged in Fire		Pawn Star	Pawn Star	Pawn Star	Pawn Star	American Pickers		A. Pickers
20	Dr. Ho (R)	Car Show	Dr. Ho (R)	ON TV	Dr. Ho (R)	Dr. Ho (R)	Dr. Ho (R)	Paid	Paid	Dr. Ho (R)	Key David	Dr. Ho (R)	Dr. Ho (R)	Megafactories		★★★ "Our Town" ('40) A.J. Craven.				Incredible Dr. Pol (R)		FunnyAsk
21	:35 Off Air	Paid	Paid	Sarah	Context	Global News Morning						West Block	Paid	J.Osteen	Paid	Ent. Tonight		Rookie Blue		Ice Road Truckers		"Oblivion"
22	Sponge	Sponge	Sponge	Go Away	Loud H.	Loud H.	Loud H.	H.Danger	Mysticons	TMNT	TMNT	★★★ "Finding Nemo" ('03) Albert Brooks.				"Finding Dory" ('16) Ellen DeGeneres.				Loud H.	Loud H.	Barbie
23	Unikit	TeenT.	TeenT.	TeenT.	BareBear	Gumball	Gumball	"Kung Fu Panda 3" ('16) Jack Black.				Bots	P Ranger	YuGiOhVR	Cyber	Beyblade	Ben10	SuperDino	Chop Ninja	Gumball	CupckDin	TeenT.
28	7"Real Murders: An Aurora Teagar...			Good Witch		Good Witch		Good Witch		★★ "Leap Year" ('10) Amy Adams.				★★ "Failure to Launch" ('06)				★★ "Ghosts of Girlfriends Past" ('09)				"Leap Year"
29	7:00 CBC Northcott Live news coverage featuring reports from CBC bureaus across Canada and the world.									The Weekly	CBCNews With Michael Live coverage of the day's top stories and breaking news from across Canada and the world.										The Weekly	marketplace
32	7:00 News	WBZ This Morning		WBZ This Morning		CBS Sunday Morning			Face the Nation		Game Day	The NFL Today (L)		Football NFL Pittsburgh vs Cincinnati Site: Paul Brown Stadium (L)							:25 Football NFL Jax./Dal.	
33	7:00 BlueB.	Blue Bloods		Blue Bloods		Magnum P.I.		Law & Order: S.V.U.		"Reap What You Sew: An Aurora Teagarden My...				★★★ "The Da Vinci Code" ('06) Audrey Tautou, Jean Reno, Tom Hanks.						★★★ "Angels and Demons" ('09)		
34	7Weddings	Four Weddings		Four Weddings		Four Weddings		Four Weddings		Four Weddings		Four Weddings		Four Weddings		90 Day Fiancé "Expecting the Unexpected" (R)				90 Day Fiancé: Before the 90 Days		
35	7:00 Mayday	Heavy Rescue: 401		Insane Pools DeepEnd		Tanked!		North Woods Law		North Woods Law		Deadliest Catch		Saved Apollo 13		Saved Apollo 13		Above and Beyond (R)				BigBang
36	7:00 Boston 25 Weekend Morning News							Fox News Sunday		NFL Kickoff (L)		Fox NFL Sunday (L)		Football NFL Chi./Mia. Site: Hard Rock Stadium (L)						The OT	Set Apart: J. Abbott	
37	7:00 "Who Killed My Husband?" ('16)			Paid	Paid	Paid	Man Plan	★★★ "Jurassic World" ('15) Bryce Dallas Howard, Chris Pratt.						★★ "Lucy" ('14) Scarlett Johansson.				★★ "Insurgent" ('15) Theo James, Shailene Woodley.				
38	Say Yes	Say Yes	Say Yes	Paid	Paid	Paid	Paid	★★ "Miss Congeniality 2: Armed and Fabulous" ('05)					★★ "What a Girl Wants" ('03) Colin Firth, Amanda Bynes.					★★★ "Divine Secrets of the Ya-Ya Sisterhood" ('02)				
39	Corner Gas	Corner Gas	Corner Gas	Corner Gas	Corner Gas	Corner Gas	Corner Gas	Corner Gas	Corner Gas	"Austin Powers: International Man of Mystery" ('97)		★★ "Austin Powers in Goldmember" ('02)						★★ "The Pink Panther" ('06) Steve Martin.				Movie
41	7:00 Killer	Medium	Medium	Medium	Medium	Oprah' Master Class (R)		Oprah' Master Class (R)		Super Soul Sunday (R)		Oprah Winfrey Show (R)		Oprah Winfrey Show (R)		Oprah Builds Net (R)		Oprah Builds Net (R)		The Best of Oprah (R)		Best Oprah
43	ALVIN	Lego/ Lego	P Pocket	Miraculous	P Pocket	Tip & Oh	Peabody	Monster	Arcadia	Arcadia	Lego	Tip & Oh /:15	"Barbie in Rock 'N Royals" (Child,'15)			Next Step	Next Step	"A Monster in Paris" ('11)		:50 Grizzy		Wipeout (R)
44	Paid	Dog Tales	Animal R.	Paid	Paid	Paid	House	Paid	Atlanta Eats		P.Affair	Atlanta Pride							Mom	Dateline (R)		M.Crimes
46	7Mas.Flip	Masters of Flip		Paid	Paid	Paid	Paid	Property Brothers		Beachfront Reno		Beachfront Reno		Beachfront Reno		Beachfront Reno		Home Town		Home Town		Home Town
47	7:00 "Hitman: Agent 47" ('15)			★★★ "The Amazing Spider-Man" ('12) Emma Stone, Andrew Garfield.						★★★ "Star Trek IV: The Voyage Home" ('86) William Shatner.				"Hitman: Agent 47" ('15) Rupert Friend.				★★★★ "John Wick" ('14) Keanu Reeves.				
49	St. Wars	St. Wars	St. Wars	St. Wars	Paid	Dirt Trax	Paid	Paid	Paid	Paid	Paid	St. Wars	St. Wars	St. Wars	St. Wars	Fail Army	Fail Army	Fail Army	Fail Army	Fail Army	Fail Army	Fail Army
50	7:00 Central	Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Hockey NHL S.J./N.J. Site: Prudential Center (L)				Hockey NHL Pittsburgh vs Montreal				
52	Golf British Masters EPGA Final Round Site: Walton Heath Golf Club Surrey, England (L)												Golf KEB Hana Bank Championship LPGA					Golf SAS Championship CHAMPS (L)				
53	7SportsC	SportsCentre (R)		SportsCentre (R)		SportsCentre (R)		NFL Countdown (L)						Football NFL (L)						Football NFL (L)		
54	7:00 "Pregnant at 17" ('15)			Celeb Style	Celeb Style	Celeb Style	Celeb Style	ShockTru	ShockTru	Total Divas (R)		Below Deck		Botched (R)	★ "Red Dawn" ('12) Chris Hemsworth.				★★ "Battle Los Angeles" ('11) Aaron Eckhart.			
55	:50 Louis	:10 Canot	Garderie	Teepee	Anaana's	:10 IGLAQ	:35 Teepee	Guardians	Deerskins	Buy It!	Buy It!	Planet Earth		Arctic Secrets		North of 60		★★★ "Vertical Limit" ('00) Robin Tunney, Chris O'Donnell.				
56	Poetry	In Touch Ministries		Daily Mass	M. Youssef	Creflo	Faytene	Copeland	Facts	Refl. Islam	Hour of Power		Prophetic	Living Truth		Faith Live	Food/Life	Achieve	Insidelsrael	Youngren	Key David	Arise!

SATURDAY EVENING — OCTOBER 13

	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
6	News	Border	Border	Chicago Med		Private Eyes		Remedy		News	Frozen Gold
8	6:00 News	W5 "Kim's Country"		Long Time Running Paul Langlois, Gord Downie.		BigBang	BigBang			News	News
11	5Olympic	CBC News	Hockey	Hockey NHL Tor./Was. Site: Capital One Arena (L)						Hockey NHL Cgy./Col.	
4	6OldHouse	Sing That	Steves'	Masterpiece Classic		Masterpiece "Poldark"		Great American Read		Antiques Roadshow	
7	6:00 MChef	Corner Gas	The Social	Corner Gas	Corner Gas	Saving Hope		Flashpoint		W5 "Kim's Country"	
9	4:30 Football NCAA (L)	Scoreb.		Scoreb.		Pregame /:35 Football NCAA (L)					:50 WrapUp
12	3Football	News	News	Rescue	NBC News	Dateline NBC		Dateline NBC		Saturday Night Live (R)	
14	5:30 "Happy Gilmore"		Bar Res.	Bar Rescue		Bar Rescue		Mixed Martial Arts Bellator 208 (L)			
16	6:00 Live PD Kevin Jackson, Rich Emberlin.					Live PD /:05 Live PD		Live PD Kevin Jackson, Rich Emberlin. (L)			
17	Last Man	Reba	Reba	Reba	Reba	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man
18	6:00 News	S.E. Cupp Unfiltered		CNN Newsroom		CNN Newsroom		Anthony Bourdain		Anthony Bourdain	
19	5TheCars	The Cars that Made America: Enhanced (R)				The Cars that Made America: Enhanced (R)				Cars Made America (R)	
20	FunnyAsk	Evening	Story	andPOP (R)	Haunting	The Whale (R)				48 Hours	
21	6:00 "Mommy's Little Girl" ('16)			Donut	News	Global News		Border	Chicago Med		Private
22	Dare	★★★ "Finding Nemo" ('03) Albert Brooks.				"Finding Dory" ('16) Ellen DeGeneres.				ReBoot	ReBoot
23	TeenT.	TeenT.	Total	BareBear	BareBear	BvstWar	BvstWar	Cleveland	Cleveland	Amer. Dad	Amer. Dad
28	★★★ "Bridesmaids" ('11) Maya Rudolph, Kristen Wiig.					"Autumn Dreams" ('15) (P) Jill Wagner.				★★ "Spy" ('15)	
29	mark.p	CBC News	National	The Nature of Things		the fifth estate		CBC News	Investig	The Passionate Eye	
32	4:30 Football NCAA (L)			Wheel	Jeopardy	Crimetime Saturday		Crimetime Saturday		48 Hours	
33	6:00 Closer	The Closer "Aftertaste"		The Closer		Criminal Minds		Law & Order: S.V.U.		Magnum P.I.	
34	6:00 American Gypsy Wedd			American Gypsy Wedd		American Gypsy Wedd		American Gypsy Wedd		American Gypsy Wedd	
35	6Mayday	Apollo Astronauts		Apollo Experience (P)		The Apollo Experience		Above and Beyond			
36	5:00 Baseball MLB			Post-game	TBA	9-1-1 "7.1" Peter Krause.		9-1-1		News	:45 Sports
37	4:30 "X-Men: First Class"	★★ "Independence Day: Resurgence" ('16) Liam Hemsworth.				★★★ "Jurassic World" ('15) Chris Pratt.					
38	5:00 "Miss Congeniality"	★★ "Miss Congeniality 2: Armed and Fabulous" ('05)				★★★ "The Blind Side" ('09) Sandra Bullock.					
39	BigBang	Queens	Queens	Queens	Queens	Queens	Queens	BigBang	BigBang	BigBang	BigBang
41	6:00 Oprah	Where Are They? (R)		Oprah Winfrey (R)		Oprah Winfrey (R)		Oprah Winfrey (R)		Oprah Winfrey Show (R)	
43	Movie	Top Chef Junior		The X Factor		:15 The Zoo	Fresh P.	Haunting	Haunting	Gilmore Girls	
44	6M.Crimes	Modern	Modern	Atlanta Eats		BigBang	BigBang	Nikita		Inside Ed.	FunnyAsk
46	Desert Flip	Desert Flip	Desert Flip	Desert Flip	Desert Flip	Holmes and Holmes		Renovation		Dream H.	Dream H.
47	6Face Off	Supernatural		The Last Ship		Z Nation "A New Life"		★★★★ "John Wick" ('14) Keanu Reeves.			
49	Storage W.	St. Wars	St. Wars	St. Wars	St. Wars	St. Wars	St. Wars	St. Wars	St. Wars	St. Wars	St. Wars
50	5:00 Baseball MLB				MLBCent.	Baseball American League Championship Series MLB (L)					
52	Golf Cent.	Golf CIMB Classic PGA Site: TPC Kuala Lumpur Kuala Lumpur, Malaysia (R)								Golf Central	
53	6:00 Football CFL Ott/Edm. Site: Commonwealth Stadium (L)					Football CFL B.C. vs Calgary Site: McMahon Stadium (L)					
54	6:00 CSI	CSI: Crime Scene		★ "Red Dawn" ('12) Chris Hemsworth.				★★ "Battle Los Angeles" ('11) Aaron Eckhart.			
55	Buy It!	News	Marmalad	Arctic Secrets		North of 60		Hell on Wheels "Pilot"		"The Counselor" ('13)	
56	6:00 Punjab	Gaunda	Dharkan	Watno Dur		Mulaqat	Sardari	Des Pardes		Aikam	

SUNDAY EVENING — OCTOBER 14

	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
6	News	Border	Border	Madam Secretary		Dancing With-Stars		NCIS: LA "The Prince"		News	West Block
8	6:00 News	eTalk (R)	Goldberg	Alec Baldwin Show (P)		God Friended Me		Shark Tank		News	News
11	6:00 Heart.	Anne		The Nature of Things		the fifth estate (SP)		News: The National		News	The Weekly
4	Steves'	Tales	Stories (R)	Masterpiece Classic		Masterpiece Classic		Masterpiece "Poldark"		Amer. Masters "Itzhak"	
7	5:25 Football NFL (L)				Football	:20 Football NFL Kan./N.E. Site: Gillette Stadium (L)					
9	6:00 News	News	News	Funniest Home Videos		Dancing With-Stars		Shark Tank		Alec Baldwin Show (P)	
12	3:00 Racing	News	NBC News	Football Night (L)		:20 Football NFL Kan./N.E. Site: Gillette Stadium (L)					
14	6Bar Res.	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	
16	Storage W.	Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens	
17	6:00 Videos	Home Videos (R)		Home Videos (R)		Home Videos (R)		★★★ "The Best Little Whorehouse in Texas" ('82)			
18	6:00 News	CNN Newsroom		CNN Newsroom		Anthony Bourdain		Anthony Bourdain		This Is Life	
19	6:00 Pickers	American Pickers		Forged in Fire		Mountain Men		Mountain Men		Forged in Fire	
20	FunnyAsk	Evening	Story	andPOP (R)	60 Minutes		★★★ "Speed" ('94) Sandra Bullock, Keanu Reeves.				
21	6:00 ★★★ "Oblivion" ('13) Tom Cruise.				News	Global News		Border	Border	Madam Secretary	
22	Go Away	★★★ "Cloudy With a Chance of Meatballs" ('09)				GameOn	Star Falls	Star Falls	Star Falls	ReBoot	ReBoot
23	TeenT.	TeenT.	Total	BareBear	BareBear	BvstWar	BvstWar	"Batman: Harley Quinn" (2017)			:45 Robot
28	6:00 ★★ "Leap Year" ('10)			"The Convenient Groom" ('16) Vanessa Marcil.				Charmed "Pilot" (P)		"Practical Magic" ('98)	
29	Investig	The Nature of Things		the fifth estate		CBC Docs POV		News: The National		The Passionate Eye	
32	5:25 Football NFL Jacksonville vs Dallas				60 Minutes		God Friended Me		NCIS: LA "The Prince"		Madam
33	5:00 "Angels and Demons" ('09)			"Reap What You Sew: An Aurora Teagarden My...				Gone "Savior"		Animal Kingdom	
34	590 Day F	90 Day Fiancé "Goodbye for Now"				90 Day Fiancé: Before the 90 Days "Tell All"				Unexpected	
35	BigBang	BigBang	BigBang	Mighty Trains		TreasureQuest: Snake		Alaska/Frontier		Alaska/Frontier	
36	Minute	Boston 25 News at 6		Simpsons	Cool Kids	Simpsons	BobBurg.	FamilyGuy	Rel	Boston 25 News at 10	
37	"The Divergent Series: Allegiant" ('16) Shailene Woodley.					Supergirl (SP)		★★ "Lucy" ('14) Scarlett Johansson.			
38	★★ "What a Girl Wants" ('03) Colin Firth, Amanda Bynes.					Stitched		Stitched		Glam Masters	
39	6 "Austin Powers: International Man...			★★ "Austin Powers in Goldmember" ('02)				Tosh.0 (R)	Tosh.0 (R)	Tosh.0 (R)	Tosh.0 (R)
41	6:00 Oprah	The Best of Oprah (R)		The Best of Oprah (R)		Oprah Winfrey (R)		Iyanla, Fix My Life		BusinessWith ahisha	
43	6Wipeout	Top Chef Junior		The X Factor		Speech	Fresh P.	Haunting	Haunting	Gilmore Girls	
44	6M.Crimes	Modern	Modern	Goldberg	Goldberg	Black-ish	Black-ish	Nikita (R)		BigBang	BigBang
46	6HomeTwn	Home Town		Property Brothers		Fixer Upper		Beachfront Reno		Holmes and Holmes	
47	★★★ "Star Trek IV: The Voyage Home" ('86) William Shatner.					Doctor Who		The Last Ship		"The Amazing Spider-...	
49	Fail Army	Fail Army	Fail Army	Fail Army	Fail Army	Fail Army	Fail Army	Fail Army	Fail Army	Fail Army	Fail Army
50	Month	Sportsnet Central		ALCS in 30	MLBCent.	Baseball American League Championship Series MLB (L)					
52	Golf Central			Golf CIMB Classic PGA Site: TPC Kuala Lumpur Kuala Lumpur, Malaysia (R)							Golf LPGA
53	5:00 Football NFL (L)			NFL Football Night (L)		:15 Football NFL Kan./N.E. Site: Gillette Stadium (L)					
54	Movie	TMZ		Total Divas (R)		Below Deck		The Kardashians		Ashlee	Total Divas
55	Taken (R)	APTN	APTN	North of 60		Planet Earth		★★★ "Vertical Limit" ('00) Chris O'Donnell.			
56	Tomorrow	Beyond	Door Hope	Cantelon	Let My	T.Point	Facts	Prophetic	B. Schuller	J.Osteen	J.Prince

MOVIES

WEDNESDAY 10/10

Evening

8:00 WTN **"October Kiss"** (Romance,2015) *Ashley Williams*. Around Halloween, Poppy is hired as temporary nanny by a widowed executive. (G)

10:00 SHOW **"Batman Returns"** (Action,1992) *Michael Keaton, Danny DeVito*. Batman is called upon to save the citizens of Gotham City from the Penguin and Catwoman. (14+)

11:00 FAM **"Big Fish"** (Fantasy,2003) *Ewan McGregor, Albert Finney*. In an attempt to learn more about his dad, a son tries to relive his stories and myths. (PG)

1:00 VIS **"Columbo: A Friend in Deed"** (Mystery,1974) *Peter Falk, Val Avery*. A police commissioner murders his wife and attempts to lay the blame on someone else. (PG)

2:00 WTN **"Baggage Claim"** (Comedy,2013) *Paula Patton, Taye Diggs*. With her younger sister's wedding fast approaching, a flight attendant must find a fiancé. (PG)

THURSDAY 10/11

Evening

7:30 TOON **"Lego DC Super Hero Girls: Brain Drain"** (2017) The girls of Super Hero High have no memory of the crimes they committed.

8:00 FAM **"Russell Madness"** (Family,2015) *Sean Giambrone, Will Sasso*. A terrier becomes a pro wrestling superstar after he's taken in by a kind family. (PG)

9:00 CH **"The Princess Bride"** (Romance,1987) *Cary Elwes, Robin Wright*. A beautiful young woman must be rescued from her cruel fiancé by her one true love. (PG)

WTN **"Pumpkin Pie Wars"** (Romance,2016) *Julie Gonzalo, Eric Aragon*. Annual pumpkin bake off between two feuding ladies is passed off to their children. (G)

BRAVO **"Last Scene Alive: An Aurora Teagarden Mystery"** (Mystery,2018) *Candace Cameron-Bure, Marilu Henner*. An actress playing Aurora in a film is murdered and Aurora herself must find the killer. (G)

10:00 SHOW **"Oblivion"** (Sci-Fi,2013) *Tom Cruise, Morgan Freeman*. A man finds himself questioning his mission when sent to Earth to extract its resources. (14+)

STAR **"Summer Villa"** (Romance,2016) *Hilarie Burton, Victor Webster*. A romance novelist and a celebrity chef suffering from bad reviews stay at the same villa. (G)

APTN **"Empire of Dirt"** (Drama,2013) *Cara Gee, Shay Eyre*. The women of a First Nations family confront their past. (14+)

VIS **"Columbo: A Friend in Deed"** (Mystery,1974) *Peter Falk, Val Avery*. A police commissioner murders his wife and attempts to lay the blame on someone else. (PG)

11:00 FAM **"Paul Blart: Mall Cop"** (Comedy,2009) *Kevin James, Keir O'Donnell*. A mall cop, trying to become a police officer, helps protect his mall against criminals. (14+)

1:00 APTN **"Empire of Dirt"** (Drama,2013) *Cara Gee, Shay Eyre*. The women of a First Nations family confront their past. (14+)

VIS **"King David"** (Drama,1985) *Richard Gere, Edward Woodward*. King David battles with neighbouring tribes to ensure the survival of the Israelites. (14+)

2:00 WTN **"Cairo Time"** (Romance,2009) *Patricia Clarkson, Alexander Siddig*. While waiting for her husband to join her in Cairo, a woman has an affair. (PG)

FRIDAY 10/12

Evening

8:00 FAM **"Miss Peregrine's Home for Peculiar Children"** (Adventure,2016) *Eva Green, Asa Butterfield*. When Jake discovers a home for children with abilities, he must fight to protect it. (13+)

9:00 ASN **"Paul Blart: Mall Cop"** (Comedy,2009) *Kevin James, Keir O'Donnell*. A mall cop, trying to become a police officer, helps protect his mall against criminals. (14+)

WTN **"Knight and Day"** (Action,2010) *Tom Cruise*. A secret agent realizes he is not expected to live through his current mission. (13+)

SPACE **"Zombieland"** (Action,2009) *Woody Harrelson, Jesse Eisenberg*. In a zombie-filled world, two men struggle to survive as they journey westward to L.A. (18+)

10:00 DISC **"Transformers: Revenge of the Fallen"** (Action,2009) *Shia LaBeouf, Megan Fox*. When the Decepticons search for an ancient weapon, the Autobots have to stop them. (14+)

SHOW **"Dracula Untold"** (Fantasy,2014) *Luke Evans, Sarah Gadon*. The origin story of the legendary vampire, Dracula, who started out as a young prince. (14+)

LIFE **"Hall Pass"** (Comedy,2011) *Owen Wilson, Jason Sudeikis*. Two best friends are granted permission by their wives to have extramarital affairs. (18+)

11:00 COM **"This Is the End"** (Comedy,2013) *James Franco, Jonah Hill*. A group of friends seek shelter and band together in an attempt to survive the Rapture. (14+)

FAM **"Miss Peregrine's Home for Peculiar Children"** (Adventure,2016) *Eva Green, Asa Butterfield*. When Jake discovers a home for children with abilities, he must fight to protect it. (13+)

11:30 WTN **"Blended"** (Comedy,2014) *Adam Sandler, Drew Barrymore*. After an awful blind date, two single parents find themselves stuck together at a resort. (14+)

12:00 SHOW **"X-Men: First Class"** (Action,2011) *James McAvoy, Michael Fassbender*. The government asks the Mutants to help stop a dictator intent on starting World War III. (PG)

12:30 LIFE **"Hall Pass"** (Comedy,2011) *Owen Wilson, Jason Sudeikis*. Two best friends are granted permission by their wives to have extramarital affairs. (18+)

2:00 WTN **"Knight and Day"** (Action,2010) *Tom Cruise*. A secret agent realizes he is not expected to live through his current mission. (13+)

SATURDAY 10/13

Evening

5:00 LIFE **"Miss Congeniality"** (Comedy,2000) *Sandra Bullock, Michael Caine*. A tomboy FBI agent goes undercover in a beauty pageant to prevent a terrorist bombing. (14+)

6:00 CITV **"Mommy's Little Girl"** (Drama,2016) *Fiona Gubelman, Emma Hentschel*. A girl finally reunited with her mom won't let anything get in the way of her happiness.

6:30 WTN **"Bridesmaids"** (Comedy,2011) *Kristen Wiig, Maya Rudolph*. A broke woman tries to bluff her way through her best friend's bridesmaid rituals. (18+)

7:30 SHOW **"Independence Day: Resurgence"** (Action,2016) *Liam Hemsworth, Maika Monroe*. Twenty years after the original invasion, a large army of aliens arrives to destroy Earth. (14+)

LIFE **"Miss Congeniality 2: Armed and Fabulous"** (Comedy,2005) *Sandra Bullock, Regina King*. An FBI agent defies orders and returns to the pageant scene after Miss USA is kidnapped. (14+)

8:00 STAR **"Red Dawn"** (Action,2012) *Chris Hemsworth, Isabel Lucas*. Teenagers try to stop North Korean soldiers from attacking their town.

9:00 WTN **"Autumn Dreams"** (Drama,2015) *Jill Wagner, Colin Egglesfield*. A young couple's spur of the moment marriage is annulled by bride's parents. (G)

10:00 SHOW **"Jurassic World"** (Adventure,2015) *Chris Pratt, Bryce Dallas Howard*. When a hybrid dinosaur in a theme park escapes, it's up to the park staff to contain her. (14+)

LIFE **"The Blind Side"** (Sport,2009) *Sandra Bullock, Tim McGraw*. An affluent family takes in a homeless teenager who becomes a star football player. (14+)

SPACE **"John Wick"** (Action,2014) *Keanu Reeves, Adrianne Palicki*. When Russian mobsters kill his beloved dog, an ex-hit man sets out to exact vengeance. (18+)

STAR **"Battle Los Angeles"** (Sci-Fi,2011) *Aaron Eckhart, Michelle Rodriguez*. A retired marine sergeant returns to duty to reclaim Los Angeles from an alien invasion. (14+)

11:00 WTN **"Spy"** (Action/Comedy,2015) *Melissa McCarthy, Jude Law*. An unassuming CIA analyst volunteers to go undercover to stop a deadly arms dealer. (18+)

APTN **"The Counselor"** (Crime Story,2013) *Michael Fassbender, Penélope Cruz*.

12:15 SPACE **"Hitman: Agent 47"** (Action,2015) *Rupert Friend, Hannah Ware*. A highly skilled assassin teams up with a woman to stop a mega-corporation. (18+)

12:30 STAR **"Battle Los Angeles"** (Sci-Fi,2011) *Aaron Eckhart, Michelle Rodriguez*. A retired marine sergeant returns to duty to reclaim Los Angeles from an alien invasion. (14+)

1:00 SHOW **"Jurassic World"** (Adventure,2015) *Chris Pratt, Bryce Dallas Howard*. When a hybrid dinosaur in a theme park escapes, it's up to the park staff to contain her. (14+)

LIFE **"Miss Congeniality"** (Comedy,2000) *Sandra Bullock, Michael Caine*. A tomboy FBI agent goes undercover in a beauty pageant to prevent a terrorist bombing. (14+)

1:30 WTN **"Bridesmaids"** (Comedy,2011) *Kristen Wiig, Maya Rudolph*. A broke woman tries to bluff her way through her best friend's bridesmaid rituals. (18+)

2:15 SPACE **"Looper"** *Joseph Gordon-Levitt, Bruce Willis*. A killer is sent back in time and realizes his target is a younger version of himself. (14+)

SUNDAY 10/14

Evening

:00 BRAVO **"Angels and Demons"** (Mystery,2009) *Tom Hanks, Ewan McGregor*. A professor is called upon to help prevent an attack on the Vatican and solve a murder.

6:00 CITV **"Oblivion"** *Tom Cruise, Morgan Freeman*. A man finds himself questioning his mission when sent to Earth to extract its resources. (14+)

WTN **"Leap Year"** (Comedy,2010) *Amy Adams, Matthew Goode*. A woman plans an elaborate scheme to propose to her boyfriend on February 29th. (PG)

COM **"Austin Powers: International Man of Mystery"** (Comedy,1997) *Mike Myers, Elizabeth Hurley*. A '60s secret agent is brought out of cryofreeze to take on his nemesis in the '90s. (14+)

6:30 SHOW **"The Divergent Series: Allegiant"** *Shailene Woodley, Theo James*. Tris must escape with Four beyond the wall the encircles Chicago.

LIFE **"What a Girl Wants"** (Family,2003) *Amanda Bynes, Colin Firth*. An American teenager's reunion with her British father threatens his political career. (PG)

SPACE **"Star Trek IV: The Voyage Home"** (Sci-Fi,1986) *William Shatner, Leonard Nimoy*. A ship's crew travel back in time to 1980 to save Earth from an alien probe. (PG)

8:00 WTN **"The Convenient Groom"** (Romance,2016) *Vanessa Marcil, David Sutcliffe*. A young celebrity marriage counselor is left at the altar of her own publicized wedding. (G)

BRAVO **"Reap What You Sew: An Aurora Teagarden Mystery"** (Mystery,2018) Aurora's friend Poppy Wilson returns to Lawrenceton only to wind up dead. (G)

COM **"Austin Powers in Goldmember"** (Comedy,2002) *Mike Myers, Beyoncé Knowles*. Dr. Evil and Goldmember plot to take over the world by kidnapping Austin Powers' father. (14+)

9:30 CH **"Speed"** (Action,1994) *Keanu Reeves, Sandra Bullock*. An officer must save trapped passengers when a mastermind plants a bomb on a city bus. (18+)

10:00 CMT **"The Best Little Whorehouse in Texas"** (Musical,1982) *Burt Reynolds, Dolly Parton*. A sheriff and a regular patron fight to keep a historical brothel from being shut down. (18+)

TOON **"Batman: Harley Quinn"** (2017) As Batman and Harley Quinn hit the road in order to locate Poison Ivy.

SHOW **"Lucy"** (Action,2014) *Scarlett Johansson, Morgan Freeman*. An unwilling drug mule develops superhuman abilities when the drug leaks into her system. (18+)

APTN **"Vertical Limit"** (Action,2000) *Chris O'Donnell, Robin Tunney*. A climber must rescue his sister from the top of K2, one of the world's biggest mountains. (PG)

11:00 WTN **"Practical Magic"** (Fantasy,1998) *Nicole Kidman, Sandra Bullock*. Two sisters struggle to use their gift of magic to overcome the obstacles of true love. (PG)

SPACE **"The Amazing Spider-Man"** (Action,2012) *Andrew Garfield, Emma Stone*. Peter Parker develops spider-like abilities and faces off against the Lizard. (PG)

12:00 TOON **"Batman: Harley Quinn"** (2017) As Batman and Harley Quinn hit the road in order to locate Poison Ivy.

BRAVO **"The Da Vinci Code"** (Drama,2006) *Tom Hanks, Audrey Tautou*. A symbologist follows clues at a murder scene in a race to decode an ancient secret. (14+)

COM **"Austin Powers: International Man of Mystery"** (Comedy,1997) *Mike Myers, Elizabeth Hurley*. A '60s secret agent is brought out of cryofreeze to take on his nemesis in the '90s. (14+)

12:30 CMT **"The Best Little Whorehouse in Texas"** (Musical,1982) *Burt Reynolds, Dolly Parton*. A sheriff and a regular patron fight to keep a historical brothel from being shut down. (18+)

1:00 SHOW **"The Divergent Series: Allegiant"** (Adventure,2016) *Shailene Woodley, Theo James*. Tris must escape with Four beyond the wall the encircles Chicago. (14+)

APTN **"Vertical Limit"** (Action,2000) *Chris O'Donnell, Robin Tunney*. A climber must rescue his sister from the top of K2, one of the world's biggest mountains. (PG)

1:30 WTN **"Failure to Launch"** (Comedy,2006) *Matthew McConaughey, Sarah Jessica Parker*. The parents of a thirty-something slacker set him up so that he'll finally leave home. (14+)

MONDAY 10/15

Evening

9:30 CH **"21 Jump Street"** (Action,2012) *Jonah Hill, Channing Tatum*. Bumbling cops are sent undercover to high school to take down a drug ring. (14+)

10:00 WTN **"Love in Design"** (Romance,2018) *Danica McKellar, Andrew W. Walker*. A home-makeover star is sent to her hometown to renovate a historic manor. (G)

SPACE **"Dredd"** *Karl Urban, Olivia Thirlby*. Cops team up to take down a group that deals SLO-MO, a reality altering drug.

1:00 VIS **"Come Blow Your Horn"** (Comedy,1963) *Frank Sinatra, Lee J. Cobb*. A supreme swinger uses his apartment as a harem of sorts for his legion of lady friends.

2:00 WTN **"Love in Design"** (Romance,2018) *Danica McKellar, Andrew W. Walker*. A home-makeover star is sent to her hometown to renovate a historic manor. (G)

TUESDAY 10/16

Evening

9:00 CH **"Aliens"** (Sci-Fi,1986) *Sigourney Weaver, Michael Biehn*. A hive of aliens attack an army unit that has been sent to find missing colonists.

WTN **"Letters to Juliet"** (Comedy/Drama,2010) *Amanda Seyfried, Vanessa Redgrave*. An American girl visiting Italy decides to answer a love letter she found from 1957. (PG)

10:00 SHOW **"G.I. Joe: The Rise of Cobra"** (Action,2009) *Adewale Akinnuoye-Agbaje, Christopher Eccleston*. An elite military unit known as G.I. Joe battle an evil organization. (PG)

VIS **"Cairo Time"** (Romance,2009) *Patricia Clarkson, Alexander Siddig*. While waiting for her husband to join her in Cairo, a woman has an affair. (PG)

1:00 VIS **"Hollywood or Bust"** (Comedy,1956) *Dean Martin, Jerry Lewis*. A zany duo heads to Hollywood so one of them can meet his dream girl, a famous movie star. (G)

2:00 WTN **"Letters to Juliet"** (Comedy/Drama,2010) *Amanda Seyfried, Vanessa Redgrave*. An American girl visiting Italy decides to answer a love letter she found from 1957. (PG)

3:00 CH **"Captain Kidd"** (Adventure,1945) *Charles Laughton, Randolph Scott*. The notorious pirate, Captain Kidd, attacked English treasury ships for their cargo. (G)

4:00 SHOW **"G.I. Joe: The Rise of Cobra"** (Action,2009) *Adewale Akinnuoye-Agbaje, Christopher Eccleston*. An elite military unit known as G.I. Joe battle an evil organization. (PG)

MONDAY EVENING — OCTOBER 15

	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
6	News	ET	ET Canada	Bull "Justice for Cable"		Nbhood	H.Together	9-1-1 "Stuck"		News	:35 ET Can.
8	6:00 News	eTalk	BigBang	The Good Doctor		The Resident		Magnum P.I.		News	News
11	6:00 News	CorrieSt	CorrieSt	Murdoch Mysteries		Frankie Drake		News: The National		CBC News	HelloBye
4	News	PBS NewsHour		Boston	Steves'	Antiques Roadshow		Antiques Roadshow		God Knows	Where I Am
7	Cash Cab	CTV News Atlantic		BigBang	eTalk	The Voice				Goldberg	Seinf.
9	6:00 News	News	News	News	Chronicle	Dancing With Stars "Trios Night" Len Goodman.				The Good Doctor	
12	6:00 News	News	NBC News	News	Access	The Voice				Manifest	
14	6:00 Gone	Gone		Gone		Gone		Cops (R)	Cops (R)	Cops (R)	Cops (R)
16	Storage W.	Jeff Dunham: Birth of a Dummy (R)				The Inside Story "Animal House"				Cultureshock	
17	The Middle	Home Videos (R)		Frasier	Frasier	3's Comp.	3's Comp.	Last Man	Last Man	Last Man	Last Man
18	6Sit.Room	The Situation Room		OutFront		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight	
19	6:00 Pickers	American Pickers		Pawn Star	Pawn Star	Mountain Men		Pawn Stars	Pawn Stars	American Pickers	
20	HappyD.	Evening News		Story	M*A*S*H	andPOP (R)	★★★ "21 Jump Street" ('12) Channing Tatum, Jonah Hill.				
21	6:00 R. Ray	Young & Restless		News	News	Global News		ET Canada	ET	Bull "Justice for Cable"	
22	Nicky	H.Danger	Dare	★★★ "Shark Tale" ('04) Will Smith.				★★★ "Shark Tale" ('04) Will Smith.			
23	TeenT.	TeenT.	Craig	BareBear	BareBear	BvstWar	Steven	King of H.	Amer. Dad	BobBurg.	BobBurg.
28	6:00 SVU	Law & Order: S.V.U.		Law & Order: S.V.U.		9-1-1		"Love in Design" ('18) Danica McKellar.			
29	6:00 Power and Politics			CBC News Network With Carole MacNeil				News: The National		Power and Politics	
32	WBZ News	WBZ News	News	Wheel	Jeopardy!	Nbhood	H.Together	Magnum P.I.		Bull "Justice for Cable"	
33	:50 Major Crimes		:45 Major Crimes		:40 Major Crimes		:35 Major Crimes	"All In"	Major Crimes		M.Crimes
34	Yes Dress	Yes Dress	Yes Dress	Long Island Medium: Beyond the Read				Long Lost Family		To Be Announced	
35	6CSI: NY	Highway Thru Hell		MythBusters		Alaskan Bush People "A New Beginning"				BattleBots	
36	6:00 News	Boston 25 News at 6		ET	TMZ	The Resident		9-1-1 "Stuck"		Boston 25 News at 10	
37	6:00 NCIS	NCIS		NCIS "Twenty Klicks"		Bull "Just Tell the Truth"		Supergirl		Charmed "House Call"	
38	6Flipping	Sex & City	Sex & City	Glam Masters		The Real Housewives		The Real Housewives		Stitched	
39	BigBang	Mike&M.	Mike&M.	Seinf.	Seinf.	BigBang	BigBang	BigBang	BigBang	BigBang	BigBang
41	6Dateline	Dateline (R)		Dateline (R)		Dateline (R)		Dateline (R)		Eckhart Tolle (R)	
43	Arcadia	Johnny	Johnny	Wipeout		Ninja Warrior Junior		Speech	Speech	Gilmore Girls	
44	Mom	Modern	Modern	Goldberg	Goldberg	Black-ish	Black-ish	ER Anthony Edwards.		Inside Ed.	Last Man
46	6:00 Reno.	Renovation		Fixer Upper		Holmes and Holmes		Property Brothers		Love It or List It	
47	6Star Trek	Star Trek		Star Trek "Miri"		Arrow (SP)		★★★★ "Dredd" ('12) Olivia Thirlby, Karl Urban.			
49	Storage W.	Storage W.	Storage W.	Fail Army	Fail Army	Storage W.	Storage W.	Storage W.	Storage W.	Storage W.	Storage W.
50	6:00 Tim & Sid (L)		Hockey	Misplay	MLBCent.	Baseball National League Championship Series MLB (L)					
52	5:00 Golf	Golf Central		Lessons	Skill Code	Golf CIMB Classic PGA Site: TPC Kuala Lumpur Kuala Lumpur, Malaysia (R)					
53	Interrupt	SportsCentre		That's H.	Hockey NHL	Dal./Ott. Site: Canadian Tire Centre (L)				SportsC	Football
54	TMZ	CSI: Crime "Getting Off"		CSI: Crime Scene "XX"		CSI: Crime Scene		Friends	Friends	Friends	Episodes
55	6North 60	News	APTN	Buy It!	Buy It!	Première	Trip	Blackstone "Je ne suis pas raciste"			Première
56	6Waltons	Murdoch Mysteries		Murder, She Wrote		Hidden Villages		Cheating Death		theZoomer	

TUESDAY EVENING — OCTOBER 16

	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
6	News	NCIS: New Orleans		New Amsterdam		NCIS "Third Wheel"		FBI Missy Peregrym.		News	:35 ET Can.
8	6:00 News	eTalk	BigBang	The Rookie "Pilot" (P)		Conners (P)	TheKids (P)	This Is Us "Born Lucky"		News	News
11	6:00 News	JFL: Gags	CorrieSt	Standing	22 Minutes	Baroness	Hang Ups	News: The National		CBC News	Interrupt (R)
4	News	PBS NewsHour		Boston	Steves'	Great American Read		American Experience "The Eugenics Crusade"			
7	Cash Cab	CTV News Atlantic		BigBang	eTalk	The Voice		BigBang	Splittin (SP)	Goldberg	Seinf.
9	6:00 News	News	News	News	Chronicle	Conners (P)	TheKids (P)	Black (SP)	Splittin (SP)	The Rookie "Pilot" (P)	
12	6:00 News	News	NBC News	News	Access	The Voice		This Is Us "Born Lucky"		New Amsterdam	
14	6Ink Mstr	Ink Master		Ink Master		Ink Master		Ink Master		Ink Master	
16	6:00 First 48	The First 48		The First 48		The First 48		The First 48		The First 48	
17	The Middle	Home Videos (R)		Frasier	Frasier	3's Comp.	3's Comp.	Reba	Reba	Reba	Reba
18	6Sit.Room	The Situation Room		OutFront		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight	
19	6:00 Forged	American Pickers		Pawn Star	Pawn Stars	American Pickers		Forged in Fire		Forged In Fire:Knife	
20	HappyD.	Evening News		Story	M*A*S*H	★★★ "Aliens" ('86) Michael Biehn, Lance Henriksen, Sigourney Weaver.					
21	6:00 R. Ray	Young & Restless		News	News	Global News		NCIS: New Orleans		New Amsterdam	
22	Nicky	H.Danger	Dare	★★ "Doctor Dolittle" ('98) Eddie Murphy.				★★ "Dr. Dolittle 2" ('01) Eddie Murphy.			
23	TeenT.	TeenT.	Craig	BareBear	BareBear	BvstWar	Steven	King of H.	Amer. Dad	BobBurg.	BobBurg.
28	6:00 SVU	Law & Order: S.V.U.		Law & Order: S.V.U.		★★★ "Letters to Juliet" ('10) Amanda Seyfried.				Mom	
29	6:00 Power and Politics			CBC News Network With Carole MacNeil				News: The National		Power and Politics	
32	WBZ News	WBZ News	News	Wheel	Jeopardy!	NCIS "Third Wheel"		FBI Missy Peregrym.		NCIS: New Orleans	
33	6:00 Closer	The Closer		The Closer "Live Wire"		The Closer		The Closer		The Closer "Next of Kin"	
34	Yes Dress	Yes Dress	Yes Dress	The Little Couple		The Little Couple		To Be Announced		Sweet Home Sextuplets	
35	6CSI: NY	Highway Thru Hell		Gold Rush		Gold Rush "Declaration of Independence" (SP)				Highway Thru Hell	
36	6:00 News	Boston 25 News at 6		ET	TMZ	The Gifted		Lethal Weapon		Boston 25 News at 10	
37	6:00 NCIS	NCIS "So It Goes"		NCIS "Choke Hold"		Bull "Bedside Manner"		★★ "G.I. Joe: The Rise of Cobra" ('09)			
38	6H.Wives	Sex & City	Sex & City	Real Housewives (R)		Real Wives Dallas		Below Deck		Flipping Out	
39	BigBang	Mike&M.	Mike&M.	Friends	Friends	Friends	Friends	BigBang	BigBang	Wrecked	JimJefferies
41	6:00 Haves	Haves/ Have Nots (R)		Where Are They? (R)		Where Are They? (R)		Paynes	Paynes	BusinessWith ahisha (R)	
43	Arcadia	Johnny	Johnny	Wipeout		Top Chef Junior		Parenthood		Gilmore Girls	
44	Mom	Modern	Modern	Goldberg	Goldberg	Black-ish	Black-ish	ER Anthony Edwards.		Inside Ed.	Last Man
46	H.Hunt	H.Hunt	H.Hunt	Fixer Upper		Renovation		H.Hunt	House	Renovation	
47	6ST:TNG	Star Trek: Next Gen.		Star Trek: Next Gen.		Star Trek: Next Gen.		Star Trek: Next Gen.		Castle	
49	Storage W.	Storage W.	Storage W.	Fail Army	Fail Army	Jokers	Jokers	Jokers	Jokers	Jokers	Imp. Jokers
50	5:00 Baseball MLB				MLBCent.	Baseball American League Championship Series MLB (L)					
52	5:00 Golf	Golf Cent.	P. Lessons	School	Academy	Driver vs. Driver		Driver vs. Driver		Driver vs. Driver	
53	Interrupt	SportsCentre		That's H.	CFL Wired	Basketball NBA Phi./Bos. Site: TD Garden (L)					SportsC
54	TMZ	CSI: Crime "Bad Words"		CSI: Crime Scene		CSI: Crime Scene		The Kardashians		Match Game	
55	6North 60	News	Face	Rise		HardRock	Mohawk	Wentworth "The Boxer"		Oil Patch	Oil Patch (R)
56	6Waltons	Murdoch Mysteries		Murder, She Wrote		Doc Martin		★★ "Cairo Time" ('09) Patricia Clarkson.			

ph: 902.543.2457
fax: 902.543.2228
toll free: 888.543.2457
email: ads@lighthousenow.ca

LIGHTHOUSENOW.CA CLASSIFIEDS

JOBS • EVENTS • FOR SALE/RENT • NETWORK & MORE!

Employment OPPORTUNITY

women unlimited

LOOKING FOR A NEW CAREER?

- Are you a woman interested in exploring careers in trades, technology and production with employers in our region?
- Are you unemployed, working part-time or seasonal?
- Are you living in Lunenburg or Queens County?

This may be the program for You!
This FREE 14-week Career Exploration Program offers:

- Hands-on shop experiences and exposure to a variety of careers
- Workshops to enhance your skills for employment and training
- And much more...

For Information, phone 902-527-1053 or toll free 1-877-527-1053,
Email: jeannie.eisnor@nscc.ca

157787

LUNENBURG MARINE MUSEUM SOCIETY

WOULD YOU LIKE TO BECOME PART OF HISTORY WHILE HELPING SHAPE THE FUTURE?

Established in 1972 The Lunenburg Marine Museum Society (LMMS) is a not-for-profit volunteer group that operates the Fisheries Museum of the Atlantic (FMA) and the Schooner, Bluenose II. Both being owned by the Province of Nova Scotia.

The Lunenburg Marine Museum Society is currently looking for a CPA/CFO for a 1-year term to review the accounting function, define the future of the accounting function and financial organization structure, implement recommendations, and create a long-term goal for budgeting and reporting on a monthly and annual basis.

The successful candidate will have 5 years relevant experience in a management/ supervisory position. Knowledge of working in a Not-for-Profit organization with abilities to use Sage Accounting, Excel, an understanding of POS systems, an understanding of budgeting is a definite asset.

The selected candidate will have:

- Proven management skills
- Excellent leadership and strategy
- Good verbal and written communication skills
- Ability to establish good working relationships
- Knowledge of and experience with multiple accounting systems
- Data analytics skills

This position reports to the LMMS Board of Directors.

Compensation will be based on the candidates experience and qualifications.

Please submit your cover letter and resume by October 19, 2018 to:
Lunenburg Marine Museum Society
Email: marlene.creaser@novascotia.ca
PO Box 1363
Lunenburg NS B0J 2C0
Attention: Marlene Creaser

Offer of employment is conditional upon the completion of all applicable background checks and confirmation of credentials which will include a Vulnerable Persons check.

We are committed to employment equity and diversity in the workplace. In accordance with Canadian Immigration requirements Canadian Citizens and Permanent residents will be given priority.

We thank all applicants for their interest in this position, only those selected for an interview will be contacted.

157263

EMPLOYMENT OPPORTUNITY

SPECIAL EVENTS AND MARKETING COORDINATOR

The Lunenburg County Lifestyle Centre is inviting applications to fill the following full-time term position.

The Special Events & Marketing Coordinator will report directly to the GM and lead the organization's special events and manage all special event promotions, communications, marketing and social media strategy, support awareness initiatives and work closely with senior staff to ensure achievement of higher revenue targets. The person selected for this new and exciting opportunity will play a key role in insuring our continued success and growth. We're looking for an excellent communicator and confident relationship builder.

Full details of the responsibilities of this position are available on our website at www.lclc.ca. Please note that the responsibilities within the position description may vary.

A combination of education and experience may also be considered. Please submit a resume and covering letter by email, facsimile or mail on or before **Friday October 26, 2018.**

Kevin Benjamin, General Manager
Lunenburg County Lifestyle Centre
135 North Park Street, Bridgewater, NS B4V 9B3
Fax: (902) 530-3733 | Email: Isobel.Leslie@lclc.ca

While we appreciate your interest in working for the Lunenburg County Lifestyle Centre, only candidates selected for an interview will be contacted.

157483

FISHERIES MUSEUM OF THE ATLANTIC

A PART of THE NOVA SCOTIA MUSEUM

We are accepting applications for
Financial Assistant
for Fisheries Museum of the Atlantic & Bluenose II

Seasonal Full Time April – October

This Assistant position will support the Financial Manager in all financial related activities. A minimal requirement is successful completion of post-secondary Business Administration/Accounting program with a minimum of three (3) years' experience working in a financial setting. Experience in bank reconciliation is significant for consideration. Candidates must be Proficient in the use of computers including SAGE (Simply Accounting) windows, excel, internet, e-mail, POS and other related databases. Working knowledge of not-for-profit a definite asset. Demonstrated effective communication skills-written & verbal. A team player with a professional approach.

Applicants will have access to confidential information. Trust is critical. Must be bondable. Criminal/Vulnerable Persons check required.

Deadline for applications is October 29, 2018.

Please submit resume with covering letter to:
Angela Saunders, General Manager
Angela.Saunders@novascotia.ca

157252

Christmas tree workers needed for upcoming production season. Yard and woods positions available. Phone: 902-543-0086.

NOW HIRING: Traffic Control Persons and Temporary Workplace Signers. Competitive wages. No experience necessary. Must be reliable and motivated to work. Valid TCP or TWS certificate is required (we can help with obtaining one if you do not have one). Please call Mackenzie Security @ 1-877-818-8858 or email mackenziesecurity@ns.aliantzinc.ca

Veinotte's Heavy Equipment

Wanted

Part-Time
Bookkeeper/Secretary

Experience is necessary.
Wage based on experience.

A working knowledge of Excel is necessary and previous experience in manual accounting would be an asset.

Resumes may be emailed to hwy10roadbuilder@yahoo.com or faxed to 902-644-1249 or they may call Ivan at 902-644-2360

LYDELL GROUP

NOW HIRING:
MECHANIC OR APPRENTICE
CLASS 1 LOG HAULER
FELLER BUNCHER OPERATOR
PROCESSOR OPERATOR
GRAPPLE SKIDDER OPERATOR

COMPETITIVE WAGES, BENEFITS & ACCOMMODATIONS

Email: info@lydellgroup.ca
Phone: 780-542-6019
Fax: 780-542-6739
Drayton Valley, Alberta
www.lydellgroup.ca

Opening a paper
is surprisingly exciting.

A DIVISION OF ADVOCATE MEDIA INC.
LIGHTHOUSENOW
shining a light on the progress of our south shore

353 York St., Bridgewater, NS B4V 3K2
P 902 543 2457 F 902 543 2228
TF 1 888 543 2457

www.lighthousenow.ca

Employment OPPORTUNITY

Your Arctic Adventure Awaits

Arctic Co-operative Limited (Arctic Co-ops) in Winnipeg, Manitoba supports 32 Member-owned Co-ops in Nunavut, Northwest Territories and Yukon. The Co-ops operate diverse and progressive retail businesses, hotels, gas bars and more.

CAREER OPPORTUNITIES

Nunavut and Northwest Territories

Retail Store Managers
Assistant Store Managers
Relief Managers
Grocery Managers

Cooks/Line Cooks
Cook Managers

Please send your resume to: **HumanResources@Arctic.Coop**
Or fax to: 1-204-632-8575

View job descriptions located in Canada's Arctic regions or in Winnipeg, MB on our website: **www.arctic.coop**

CO-OP Arctic Co-operatives Limited

CHURCH

Coming to Bridgewater
Beginning October 11
Nightly 7 pm
17 Greenwood St.
Free Bibles Available
Is there really an End to the World?
Baker St. off Victoria Rd. to Greenwood
157621

Gospel concert, Aenon Baptist Church, Chester Basin. October 14, 6:45 p.m. Featuring: "Frank Spinney Music", with Frank Spinney, Graham Moorehead and Frank Dobbin. Free will offering. Light lunch.

COMMUNITY

Card Party, Pleasantville Fire Hall, October 13, 7:30 p.m. Lunch provided. Everyone welcome.

Christmas Craft Sale, Italy Cross Middlewood & Dist Fire Dept., November 18, 10 a.m.-2 p.m. Sellers at 8 a.m. Tables $10. Contact: Bonnie 902-543-3782; Christine 902-543-2729. Canteen available.

Crib Tournament. Sunday, October 14. Forties Community Centre. New Ross. Doors open 12 noon. Registration starts 12:30 p.m. Play starts 1 p.m. $20 team. Information, call: 902-689-2147. Canteen available. Wheelchair accessible, ground level.

Flea Market and Luncheon Canteen, St. John's Parish Hall, Lunenburg. Saturday, October 20, 10 a.m.-1 p.m. Many treasures. Bake table. Luncheon: lobster rolls, haddock chowder, homemade desserts. Come and enjoy!

Penny Auction, October 20, 10 a.m.-2 p.m. Pleasantville Fire Hall. Mostly new items. Canteen will be open. Everyone welcome.

COMMUNITY

Penny Auction Saturday October 13th 9 a.m.-1p.m. Pleasantville Fire Hall new and slightly used items, canteen, homemade chili, soups and pies, hotdogs. Proceeds to the Ascension Lutheran Church Cemetary Conquerall Mills.

Penny Auction. Midville and District Branch Fire Hall. October 20, 10 a.m.-2 p.m. 50/50. Canteen. Door prize. All proceeds to Fire Hall. Donations: 902-521-6154.

Seniors' Craft and Bake Sale. New Germany Seniors' Club, 4978 Hwy#10, New Germany. Saturday, October 13, 9:30 a.m.-2 p.m. Canteen available. White Elephant Table.

DANCES

Dance, Italy Cross Fire Hall. Saturday, October 13, 9 p.m.-1 a.m. Band: Dave Burbine & Traditional Country. Admission: $8. Canteen. Proceeds for Fire Hall. Make sure you attend - tell your friends!

Dance. Petite Riviere Fire Hall. October 27, 9-1. Band: Twist of Fate. Admission: $10/ person. Tickets: Cobbler Corner 902-543-3199, Petite General Store 902-693-2142. Prizes for best costume, couple and single, 19 and older.

TEAS

Ham, Scallop Pototoes, Beans, Dessert Luncheon. West Side United Church, 2702 Highway 331, Pentz. October 11, 11:30 a.m.-1 p.m. Adults: $10; children: $3. Eat-in or Take-out. For local deliveries, call Cecilia 902-688-2631 (before Thursday) or Church Kitchen 902-688-1340 (after 9 a.m. Thursday).

TEAS

Saturday, October 20, Middle LaHave Cemetery Fall Coffee Party. 11 a.m- 1 p.m., Lutheran Church, Upper LaHave. Crafts, bake table and fall basket draw. Adults $7; children $3.50.

APTS.

2 bedroom apartment for rent;Bridgewater $685 per month, security deposit required, room for storage, electric heat, pay own use, hardwood floors, parking. References required. 902-543-3100

Harbour View Haven Annual Tea And Sale

Please join us for a fun-filled afternoon
And Bring A friend…
Wednesday, October 17, 2018
Sale: 1:30-3:00, Floor Two Lounge
Tea: 2:00 – 3:00, Main Dining Room
Admission: $5.00 at the door
156231

VARIETY SHOWS

Variety Show, fundraiser for the Animal Rescue Coalition on October 14, 1 p.m. at Chester Legion, Featuring: Kentucky Blue, Chet Brown, Knobby Clark, Lloma Myles and Ron Muise. Canteen, Bake Table, 50/-50. Admission $7. For info call 902-275-3645.

SUPPERS

Fish & Chip Supper. Italy Cross Middlewood & Dist. Fire Dept. October 21, 12 noon-6 p.m. Takeout available . Proceeds for new fire truck. Admission. 1-piece fish & chips: $9; 2-piece fish & chips: $12. Make sure you attend - tell your friends!

Sauerkraut and Lunenburg Sausage Supper. Lunenburg Fire Hall, 25 Medway Street. October 20, 4-6 p.m. Adult: $12; children: 6-12: $6; children 5 and under: free. Sponsored by Lunenburg & Fire Department Ladies Auxiliary. Info: Heather 902-634-9149.

BREAKFASTS

Breakfast, Saturday, October 13, 7-11 a.m., St. Martin's Anglican Church Hall, 7526 Highway 3, Martin's River. Adults: $8; children 5-12: $4; under 5: free. Take-out available.

Breakfast, Saturday, October 13, Hebb's Cross Fire Hall, 77 Camperdown Road, 7-11 a.m. Adults: $8; 5-12: $4; under 5: free. All you can eat. Take-out available.

Mill Village Fire Department Firemen's Breakfast, October 13, 7-11 a.m. Adults $8; children (5-12) $4; under 5 free.

Saturday, October 13, Dayspring and District Firemen's Breakfast, 7:30-11 a.m. Adults $8, children 12-6 $4, under 5 free.

BINGOS

157683

APTS.

83 Cornwallis Street, Lunenburg. One bedroom apartment. $725 per month. No pets. Heat provided. Phone Aubrey Zinck Sr. 902-624-8265.

HOMES/RENT

Present-May. Near Mahone Bay. Beautifully maintained 2 bedroom fully furnished seaside home. 902-543-7193/ 902-277-1013.

ROOMS for RENT

Room for rent near hospital in Bridgewater. $350 per month. Smoker/ toker, OK, no alcohol, must like cats. Reply to: Box 2, LighthouseNow, 353 York Street, Bridgewater, B4V 3K2.

Room for rent, 361 Grimm Rd., Lunenburg. $450. Use of all utilities. No pets. 902-521-0029.

FOR SALE

SAWMILLS from only $4,397 - MAKE MONEY & SAVE MONEY with your own bandmill - Cut lumber any dimension. In stock ready to ship. FREE Info & DVD: www. NorwoodSawmills.com/400OT 1-800-567- 0404 Ext:400OT.

STEEL BUILDING CLEARANCE ... "FALL SUPER SAVINGS EVENT - ALL MODELS PRICED TO CLEAR!" 20X23 $5,974. 25X25 $6,629. 28X29 $7,775. 30X33 $9,125. 32X31 $9,680. End Wall Included. Pioneer Steel 1-855-212- 7036 www. pioneersteel.ca.

FOR SALE

2008 Toyota Yaris, 153,000 km. Great condition. Lady-driven. $3,995. 902-521-0029.

30-30 Winchester rifle; 12 gauge Gamester shotgun; glass top patio table and four chairs, umbrella. 902-677-2046.

King wood lathe with extension. Model KWL1016C. $250; Mastercraft D28 Frost Guard Dehumidifier. $30. 902-521-1779/ 902-527-2088.

WANTED: Dead or Alive
Old cars, trucks, school buses, dump trucks, excavators & bulldozers.
Top prices paid for scrap metal only
543-9752
Cell 527-7291
145114

FIREWOOD

16" dry soft wood, cut, split and delivered locally, starting at $175 per cord. 1 cord loads. 902-624-9102.

Clean, dry, hardwood. Cut, split and delivered. Call 902-685-3272.

Good dry wood, full cords, cut, split and delivered. Reasonable prices. Information: call or text 902-298-1497.

Top quality firewood, cut, split and delivered. 100% hardwood. Phone Vicki 902-543-6150.

YARD SALES

Giant yard sale October 13, 8 - 1 at Bridgewater Baptist Church, Glen Allan Dr

Open house, workshop and shed: many hand tools, garden tools and other items are up for sale. Come on in, rain or shine, this weekend of October 13 and 14 between 10 a.m. and 3 p.m. at 457 Main Street in Mahone Bay.

***** DOWNSIZING/MOVING *****
******* ESTATE SALE *******
Antique Furniture - Vintage Lane Cedar Chest
Quality Living Room Chairs - Vintage Toys - China
Oak Deacon Bench and Mirror - First Edition Books
Games - Art Deco Vintage Toy Box - And Much More…
2571 Highway 331, West LaHave
Saturday, October 13, 2018 from **9:00 am to 6:00 pm**
Sunday, October 14, 2018 from **10:00 am to 5:00 pm**
WWW.PREVIOUSLYCHERISHED.COM
157853

WWW.WATCHFINDER.CA

Located in Toronto, WATCHFINDER is a watch and jewelry buyer that has been buying and selling high-end jewelry for over 19 years.

Check out our reviews online!
Receive your payment next-day!

For your free quote, call **1-888-928-0128** or send us an email at **info@watchfinder.ca**
155886

LEGAL

Supreme Court of Nova Scotia

Between:

CREDIT UNION ATLANTIC LIMITED
Plaintiff,

and

CAROL EVA ANN GOODRIDGE
Defendant

Notice of Public Auction

To be sold at Public Auction under an order for foreclosure, sale, and possession, unless before the time of sale the amount due to the plaintiff on the mortgage under foreclosure, plus costs to be taxed, are paid:

Property: House, Land and Premises known as 95 Simms Lake Road, RR#1, Simms Settlement, District of Chester, Lunenburg County, Nova Scotia, PID #60085313. The lands are more fully described in a mortgage dated January 24, 2014 as recorded in the Land Registration Office for Lunenburg County as Document #104725685 on March 7, 2014. The property is migrated pursuant to theLand Registration Act.

Together with easements/rights of way as described in other instruments as follows:

- August 6, 1973 as document #CHE1562
- October 29, 1990 as document #CHE1599,

as shown on the parcel register.

A copy of the description of the property, as contained in the mortgage under foreclosure, is on file at the Prothonotary's Office and may be inspected during business hours.

Sale Details: Wednesday, October 17, 2018, at 9:00 a.m. The Bridgewater Courthouse, 141 High Street, Bridgewater, Nova Scotia.

Terms: Ten per cent (10%) deposit payable by cash, certified cheque, or solicitor's trust cheque to "Burchells LLP, in Trust" at the time of sale, remainder within fifteen days upon delivery of deed.

Signed September _____, 2018
I. Andrew Rankin

Julia M. Publicover
Quackenbush Thomson Law
2571 Windsor Street
Halifax, NS B3K 5C4
156999

ANTIQUES

Rhodenizer Antique Auctions
Buying Antiques & Collectibles, one item or complete estate contents or will sell your items on commission.
Judy Rhodenizer
902-543-5194
157776

SERVICES

Available for JUNK REMOVAL, brush/ tree limb disposal, light moving, deliveries, etc. Chainsaw work. 902-543-6648

Bushwacker Woods to Lawns Ltd. Mini and mid-sized excavator services; mulching; jack hammer; rock walls, landscaping and demolition, digging; road building; lot clearing; trucking; tandem loads of fill, rock, etc. 902-634-3685 / 902-527-6624 or email the.stevens@ns.sympatico.ca

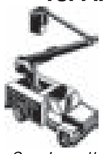
Home Maintenance: Carpentry, laminate and hardwood flooring, painting, minor electrical/ plumbing repairs. 902-521-0649, 902-275-2291. home maintenance@bellaliant.net

Midtown Construction. Roofing, renovations, etc. Carson Robar or 902-298-6151. Free estimates. midtownconstruction@live.com

Rafuse's Roofing and Painting. Reasonable prices. Phone Paul Rafuse. 902-529-1408

SERVICES

G.W. Tree Removal
STUMP GRINDING
TOPPING • PRUNING



60 ft. Bucket Truck
Wood Chipper
Fully Insured,
Safety Certified
Free Estimates
Serving all of Lunenburg County
GARRY WHYNOT
902-350-1229
147614

Wax coating for winter paint protection. From $99.95. Chester Car Wash. Call for appointment: 902-275-7506.

HAL JOHNSON
GENERAL CONTRACTING
30+ years experience
WE DO IT ALL
Residential, Commercial, Repairs, Renovations & New Home Construction. Fully licensed & insured. Free estimate.
Ph.: 902-543-1815
Cell: 902-521-3046
124692

WANTED

Wanted to buy: Any type of rifle (22 lever action or commemorative rifles.) 902-354-5659

AUTO REPAIR

Undercoating, rocker panel repair. Mark: 902-521-1989.

CLEANING

Available: cleaning lady or private home care. 23 years experience. Will do bathing, cooking, vacuuming, dusting, laundry, washing floors, cleaning etc. Lunenburg County. 902-527-6361.

HEALTH

DISABILITY? ADHD? Do you have a DISABILITY? We can help you get up to $50,000 back from the Canadian Government. BBB Accredited. FOR DETAILS CALL US TODAY Toll-Free 1-888-875-4787 or Visit us at: disabilitygroupcanada.com.

Trying to find an event or supper to go to?
Visit
www.lighthousenow.ca
and click on our
Events Calendar!

MOM'S BUY & SELL
Lunenburg's coolest eclectic shop
Downsizing or redecorating? We buy furniture, antiques & such…by piece or by lot.
229 Lincoln St., Lunenburg *Call Pam at* 902-634-3595
153468

FLEA MARKETS

the giant baby & children's sale
fun · thrifty · fabulous

OCT 20TH, 2018
9 am – Noon
Michelin Social Club
Be in line & buy a ticket for your chance to win
Early Entry at 8:15! Get the good stuff first!
• Gently Used Children & Youth Items (not just clothes)
• Mompreneurial Vendors
Be present at 11:45 am draw for $50 to spend at Vendor's table.
First 50 to enter will receive a Free Loot Bag!
giantbabysale@gmail.com @giantbabychildrenssale
giantbabysale.wixsite.com/bridgewater
157588

SPECIAL OCCASIONS

Bob and Marie White
50th Wedding Anniversary

Bob and Marie White of Martin's River are celebrating their 50th Wedding Anniversary. They were married on October 12th, 1968. Congratulations on reaching such a milestone. We wish you many more years of love, health, and happiness.

Love from all your family & friends.

A DIVISION OF ADVOCATE MEDIA INC.
LIGHTHOUSENOW
News of the week found on
lighthouseNOW.ca

THANKS

The family of the late Levi Hancock (July 26, 1930-July 15, 2018) of Shoreham Village and formerly of Lunenburg, would like to express our sincere thanks to family, friends, neighbours and coworkers for the phone calls, visits, donations of food, sympathy cards, emails and donations in Dad's memory (Diabetes Canada NS; St. John's Anglican Church, Lunenburg; Fishermen's Memorial Hospital; and Heart and Stroke Foundation of Nova Scotia). Also, thank you to the staff of Shoreham Village for the care Dad received and to Mike Zinck and staff, Dana L. Sweeny Funeral Home, Lunenburg, for all their support and kindness during this difficult time.

Sandra, Davilyn, Levi, Donna, Lana, Darren and families.

I wish to thank everyone for their kindness after my collapse. To the paramedics for their quick response, everyone who attended to me at the SSR Hospital with much kindness, for phone calls, emails, beautiful cards and messages of encouragement, all was so appreciated. To my family and the sleep overs at the hospital, I am truly grateful. Your visits were very welcomed. Please accept my deepest gratitude. We are truly blessed to have so many caring hearts.

Bill Alexander

MEMORIAMS

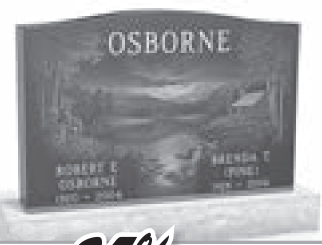
VEINOTTE and LEGAG: In loving memory of both my parents: my father Elvin, who passed away on October 15, 1945; my mother Aileen, who passed away on October 19, 1987.
Looking back with memories
Upon the path you trod,
I bless the hours I had with you
And leave the rest with God.
Love always, daughter Barbara.

OBITUARIES

Shelly Veronica Anne Daniels

DANIELS, Shelly Veronica Anne - Age 50, of Italy Cross, passed away on September 28th, 2018 at home. Born in Hamilton, Ontario, she was a daughter of Joy Allen and Alfred Allen. Shelly is survived by her loving husband, Mike; daughters, Samantha and Mikayla; sister, Maureen; fur baby, Bailey. Shelly was an amazing wife, mother, daughter and sister. Shelly taught love, selflessness, strength and courage through her own example. Shelly was loved by many and will be missed greatly. Funeral arrangements are under the care and direction of C.F. Sweeny's Funeral Home, Bridgewater. A celebration of Life will be held at Sweeny's Funeral Chapel, 35 York St., Bridgewater on Thursday, October 4th, 2018 at 2 p.m., Pastor Paul Jensen officiating. Memorial donations may be made to the Canadian Cancer Society, the Nova Scotia Heart and Stroke Foundation or a charity of your choice. Online condolences may be made by visiting www.sweenysfuneralhome.com

DeMone Monuments (Since 1964)
Prompt Deliveries
Pre-Need Planning
Flexible Payment Plans
Laser Etchings
Full Guarantee
Computerized Drawings While You Wait



Inventory Sale
Savings up to 25% Until Oct. 31st
Head Office & Display 205 Victoria Rd., Lunenburg 634-4621
Sales Office & Display 101 Victoria Rd., Bridgewater 543-4131
After-hour appointments and home visits available. 1-800-661-4621
www.demonemonuments.ca
157455

MEMORIAMS

JOUDREY: In loving memory of dear parents and grandparents Leila M., who passed away October 12, 1965 and Elvin T., who passed away October 31, 1971, and brother and uncle Fred T., who passed away June 6, 2005.
Wonderful memories woven in gold
This is the picture we tenderly hold,
Deep in our hearts, our memory is kept
To love, to cherish, to never forget.
Sadly missed and always remembered by daughter and sister, Jean and family.

BAGGETT: In loving memory of our dear Mother, Ada, who passed away on October 13, 2010.
We wanted to keep you with us
But knew you couldn't stay,
So we held your hand quietly
And let you slip away.
Although you can't be here with us
We're not truly apart,
Until the final breath we take
You'll be living within our hearts.
Death leaves a heartache
Difficult to heal,
Love leaves sweet memories
Impossible to steal.
Forever loved and sadly missed by Lillian, Jessie, Alfred and family.

WILE: Alan Bruce. In loving memory of a dear brother, who passed away on October 10, 1988.
Our thoughts are ever with you
Though you have passed away,
And those who loved you dearly
Are thinking of you today.
Always remembered by sister Janet and Grant.

DEATHS

Jean Elizabeth Silver - 95, Broadcove, died September 25, 2018 at home, Broadcove. Funeral arrangements entrusted to Sweeny's Funeral Home, Bridgewater.

DEATHS

Milton Clare Williams - 79, Midville Branch, died September 24, 2018 at South Shore Regional Hospital, Bridgewater. Funeral arrangements entrusted to Sweeny's Funeral Home, Bridgewater.

DEATHS

Shelly Veronica Anne Daniels - 50, Italy Cross, died September 28, 2018 at home, Italy Cross. Funeral arrangements entrusted to Sweeny's Funeral Home, Bridgewater.

CRANIAL CRUNCHES ANSWERS
October 10, 2018

Crossword Solution

O	M	S	K		E	P	P	S			S	E	W	S
K	A	T	A		T	R	I	A	D		P	L	I	E
T	I	E	S		H	O	S	P	I	T	A	B	L	E
A	N	T	H	R	A	X			S	H	R	E	D	
			M	A	N	Y	A		P	I	E			
	C	H	I	D	E		G	L	O	S	S	A	R	Y
M	A	O	R	I		J	E	E	R			L	E	A
I	N	S		I	S	O	L	A	T	E		I	N	K
F	O	E			P	E	E	P		M	A	V	I	S
F	E	A	R	L	E	S	S		S	E	V	E	N	
			U	A	E		S	T	E	N	O			
	H	A	S	I	D			R	E	D	C	A	P	S
P	O	R	T	C	U	L	L	I	S		E	L	I	A
A	N	I	L		P	I	E	T	A		T	I	N	G
P	E	L	E			S	T	E	W		S	A	K	E

Sudoku

9	6	5	1	3	8	2	7	4
3	4	8	9	2	7	5	6	1
1	7	2	4	6	5	8	3	9
6	9	3	2	5	1	4	8	7
8	5	7	6	4	3	9	1	2
2	1	4	7	8	9	6	5	3
5	2	9	3	1	6	7	4	8
4	8	1	5	7	2	3	9	6
7	3	6	8	9	4	1	2	5

CryptoQuote

I began at the top and I've been working my way down ever since.
– Orson Welles

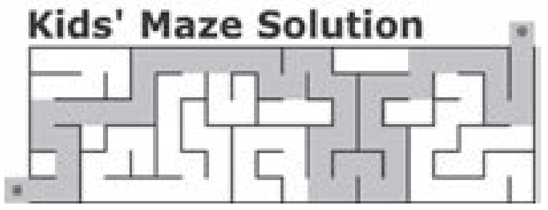
CryptoQuip

This drinking vessel is not like any that I've ever seen before. It's definitely in a glass by itself.

Even Exchange
answers

1 [illegible]
2 [illegible]
3 [illegible]
4 [illegible]
5 [illegible]
6 [illegible]
7 [illegible]
8 [illegible]
9 [illegible]
10 [illegible]

Kids' Maze Solution



YOUR HOROSCOPE

ARIES – Mar 21/Apr 20
The planets will bring significant changes and breakthroughs over the next several days, Aries. Even last-minute disruptions can't derail your success.

TAURUS – Apr 21/May 21
Taurus, this will be a potent week for you, as you will be called upon to solidify and strengthen others. Help individuals find the power of their purpose.

GEMINI – May 22/Jun 21
Try stretching yourself creatively, Gemini. The results can be surprising when you think outside of the box and leave your comfort zone. With confidence, you can succeed.

CANCER – Jun 22/Jul 22
Cancer, be more thorough with your communications because someone might miss the memo if you do not get the point across effectively. You don't want to repeat and follow up.

LEO – Jul 23/Aug 23
Leo, some sunny days are ahead. Make the most of the positive situations you find yourself in, and don't hesitate to share your good fortune with others.

VIRGO – Aug 24/Sept 22
Focus on the significance of an important task that comes your way this week, Virgo. There is meaning behind this work, and you must discover it.

LIBRA – Sept 23/Oct 23
Mischief makers are in full force, Libra. You aren't quite sure if you are ready to jump into the frivolity this week. Keep your space until you decide how to proceed.

SCORPIO – Oct 24/Nov 22
Scorpio, be honest with yourself and others when prompted for feedback. Your honesty will be a feather in your cap, and others will appreciate your straightforward approach.

SAGITTARIUS – Nov 23/Dec 21
Sagittarius, important shifts and movements this week can turn everything you have been working toward on its head. Remain calm and patient to see things through.

CAPRICORN – Dec 22/Jan 20
Unforeseen circumstances leave you feeling a bit weary, Capricorn. You should cling to someone who has his or her feet firmly planted on the ground for support.

AQUARIUS – Jan 21/Feb 18
Aquarius, build more bridges that give you access to influence. This will help you see plans through at work, and this success will spill over into your personal life.

PISCES – Feb 19/Mar 20 Pisces, explosive energy can come your way if you are willing and able to welcome it. Others may be inspired by what you accomplish.

‘Bottle Fishing’ and more at Spirited Away in Lunenburg

By JANICE MIDDLETON

Hands up if you know the proper way to “nose” whisky.

Don’t laugh, not everyone knows how to maximize the enjoyment of a quality alcoholic beverage. According to the pros at the Nova Scotia Liquor Corporation (NSLC), there are three steps a discerning sniffer takes to assess a spirit before drinking.

First, pour a finger or two of whisky into a snifter glass or a tumbler and swirl the glass in your palm to warm the liquid and release the aromas. Second, tip the glass slightly towards you and dip your nose in to identify the sweet notes, such as vanilla and caramel. Finally hold the far rim of the glass to your nose and enjoy the grain notes, scents that can include bread and peat.”

Careful now, don’t tip the glass too much; you might end up wearing the contents on your shirt. It’s probably wise to practice these steps at home before heading out to the Nova Scotia Craft Spirits Festival.

The fourth annual *Spirited Away in Lunenburg*, Oct. 12 to 14, celebrates the province’s craft distilling industry. Lynne MacKay, co-owner of Ironworks Distillery in Lunenburg, said the 12 craft distilleries in the province from Cape Breton to Lequille are taking part with two guest distilleries coming in from Quebec and New Brunswick.

The lineup also includes five mixologists from Halifax as well as two guests from the bar scenes of Edmonton and Toronto. Add several hundred enthusiastic guests who want to learn more about all things spirited and it’s the formula for quite a party.

Pete Bradford, master cooper, re-conditions an oak barrel over fire at last year’s Spirited Away Festival.

“It’s an exclusive event, a tiny festival in a tiny town,” safe for imbibing, MacKay said. “Best of all, Lunenburg is small enough that you can walk to everything.”

Highlights from this year’s program include: *Sip & Dash* at eight Lunenburg venues, five mixologists, three distillers, and a ton of fast paced fun, organizers say. *Bottle Fishing* is a presentation held at the Dory Shop by Halifax bartender Shane Beehan on the history of rum running served up with rum cocktails.

Workshop participants can wow their friends this holiday season by showing off what they pick up at the Lunenburg School of Cocktails, a course by three mixologists demonstrating three great cocktails. Other workshops include: Books & Booze; DIY Gin, and Mason Jar Cocktails.

A public tasting event is being held at The Lunenburg Seaport. The Distillers’ Marketplace is where festival goers can sample the libations of all the craft distillers taking part in the event. Each distiller makes a distinct product “that sets it apart from all of the others,” MacKay said.

She recommends trying a shot of Ironworks Bluenose black rum made from Guatemala sugar cane sourced from Crosby Molasses Co. in New Brunswick with “two subtle spices” or a sip of Ironworks vodka made entirely of apples from the Annapolis Valley.

The gala Saturday evening for 300 revellers is the highlight of the festival featuring “an evening of tasty spirits, good food and mellow music” at the Lunenburg Opera House. Craft distilleries will be set up for tastings and mixologists will be on hand to show off cocktails created from domestically made spirits.

“It’s not profitable for us,” MacKay said of the event, adding to finance the festival “we’ve had to rely on sponsors, but it’s a way to extend the shoulder tourist season in Lunenburg.”

A number of Lunenburg’s well known restaurants are featuring “Spirited Dining” specials during the festival with carefully prepared menus integrating Nova Scotia Craft Spirits. Late night music and sipping events and a windup brunch on Sunday round out the festival program.

The complete program is available at: NSspiritsfestival.com. Festival Passes and individual event tickets are now on sale on the web site.