

# LIGHTHOUSENOW PROGRESS BULLETIN

shining a light on the progress of our south shore

142nd Year • No. 11

## Blood brothers

*Strangers navigate a live organ donation together*

By **GAYLE WILSON**

gayle.wilson@lighthouseNOW.ca  
@wilsonLHNOWnews

After months of holding back, not daring to let hope enter their lives, Lunenburg's Rob and Sarah Edwards are finally and fully excited.

They're looking forward to March 19 as a transformative date of a magnitude that most of us can only imagine.

That's the day Rob expects to be on a Halifax hospital operating table, receiving a new kidney, and essentially a new life.

He's spent four years on the donor waiting list, and he's only getting one now because a live donor has come forward.

The Lunenburg couple's compelling story is a shout-out to the increasing toll kidney disease is placing on individuals and their families, to the power of good intentions, and to the call for optimizing Nova Scotia's organ donations.

**"You can really do something, something truly great and truly life-changing for somebody."**

**Geoff Kennedy**  
Kidney donor

In a nutshell, Rob will be lying on that hospital bed thanks to an inspired stranger who learned about his situation through an outpouring on social media.

Before he begins his surgery around noon, Geoff Kennedy of Halifax will be at the same hospital having one of his kidneys removed for transplanting into Rob.

The uncanny resemblance between them is not lost on either of them. They're both 38 with birthdays not far apart, both are tall and greying slightly.

They have become fast friends, and appreciate the poignancy of their undertakings.

"I'm getting a kidney and a buddy," Rob told *LighthouseNOW*. He smiles with a satisfactory grin over the simplification, while Sarah adds that their boys are getting their dad back.

"Our three-year-old has never known me not sick. It's going to be a whole new world," explains Rob.

Kennedy has been there. His father has a genetic disposition that led to a double lung transplant about three years ago. His dad is now alive and well, and the only way you would know he has two new lungs is if you ask to see his surgery scar, according to Kennedy.

"It was pretty eye-opening how genetic lotteries can sometimes really kick you in the shins," he says. "I know the effects of organ donation and how important it is. And my politics have always been aligned with being an organ donor and checking that box."

See **BLOOD BROTHERS** on page 2



MICHAEL PITTS/NATUREPL.COM, PHOTO

This image of a Hawaiian monk seal caught in fishing tackle from an unknown vessel in the Pacific Ocean illustrates the global problem of "ghost gear."

## New report on "ghost gear" hands High Liner Foods a failing grade

*Abandoned fishing gear a global problem*

By **CHARLES MANDEL**  
charles.mandel@lighthouseNOW.ca

Lunenburg-based fishery processor and marketer High Liner Foods ranked last in a new report on fisheries and the problem of abandoned and lost fishing gear.

World Animal Protection (WAP) released the report, *Ghosts Beneath the Waves*, in mid-March.

The animal protection group found that 12 out of the 15 largest global seafood companies in the world do not have clear positions or solutions to abandoned and lost fishing gear.

According to its report, 640,000 tonnes of "ghost gear" — abandoned tackle off of fishing vessels — is lost or discarded in the oceans every year, killing millions of marine animals, including whales, dolphins, turtles, seabirds and fish.

While Lynn Kavanagh, campaign manager with

WAP's Canadian office, told *LighthouseNOW* that "High Liner is already a very sustainably minded company with some good policies in place," she said the group hopes the firm will examine its supply chain, determine in which of its fisheries ghost gear represents an issue, and start to work to prevent the problem.

The 15 seafood companies in the report received rankings from one to five on their commitment to address the problem of ghost gear. Tier 1 ranked the best while Tier 5 was the worst.

While none of the companies achieved Tier 1 or Tier 2 status, High Liner landed at the bottom of the ranking in Tier 5.

Other big brands, including Bumble Bee Seafoods and Donwong - South Korea's largest seafood company and owner of StarKist tuna - outranked High Liner.

See **HIGH LINER** on page 2

### IN THIS ISSUE

Comment.....	<b>4</b>	Lifestyles.....	<b>18</b>
Rural Ink .....	<b>11</b>	Puzzles.....	<b>20</b>
Sports.....	<b>12</b>	What's On.....	<b>21</b>
Arts.....	<b>16</b>	Classifieds.....	<b>24</b>

Tell us what you think: [www.lighthouseNOW.ca/survey](http://www.lighthouseNOW.ca/survey)



### CALEDONIA CAFE

*Lunch at the Log*  
Page 11



### ARMED FORCES

*Now recruiting*  
Page 15



### HIPPIE REVIVAL

*Godspell on stage*  
Page 16

We care about our environment  
Please recycle this newspaper

7 72445 100001 2  
A publication of  
LIGHTHOUSENOW.CA

**AFFORDABLE HEARING AIDS FOR EVERYONE!**

**Provincial Hearing**

Call today to book your appointment

4 Hillcrest St., Bridgewater, NS | [www.provincialhearing.ca](http://www.provincialhearing.ca) | 1-888-323-4111

**Hearing Aids starting at \$895\***  
per ear.  
\*Some conditions apply. See clinic for more information

147420

# New report on 'ghost gear' hands High Liner Foods a failing grade

HIGH LINER from page 1

"It's disappointing to see such an otherwise progressive and sustainable Canadian leader, as well as a household name brand we all know, lagging behind on protecting animals and fragile ecosystems from ghost gear," Josey Kitson, executive director at World Animal Protection Canada, said in a statement.

"By acknowledging this issue and taking simple steps to prevent lost gear in their supply chain, High Liner Foods could be a leader again," she added.

Bill DiMento, vice-president of corporate sustainability and government affairs at High Liner, told *LighthouseNOW* that the company is happy to talk with WAP and has a meeting set up with them at this week's Boston Seafood Show.

"I'm sure that we'll be making our commitment in assisting whatever responsible way we can do in a public way," DiMento said.

DiMento added that it would "be appropriate" for the company to reach out to its suppliers around the world and make sure they are fishing responsibly "and remedying issues that are associated with problems in the environment."

The federal Department of Fisheries and Oceans was unable to respond by deadline to *LighthouseNOW*'s requests for information on the extent of the problem.

Kavanagh would like to see companies sign onto a global, collaborative, multi-stakeholder alliance that would work together to address the problem.

WAP reports that ghost gear is responsible for a decline in fish stocks ranging anywhere from five to 30 per cent.

Notes the report: "Research by the National Oceanic and Atmospheric Administration (NOAA) found ghost gear to be directly responsible for a 5% reduction in total cod catch in the Baltic Sea, and a 20-30% reduction of Greenland halibut catch off the coast of Norway."

The lost or abandoned gear comes with other costs as well. Governments and industry spend hundreds of thousands of dollars annually cleaning up the gear, according to the report.

The report recommends reducing the volume of fishing gear in the oceans, removing ghost gear from the water, recycling the often plastic gear in creative ways, and providing training and support to organizations that rescue animals entangled in the gear.

The review drew on publicly available information from company websites, CSR strategies, annual reports, shareholder information, the latest news articles and press releases, as well as information known via companies' involvement with the Global Ghost Gear Initiative itself and material published by certain third parties, such as certification schemes as of December 2017.

Companies were ranked in criteria including policy and commitment, and implementation and reporting.

DiMento said it's not unusual to see not-for-profit groups "doing what we call electronic searches for company policy."

Kavanagh noted that web site and public policy searches were used as WAP doesn't have access to proprietary information on each firm's supply chain. "So that's why we look to what's on their web site and the commitment they've made based on what they've put in the public domain."

She noted that the firms are under a lot of pressure to operate sustainable fisheries. "So we make the assumption, and I think it's an accurate one, that if they were doing something in a positive way on this issue that it would be in the public domain like they are with other issues."

## Blood brothers

BLOOD BROTHERS from page 1

Rob suffers from a rare genetic kidney condition that he struggles to pronounce; Sarah reports it's limited to 14 families in all of North America. Rob's grandmother died from it, his mother and two uncles have had kidney transplants because of it, and his sister carries the disruptive gene.

He was diagnosed with the condition eight years ago; the last few years his health has deteriorated substantially.

He started peritoneal dialysis in September, 2016, paid for by the Kidney Foundation of Canada.

The process involves feeding two litres of fluid into his peritoneal cavity through

a catheter and flushing out toxins. He began with four treatments a day, but he's now at six.

The implanted catheter tube and the fluid are putting pressure on his sciatic nerve.

He has aching muscles, while "dirty blood" results in the build up of minerals and calcification at a cellular level.

Rubbing his hands, he says, "It feels sometimes like I have little bits of glass everywhere."

Formerly an employee with the Nova Scotia Liquor Commission, Rob hasn't worked for two years. Earlier this month, Sarah closed down her at-home day care centre to help care for him.

They're quick to recognize the financial support from friends who have orchestrated various fundraising activities.

Slow to receive a kidney through the official organ waiting list, and having had no luck establishing suitable matches among relatives, on May 11 of last year the soft-spoken Rob put out a subdued plea on Facebook.

"I'm not one to ask for help, but I guess there comes a point. I need a kidney. I am A blood type. If you think you might be able to help, please talk to your doctor."

Within minutes the messages of moral support came pouring in. The post was shared more than 250 times — and ultimately landed on Kennedy's Facebook stream.

Knowing his own blood type as A-positive, Kennedy says he had an "unstoppable curiosity" as to whether his type might be compatible with someone with type A blood.

The Canadian Blood Services couldn't enlighten him, and instead referred him to the live kidney donor coordinator at Nova Scotia Health, Heather Travis, who confirmed it is possible.

He realized the potential opportunity it presented, telling himself, "You can really do something, something truly great and truly life-changing for somebody."

However, it would be a long road of compatibility testing.

"We're climbing a mountain here. And that's all we can do, is just take one step at a time," Rob recalls Kennedy telling him.

While each step brought positive results, Rob and Sarah wouldn't let themselves get excited.

Meanwhile, Kennedy had been fully versed by medical professionals about the surgery procedure, potential complications, and its ultimate consequences for himself.

He's been advised that, typically, the donor's remaining kidney tends to grow and compensate for the missing one, and tests confirmed he's physically sound to go this route.

Once the seemingly endless series of tests were finished and Kennedy had been given the final thumbs up on compatibility, Sarah got excited. For Rob, it would take the medical system to provide them with a surgery date.

He got the call mid-February.

"I said, 'Well the day's kind of busy but I can probably move some things around,'" Rob recalls with a grin.

Kennedy is concerned it has taken a live donor to solve Rob's situation, and he says most people in Canada don't realize how "precarious" the supply of donated



GAYLE WILSON PHOTO

Rob and Sarah Edwards of Lunenburg were waiting more than four years for a donated kidney for Rob before Geoff Kennedy of Halifax offer him one of his.

organs are.

"I've just been kind of surrounded by the impact of what donation can be. And I was reading [Rob's] story and thinking, 'Well, somebody's got to do something.'"

He advocates a subtle change to the wording for organ donations on Nova Scotia's health plan application and renewal forms so that people are not asked to opt into donating their organs, but rather opt out.

"We seem to be withholding our organs as though we're being asked to give them away. I think we have that thought re-framed, and we go, 'Do you want to keep your organs? Because we really need them,'" says Kennedy.

### THE LONG AND SHORT OF IT

In a 2016 report, the Kidney Foundation of Canada reported that 41,931 Canadians were being treated for kidney failure, a number that had tripled in the previous two decades. Noting kidney disease is the 10th leading cause of death in Canada, the foundation cited diabetes and renal vascular disease, including high blood pressure as the two leading causes. Of those undergoing treatment, more than half — 57.5 per cent — were on dialysis, while 42.7 per cent of patients had a functioning transplant. Nearly 75 per cent of the more than 4,400 Canadians on the waiting list for an organ transplant were waiting for a kidney. On average, kidney patients wait four years or more for a deceased donor kidney transplant. The five-year survival rate for adults with transplanted kidneys is nearly 90 per cent from living donors and 83 per cent from deceased donors.

## REPORT ALL DOWNED WIRES, IMMEDIATELY.

To be safe, always consider all cables and wires to be energized. If a line is in water, consider it and the water to be energized too. Keep a safe distance and contact us at **1.877.428.6004** as soon as you can.

See all the ways you can prepare for a storm at [nspower.ca/beprepared](http://nspower.ca/beprepared)

Get storm updates, fast.



Nova Scotia  
**POWER**  
An Emera Company

145372

# LOCAL

## More pre-primary classes rolled out, including to Queens County

By LIGHTHOUSENOW STAFF

After having been left out of the initial launch of pre-primary classes, Queens County will now have access to the province's new program.

Among the new pre-primary classes opening in local communities this fall are ones slated for North Queens Community School in Caledonia; and Dr. John C. Wickwire Academy in Liverpool.

Other schools along the South Shore joining the program are Hebbville Academy in Hebbville; Bayview Community School in Mahone Bay; Newcombville Elementary School in Newcombville; Centre scolaire de la Rive-Sud in Cookville; Petite Riviere Elementary School in Petite Riviere; and Pentz Elementary School in Pleasantville.

The province is adding a total of 130 new pre-primary classes this fall.

"The first year of the pre-primary program has been a success, with more than 800 four-year-olds and their families benefiting from this early learning opportunity," said Premier Stephen McNeil in a news release.

"We want our children to have a strong foundation for school regardless of where they live or what their socioeconomic background. Pre-primary provides just that."

The program will be rolled out province-wide by September 2020.

The Liberals promised in the last election to offer universal pre-primary to all four-year-olds in the province, saving parents \$10,000 each year.

The program is meant to help transition children into a school environment and will be offered to each child for one year.

It will be free, voluntary and open to all children who are at least four years old by December 31. Registration

will begin immediately.

Previously, in 2017, Kim Masland, the Progressive Conservative MLA for Queens-Shelburne Kim Masland, had expressed concerns about the lack of transportation before and after school, and that Queens County was left out of the pre-primary roll out, along with Victoria County.

"Never did I think that Queens County would be completely left out, I'm extremely disappointed."

Masland, in an interview with *LighthouseNOW*, was measured in her response to getting two pre-primary sites in Queens, reflecting what she heard from her constituents.

"I have heard from parents who are excited about this and heard from some who are very concerned. Of course, I've also heard from our day-care operators who are very concerned about losing children from what would be in their program to the pre-primary."

Masland said it's important to ensure the playgrounds are updated, that the transportation is in place, and that the school locations have adequate space for when the pre-primary students start in the fall.

"I have heard from many people already that most of our schools are at max capacity right now, so we know there's going to have to be some redesigning and that could create some problems," Masland said.

"That will be the big thing that I'm watching to make sure that the roll-out is good there."

The program has also come under criticism from the Nova Scotia Teachers Union (NSTU), which published a position paper on it, taking issue with both the consultation process involved and with some of the ways it's operating.

"Teachers and administrators are generally frustrated with the launch of this initiative, and are questioning

if it meets the goals of the public school program," said NSTU president Liette Doucet in a recent press release.

"When students lose access to a valuable learning hub, like their school library, to make room for a pre-primary class it impacts the overall learning environment."

The press release also referred to the roll out of the program as rushed.

However, Education Minister Zach Churchill told *LighthouseNOW* earlier this year that the province had good feedback on the four-year pilot project run of the pre-primary program.

"The feedback was extremely positive from parents, kids, the ECEs and principals that were overseeing its delivery. It's based on research and evidence and we think provides an inclusive, play-based environment for our kids that will have an impact on them as they transition into the academic learning environment," he said.

Churchill says the childcare sector only has the capacity to care for around 25 per cent of preschool aged children and that it's not available in all communities so the government is working to identify where programs are needed.

Some private pre-primary operators have spoke out against the program, but so far, Churchill says there have only been three that have indicated an enrollment or staffing issue. He says his government is willing to work with and invest in some private operators to make sure everyone has access to early childhood education, but that a public system is necessary.

Families who live within a school community that is offering pre-primary and wish to register their child for the program, can contact their local school board to learn more about the registration process.

## New after school program aims to help keep indigenous culture alive

By KAREN JANIGAN

Karen.janigan@lighthouseNOW.ca

A new after-school program for indigenous students in Grades 6 to 8 living in Gold River was launched March 1. It comes from a local donation by Clearwater's John Risley to the RCMP Foundation, but is also unique in that the local RCMP School Safety Resource Officer involved is of Mi'kmaq heritage himself.

Gold River Eagle Feather Youth program was born from a collaboration between Cst. Rod Francis and Sheila Porter. The latter is a Mi'kmaq youth support worker at Chester Elementary and Chester Area Middle School for First Nations students who had to switch schools when Gold River School was closed.

The two began a good working relationship when Francis revealed his First Nation roots while working at Porter's schools.

Porter is also the co-ordinator of the 10-year after school program that goes to Grade 5 on the Gold River Reserve – part of Acadia First Nation. Francis used to drop in three times a month to strengthen relationships with the students.

"They were actually teaching me about my heritage and my culture because they had been doing it for so much longer," said Francis. "And I would also be giving back to them in conversations around the table ... some of the awareness piece around drugs and cybercrime."

When Risley's grant came forward with a mandate to use it for indigenous youth, Porter and Francis put their heads together and the after-school program for Grades 6 to 8 was born from a gap in programming.

"Ages 12 to 14 is a very vulnerable age and its great to have the cultural piece," said Porter. "We need to keep that culture alive and keep them going so that they could understand their culture and really embrace it. So I was really excited to get this program going."

Porter said learning about their own heritage is important because of the ripple effect of residential schools on the current generations, and extending the program to Grade 8 to 8 students fills an important gap.

She also said the kids' relationship with Francis will help with the messages he'll be delivering during

each session's "Mountie Moment;" which will include talks on drugs like Fentanyl and cyber-crime. But the focus will be on indigenous culture.

"Its important to have that door swinging both ways and it's a win-win for our children and hopefully down the road that... we can change those [frosty] relationships with police to be good relationships," she said.

Registration night saw a dozen kids there to sign up for the program.

"We're really excited by the potential," said Francis. "It's a first for here. The RCMP Foundation are very pleased with this and said they could potentially use this as a prototype to fan out across the country for an after-school program like this."

The pilot program will run for eight weeks at the reserve's health centre and will start up again in the fall and keep running as an ongoing program, eventually moving to the recreation centre when that is completed so there will be more room.

"The opportunities are endless for this and that's what we're excited about," said Francis. "We're quite excited to get this going."

### Seniors' Pharmacare Enrolment

#### Time to Renew

The program year begins April 1st. Look for the renewal package in your mailbox soon.

To learn more about the Seniors' Pharmacare program, or to update your information:

Call: 1-800-544-6191

Visit: nspharmacare.ca



NOVA SCOTIA

146958

### Family Pharmacare Enrolment

#### Time to Renew

The program year begins April 1st. Look for the renewal package in your mailbox soon.

To learn more about the Family Pharmacare program, or to update your information:

Call: 1-800-544-6191

Visit: nspharmacare.ca



NOVA SCOTIA

146957



# COMMENT



## Diagnosing Lyme disease

*This is the second of a three-part opinion piece on Lyme disease, and how Nova Scotia should cope with the tick-borne illness.*

The flawed tests were developed years ago for this poorly understood disease and then officials confused the test with the disease rather than listen to their patients.

Laboratory testing for Lyme disease and guidelines are riddled with conflict of interest in the U.S. and perhaps even more so in Canada. We need to abandon the two-tier testing approach. The ELISA test is not sensitive enough and is dependent on identifiable antibodies, which may not develop for weeks or months after infection, well after the optimum time to treat tick-borne disease. It doesn't identify cases of neuroborreliosis.

Authorities prefer the ELISA test because it is fast and inexpensive, but it should be discarded due to its poor sensitivity of about 54 per cent. About half get a false-negative test result and that is the worst thing you can do for a patient. Better tests that don't rely on antibody response have been developed, but haven't been accepted by medical authorities at the CDC. HIV/AIDS tests have a sensitivity of 98.5 per cent.

Currently patients must have a positive ELISA test before a Western blot is done, but this is wrong because it eliminates over half the patients with Lyme disease due to the poor sensitivity.

Lab tests were never intended for diagnosis, but only to help inform clinicians and help confirm their clinical diagnosis. Two-tier testing should not be endorsed without a Western blot because employing the ELISA test alone deprives the clinicians of useful diagnostic information.

Copies of the lab test should be signed by the clinician and should include a note stating: "A negative test result doesn't necessarily mean you don't have Lyme; if symptoms continue for another two to three weeks return to your health care provider for follow-up evaluation and further testing if required."

The National Microbiology Lab [NML] could do this with no extra effort since they have already generated the results and it is unethical for them not to return the test to the healthcare provider and patient, but they to refuse to do so. This might reduce the dependence of Cana-

dians on foreign labs fearing that they might be getting a false-negative result from the NML.

The Western blot test in Canada is considered positive if five out of 10 protein bands are visible. Four bands and below are considered a negative, but three or four bands in Europe might be considered a positive and one or two bands might be significant to the patient. The tests are open to interpretation and the results are not binary as physicians are led to believe.

Key to any advancement lies in better diagnostic tools –tests that are capable of identifying all tick-borne diseases in all their stages. We must be able to confirm eradication of the pathogen. Such tests will enable us to better describe acute and chronic manifestations.

Articles submitted to major medical journals like the Lancet and New England Journal of medicine mentioning chronic Lyme disease have been rejected. The IDSA have key members on the editorial Boards of all major medical publications to ensure that no untoward articles appear that differ from current medical dogma.

Columbia University has just announced a new serochip that will allow the testing of seven tick-borne diseases plus *Borrelia burgdorferi* with one blood sample. This test will require further validation and acceptance from the CDC.

Better teaching in our publicly funded medical schools would give physicians the confidence to clinically diagnose and treat this disease appropriately with less reliance on the present badly-flawed serological tests. Doctors need to be provided with the quantitative and qualitative information from all the available testing and should learn how to interpret the test results themselves.

This will allow them to make proper diagnoses based on the patient's history and clinical presentation, physician judgment and clinical findings. The test results would then be used as they were intended, to help the physician support or confirm their diagnosis and not used as the sole determining factor.

Lyme can be difficult to diagnose particularly if it has had time to sink ever deeper into the tissues where it can mimic many other serious diseases like

ALS, MS, Parkinson's, Fibromyalgia, Chronic Fatigue etc. Few remember being bitten and less than 30 per cent get the classic bull's eye rash. Sometimes the bite can be mistaken for that of a spider, but those are painful whereas tick bites are not. A classic EM rash is diagnostic in itself, no testing is required and prompt treatment with six weeks of antibiotics is called for.

Individuals with symptoms of late or chronic Lyme disease should find an ILADS trained physician for proper diagnosis and treatment. There are some naturopaths in British Columbia who are licensed to prescribe antibiotics and who claim some success with these cases.

People who develop late-stage or chronic Lyme often do not die as a direct result (with exceptions) –yet suicide rates among these patients are high due to pain and suffering, disability and common rejection by medical doctors who insist that people are either mentally ill or simply seeking attention. We have known for over 25 years thanks to the work of Dr. Alan J. MacDonald and confirmed by Dr. Judith Miklossy in 2011 that untreated Lyme can go on to produce a neuroborreliosis identical to Alzheimer's, our most expensive disease. One would think the medical community would sit up and take notice of this.

The observations of cancer researcher and Lyme disease survivor, Dr. Neil Spector are significant in this age of molecular genomics when he compares Lyme to cancer and points out how complex this disease, which we now find is usually a mixed infection and that it is just wrong to think of Lyme as one disease.

Establishment medicine is so entrenched and the medical community is so divided on this issue that the best minds as well as controlled studies must be brought into this. Clinical and empirical evidence along with anecdotal experience must be allowed to form part of the discussion. At one time the medical elite knew what caused ulcers and stomach cancer – but they were wrong. Barry Marshall swallowed some *Helicobacter pylori* to prove the cause was an infectious agent.

**ROB MURRAY**  
*Lunenburg*

### TO THE EDITOR

## A senseless act

A senseless act of vandalism occurred on Shipyard Hill overlooking Lunenburg harbour on late Friday night or early Saturday morning, March 3-4. Two park benches were pushed by someone over the cliff and destroyed.

The park benches were heavy, concrete-ended, wooden benches purchased by donors for the town through the Lunenburg Rotary Club and dedicated to loved ones for use by residents and visitors.

One of the benches noted on placards attached was in mem-

ory of "Al and Daisy Laing for All Veterans of World Wars." The second was for "Beloved brothers, Al and Bill."

It is sad to no longer have peaceful resting places for Lunenburgers and visitors to rest their feet and appreciate the view from the hill overlooking the harbour. It is also heartbreaking to a daughter and sister of departed loved ones to have their memories trashed in such a heartless way.

**FAYE AND DAVID YOUNG**  
*Lunenburg, N.S.*

### LETTERS POLICY

LighthouseNOW welcomes Letters to the Editor. The opinions of members of the community are an important aspect of our publications.

However, we are legally responsible for all material printed in our papers and must insist that contributors follow certain guidelines.

Letters must be signed with the writer's name, address, telephone number and e-mail address, if applicable, should verification be necessary. We will publish the writer's name and home community. Anonymous letters are not accepted.

Please keep your letter to 500 words or less.

Editorial staff reserve the right to edit letters for grammar, punctuation, spelling, length, taste, libel and non-verifiable information. Please type or write legibly. We do not guarantee that letters will be published.

**To submit a letter to the editor:**

E-mail to [letters@lighthouseNOW.ca](mailto:letters@lighthouseNOW.ca) | Fax to 1-902-543-2228  
Drop it off at one of our offices | Or send it by regular mail.

### LIGHTHOUSENOW PROGRESS BULLETIN

353 York Street  
Bridgewater, NS B4V 3K2  
902-543-2457 • Fax 902-543-2228

A Division of **advocate media inc.**  
902-455-2870

The NEW LighthouseNOW Progress Bulletin was established in November 2014 and now replaces The Lunenburg County Progress Bulletin (2011), Bridgewater Bulletin (est. 1887) and Lunenburg Progress Enterprise (est. 1876). LighthouseNOW Progress Bulletin is a Nova Scotia owned independent newspaper published every Wednesday by LighthouseNOW.



#### Publisher

- Fred Fiander

#### Managing Editor

- Ken Partridge

#### Editor

- Charles Mandel

#### Journalists

- Keith Corcoran

- Gayle Wilson

- Karen Janigan

#### Print Director

- Ronald Demone

#### Marketing Manager

- David Wood

#### Marketing Advisors

- Evan Hildebrand

- Doreen Stuart

#### COPYRIGHT

No part of this publication may be reproduced, stored in a retrieval system or transmitted, in any form or by any means, without the prior written consent of the publisher or a licence from The Canadian Copyright Licensing Agency (Access Copyright). For an Access Copyright licence, visit [www.accesscopyright.ca](http://www.accesscopyright.ca) or call toll free to 1-800-893-5777.

OUR ARCHIVES: This newspaper is archived both in hard-copy and electronically and exists as a matter of public record. LighthouseNOW does not rewrite or "un-publish" previously published news. We have no control over independent search engines.

#### EDITORIAL POLICY:

The publication or rejection of articles or advertisements is entirely at the discretion of the editors. Letters to the editor must be in good taste, they must be brief and must bear the signature, address and telephone number of the writer. All letters are subject to editing and publication is at the discretion of the editors. No responsibility is assumed by this paper for the opinions expressed in letters or by correspondents. Publisher's Liability for Error: The publisher shall not be liable for slight changes or typographical errors that do not lessen the value of an advertisement. The publisher's liability for other errors or omissions in connection with an advertisement is strictly limited to publication of the advertisement in any subsequent issue or the refund of any monies paid for the advertisement. Indemnification: The advertiser and/or advertising agency agrees to defend and indemnify the publisher against any and all liability, loss or expenses arising from claims of libel, unfair competition, unfair trade practices, infringement of trademarks, copyrights, trade names, patents or proprietary rights or violation of rights of privacy resulting from the publication of the advertiser's advertisement.

ISSN# 1025-6086

A DIVISION OF ADVOCATE MEDIA INC.  
**LIGHTHOUSENOW**.CA



**It's easy to subscribe by phone, fax, mail or e-mail**

p: 902-543-2457 • f: 902-543-2228  
353 York St., Bridgewater, NS B4V 3K2  
[hello@lighthouseNOW.ca](mailto:hello@lighthouseNOW.ca)

**PRINT & DIGITAL**  
Seniors \$67.51

ONLY **\$75!**

**DIGITAL ONLY**

ONLY **\$60!**

[www.lighthouseNOW.ca](http://www.lighthouseNOW.ca)

LOCAL

# Internet parenting 101

By GAYLE WILSON

gayle.wilson@lighthouseNOW.ca  
@wilsonLHNOWnews

For people grappling with the complexities of parenting in the digital age, help is at hand.

Be The Peace Institute and a number of organizations have banded together to host the first in a series of public consultations under the banner, *Our Kids on Technology — Raising Youth in the Digital Age*.

The first event, which is free, kicks off March 28 with a light supper followed by a number of authoritative talks, group discussions, and the opportunity for questions and answers at Park View Education Centre in Bridgewater.

While acknowledging many parents are concerned about the dangers and negative influences of the internet, the executive director of Be The Peace Institute, Sue Bookchin, told *LighthouseNOW* it's important too for parents to understand the internet is "not a monster."

"It's not just a helpful tool, it's an essential tool. Our kids cannot get along in the world if they don't know how to use technology. They can't even apply for a job without having a computer."

"So we really need to be having these conversations about that it obviously is an essential tool and how can we, as parents, help our kids become good digital citizens."

The keynote speaker at the event is Nancy Smith, a mother, University of Calgary professor, and author of the new book *Social Citizens — A Positive Approach to Social Media and Parenting in a Digital World*.

Liz McCurdy, the youth engagement specialist for

Sexual Assault Services Lunenburg Queens, will also be speaking, as will Brian Braganza, a facilitator and consultant for Community Youth Development.

Be the Peace Institute is a community-based, non-profit organization that aims to promote gender equity, healthy relationships and safe, peaceful communities and systems in Nova Scotia.

For the March 28 event, the organization has collaborated with the South Shore Regional School Board, Second Story Women's Centre, Sexual Health Centre Lunenburg County, Nova Scotia Sexual Violence Strategy, the Town of Bridgewater and the Infinitus Academy.

The initiative actually started with a pink snowsuit at Bridgewater's Guy's Frenchys second-hand clothing store, where a local mother happened upon the clothing item while she was looking for winter wear for her son.

While the quality and fit were ideal for her boy, she instantly decided to purchase it for a friend who has a daughter, since it was pink.

The realization of the gender stereotyping that came to play snowballed into a Be The Peace Institute program called the Pink Snowsuit Project, under the leadership of coordinator Alison Smith.

The project brought together parents and grandparents to talk about ingrained gender stereotypes.

"How we can be aware of them in our parenting and how we can help our kids be more aware. And in the process help them to grow up with fewer constraints around who they can be," explains Smith, who created a list of resources on the issue for parents.

According to Smith, during the discussions, "parenting in the digital age always comes up."

"When something like when the Dropbox Six case comes up, there's a lot of fear around what our kids are doing online. What they're accessing as far as content, how they're relating to other kids. Are they actually having healthy relationships online?"

The Dropbox Six was a name given to a group of Bridgewater male students charged with sharing intimate photographs of female students online.

"We feel like we should be more in control over what our kids are doing," Smith says of parents.

In the course of her research she learned about Nancy Smith's new book and read articles about her online.

"I just really appreciated the approach that she was taking in these issues. Or at least to the issue of parenting in a digital age."

She welcomed her more practical, less fear-based approach, and helped get the ball rolling on the Park View event.

"We know that the internet is a great tool. We know that there are many benefits to be derived from being connected online. But how do we help our kids do that in a way that promotes healthy relationships and good decision-making?"

The discussions on March 28 are meant to shed light on that for parents.

While the event is free and offers a child care service, for planning purposes participants are asked to RSVP by March 20 by e-mailing [stacey@bethepeace.ca](mailto:stacey@bethepeace.ca) or calling 902-529-2920.

The organizers are intending for dinner to start promptly at 5:30 p.m., with the discussions to begin at 6:00 p.m.

# Gala dinner serves up business excellence award winners

By GAYLE WILSON

gayle.wilson@lighthouseNOW.ca  
@wilsonLHNOWnews

It was another night of the best of the best as a sold out crowd of more than 200 people poured into the Best Western Plus Bridgewater Hotel and Convention Centre for the annual Lunenburg Queens Business Excellence Awards gala March 5.

*LighthouseNOW* was the print sponsor of the awards.

Municipal government officials, bankers and business people mingled before they settled in to a sit-down dinner prior to the awards presentations.

David Nurse, co-lead on the immigration team at the legal firm McInnes Cooper, was the keynote speaker, and quipped that he was instructed to keep his talk down to the time it takes for the guests to eat their dessert.

Nurse advised the crowd that immigration alone won't solve Nova Scotia's economic challenges.

"In my view, we should look at immigration as one tool and only one tool to help move Nova Scotia forward," he said.

He also advised the business people in the crowd that if they're considering bringing in employees from outside of

Canada with the thought of integrating new people into the community and supporting multiculturalism, they would be wise to look to their own situations first, rather than "the big picture."

"I would say focus on the work you're doing," said Nurse.

Nurse agreed there are many positives surrounding immigration, but he cautioned business people that there are a lot of "sharks" operating in the immigration industry and employers face a lot of responsibility toward foreign employees.

With dessert and Nurse's speech over, the awards committee's Shawn Allen, emcee for the evening, got the ball rolling on the awards presentations.

The audience was fed details on each of the finalists in short video productions prepared by local videographer Dante Damiani.

As per usual there were six categories, with three finalists in each one, barring the Export Achievement category, in which, in the end, there were only two finalists willing to take a crack at the honour.

And the winners are:

**New Business** (sponsored by Clearwater) — Get The Scoop ice cream shop in Mahone Bay.

**Small Business** (sponsored by BDC)

— Stan's Dad & Lad clothing store in Lunenburg

**Large Business** (sponsored by CIBC)

— Gow's Home Hardware in Bridgewater

**Hospitality** (sponsored by South Shore Opportunities-CBDC)

— The Blarney Stone restaurant in Hebb's Cross

**Innovation** (sponsored by Clearwater)

— Jaspro facility management and property maintenance in Brooklyn

**Export Achievement** (sponsored by Nova Scotia Business Inc.)

— J&M Reeves Christmas Greens Ltd. in New Ross

*LighthouseNOW* extends a congratulations to the finalists, and the runners up.

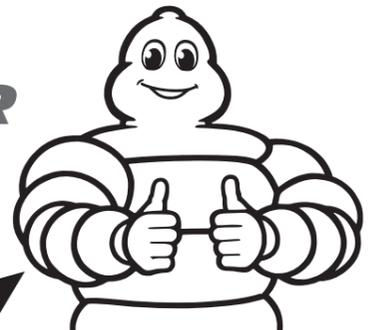


GAYLE WILSON PHOTO  
Bridgewater's Gow's Home Hardware won the Large Business award. Shown here, left to right, are Kevin Dolliver, Linwood Rice, Richard Cockayne, Amanda Fancy, Randy Eisnor, Jake Himmelman and Sheri Varner.

## SUMMER EMPLOYMENT

### MICHELIN BRIDGEWATER NS

# WE ARE LOOKING FOR SUMMER STUDENTS!



We are now accepting applications for students who will be enrolled in full-time post secondary education in September 2018. Applicants do not need to be a relatives of current or retired employees.

Applicants must be available to start work no later than May 1, 2018 and must be available until September 1, 2018. Pay for first-year students will be \$14.00 per hour. Returning students will be paid \$15.00 per hour.

All positions are 12 hour rotating shiftwork.

Applications are available at the Gatehouse in Bridgewater NS, or by contacting MaryAnn Oldham at [maryann.faulkner@michelin.com](mailto:maryann.faulkner@michelin.com).

Please specify Student applications.

Michelin values diversity in its workplace and encourages applications from women, visible minorities, persons with disabilities and Aboriginal persons.



**Permashine**  
189 North Street  
Bridgewater, NS  
B4V 2V7  
902-541-1009

## PERMASHINE SPECIAL

**Executive Clean \$5.00 off\***

- Includes: Wash, chamois, vacuum • (pet hair or sand- may cost extra)
- Interior wipe, clean glass, shine the tires •
- Cars Regular \$59.95 + tx •
- SUV's & Trucks Regular \$69.95+ tx •

\*Valid March 1st - 29th



# Get your refund instantly.

Get in, get out and get paid at any of the 7 locations near you.

At participating offices. Instant Refund™ valid only on the federal portion of tax returns filed in Quebec. Some restrictions apply. Not everyone gets a refund. Not everyone is eligible for Instant Refund™.



HRBLOCK CA

145315

## LOCAL

### MODL begins spending talks

By **GAYLE WILSON**  
 gayle.wilson@lighthouseNOW.ca  
 @wilsonLHNOWnews

It's budget season and the Municipality of the District of Lunenburg (MODL) has begun its discussions on spending for the next year.

The audit and finance committee met on March 6 to begin dissecting the proposed 2018-2019 capital budget of \$13,653,100.

There's one area the mayor, Carolyn Bolivar-Getson, has taken issue with.

Commenting on the amount allocated toward economic development compared to other departments, the mayor said, "I think that it definitely will warrant further discussion."

Meanwhile, on paper anyway, the municipality's finance department is preparing to spend more than \$7 million on a new administration building.

In presentation of the draft budget, MODL's finance director, Elana Wentzell, included a graph with a breakdown by department.

Economic development services accounted for just three per cent or \$438,000 of the proposed expenditures.

The recreation services department would account for more than double

that, at seven per cent or \$934,000.

General government services would take up more than half of the budget at \$7,253,000 or 53 per cent.

In his remarks opening the spending discussion, the chief administrative officer, Kevin Malloy, emphasized the budget was not yet written in stone and invited the committee members to make their feelings about the allocations known.

"Is that balance something you think is right for our municipality?"

Councillor Claudette Garland, who chairs the audit and finance committee, also was quick to comment on the disparity between economic development and recreation.

"There seems to be a lot of discussion here on many times about economic development. And we have almost a million dollars in recreation and not quite a half a million in economic development. I think that's something that needs to be addressed, looked at."

Bolivar-Getson noted the municipality's land at Osprey Village could be attracting businesses.

"But we have to step up to the plate and put infrastructure in place in order to make sure that we have properties that are ready for



FILE PHOTO

Pending a decision from the council, MODL's finance department has pencilled in the cost of replacing the municipality's administration building into its 2018-2019 capital budget. If the \$7.2 million project were to go ahead, it would take up more than 50 per cent of the capital budget for the coming year.

development," she said.

Road infrastructure and water services are needed there, noted the mayor.

"Those are things I think we need to have a serious conversation over as a municipality to see where we want to be if we want to be in that business."

After general government services, the next largest area of expenditure would be environmental health services, which the LaHave River straight pipe replacement program costs and waste water treatment plants fall under. That department would account for 28 per cent or \$3,814,100.

Transportation, which is mostly roads, would run to \$1,025,000 or eight per cent.

Planning and development services would account for the least amount — \$189,000 or one per cent.

In her presentation, Wentzell noted that the budget did not call for any capital borrowing, with the money to cover expenses coming from various reserves and provincial grants and other contributions such as the Lunenburg Community Fund and sale proceeds.

Wentzell explained that regardless whether council decides to refit or replace the existing administration building, it would be set up so capital and operating reserves will fund it.

"And there is some monies in there for the sale of the old building if we did do a new build," she added.

# Leave Your Card

The Good Neighbour Energy Fund is available for Nova Scotia families who are in an emergency heating situation. Applications are available online at [www.salvationarmy.ca/maritime/gnef](http://www.salvationarmy.ca/maritime/gnef) and your local MLA's office.

**Suzanne Lohnes-Croft**  
 MLA, Lunenburg

PO Box 136, 125A Cornwall Rd.  
 Blockhouse, NS B0J 1E0

902-531-3095  
[lunenburgmla@eastlink.ca](mailto:lunenburgmla@eastlink.ca)

**Doreen Stuart** MARKETING ADVISOR

A DIVISION OF ADVOCATE MEDIA INC.

**LIGHTHOUSENOW**  
 shining a light on the progress of our south shore

PROGRESS BULLETIN | LOG

[doreen.stuart@lighthouseNOW.ca](mailto:doreen.stuart@lighthouseNOW.ca)  
 P 902 543 2457 ext 316 F 902 543 2228  
 353 York Street, Bridgewater, NS B4V 3K2

[www.lighthouseNOW.ca](http://www.lighthouseNOW.ca)

**Featherby PRO TAX SERVICES**

For a full range of year round personal and small business income tax services.

- ~ Late filings
- ~ Adjustments & reviews

**902-521-7791**  
[dfeatherby@ns.sympatico.ca](mailto:dfeatherby@ns.sympatico.ca)

Debra Featherby

**BRIDGEWATER OFFICE OPEN ALL YEAR**

**AC Belliveau Veinotte Inc.**  
 CHARTERED PROFESSIONAL ACCOUNTANTS

Bridgewater 902.543.4278	Liverpool 902.356.4278	Chester 902.273.3080
-----------------------------	---------------------------	-------------------------

OTHER LOCATIONS:  
 Halifax, Shelburne, Barrington Passage

[bridgewater@bvca.ca](mailto:bridgewater@bvca.ca) [www.bvca.ca](http://www.bvca.ca)

**DAVID BOND**  
 BARRISTER AND SOLICITOR

Employment Law Family Law  
 Wills and Estates Personal Injury  
 General Litigation

**902-858-3066** [www.davidbondlaw.com](http://www.davidbondlaw.com)

**HEAD OF ST. MARGARET'S BAY**

Thinking of Buying or Selling your home?

Negotiable Commission Rate  
 Quality Service for Less  
 Why Pay More?

**FLAT RATE REALTY**  
 CANADA

**902-521-1155**  
[www.billyreid.ca](http://www.billyreid.ca)

**BILLY REID**

**EVAN HILDEBRAND** marketing advisor

A DIVISION OF ADVOCATE MEDIA INC.

**LIGHTHOUSENOW**  
 shining a light on the progress of our south shore

PROGRESS BULLETIN | LOG

[evan.hildebrand@lighthouseNOW.ca](mailto:evan.hildebrand@lighthouseNOW.ca)  
 P 902 543 2457 ext 325 F 902 543 2228  
 353 York Street, Bridgewater, NS B4V 3K2

[www.lighthouseNOW.ca](http://www.lighthouseNOW.ca)

**JORDAN PAINTERS**

Interior & Exterior Painting

- Pressure washing • Drywall repairs
- Free estimates • Seniors' discount

cell: 521-0440 • ph.: 902-875-3327

30 years experience.  
 Fully certified and insured.

LOCAL

# Arrest, not coffee, for man who drove into Chester Tim Hortons

By CHARLES MANDEL  
charles.mandel@lighthouse.ca

Instead of rolling up the rim a pickup truck rolled into the Tim Hortons in Chester.

A 23-year-old man from Simms Settlement faces multiple charges after driving a pickup truck into a wall at a Tim Hortons in Chester.

On March 8 at approximately 9:30 a.m., Chester RCMP received a call that a truck had crashed into a wall at a Tim Hortons restaurant. The wall sustained significant damage but no one was injured, RCMP said.

The impact of the crash pushed in the bricks of the restaurant's wall, and some around the window fell out. The window and its frame were shoved into the interior of the building.

Sgt. David Ferguson, RCMP Chester detachment, said the cost of the damage from the incident isn't known at this time. He noted there was no indication that the driver was impaired by either alcohol or drugs.

Before the accident, a post on the Lunenburg Com-

munity Bulletin Board on Facebook filled up with reports of a pickup truck wildly driving through the Chester area, with garbage spilling out of its truck bed.

Ferguson confirmed the pickup truck's box was full of garbage.

The driver fled the scene in a dangerous manner at a high speed.

Amber Allan, a South Shore resident and fitness instructor, said the truck cut her off to pull into the Tims. She didn't witness it hit the restaurant, but told *LighthouseNOW* that less than a minute later the truck caught up to her on the Number 3 highway and passed her.

"After he passed he swerved almost into the ditch twice," Allan said, "and then pulled into the East Chester Recreation Centre."

Allan said she saw the truck pull a 360 in the centre's parking lot and head up the Chester Commons Road. Garbage was spilling out of the back of the truck.

An investigation led to a second vehicle being stopped a short time later in East Chester and three men being arrested. The driver of the first vehicle was

found in the second vehicle with two other occupants. The pickup truck was located in a wooded area by the RCMP Police Dog Service a short distance from the location of the arrests.

The driver of the truck faces multiple charges including mischief damage to property, dangerous operation of a motor vehicle, driving while disqualified, operating a motor vehicle without insurance, operating a motor vehicle without registration, and failing to remain at the scene of an accident.

The driver of the truck was released and is scheduled to appear in Bridgewater Provincial Court on April 25 at 9:30 a.m. The two other men arrested were released without charges.

Lunenburg District RCMP is asking anyone who may have witnessed this incident or anyone with information related to this incident to contact Chester RCMP at 902-275-3583. Should you wish to remain anonymous, call Nova Scotia Crime Stoppers at 1-800-222-TIPS (8477) or submit by secure online tips at www.crimestoppers.ns.ca.

The investigation is ongoing.

# Trio arraigned on drug offences linked to Green Way Wellness Centre raid

By KEITH CORCORAN  
keith.corcoran@lighthouse.ca  
@NewsmanKeith

Police had eyes on the comings-and-goings at the Green Way Wellness Centre in Bridgewater for months and cited information from the town's planning department and details of search warrants executed in October 2017 at similar medical marijuana dispensaries in Kentville and Dartmouth as the rationale for wanting to search the operation on the Main Street of the South Shore.

A justice of the peace signed the 11-page Information to Obtain (ITO) document December 20, 2017. Police executed the search warrant on the same date, probing Green Way's High Street commercial building and documented more than 100 items seized during the examination.

In addition to taking custody of marijuana derivatives such as shatter and hash, law enforcement seized notebooks, a receipt book and sales record ledger, client files, a laptop computer and cell phones. Police documented finding 37 grams of "marijuana joints in spice racks," 150 mg of THC-infused dog treats, rolling papers, pipes and hundreds of grams of marijuana, among other items, such as THC-infused rice crispy squares, chocolate and gummy candy.

Two Lunenburg County residents and one Halifax County man were arraigned on drug charges in Bridgewater provincial court recently in connection with the Green Way search. Their cases are proceeding through the legal system.

Richard Joseph John Todd, 45, of Lawrencetown, Wendy Lee Tanya Hubley, 34, of Wileville and Geoffrey James MacDonald, 42, of Hebbleville are each charged with trafficking cannabis marijuana, cannabis resin, cannabidiol and tetrahydrocannabinol between December 8 and 20 of last year and possessing the same substances on December 20 for the purpose of trafficking.

In January, Green Way was fined \$4,100 under the Municipal Government Act (MGA) for unlawfully allowing a commercial use at its former 535 King Street, Bridgewater location without obtaining a development

permit from the town. Todd, the recognized agent of the Green Way business, was also charged with the same offence under the MGA, but the allegation against him was dismissed following the Green Way guilty plea.

A late night fire in October destroyed a pair of buildings, including 535 King Street. Green Way subsequently moved to High Street.

Search warrant records related to the drug charges show plain clothes police officers were watching the Bridgewater Green Way business on at least three occasions in the months leading up to the raid. They documented how many people came and left the business during specific time frames.

"As the 2018 date for the promised legalization of cannabis by the federal government approaches, we are seeing entrepreneurs opening cannabis dispensaries in Nova Scotia and other parts of Canada," writes Cst. Derek Childs, a Bridgewater Police Service officer and member of the South Shore Integrated Street Crime Enforcement Unit, in the ITO document.

"The sole purpose of these cannabis dispensaries is

to sell cannabis products to 'medical patients. These medical cannabis dispensaries are not legal and not authorized by Health Canada."

A day after the police search, *LighthouseNOW* received an email from a "Geoff MacDonald" who identified himself as a dispensary volunteer. He indicated Green Way was a strict operation that required medical documentation from prospective clients.

"I took a risk to help others, who, like myself, are authorized to possess cannabis and now face charges," he wrote. "You should report on those who have made miraculous improvements to mobility, health and quality of life from this medicine.

"It made me feel great to help others benefit from my experience and help break their dependence on opiates ... and for my effort to help ... I am being turned into a criminal."



**CAREGIVERS OF SENIORS WITH DEMENTIA**

**DEMENTIA: UNDERSTANDING THE JOURNEY COURSE**

HARBOUR VIEW HAVEN  
LUNENBURG, NS

9 SESSIONS  
COMMENCING- April 6th, 2018  
ONE AFTERNOON A WEEK -12:30-4:30PM  
SEATS ARE LIMITED

**PLEASE CONTACT Carrie Frazier**  
T (902)514-6000  
E: cfrazier@hvh.ca



**MUNICIPALITY OF THE DISTRICT OF LUNENBURG**

**TENDERS**

Sealed tenders will be received by the undersigned up to 2:00 p.m., local time, March 29th, 2018 for the following:

**2018-05-001**  
On-site Sewage Disposal System Installations for LaHave River Properties- Group 2

**2018-05-002**  
On-site Sewage Disposal System Installations for LaHave River Properties- Group 3

All tenders must be submitted in a sealed envelope clearly marked with the tender name and number. Specifications and/or particulars may be obtained from the undersigned.

The Municipality of the District of Lunenburg reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any tenders which it may consider to be in its best interest. The Municipality also reserves the right to waive formality, informality or technicality in any tender.

Maria Butts  
Project Coordinator  
Municipality of the District of Lunenburg  
210 Aberdeen Rd.  
Bridgewater, N.S. B4V 4G8  
Tel: (902) 541-5300  
Maria.butts@mod.ca



**MUNICIPALITY OF THE DISTRICT OF LUNENBURG**

**PLANNING ADVISORY COMMITTEE**

**Public Meeting Notice:**  
**Thursday March 22nd, 2018 at 7:00 pm**

A meeting of the Municipality's Planning Advisory Committee (PAC) is scheduled for Thursday March 22nd, 2018, starting at 7:00 pm in Municipal Council Chambers, at 210 Aberdeen Road, Bridgewater. The purpose of this meeting is to discuss the following matters:

1) **Subdivision By-law Review:** Draft Subdivision By-law  
2) Any Other Planning Matters.

All Planning Advisory Committee meetings are open to the public and the public are encouraged to attend. For further information, please contact Jeff Merrill, Director of Planning & Development Services at 541-1340.

**UP TO 60% MATTRESS OFF SETS**

SIMMONS • SOMMEX • SPRINGWALL • MACGREGOR

**39" Mattress starting at \$99.95** | **54" Mattress starting at \$149.95**

All Canadian Made **SOFA SETS** 20 - 40% off | **BED FRAMES** from \$50.00 | **RECLINERS** Starting at \$499.00

**ABE'S FURNITURE**

**Mahone Bay 902-624-8512**  
Mon. to Thurs. 9-5 Fri. 9-9 Sat. 9-4

FREE LOCAL DELIVERY | TRADES WELCOME



Did you suffer winter damage? or are you looking to do home renovations... Give us a call!

renovations • additions • roofing  
siding • interior • exterior

**RESIDENTIAL & COMMERCIAL**

Wade and Patricia Joudrey  
Phone 902-543-8288 • Cell 902-529-2501  
pjwj@eastlink.ca

FREE ESTIMATES!

**TIDE • TABLE**

**Wednesday, Mar. 14 to Wednesday, Mar. 21**

Wednesday, March 14		Thursday, March 15	
low	2.1 ft.	1:06 am	low 1.9 ft.
high	5.4 ft.	7:07 am	high 5.6 ft.
low	1.5 ft.	1:32 pm	low 1.3 ft.
high	5.3 ft.	7:41 pm	high 5.6 ft.
Friday, March 16		Saturday, March 17	
low	1.6 ft.	2:28 am	low 1.4 ft.
high	5.7 ft.	8:27 am	high 5.8 ft.
low	1.1 ft.	2:45 pm	low 1.0 ft.
high	5.8 ft.	8:53 pm	high 6.0 ft.
Sunday, March 18		Monday, March 19	
low	1.3 ft.	3:43 am	low 1.2 ft.
high	5.9 ft.	9:41 am	high 5.8 ft.
low	1.0 ft.	3:54 pm	low 1.0 ft.
high	6.1 ft.	10:03 pm	high 6.2 ft.
Tuesday, March 20		Wednesday, March 21	
low	1.2 ft.	5:02 am	low 1.3 ft.
high	5.8 ft.	10:57 am	high 5.6 ft.
low	1.2 ft.	5:08 pm	low 1.4 ft.
high	6.2 ft.	11:17 pm	high 6.1 ft.

Level of accuracy may be affected by weather patterns and circumstances.

LOCAL

# Three years probation for ex-Queens County man in infant assault case

By KEITH CORCORAN  
keith.corcoran@lighthouseNOW.ca  
@NewsmanKeith

A former Queens County man was recently sentenced to serve three years of probation for inflicting injuries on his two infant children in 2014.

Brandon James Thorburne, 24, formerly of Liverpool, pleaded guilty back in October 2016 to two counts of criminal negligence causing bodily harm and one count of aggravated assault, but the court case only concluded with sentencing in late February following numerous adjournments over the years, including to allow time for reports to be finished or the filing of documents.

Thorburne, who has since re-located to Hants County, will be subject to a 10-year firearms prohibition and had to submit a DNA sample to the national databank as part of this sentence. He also must complete 240 hours of community service work within the first 18 months of the probation order.

Two allegations of failing to provide the necessities of life to two infants were set over to November when they're expected to be dismissed.

Charges against Thorburne date back to October

2014 when two baby boys - less than a year in age - were reported to have sustained injuries considered by authorities to be serious in nature.

Court records indicate one of the boys was taken to hospital because he was vomiting and had a large bump on the side of his head. The child was later transferred to the IWK Health Centre in Halifax.

The other boy was found to have stomach bruising and was also taken to the IWK after the Department of Community Services requested a well-being check on the child.

It was determined both babies had multiple broken bones, including to the head area. There were admissions to handling one boy in a rough manner, Crown prosecutor Mark Heerema documented in a submission to the court, including a mention of an occasion when the boy struck his head while being removed from a car seat. There was also "grabbing and squeezing" of the other child's arms on multiple occasions. There were admissions to holding and squeezing the babies too tightly.

"While Mr. Thorburne is undoubtedly responsible for some of the injuries, his admissions of guilt do not necessarily capture or cover the entirety of the injuries," Heerema submitted. "Mr. Thorburne can only to

be sentenced for the injuries which can flow from the conduct that he describes in his statements."

The mother of the children, Jessica Dawn Roy, now 21, faced identical allegations as Thorburne but her case was put through the adult diversion program for her role in the conduct which led to the injuries of her children "on the basis that she failed to advise the authorities/medical professionals of the dynamics of the household which led to the injuries inflicted upon the children," Heerema wrote.

A pre-sentence report specific for offenders with an aboriginal background prepared to consider judicial penalty for Thorburne showed he experienced severe physical and emotional abuse as a child, described by one official as "the worst case of child abuse I have ever seen."

Thorburne's defence lawyer Pavel Boubnov argued factors outlined in the pre-sentence document - the Gladue Report - should be taken into consideration at sentencing. The 21-page report recommended against incarceration, citing it would undo the personal strides Thorburne has made since the incident.

Justice Richard Coughlan decided a suspended sentence with probation was appropriate, partly because the court can monitor Thorburne's progress.

# Conditional sentence for New Germany liquor store break-in

By KEITH CORCORAN  
keith.corcoran@lighthouseNOW.ca  
@NewsmanKeith

A New Germany man was handed a nine-month conditional sentence for breaking into his home community's liquor store last September in addition to other crimes.

Christopher David Russell will spend the duration

of the order on house arrest with some exceptions and conditions. He's also on probation for 18 months and had to submit a DNA sample to the national databank.

In a statement released at the time, Lunenburg district RCMP said a window was smashed with a rock and a suspect entered the store and left with several bottles of alcohol. Police arrested Russell around 7 p.m. September 28 and recovered the stolen alcohol.

Russell pleaded guilty in December to three charges.

The 31-year-old accepted responsibility for breaking and entering and committing the indictable offence of theft, breaching an undertaking by consuming alcohol or other intoxicating substances, and committing property mischief by urinating on the Cookville RCMP detachment's cellblock floor.

He must also pay nearly \$2,000 in total restitution to cover cost of damages to the cellblock and liquor store.

# RELIGION DIRECTORY

## Services for March 18, 2018

**St. Paul's Evangelical Lutheran Church**  
25 Phoenix Street, Bridgewater, 543-4106  
stpaulsbwr@eastlink.ca

**SUNDAY, MARCH 18, 2018**  
9:00 am Celebration & Praise (HC)  
9:00 am Sunday School  
11:00 am Worship  
3:00 pm Ryan Hall

**MONDAY, MARCH 19, 2018**  
7:00 pm Book Study

**WEDNESDAY, MARCH 14, 2018**  
10:30 am Bible Study  
1:00 pm Choir  
5:30 pm Community Café

**Thursday March 15, 2018 6:30 pm** Council

Pastor Paul Jensen — Organist: David G. Zwicker

**ST. JOHN'S ANGLICAN CHURCH**  
LUNENBURG  
HERITAGE, FAITH, VISION SINCE 1753

**Sunday, March 18: 5<sup>th</sup> in Lent**  
Holy Eucharist 8:30 am  
Holy Eucharist 10:30 am  
Sunday School Classes 10:30 am Parish Hall

Holy Eucharist every Wednesday at 10:00 am  
Music & Meditation Wednesdays at Noon during Lent  
Interchurch Lenten Prayer Café at Zion Lutheran 11:00 am Wednesdays

Reverend Alvin Westgate, Priest in Charge; Parish Office 634-4994 / www.stjohnslunenburg.org

**Bridgewater United Church**

**FRIDAY MARCH 16, 2018**  
6:30 pm BUC Youth Group  
Grades 6 to 12 - All Are Welcome

**SUNDAY, MARCH 18, 2018**  
**5TH IN LENT**  
9:00 am Senior Choir Practice  
10:00 am Coffee, Tea and Conversation  
10:30 am Worship and Sunday School  
11:30 am Worship Committee

Rev. Jeff Chant; Minister Angela Clifton; Congregational Designated Minister  
Organist & Choir Director: Wendy Fraser  
Office open weekdays, 9:30 am to 1:00 pm | 87 Hillcrest Street, Bridgewater, NS  
902-543-4833 | buc@tallships.ca | www.bridgewaterunited.ca

March 18, Fifth Sunday in Lent at:

**Central United Church**  
Cumberland St., Lunenburg  
10:30am Service and  
Sunday School

God, help us to value each moment of wonder  
when peace shall o'er shadow our sorrow and pain.  
In times shared at table with all who are kindred  
may we find the healing to sing love's refrain

**ANGLICAN PARISHES OF PETITE RIVIERE & NEW DUBLIN**

E-mail: oro@eastlink.ca Phone: (902) 634-8589 www.prnd.ca

**SUNDAY, MARCH 18TH**  
Fifth Sunday in Lent  
Rev. Gordon Druggett

9:00 a.m. St. Johns West Dublin  
Holy Communion

11:00 a.m. St. Marys Crousetown  
Holy Communion

All services according to the Book of Common Prayer  
"O worship the Lord in the beauty of holiness"

**Zion Evangelical Lutheran Church**  
Pastor Rick Pryce  
Corner of Cornwallis and Fox Street, Lunenburg

**WEDNESDAY, MARCH 14**  
11:00 a.m. Lenten Cafe  
7:00 p.m. Lenten Service at Grace

**SUNDAY, MARCH 18**  
9:45 a.m. Sunday School  
11:00 a.m. Holy Communion

~ WE WELCOME YOU ~  
WHEELCHAIR ACCESSIBLE  
Canada's Oldest Lutheran Congregation -  
Celebrating 241 Years!

**St. Andrew's Presbyterian Church**  
Old Town Lunenburg

The Rev. Dr. P. A. McDonald Interim Moderator  
Minister - The Rev. (M.) Suk - Ho Lee  
David Findlay - Organist and Choir Director

**Sunday - March 18, 2018**  
10:00 am Coffee and Conversation as we gather  
11:00 am Morning Worship  
Our Sunday School meets at the same time  
Visitors are welcome

**ST. JOHN'S EVANGELICAL LUTHERAN CHURCH**  
Pastor Adam Snook

Worship Service  
Sunday 11 am

89 Edgewater Street, Mahone Bay, NS - 902-624-9660  
www.stjohnsmahonebay.ca

"There is a place for You at St. John's"

If you would like to see your church in this directory Please contact;

**Doreen Stuart**  
MARKETING CONSULTANT  
P 902 543 2457 ext 316  
doreen.stuart@lighthouseNOW.ca



LOCAL

# Retired school administrator, teacher acquitted of indecent assault

By **KEITH CORCORAN**  
keith.corcoran@lighthouseNOW.ca  
@NewsmanKeith

A provincial court judge in Bridgewater acquitted a former New Jersey-based school administrator of

indecent assault on a boy in the Annapolis Valley in the 1970s.

In a 21-page written decision, Judge Tim Landry said, in part, that he accepted the trial evidence of Brian David Fogelson, and that it raised reasonable doubt. Fogelson, 64, was described in the decision as

being a strong witness who offered greatly detailed testimony.

The two-day trial took place in late 2017. Landry rendered his decision March 9.

"I did not categorize the detail provided to the court as someone simply making things up or remembering specifics from a script but rather I concluded that the detailed evidence being provided by Mr. Fogelson was that of an individual who has sat down and had given careful thoughts to what took place many years ago."

During trial, Fogelson denied taking the boy to another man's house, giving him alcohol, sleeping in the same bed with him and the allegations before the court.

Landry commented that the complainant in the case was also a strong witness.

"However, this is not a contest of witnesses. It is not a situation where the court is simply indicating that it believes one witness over the evidence of another."

It was alleged Fogelson committed the offences between January 1975 and December 1977 in the village of Kingston. An allegation of gross indecency in relation to the case was dismissed during earlier proceedings after the Crown told court it wasn't seeking a conviction on that charge.

The acquittal concludes legal troubles hanging over the retired music teacher since 2015.

The police investigation that focused on Fogelson also had links to another man, who's already served prison time for indecently assaulting a teenage boy in the 1970s during a time when that offender worked as a music teacher in the Annapolis Valley.

"I concluded that the detailed evidence being provided by Mr. Fogelson was that of an individual who has sat down and had given careful thoughts to what took place many years ago."

**Tim Landry**  
Provincial court judge

Fogelson and that individual were Princeton, NJ choir college grads and Fogelson was known to visit him at least twice a year.

Lunenburg district RCMP received information in 2012 about allegations of sex offences dating back to the 1970s. Charges were laid three years ago.

Fogelson, a resident of Venice, FL, was recently sentenced in Nova Scotia Supreme Court in Bridgewater to 18 months house arrest - with specific conditions and exceptions - for indecently assaulting a boy under the age of 16 in Lunenburg between January 1975 and December 1976. He pleaded guilty to the charge in October.

The court heard that Fogelson and the boy performed oral sex on one another after Fogelson brought up the topic of sexual relations between men and put his hand on the young victim's lap and began kissing him. Allegations of buggery and gross indecency were withdrawn by the Crown following sentencing. He was ordered to reside in Nova Scotia and surrender his passport during his sentence.

Fogelson is a retired superintendent and chief education officer of a Blairstown, New Jersey-based school district, and returned to the province in 2015, two months after the Public Prosecution Office said it was seeking extradition and just after his retirement.

Fogelson was a teacher in Lunenburg and Mahone Bay, mainly focused on music for several years before returning to the U.S. where he's from. His education career has spanned four decades, and he was named top superintendent in New Jersey's Warren County in 2015.

The allegations against Fogelson raised public interest south of the border, with published stories appearing in Pennsylvania and New Jersey media following *LighthouseNOW's* exclusive story.

## Honda Civic

### Canada's dream drive x 20





# Honda dream garage



## Event

2018 Civic Sedan LX 6MT lease from

\$59\*
\$0
\$0

Weekly Lease      Down Payment      Security Deposit

Payment includes freight and P.D.I.

**2018 Civic Sedan Special Edition**

**Add ONLY \$10\*** • Automatic (CVT) weekly for a • Remote engine starter feature packed • 16" aluminum-alloy wheels Civic SE • Proximity key entry system with push button start including: • Honda Sensing™ Technologies Suite<sup>1</sup> • Leather-wrapped steering wheel • Rear Trunk Deck Spoiler



**CIVIC 20** Canada's best-selling car 20 years in a row.<sup>†</sup>

**You ALWAYS get more going in a Honda**

- ▶ HIGH RESALE VALUE / LOW COST OF OWNERSHIP
- ▶ LEADING HONDA TECHNOLOGY ▶ AFFORDABLE ▶ RELIABLE
- ▶ FUEL EFFICIENT ▶ ADVANCED SAFETY ▶ FUN TO DRIVE




**Ask About**  
Genuine Honda Accessories

VISIT YOUR NEIGHBOURHOOD HONDA DEALER  
[atlantichondadealers.ca](http://atlantichondadealers.ca)

**HONDA** All offers are from Honda Canada Finance Inc., O.A.C. Offers only valid for residents of Atlantic Canada and at participating Honda dealers located in Atlantic Canada. Dealer order/trade may be required. In the provinces of NB/ NS/ NL/ PEI: Prices and/or payments shown do not include PPSA lien registration fee of \$63/\$70.75/\$55/\$59 respectively and lien registering agents fee of \$5/\$5/\$5/\$5 respectively which are both due at time of delivery. Based on 60 month term. \*Weekly leases based on new 2018: Civic Sedan LX 6MT(FC2E5JE)/ Civic Sedan SE CVT (FC2E5HE) for 60 month term, respectively, OAC. Weekly payments are \$59/ \$69 for 60 months for a total of 260 payments with \$0 down payment and a total lease obligation of \$17,641/ \$20,631, respectively. Payments include \$1,655 freight and PDI. \$0 security deposit required. First weekly payment due at lease inception. Lease rate is 2.99%APR. 100,000 kilometre allowance; charge of \$0.12/km for excess kilometres. License, insurance, applicable taxes, PPSA and registration are extra. Option to purchase at lease end for \$7,836 / \$8,956, plus taxes. 1: None of the features we describe are intended to replace the driver's responsibility to exercise due care while driving. Drivers should not use handheld devices or operate certain vehicle features unless it is safe and legal to do so. Some features have technological limitations. For additional feature information, limitations and restrictions, please visit [www.honda.ca/disclaimers](http://www.honda.ca/disclaimers) or refer to the vehicle's Owner's Manual. †: Best selling car based on annual sales by category in Canada as reported January, 2018. All offers and conditions for a limited time only and subject to change without notice. Errors and omissions excepted. See your Honda dealer for full details. 146891



journalist  
**KEITH CORCORAN**  
keith.corcoran@lighthouseNOW.ca



## RURAL INK



The café is a popular stopping spot for visitors going to and coming from Kejimikujik.

Cindy Ross is the manager of The Hollow Log Café in Caledonia. The restaurant on Highway 8 is owned by her family's company, R&C Logging.

GAYLE WILSON PHOTOS

With seating for 40 comfortably inside, this summer the café expects to offer deck dining as well.

## In it for the long haul

*The Hollow Log Café is entering sixth year*

By GAYLE WILSON

gayle.wilson@lighthouseNOW.ca  
@wilsonLHNOWnews

The name is a nod to the family's logging company that owns the business, but there's nothing empty or decaying about The Hollow Log Café in Caledonia.

It started six years ago full of good intentions. It has weathered the challenges facing the restaurant industry, particularly in rural Nova Scotia, and is going from strength to strength.

"It's starting to pay for itself. It's starting to stand on its own. Yes, I can honestly say that," says manager Cindy Ross, whose family's business, R&C Weare Logging, owns the company.

When the commercial building at 9902 Highway 8 came up for sale in 2010, it was Ross's father, the late Roger Weare, who instigated the purchase.

With fewer and fewer viable commercial properties left to buy in Caledonia, his thinking was, "Okay, we need to buy it and we'll figure out what we're going to do with it afterward," recalls Ross.

It took him a year or so to decide, but in the end he settled on a restaurant, or café.

"He wanted to have a restaurant here to employ people. Because there's not much in the area. To feed people, offer them a service. He didn't open it to make money. He just opened it to have something in the community for the people to enjoy," explains Ross.

A restaurant wasn't a completely unnatural fit for the family logging company. Ross took the two-year hospitality food and service course at the Nova Scotia Community College out of high school and for years she had been doing the books at R&C Logging, which her mother Joanne and brother Christopher now owns.

So she had the training to take on both the food service side of things and the administration.

Moreover, it was loggers, in part, who would frequent the café as customers. Weare was determined the restaurant should open at 6 a.m. so the loggers could get breakfast and coffee.

They spent about a year arranging the necessary permits and refurbishing the building and taking on furniture and kitchen equipment from a Liverpool restaurant that had closed.

The Hollow Log opened for business on September 17, 2012.

The idea was they would start with a simple menu of soup and sandwiches.

"Well we soon figured out that people wanted french fries when they go out to eat. So we had to get the deep fryers and hoods, and ending up putting a piece on the kitchen to do this," notes Ross.

Seating 40 customers comfortably, the café serves a variety of traditional diner food, including fish and chips, french fries, soups, sandwiches, turkey dinners, pies, cheese cakes and other deserts. Its breakfast menu is particularly popular among regulars.

Despite her background, Ross admits there was a bit of "just learn it as you go."

"We started out with this little tiny menu on a piece of paper and we grew from there."

It helped that Bonnie Smith came on board. She was a veteran of the food industry who assisted Ross in setting up the kitchen and getting her menu in order.

Though she has since retired, Ross says, "She was definitely a big asset."

Even before they opened the café, the Bowater mill in Brooklyn announced it was closing. A couple of months later Minas Basin Pulp and Power Company Ltd., a producer of recycled paperboard products, indicated it was ceasing operations at the end of the year, delivering another setback to the forestry industry, and the café.

"There wasn't as much early morning trucks or traffic or any of that," says Ross.

The original plan was to be open 6 a.m. to 8 p.m.; eventually the hours got whittled down.

"The Hollow Log is closed Mondays, half a day Tuesdays and Wednesdays, and then open full days Thursdays, Fridays, Saturdays and Sundays.

"That seems to be when people are around," notes Ross.

It's always been a struggle to find employees for the business, which now has six part-time workers including Ross.

In the past five years she's only had about 10 resumes from students seeking work.

"That's it. Yeah, not many at all."

She says she has "no idea" why so few.

"It is definitely a difficult business to get people to work in, especially cooks.

"It's a stressful job for sure, and it's hard to find someone that can do that."

Ross admits there were challenging times, when it was hard to remain inspired.

Her mother, who does all the baking for the café, was the one to push her on.

"She was like, 'This is what your father wanted and this is what we're going to do,'" Ross says.

Half way through the business's second year, Ross began to wonder whether it would work.

"And then coming into the third year, we noticed people coming back and bringing other people with them, and we were getting busier.

She began to feel "we can do it probably."

Certainly last year was inspiring. In 2017, Parks Canada deemed anyone visiting its national parks could get in for free in celebration of Canada's 150th anniversary.

While Kejimikujik, just down the road, has always proved a good market for customers for The Hollow Log, last year was exceptional.

"Last summer we were really busy because of the park being wide open," says Ross emphasizing that the stream of visitors to and from Keji provides the bulk of their customers.

"It's really a big thing for us. If the park wasn't here we certainly wouldn't be able to make a go of it," she insists.

At the same time, Ross is introducing other incentives to draw customers. As of last September, the café is now licenced.

It features live music once a month, and has plans to host a St. Patrick's Day party March 17 with the Annapolis Valley band, Pendulum.

And there are plans to build a deck off the side for outdoor seating this summer.

In any case customers are always welcome to walk away with their food, Ross notes.

"Anything on our menu is take out.

"Soups, salads, we can pack it all up. Anything but the liquor," she says with a chuckle.

**"We started out with this little tiny menu on a piece of paper and we grew from there."**

**Cindy Ross**

Manager  
The Hollow Log Café

# This week in SPORTS



**Cheer on your South Shore Lumberjacks in the MHL Playoffs!**  
**Wednesday, March 14th • 7:00pm**  
**AMHERST RAMBLERS VS SOUTH SHORE LUMBERJACKS**

**@LUNENBURG COUNTY LIFESTYLE CENTRE**

This ad sponsored by LIGHTHOUSENOW



## BOWLING

### Lutheran Church Bowling League

**Mar. 6:** Team Standings: Wise Crackers, 117. The Bright Eyes, 115. What Ever Falls, 72. Strikers, 64. L.S., Pat Joudrey, 120; L.T., Pat Joudrey, 305.

**Men's League, Feb. 26:** H.S., Matt Tremere, George Dorey, 134. H.T., Charles Jackson, 365. T.H., High Fives, 1700.

**Ladies League, Feb. 27:** H.S., Val Feener, 131. H.T., Val Feener, 327. 300's, Crystal Myra, 320; Kim Veinotte, 316; Carol Weisner, 304; Mary Wentzell, 312.

**Canexcel League, Feb. 28:** H.S., Lisa Boehner, 131. H.T., Lisa Boehner, 335. H.S., Cory Carver, 124. H.T., Doug Murphy, 359. T.H., Stacy's Gang, 1542.

**Money League, Feb. 22:** H.S., Crystal Myra, 144. H.T., Crystal Myra, 358. H.S., Charlie McCann, 120. H.T. Darryl Conrad, 326.

**Mickey Mouse League, Feb. 25:** L.S., Michelle Doucette, 109. L.T., Grace Lantz, 312. M.S., Kenny, 132. M.T., Mitch Guier, 338. T.H., M.S., Cedric Wentzell, 106. M.T., Steve Parker, 293. L.S., no mark, Pat Joudrey, 91. M.S., no mark, Troy Conrad, 86.

**Lunenburg Bowling Alley League**

**Mar. 6:** S Disturbers, 1476.

**Lucky Strikes, Feb. 9:** H.S., Shawn D'Eon, 150. H.T., Shawn D'Eon, 392. H.S., Marilyn Ernst, 127. H.T., Courtney Tremere, 341. T.H., We Missed Again, 1546.

**AYB STATS, Feb. 24:** **Tiny Tots:** G.S., Anna Young, 81. G.T., Anna Young, 151. **Peewee:** G.S., Ariana Feener-Berringer, 72. G.T., Ariana Feener-Berringer, 198. **Bantam:** G.S., Tatum Lohnes, 99. G.T., Tatum Lohnes, 281. B.S., Landon Pierce, 93. B.T., Landon Pierce, 263. **Junior:** G.S., Grace Lantz, 114. G.T., Grace Lantz, 296. B.S. Cole Cox, 105. B.T. Jordan Kaizer, 260. **Senior:** G.S., Caitlyn Doucette, 98. G.T., Caitlyn Doucette, 286. B.S., Nic Daniels, 73. B.T., Nic Daniels, 212.



## HURRICANES WIN

Konnor Benjamin of the Western Hurricanes bantam hockey club puts the puck past the Nova goaltender during playoff action March 10 in Brooklyn, Queens County. The Hurricanes won the game 4-0, capturing their playoff series and punching their ticket to the provincial championship at Queens Place Emera Centre this month.

KEITH CORCORAN PHOTO

# GARY L. WENTZELL HOCKEY TOURNAMENT

Game #	Time	Arena	Division	Visiting Team	Home Team
<b>WEDNESDAY MARCH 14, 2018</b>					
1	9:00	LCLC	Peewee C	Middleton	TASA Penguins
2	9:00	Lunenburg	Peewee C	South Shore	TASA Sharks
3	10:10	LCLC	Peewee C	Greenwood	Dartmouth
4	10:10	Lunenburg	Atom C	Acadia	Queens County
5	11:20	LCLC	Bantam C	South Shore	Clare/Digby
6	11:20	Lunenburg	Bantam C	Yarmouth Reigh's	TASA
7	12:30	LCLC	Bantam C	Dartmouth	Yarmouth JStrong
8	12:30	Lunenburg	Peewee C	TASA Penguins	Greenwood
9	1:40	LCLC	Atom C	Queens County	Shelburne
10	1:40	Lunenburg	Peewee C	TASA Sharks	Middleton
11	2:50	LCLC	Peewee C	Glance Bay	South Shore
12	2:50	Lunenburg	Bantam C	Thorburn	South Shore
13	4:00	LCLC	Bantam C	Clare/Digby	Yarmouth Reigh's
14	4:00	Lunenburg	Bantam C	TASA	Dartmouth
15	5:10	LCLC	Peewee C	Dartmouth	Glance Bay
16	5:10	Lunenburg	Atom C	Shelburne	Acadia
17	6:20	Lunenburg	Bantam C	Yarmouth JStrong	Thorburn
<b>THURSDAY MARCH 15, 2018</b>					
18	8:00	LCLC	Bantam C	South Shore	TASA
19	8:00	Lunenburg	Peewee C	South Shore	TASA Penguins
20	8:00	Queens Place	Bantam C	Thorburn	Clare/Digby
21	9:10	LCLC	Peewee C	Middleton	Greenwood
22	9:10	Lunenburg	Bantam C	Yarmouth Reigh's	Dartmouth
23	9:10	Queens Place	Peewee C	Glance Bay	TASA Sharks
24	10:20	LCLC	Atom C	3rd	2nd
25	10:20	Lunenburg	Bantam C	Yarmouth JStrong	**South Shore
26	10:20	Queens Place	Peewee C	Dartmouth	**South Shore
27	11:30	LCLC	Peewee B	Acadia	West Hants
28	11:30	Lunenburg	Peewee B	South Shore	Shelburne
29	11:30	Queens Place	Atom B	South Shore	Chester
30	12:40	LCLC	Atom B	West Hants	Halifax
31	1:50	LCLC	Peewee C	3rd	2nd
32	1:50	Lunenburg	Bantam C	3rd	2nd
33	3:00	LCLC	Atom C	Championship	Semi winner vs 1st
34	3:00	Lunenburg	Peewee B	TASA Orange	Acadia
35	3:00	Queens Place	Peewee B	Eastern Shore	South Shore
36	4:15	LCLC	Peewee C	Championship	Semi winner vs 1st
37	4:15	Lunenburg	Atom B	Halifax	Pictou County
38	4:15	Queens Place	Atom B	Chester	West Hants
39	5:30	LCLC	Bantam C	Championship	Semi winner vs 1st
40	5:30	Lunenburg	Peewee B	Shelburne	Eastern Shore
41	6:45	LCLC	Peewee B	West Hants	TASA Orange
42	6:45	Lunenburg	Atom B	Pictou County	South Shore

**LCLC = LUNENBURG COUNTY LIFESTYLE CENTRE**  
 (902)530-4100 • 135 North Park St. Bridgewater NS B4V 9B3

**QP = QUEENS PLACE EMERA CENTRE**  
 (902)354-4422 • 50 Queens Place Dr. Liverpool NS B0T 1K0

**LUNENBURG = LUNENBURG ARENA**  
 (902)634-8744 • 19 Green St. Lunenburg, NS B0J 2C0

Game #	Time	Arena	Division	Visiting Team	Home Team
<b>FRIDAY MARCH 16, 2018</b>					
43	8:30	LCLC	Atom B	Chester	Pictou County
44	8:30	Lunenburg	Atom B	Halifax	South Shore
45	9:40	LCLC	Peewee B	2nd White	1st Blue
46	9:40	Lunenburg	Peewee B	2nd Blue	1st White
47	9:40	Queens Place	Peewee B	3rd White	3rd Blue
48	10:50	LCLC	Bantam A	South Shore	Truro
49	10:50	Lunenburg	Bantam A	CB County	Western Valley
50	10:50	Queens Place	Bantam A	Acadia	Eastern Shore
51	12:00	LCLC	Bantam A	Antigonish	Straight Richmond
52	12:00	Lunenburg	Atom B	**South Shore	West Hants
53	12:00	Queens Place	Peewee A	Clare/Digby	South Shore
54	v1:10	LCLC	Peewee B	Championship	
55	1:10	Lunenburg	Peewee A	Shelburne	Antigonish
56	1:10	Queens Place	Bantam B	South Shore	Halifax
57	2:25	LCLC	Atom B	Championship	
58	2:25	Lunenburg	Bantam B	TASA	Sackville
59	3:40	LCLC	Bantam A	CB County	South Shore
60	3:40	Lunenburg	Bantam A	Eastern Shore	Antigonish
61	3:40	Queens Place	Bantam A	Western Valley	Truro
62	4:50	LCLC	Peewee A	Antigonish	Clare/Digby
63	4:50	Lunenburg	Bantam A	Straight Richmond	Acadia
64	4:50	Queens Place	Peewee A	South Shore	Shelburne
65	6:00	LCLC	Midget A	Queens County	South Shore
66	6:00	Lunenburg	Bantam B	Sackville	South Shore
67	6:00	Queens Place	Bantam B	Halifax	TASA
<b>SATURDAY MARCH 17, 2018</b>					
68	8:10	Lunenburg	Bantam A	Straight Richmond	Eastern Shore
69	8:10	Queens Place	Bantam A	Truro	CB County
70	9:20	Lunenburg	Bantam A	Acadia	Antigonish
71	9:20	Queens Place	Bantam A	Western Valley	South Shore
72	10:30	LCLC	Peewee A	Antigonish	South Shore
73	10:30	Lunenburg	Peewee A	Clare/Digby	Shelburne
74	10:30	Queens Place	Midget A	Eastern Shore	Pictou Co. Red
75	11:40	LCLC	Bantam B	TASA	South Shore
76	11:40	Lunenburg	Bantam B	Halifax	Sackville
77	11:40	Queens Place	Bantam A	2nd White	1st Blue
78	12:50	LCLC	Bantam A	2nd Blue	1st White
79	12:50	Lunenburg	Atom A	Acadia	Queens County
80	12:50	Queens Place	Atom A	Eastern Shore	CB County
81	2:00	LCLC	Peewee A	Championship	
82	2:00	Lunenburg	Atom A	South Shore	Sackville
83	2:00	Queens Place	Atom A	Sydney	Tatamagouche
84	3:15	LCLC	Bantam B	Championship	
85	3:15	Lunenburg	Midget A	Queens County	Eastern Shore
86	3:15	Queens Place	Midget A	Pictou Co. Red	South Shore
87	4:30	LCLC	Bantam A	Championship	
88	4:30	Queens Place	Atom A	Queens County	CB County
89	5:45	LCLC	Atom A	South Shore	Sydney
90	5:45	Lunenburg	Atom A	Acadia	Eastern Shore
91	7:00	Lunenburg	Atom A	Sackville	Tatamagouche
<b>SUNDAY MARCH 18, 2018</b>					
92	8:00	LCLC	Atom A	Sackville	Sydney
93	8:00	Lunenburg	Atom A	Queens County	Eastern Shore
94	9:15	LCLC	Atom A	CB County	Acadia
95	9:15	Lunenburg	Atom A	Tatamagouche	South Shore
96	10:30	LCLC	Midget A	South Shore	Eastern Shore
97	10:30	Lunenburg	Midget A	Pictou Co. Red	Queens County
98	1:00	LCLC	Atom A	2nd	1st
99	1:00	Lunenburg	Atom A	2nd	1st
100	2:15	LCLC	Midget A	Championship	
101	3:30	LCLC	Atom A	Championship	

SPORTS

# Patriots win regional hoops banner

By **STACEY COLWELL**  
colwellfreelance@gmail.com  
@ColwellStacey

The Hebbville Academy Patriots girls' basketball team has earned its first regional championship in nearly a decade following a thrilling double-overtime win over Evangeline Middle School.

"This core group of girls have been playing together for a number of years and have worked hard to improve their skills. They are very deserving of winning the regional title," said Amy Hopkins, who co-coached the team with Laura Whitehouse.

"The key to winning the banner was not relying on one player to get the job done. It was a total team effort from all players. Everyone gave it their all each time they stepped on the floor."

In particular, she said Hayley Sarty and Jane Kimball were exceptional shutting down the opponent's top players, Julie Ann Lemire was a leader on the floor and hit big shots in the late part of the final, Madison Kaulback and Maddy Hann controlled the rebounds and defended the hoop, and Meadow Crawley brought great energy and intensity off the bench.

"The team relies on their athleticism and work ethic to be successful," said Hopkins. "They play with intensity on

defence and are always looking to run the ball and find the best option on offence.

Following a 51-41 victory against Kings County Academy in the regional semifinal, the Patriots trailed by 15 in the second half of the championship game.

"At the beginning of the fourth quarter, the heart and determination of the team came through and the momentum swung in Hebbville's favor. The girls stepped up their defensive effort and hit some tough shots."

After forcing overtime, Evangeline hit a tough three pointer to force a second overtime, when the Patriots trailed again with less than a minute to play.

"Hebbville was down by four with less than a minute left in double overtime when [Julie Ann Lemire] hit a three pointer then stole the ball and made a layup to go up by one and was able to hang on for the win," said Hopkins.

The final was 53-52.

The team went undefeated in league play during the regular season, won the CEC, Bluenose Academy and South Colchester tournaments, and defeated Bluenose in the district final.

"Our biggest challenge this year was coming together as a team after not having played together last season due to the work to rule job action," said Hopkins.

"Some girls on the team had not played basketball in over a year when the season



CONTRIBUTED PHOTO

Pictured are, from front left, members to the 2018 NSSAF Western Region junior girls' basketball champs from Hebbville Academy: Hayley Sarty, Julie Ann Lemire, Madison Kaulback, Jane Kimball and Madison Hann. From back left are manager Libby Lee, Brianna Hamilton, Makenna Hann, Grace Naugler, Meadow Crawley, Riley Sperry, Jessie Laffin, Eva Maclsaac, and coaches Laura Whitehouse and Amy Hopkins.

started, so it took some time at the beginning to get everyone into game shape."

The Patriots had nine seniors this year,

so only four players will return in 2018-19.

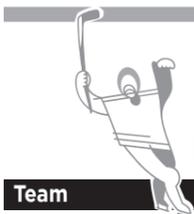
"It will be a rebuilding year with lots of new faces."



KEITH CORCORAN PHOTO

## HURRICANE WARNING

A trio of Western Hurricanes bantam hockey club players proceed on offence during playoff action March 10 in Brooklyn, Queens County. The Hurricanes won the game 4-0, capturing their playoff series and punching their ticket to the provincial championships at Queens Place Emera Centre this month.



## HOCKEY STANDINGS

### Maritime Junior A Eastlink Division

Team	GP	W	L	OTL	SOL	PTS	GF	GA	PIMS	PP%	PK%
Y-Yarmouth Jr. A Mariners	50	35	14	1	0	71	185	137	957	21.1	83.5
X-South Shore Lumberjacks	50	31	15	2	2	66	193	132	766	16.9	81.2
X-Amherst Ramblers	50	27	11	6	6	66	181	158	872	19.4	76.7
X-Truro Bearcats	50	28	20	1	1	58	150	130	964	20.1	84.0
Pictou County Weeks Crushers	50	21	24	3	2	47	157	173	1051	21.5	79.0
Valley Jr. A Wildcats	50	17	31	1	1	36	140	196	1087	17.3	80.2

### Nova Scotia Major Bantam

#### The Western Hurricanes vs The Novas

Team	GP	W	L	T	SOL	OTL	GF	GA	PTS
The Gulls	33	30	2	0	1	0	195	47	61
Truro Bearcats	33	28	2	0	3	0	158	66	59
All Credit Auto Rangers	33	28	4	0	1	0	163	64	57
Western Hurricanes	33	21	8	0	1	3	114	94	46
Bedford Sports Bridge Barons	33	17	13	0	2	1	112	89	37
ACCEL Physio	33	15	14	0	1	3	90	81	34
Pro Hockey Life Harbour Storm	33	15	15	0	3	0	85	96	33
Wear Well Bombers	33	14	15	0	2	2	88	110	32
The Novas	33	11	18	0	1	3	71	133	26
Joneljim Cougars	33	9	21	0	3	0	83	139	21
Kings Mutual	33	7	24	0	1	1	57	167	16
Dartmouth Whalers	33	3	28	0	1	1	58	188	8

Website Standing 9:00 am March 12, 2018.

## SPORTS

## Bridgewater's Baker named conference MVP with Dal

By STACEY COLWELL  
colwellfreelance@gmail.com  
@ColwellStacey

New position, no problem.

Bridgewater's Courtney Baker made a seamless transition from playing the right side to setter this season with the Dalhousie Tigers volleyball team.

"It is definitely a greater responsibility, but I enjoy setting so that made the transition easier," said the 20-year-old, who also had setting experience with Team Canada.

"I feel it has worked out really well for me and the team."

That may be an understatement.

Baker led the Atlantic conference with 9.36 assists per set, led the Tigers to a 19-1 regular-season record and was recently named league MVP.

"This is very exciting for me. I have trained and worked hard as a player since I started at Dalhousie and to receive this award it is a great honour. My team, coaches and trainers have also been instrumental in helping me to win this award."

Her coach at Dalhousie said Baker not only had a tremendous season quarterbacking the offence but was also a team leader.

"She has been a very dominant player for our team with her athleticism and high skill level and is one of the top players in the country," said Rick Scott.

"I have been really pleased with her improvement throughout the year in terms of her setting development and strong court presence."

In addition to being named league MVP, the third-year setter was named a first-team all star for the second consecutive season after finishing with 49 kills, 24 service aces and 95 points.

"I think my game has improved from the last year because of the high level of training I had with Team Canada," said the third year kinesiology student.

"The coach had very high expectations of all the players and I brought that work ethic back for my season with Dal."

To cap the Atlantic University Sport season, Baker had 34 assists as the Tigers defeated Acadia 25-10, 18-25, 25-18, 16-25, 15-6 in the conference finals at Memorial University.

"It was a very hard fought battle. My team really stepped up and played exceptionally well."

Next up are the national championships from March 16 to 18 at Laval University.

"I feel extremely excited," said Baker. "It will be a challenge going up against the best teams in the country, but that's what we have been working for all season and I would absolutely love to come back with a medal."

After that, she'll begin training to prepare for another summer with Team Canada when tryouts open on May 7.

Baker is a former junior national team member and Volleyball Nova Scotia female athlete of the year who led the Bridgewater Vikings to six regional and two senior high school provincial championships.

She also helped her Bridgewater Chill



TREVOR MACMILLAN, PHOTO

Courtney Baker led the Atlantic University Sport womens' volleyball league in assists per set this season.

club team to three provincial championship titles and reach the quarterfinals at nationals. With the Chill, she was named to the championship all-star team at both the under-14 and under-16 championships and was the tournament

MVP at the under-17 championships.

Baker is now eligible to become the first Atlantic player to earn the national player of the year award since Dalhousie's Karin Maessen won the honour in 1981-82.

## Track meet for kids planned for March Break

By STACEY COLWELL  
colwellfreelance@gmail.com  
@ColwellStacey

Last summer's inaugural South Shore tetrathon track meet was such a hit, organizers say it was no brainer to offer another one for elementary-aged students this March Break.

"We'll definitely be looking to do more of these in the future, especially after first one," said Park View Education Centre phys-ed teacher Dean McDow, who spearheads the event along with his Bayview Community School colleague Selena Davidson.

"A big highlight was hearing the parents say what a great event it looked like, that their kids had a blast and they were pumped up about it by the excitement it was creating."

Over 40 participants had registered by early March.

"We haven't had a limit before, but we can't get too big and so we may have to look at a cut off of around 60 or so," said McDow.

"We're busier than we thought we'd be because we had 45 in the first one. We'd definitely not like to turn people away."

Lunenburg County has traditionally been a track and field hotbed, with Park View winning numerous provincial championships while the area has produced a laundry list of national-calibre athletes, including Olympian Jenna Martin.

"The world of track and field is pretty big on the South Shore, but at the same time most kids don't get to see any part of it until Grade 7 when they hit junior high," said McDow.

However, over nearly two decades as a physical education teacher, he's watched participation in most sports organizations decline nearly across the board due to various factors, including the lower population of young people, the availability of more sports than ever before, and others that are now played almost year round.

"Part of this event is we hope to get kids involved at a younger age and pique their interest a little sooner."

The meet includes the three main disciplines of track and field.

"Running, jumping and throwing are three fundamental movement skills for kids that are not sport-specific skills," said McDow. "They're fundamental to being in almost all sports."

The events are 60-metre and 600-metre races, the long jump and shot put.

No experience necessary and the meet is designed for beginners.

"There's an introductory piece to it and we're not super strict on the officiating side of things," said McDow.

"There are four basic events and they're not super complex. Some other track and field events can be quite technical but these are pretty straightforward."

The event — based on the Athletics Canada run, jump, throw, wheel program — is broken into three competition groups.

**The March Break track meet is scheduled for March 18 at 10 a.m. at the HB Studios Sports Centre in Bridgewater. Pre-registration is required on-line at [www.Trackiereg.com/2018-sstetra](http://www.Trackiereg.com/2018-sstetra) prior to the March 17 deadline and a \$5 fee is charged on site.**

Price so good  
we can't  
advertise it!

550XPG  
with heated  
grips



**Cross Small Engine Repair Ltd.**

69 Conquerall Road, Hebb's Cross

Ph: 902-543-9683 Fax: 902-530-3152

Hours: Mon.-Fri. 8am-5pm, Sat. 8am-12noon



**GIFT CARDS AVAILABLE!**

145881

## GIVE US A HAND



Take our online survey, it's quick (just five to 10 minutes), and it will help us help you get the news and information you are most interested in.

Take our reader survey  
[www.lighthousenow.ca/survey](http://www.lighthousenow.ca/survey)

We value your opinion, thank you!

LIGHTHOUSENOW



147421

# Community Focus



GAYLE WILSON PHOTOS

Captain Ray Doiron, Officer Commanding of the 143 Construction Engineering Flight unit of the Canadian Armed Forces.



Sergeant Matt Morse of 143 CEF talks with Master Corporal Adam Dogget who came in while off duty with his wife Alyssa and their 16-month-old son William. A future reservist?

A steady stream of people made their way to the Canadian Armed Forces' 143 CEF unit outside of Bridgewater on February 24 for an open house designed to recruit more reservists.

## Attention!

### 143 CEF holds open house for potential recruits

By GAYLE WILSON  
gayle.wilson@lighthouseNOW.ca  
@wilsonLHNOwnews

Visitors to the open house at the Canadian Armed Force's 143 Construction Engineering Flight (CEF) unit on February 24 got to see first hand the muscle behind the organization and what it offers for recruits.

"It's mainly to give people an opportunity to see what we do, but our goal is to give people information on the jobs we offer, because we want to bolster our recruiting efforts," the unit's officer commanding, Captain Ray Doiron, told *LighthouseNOW*.

According to Doiron, the unit is looking to fill 25 recruit positions.

He explained that the unit provides skill training in a number of trades such as carpentry, electrical, and plumbing which can channel recruits toward Red Seal certification.

There is no commitment on the part of the recruit at any time during the process, although before they

receive training in trade skills recruits are required to complete three months of basic training, including physical fitness, and general military and soldier skills.

"The ball is totally in their court," Doiron emphasized, though he says it's rare for anyone to quit.

"Honestly we haven't had a lot of people do that because a lot of people, when they get to that point and they see the training, they go through it, because they see the benefit of it, right?"

Nor do the recruits have to commit to full-time hours. "We're a reserve organization, and, as such, people aren't obligated to work full time."

"Recruits can work a minimum of one day a week, or up to full-time on a temporary basis, or they can work part-time where they're working up to 12 days a month," Doiron said.

The captain conceded there is somewhat of a misconception that recruits may be called off to war.

"In time of war they can be recalled, but we've never done that in the history of the forces. It's purely voluntary," he emphasized.

"Our job is basically to go into areas where we're deployed and set up camps, maintain infrastructure and maintain the well being of people in that area so that their living accommodations are up to par."

The idea is to ensure military personnel have clean drinking water, electricity, plumbing, heating "and all those necessities."

When the unit is at its home base, its role is to train people to perform those duties.

"We make sure everybody is a qualified trades person, and we do recurring projects and training here at the unit and out in the community," says Doiron.

Unit personnel were on hand at the event to answer questions. There was equipment on display, a sandbag lift challenge, and representatives from the Military Family Resource Centre in Greenwood were there to discuss available support services.

This is the second year CEF has held an open house. According to Doiron, the events will become "annual, at the very least, or twice a year."

# ARTS & ENTERTAINMENT

## Peace, love and groovy

Have a Laugh Players reviving *Godspell* for the stage

By **KAREN JANIGAN**  
karen.janigan@lighthouseNOW.ca

It was a hit on stage, and the film is what made *Godspell* a cultural phenomenon of the 1970s. Now it's being brought back by a local community theatre group, Have a Laugh Players.

It's a musical retelling of the Gospel of Matthew set in the 1970s. Using song and dance, the apostles spread Christ's message of love and tolerance as the time of his betrayal by Judas and crucifixion moves closer.

"We wanted to do a musical and so we thought a religious musical we could put on before Easter came up was *Godspell*," said Director Karen Whynot, as she watched the crew members get ready to tie-dye their costumes to be true to the 70s era.

The two main male leads are played by Patrick Thompson acting as Jesus while Christopher Pernette plays Judas. Musicians Tera Lee Kelly is on piano, Scott Leonard plays guitar and ukelele, and Richard Ernst, plays bass; all do some vocals.

"*Godspell* is a beautiful and funny and poignant religious-based play with a lot of music, a lot of dance, a lot of comedy and some very poignant parts," said Whynot of the musical. "The beauty of this play is there are some many styles of music; we have country-based music, we

have a ballad, we have rock and roll, we have rock, it's really nice."

It's the first time in the 12-year history of the community theatre group that the play is being toured.

"We're doing six shows in six nights in six towns," she said, acknowledging the challenges that performing in different size venues brings. Two shows will be in theatres, but the other four are in local churches, which offer their own challenges.

"We're performing this up in the altar area. Six different size stages trying to do our song and dance numbers" in some places where we'll have very little room. Sets are minimal. "We have a series of boxes we're using for everything."

The cast ranges in age from 16 to 70 and the chaos of the tie-dye party could make one wonder why Whynot keeps directing community theatre.

"I love theatre, it is in my soul, and I love to make people laugh," Whynot explained in an interview. "Most of shows I do have comedy in them, may not be all comedy but they have comedy in them. I think one needs to laugh in the run of a day. I love seeing actors bring characters to the stage and not be who they are but their wonderful characters."

Whynot said the most difficult part of community theatre has been fundraising and promotion.

"We've been at it 12 years and we're starting to sell out but it's taken a good eight to 10 years to get to this point where people want to come to see us and have a good time," she said.

### TIMES AND LOCATIONS

**Friday March 23, St. James Church, Mahone Bay; Saturday March 24, Central United Church, Lunenburg; Sunday, March 25, Astor Theatre, Liverpool (Tickets for this show \$26, only available through the theatre via [www.ticketpro.ca](http://www.ticketpro.ca)); Monday March 26, St. Stephen Church, Chester; Tuesday March 27, Bridgewater United Church, Bridgewater; and Thursday March 29, Evergreen Theatre, Margaretsville. (Tickets for this venue only available at the door on the night of the performance.)**

**Showtimes are 7:30.** Tickets are \$20 (except for Astor Theatre) and available through the churches or through Kinburn Pharmasave, Mahone Bay; Kinley Drugs, Lunenburg; or Bridgewater Pharmasave; unless otherwise noted.



CONTRIBUTED PHOTO

The Fretless

### THE FRETLESS PLAY LAMP

Juno Award-winning band, The Fretless, performs in Lunenburg on Friday, March 23rd to support Nunavut music program, Tusarnaarniq Sivumut Association (which translates from Inuktitut to "Music for the Future").

The quartet will introduce material from their upcoming recording, *Live from the Art Farm*, which they describe as an exploration of traditional Irish tunes. The album was recording before a small audience at The Art Farm Studios.

"We're so excited to have The Fretless play in Lunenburg. Trent Freeman is a friend of Music for the Future and has first-hand experience with our program"

## MARQUEE

said Julie Lohnes-Cashin, Chairperson and co-founder of the charity that provides music education to youth in Nunavut.

Trent Freeman, member of The Fretless, travelled to Nunavut in April 2013 and October 2014 as the fiddle instructor for Music for the Future.

Tickets for the Lunenburg show at the Lunenburg Academy of Music Performance (LAMP) are \$25 with part of the proceeds going directly to Music for the Future. For more information, visit [thefretless.com](http://thefretless.com) or [musicforthefuture.ca](http://musicforthefuture.ca).

### FIRST APPEARANCE FOR COMEDIAN IN LIVERPOOL

Comedian James Mullinger plays The Astor Theatre in Liverpool, Friday, March 16.

The British comedian who now calls the Maritimes home has sold out shows across the country, appeared on the *CBC*, and in movies and on television.

Mullinger has raised more than \$100,000 for East Coast charities. He has also become one of Canada's top comics, with nominations for both a *Just For Laughs* comedy award and a Canadian Comedy Award for Best Live Show.

The doors open at 7 p.m., and the show starts at 7:30. All tickets are \$20 and are available from [ticketpro.ca](http://ticketpro.ca)

### MAD HATTERS SPRINGTIME TEA

The Lunenburg Art Gallery is presenting a Mad Hatters Springtime Tea at the United Church Hall (Lincoln Street entrance) on 14th April between 2-4 p.m.

It will include music by John McGee, door prizes, delicious eats, special teas and a lovely art display and sale by our member artists.

Hats are fun, but are optional. There will be a prize for the most original one.

### SPRING WEIGHT RESTRICTIONS & WASTE COLLECTION

Spring weight restrictions are in effect on many Provincial roads.

Look for signs indicating whether your road has been restricted before putting your waste out for collection.

To find out more about road restrictions, call Transportation and Infrastructure Renewal's Hebbleville office at (902) 543-4121.

If your road is restricted, place your waste at the nearest public road which isn't posted by 7:00 am on your regular collection day. Call the waste hotline at 1-855-530-3324 for details about where to place your waste.

LUNENBURG REGIONAL  
Community Recycling Centre  
TURNING OUR RESOURCES AROUND

Please join us for this special afternoon to welcome spring and to support our gallery.

Tickets are \$15.00 and are available at Kinley Drugs in Lunenburg, The Lunenburg Art Gallery at 194B Lincoln Street after 27th March or leave a message at (902)640-4044, [lag@eastlink.ca](mailto:lag@eastlink.ca) or call (902) 634-9626 to reserve tickets.

### SHORELINE GALLERY PRESENTS TWO ARTISTS

The featured artists at the Shoreline Gallery in the South Shore Regional Hospital in Bridgewater during the month of March are Marion Banks and Paul Newton.

The simple beauty of her natural surroundings inspires Banks. Her current exhibit includes paintings in acrylic of local scenes and wildlife.

Newton is a professional fine art photographer. He is interested in the interplay of light, shadow and reflection at different times and under different conditions. In this display his subjects are Dublin Shore and Fancy Lake.

The Shoreline Gallery in the SSRH and the Shoreline Too, located in the Family Health Center on Glen Allen Drive, are fund raising arms of the SSRH Auxiliary managed by a committee of volunteers.

New show at the Mini Art Gallery

The featured artist at the Mahone Nursing Home's Mini Art Gallery is Bono (Bonnie) Misner. After retiring from a 37-year-career as a registered medical technologist she pursued her love of art.

A self taught artist, she finds joy painting abstracts in acrylics and using a palette knife. She loves the vibrant colors of the sunsets, the shimmering beaches and reflections on the water.

Misner's works have been shown in several galleries across Nova Scotia. The show runs from March 19 to April 27, 640 Main Street, Mahone Bay.



### New Hours To Serve You Better

Bonnie Hynick,  
our massage therapist will be working  
Tuesday to Friday from  
10:00 AM to 6:00 PM

Hours for Dr. Cowie  
are Monday and Thursday  
during the day  
and Tuesday and Friday  
afternoon and evening.

To make an appointment call 902-527-0550

149 Dufferin Street, Bridgewater NS

IN YOUR COMMUNITY



**LIONS' PROJECT PRIDE**

Mahone Bay Area Lions Club recently presented Canadian flags and certificates to 43 Grade One students at Bayview Community School. From left to right are: Dakota Pearce, Brooke MacDonald and Jack denHollander.

CONTRIBUTED PHOTO

**Helping out**

Kiwanis Club of Bluenose Golden K presented a cheque for \$10,000 to the Health Sciences Foundation of the South Shore Regional Hospital on February 14, during its annual Radiothon Fundraising campaign.

The campaign goal was to raise funds to upgrade the ultrasound unit capabilities of the hospital. The planned upgrade will play a large part in improving the several provisions of health care services to our community.



CONTRIBUTED PHOTO

Pictured above are: Club President Bob Sharpe, Allison Clements of the Health Services Foundation, and Club Vice President Jean Schofield.



CONTRIBUTED PHOTO

**LUCKY NUMBER**

Melba Lantz, President of the Senior Wheels Association, presents Faith MacKay with a plaque for being the 200,000 passenger on the Senior Wheels bus service.

**4-H club speech demonstrations**

The 57th Annual Hill n' Dale 4-H Club Speech and Demonstration Rally was held March 2 and 3 with 32 members giving a speech or presenting a demonstration to a panel of judges.

Junior Speaker: Cerys Blyth; Junior Introducer: Madeline Slack; Junior Thanker: Raeann Long; Junior Single Demonstration: Obadiah Oickle; Intermediate Speaker: Shaelyn Banks; Senior Speaker: Grant Cook; Senior Single Demonstration: Morgan Hussey.

Members representing the Club at the Lunenburg County Rally March 24 at the Wileville Fire Hall will be:

**Nova Scotia offshore drilling, worth the risk?**

BP, the same company responsible for the Gulf Coast offshore disaster, plans to drill exploratory wells as early as this spring off the coast of Nova Scotia. **Join The Council of Canadians for a free public town hall** on the risks of offshore drilling. *Featuring:*

**Antonia Juhasz:** investigative journalist, energy analyst and author of *Black Tide: the Devastating Impact of the Gulf Oil Spill*.

**Colin Sproul:** fifth generation lobster fisherman and spokesperson for the Bay of Fundy Inshore Fishermen's Association.

**March 21, 7:00 - 9:30 p.m.**

Shelburne Regional High School, 415 Woodlawn Drive, Shelburne  
See [canadians.org/NS-offshore-tour](http://canadians.org/NS-offshore-tour) for details.



A graphic advertisement for 211 Nova Scotia. It features a cartoon character in a winter coat and hat, standing in the snow with arms raised. A speech bubble above the character says: "Call me old again and I'll wash your face in snow! I double dog dare you." To the right of the character is a text box that reads: "I've always liked playing in the snow. Just because I'm older now doesn't mean I can't still be out having fun, staying active in all seasons. If that makes me a kid! I'm okay with that. I'm all grown up in the ways that count - like looking out for my family. For all of us, finding any programs and services offered in Nova Scotia has never been easier! We call 211 to stay active and involved." Below the text box is a dark button that says "Try it. Call 211." At the bottom of the graphic are icons for a plus sign, a house, a fork and knife, a bus, and a dollar sign, followed by the 211 Nova Scotia logo.

# LIFESTYLES

## Oil and dovekies don't mix



**JAMES HIRTLE**

*Bird Notes*

I was privileged to observe two dovekies, while visiting Daniel's Head on Cape Sable Island on February 19, 2018. These birds are a member of the auk family and nest in north America along the arctic coasts of Ellesmere Island, Canada and Greenland.

They winter in the ice-free waters south of their breeding range to the Southampton Islands, Ungava Bay, along the Gulf of St. Lawrence, offshore and to Newfoundland, Nova Scotia, the Bay of Fundy, and south to New England.

The dovekie is eight to nine inches long with both sexes alike. They are black above, white below and have a black throat and breast in summer. They have all white underparts in the winter to behind the eyes. There are a series of white slashes across the back from shoulder to shoulder. This is a chubby, short-necked bird with a very short black bill. The feet are black as are the legs.

The dovekie is an important food source in the arctic for arctic foxes, glaucous gulls, gyrfalcons and Inuit. They are also found in the stomachs



JAMES HIRTLE, PHOTO

A dovekie seen at Daniel's Head on Cape Sable Island in late February.

of whales.

Unfortunately, they are often killed by oil floating from tankers or found disabled by oil along the Atlantic coastal beaches. One of the dovekies that I saw at Daniel's Head was swimming in oil. You can see this in the photos that I took.

Often they are blown inland and if not taken back to the water they cannot take off and will die. The dovekie eats marine crustaceans and small fishes.

Charles Berry, of Bridgewater, reported two flocks of cedar waxwings with one group of 30 and another of 15 visiting his holly bushes.

Nancy Dowd in East Dalhousie noted that brown creepers were calling. These birds are now setting up territories for nesting. Sue Beaver and Ron Hrushowy of Garden Lots have a common grackle and a red-winged blackbird tending at their feeders.

A very exciting sighting by Shirley

Cohrs, as she drove along the causeway of Crescent Beach, was an ivory gull that went whizzing by her in the wind. When I visited the beach, I did not get to see it, but as a consolation I was able to view the western willet and a red knot side-by-side.

At Barrington Passage, Alix d'Entremont located a canvasback among greater scaup.

You may reach James Hirtle at (902) 693-2174 or email [jrhbirder@hotmail.com](mailto:jrhbirder@hotmail.com)

## What went wrong?

Our communities are often the scene of such a horrific event that it becomes part of our folklore. Loss of life from an accident, a drowning, shipwreck or by another person - whatever happens is not soon forgotten.

In the evening hours of November 8, 1919, a horrific murder took place at an isolated farm in Hemford on the Pleasant River Road. Years later the property became vacant and it was called the "Old Smith Place," a home where Stewart and Adelia (Odelia) (nee Wile) Smith had lived.

Stewart had died from complications from bronchitis in October of that year. The next month daughter Margaret, aged 18, (another record has her at 19) was brutally murdered. Her death recorded by the medical examiner called it "homicide death caused by depressed fracture of skull, hit with stock of rifle."

Margaret's obituary listed two brothers and a sister residing in Halifax. Her father had been a farmer who had married a much younger Adelia 1884 at Bridgewater. Stewart was 40, a bachelor; she was 21, a "spinster." By 1919 the Smiths had been resident for about 15 years and lived peacefully on the farm.

During the summer of 1919, Margaret had worked at the Panama Boarding House, Bridgewater. The Panama Boarding House sat on the upper levels of the now closed Rofihe clothing store. James Power had bought the building in 1911, and in 1914 Edson P. Kaizer had renovated the upper rooms and had opened

it to boarders. Margaret had worked as a house cleaner.

On that night, Mrs. Smith and her daughter were asleep when they were woken by a man in the bedroom. Wilson Huey had made his way to the home, and into the house, up the stairs and into the bedroom. Huey was a returned soldier having served overseas from 1916 to 1919. He was of slight build, under five feet, six inches, and weighing about 130 pounds, according to military records. Prior to going overseas he likely made a living working in the woods. His death record says he was a railroad worker.



**PETER C. OICKLE**

*A walk through our past*

Mrs. Smith told Wilson to leave, that - according to her recollection, he was told he was in the wrong place - and to get out. Wilson was carrying firearms, and a shot scraped Mrs. Smith's skull causing a wound. She ran from the bedroom, out the door and covered a distance of about two kilometers in her night dress. Arriving at the home of Joseph Colp, she was treated while Colp and

Joseph Coffill, along with others, went to the house where Margaret was still holed up.

As the men entered the home, they found Margaret at the foot of the stairs, her head having been battered and crushed by blows from the gun butt. Going upstairs, they entered the bedroom and found Wilson on the floor, his back against the bed with a head wound likely from the revolver he was carrying. The coroner listed his cause of death as suicide. He would have been in his early 30s and married at the time.

The funeral of Margaret was a solemn event for the grieving community. The coffin made its way to the church and outside the cemetery was met by four young women, Barbara and Marjorie Veinot, Lela and Doris Russell, carrying boxes of flowers and dressed in white. Following the service she was laid to rest at the Hemford Community Cemetery.

Interred in the family plot are her father Stewart, mother Mary Odelia, brothers James Henry (age eight) and Freeman (age 28). Mrs. Smith's marriage record lists the name Adelia and her memorial stone calls her Odelia. Stewart's date of death shows 1920, but provincial death records record his as 1919 just prior to his daughter's murder.

Margaret's inscribed date also says 1920, but her death record lists 1919, as do other records. Errors can be made.

Whatever took hold of Wilson Huey that evening is lost with time. We are left to speculate why he acted in a way that was not foreseen by the community. As a returned soldier from the Great War was he struggling with those years as so many others did at the time?

Others lose their life and no answer can be positively found. On August 20, 1927, the body of William Creaser, Riverport, was found in Halifax Harbour. He had been missing since June 10th or 11th and efforts to locate his body were in vain.

William had been the second engineer aboard the schooner W. H. Eastwood and on that evening in June, he had taken passengers Frank Bachman, Fred Creaser and his brother Robert Creaser (who was aboard the schooner Lorne) from the ship to harbour side at the Plant Wharf. Along the way they stopped at the Gaspe Fisherman to take on their master Cap-

tain Oxner. The motorized boat they made its way to shore and plans were for Creaser to return at midnight to take them back. They could hear the motor as she headed back to the vessel.

Come midnight the four men stood on the dock waiting for the small boat to arrive. At about one a.m. the boat was found ashore at the dockyards without anyone on board. The tiller ropes were hanging over the stern and the engine was still running.

The RCMP began a search for the owner eventually tracing it to the schooner Eastwood. There was no evidence of foul play or collision which would have given a clue as to what happened. Robert Creaser and others were informed and he left for Riverport returning the next day with four others who began a search with grappling hooks in the harbour. The RCMP concluded that he had fallen overboard and drowned that evening.

By August 20th his body was found and the cause of death was attributed to drowning. His body was taken to Riverport for burial. His father Theophilus had passed away in 1915, a master mariner. William's wife, along with eight children and an aged mother, were left to mourn.

Tragedies are part of our communities. For families and communities, memories of events like those above become part of our past and are often retold for years.

Peter C. Oickle is past chair of the Bridgewater Heritage Advisory Committee, Chair of the Bridgewater Museum Commission, conducts guided cemetery and town heritage walks, and presentations to groups on local history. [eichel@eastlink.ca](mailto:eichel@eastlink.ca)

## LIFESTYLES

## Sprouts for spring

As excited as I am about this year's garden, I'm too impatient to wait for spring to eat something I've grown myself. So along with way too many packets of garden seeds, I treated myself to some Mumm's sprouting seeds on a recent trip to Halifax Seed.

You've seen them on the salad bar, perhaps you even buy them at the grocery store... but what exactly are they? Sprouts are, simply, germinated seeds that you can eat before they grow into a plant large enough to call a seedling.

Humans have been eating sprouts, both raw and cooked, for over 5,000 years. In the 18th century, sea captains used them to provide fresh food on long journeys (happily, they also help prevent scurvy.) Ready in less than a week, they are the quickest—and one of the most satisfying—ways to grow your own fresh food.

Mung bean and soy bean are the most commonly seen sprouts, but other seeds that make excellent edible sprouts include broccoli, alfalfa, clover, fenugreek, peas, chickpeas, lentils, sesame, sunflower, mustard, radish, and turnip.

Plants that should not be sprouted include tomato, potato, eggplant, and rhubarb, as these are poisonous whether they are cooked or raw. Always purchase seeds intended for sprouting, as others (such as those in seed packets for garden plants) may have a chemical coating that would not affect an adult plant but could make for a toxic sprout.

From time to time, people contract food-borne illnesses from sprouts. While it's true that sprouts that have been improperly stored may carry dangerous bacteria, most commercially available sprouts are safe and it's also safe to sprout your own seeds at home. Simply follow a few basic guidelines to ensure the edibility and

safety of your home-sprouted seeds.

To begin with, use perfectly clean glass jars. Larger beans can be sprouted in a colander, which makes for easy rinsing and draining. Add just one to two tablespoons of dry seed to each jar and cover the top with small squares of cheesecloth, using a rubber band to secure the cheesecloth around the neck of the jar. Cover with lukewarm water and soak for eight to 12 hours. Rinse and drain.

Some providers recommend storing jars upside down at an angle to make certain any excess water drips out. Repeat this step of rinsing and draining every 12 hours until sprouts are ready to eat, which usually takes between three and seven days. Do not let them get too dry or too wet; they should be very slightly moist but never soggy.

If you're not sure whether yours sprouts are ready to eat, give them a taste test. They should be crisp but not hard, and well-sprouted from the seed but not yet green. To enjoy, rinse and dry sprouts. Remove any seeds which haven't sprouted. Finally, give them a good sniff before you eat; if you detect any off odours, err on the side of safety.

Sprouts can be eaten raw or cooked. Use them in salads, stir-fries, on sandwiches. You can store sprouts in the refrigerator for an additional three to four days, taking care to make sure they are dry when you store them. Enjoy.

*Elisabeth Bailey is a local food writer who writes regularly for Your Local and Canadian Farmers' Almanac. She is also the author of two cookbooks with Nimbus Publishing, Taste of the Maritimes and Maritime Fresh. Her new book, The Sauce Solution will be in bookstores October 2018. You can follow her on Facebook, Twitter, or Instagram.*



**ELISABETH BAILEY**  
*Betty's Bite*

## A wee bit of Irish history

When I pick up a potato, my thoughts drift to my ancestors. Although the Irish are synonymous with potatoes, many other cultures survived by eating the vegetable, particularly those who settled Nova Scotia. My grandparents grew enough potatoes to last a year with a supply left over to have seed potatoes the following spring.

When potato crops failed, it often meant entire communities suffered from a food shortage. There is no greater example of this than The Great Famine that took place in Ireland starting in September 1845 and ending in 1850. During this desperate time, more than a million people died of starvation and disease caused by malnutrition. It is the second-deadliest disaster in recorded Great Britain and Ireland history.

Those who could, fled Ireland. Many came to the New World. Through death and emigration, the population of Ireland decreased by 20 to 25 per cent.

One heart-breaking story that emerged from the tragedy was the Doolough Famine Walk. In 1849, about 600 adults and children in Louisburgh, County Mayo, were starving as a result of failed crops. A rumour circulated that if they walked to Delphi Lodge, their landlord and council of guardians would give them food.

It was March, cold and blustery, and the trek was 15 miles. The people set out at night with hope of receiving food. When they arrived, they had to wait until their landlord and guardians finished lunch. Then they were sent away empty-handed.

Many of the weak died on the return trip, and their bodies were left on the side of the road.

If you have Irish in your bloodlines, then March is painted green to celebrate the many traditions of the culture, to connect with the its vibrant history and to remember those who died tragically due to war, disease and famine as well as those who perished on the journey to

start a new life in Canada.

*The Index of Irish Clan Names* (<http://www.libraryireland.com/names/irishclans/irish-clan-names.php>) on the Library Ireland History, Genealogy, Culture website is an excellent place to learn more about surnames and the method used to create them. The source was a book by the same name—*Irish Clan Names*—written by Rev. Patrick Wolfe and published in 1923.

It states, "Our Irish ancestors had from an early period, and even from pre-historic times, a complete system of fixed clan-names by which each family-group and its subdivisions had its own distinct name."

Before delving into individual surnames, the site provides details on the prefixes and suffixes used to form surnames and clan-names.

An example of a prefix was Ui. It denoted descendants of a particular person. Those with the Ui Néill surname descended from Niall of the Nine Hostages.

At the bottom of the page are 18 letters of the alphabet connected to pages with surnames and their origins. If you can't find a surname and it doesn't begin with the letter O, check the O's anyways in case it was spelt with one. For example, Finn appears as O'Finn.

Various pieces of information are provided for each name. For example, the name Fórd means the strong and was "the name of an Anglo-Norman family who settled in Meath and Louth."

The site provides detailed information on Irish surnames and clan-names that could help with deciphering information on old records, both here in Canada and in Ireland. Family records may also contain these name spellings.

*Diane Lynn McGyver Tibert, author of Scattered Stones, is a freelance writer based in Central Nova Scotia. Visit her Roots to the Past blog (<https://rootsto-thepast.wordpress.com>) to learn more about her genealogy writing.*



**DIANE LYNN TIBERT**  
*Roots to the Past*

## Giants of the Forest

By KAREN JANIGAN

karen.janigan@lighthouseNOW.ca

They're the longest living trees in the Acadian forest and they are under threat from the Hemlock Woolly Adelgid; but Tom Rogers doesn't want to scream out an alarm. Instead, he wants to show people how beautiful Nova Scotia's forests are and encourage them to keep them that way.

"I find positive messages are way more motivating than beating people up with how bad things area," said the woodlot owner in an interview. With 150 acres that's been in his family for four generations, Rogers speaks lovingly of the forests.

He has a stand of Hemlock, some so big it would take two people to encircle them. He doesn't want to lose them to the devastation of the invasive pest that has wreaked havoc south of the border.

Rogers also has nothing but praise for the Mersey Tobeatic Research Institute, which is how he came up with a campaign to raise funds for the research the institute carries on, including into the most recent pest.

Rogers decided to put together and sell a calendar to raise research funds. Called *Giants of the Forest*, the pictures will come

from a contest asking photographers to submit photos of beautiful individual, stands or forests of trees "to show everyone how beautiful Nova Scotia is."

As the web site <http://www.giantsofnovascotia.com/> declares the contest is about "celebrating the beauty of Nova Scotia's trees and forest though a 2019 calendar with all proceeds donated to keep it that way."

The contest runs to September 14, 2018, but people should not take "giants" of Nova Scotia literally, because the tree or trees do not have to be giant to have a large impact. "It's totally up to the photographer to interpret," said Rogers

Those photographs picked for each of the 12 months will receive \$50; the shot picked for the cover of the calendar will receive \$100, thanks to a \$1,000 grant from Awesome South Shore. The rest will go toward the printing so the calendars will be ready in October.

"We have amazing forests and trees throughout the province," said Rogers, enthusiastically. "We live in a pretty cool part of the world and I want to promote the understanding of what we have with a gentle message."

Contest details can be found at the <http://www.giantsofnovascotia.com> website.



ROB SMITH, CONTRIBUTED

A new photo contest celebrates the beauty of Nova Scotia forests while raising money for research. This is a shot from Penney Farm in New Germany.

# CRANIAL CRUNCHES

## CryptoQuip

This is a code substitution cipher in which each letter stands for another. If you think that X equals O, then you'll find O throughout the puzzle. Solution is accomplished by trial and error.

Clue V equals E

FBVSVUVC K QI KS OI ZVWIHKO

RD FVWMPD GBVGMH. VUVCDYIZD

MVWWH PIIMKSQ TO RV FKOB

YTSM HOTCVH.

©2018 King Features Syndicate, Inc.

## Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an L, you get MISTER. Do not change the order of the letters.

1	Wanted sign	S	Hogwarts wizard	T
2	Group of sheep	L	Clerical robe	R
3	Mare or stallion	— — — S —	Multitude	— — — D —
4	Soundness of mind	S	Narcissism	V
5	Tiger or nurse	R	Shabby dwelling	C
6	Shopping area	— — — — — T	Felt-tip pen	— — — — — R
7	Location	C	Dish	T
8	Spaceship	O	Badminton tool	A
9	Further along in life	— L — — —	More peculiar	— D — — —
10	Frogman	V	Restaurant patron	N

©2018 King Features Syndicate, Inc.

## Weekly SUDOKU

by Linda Thistle

3				5		7		
	4		2		1			8
		5			9		6	
7			1			8		
		8		2			4	9
	2				3		1	
		1	7					5
8		6			5	2		
	7			4				3

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

©2018 King Features Syndicate, Inc.

## CryptoQuote

AXYDLBAAXR  
is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and format of the words are all hints. Each week the code letters are different.

ANEKUUH MNYJ KZ OKJH

B ZNXU ACBKY — HBZL UN

IHU KVUN BVQ CBYQ UN

IHU NSU NX.

— JHVHUC ZCKDHOL

## Crossword puzzle by Walter Feener

### ACROSS

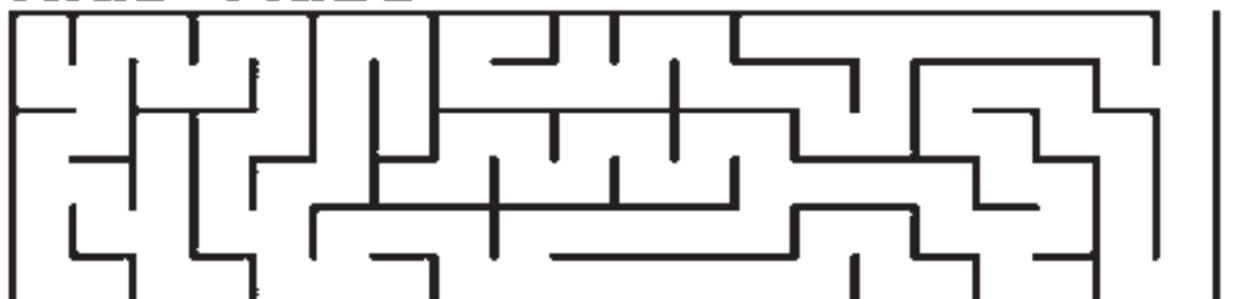
- Horse mackerel
- British raincoats
- Peddle goods aggressively
- Coffee shop
- Satellite of Saturn
- Town in Wellington County, Ontario
- On the double
- Head of council in some Canadian provinces
- Price reduction
- Economical management
- Easily done
- Muse of history
- Obscene pictures
- Sci-fi creatures
- Early calculator
- Second person of the Trinity
- Not beyond
- Street sign word
- Goes offstage
- Indefinitely long period of time
- Colour of undyed wool
- Religious ceremony
- Partially tamed pony
- Earn as clear profit
- Insect's antenna
- It's used to control riots
- Historical periods
- Finnish poem
- Put a ceiling on
- Detecting device
- Home of the Jazz
- \_\_\_ John, New Brunswick
- Starchy tuber
- Starch used in making puddings
- Boredom
- German art song
- Arduous
- In \_\_\_ (with sound and picture coordinated)
- Instead

### DOWN

- Actual money
- Not near
- Show in a picture
- Cocktail served with an olive
- Corroded
- Staff symbol
- Is economical
- Be undecided
- One who wears a burnoose
- Am going to
- Joint at the bend of the leg
- Deckhand
- Imperfections
- Warship armed with torpedoes, for short
- Animal with webbed feet
- Fortitude and determination
- Loosen one's shoelaces
- Take a picture of
- Porcelain
- Speeds up
- Hard fat
- Medieval farmworker
- Kind of tube
- Charity broadcast
- Carried
- One way to make steak
- That burns flesh
- Be incorrect
- Not rough
- Looks at closely
- Stratagem
- And others
- Medieval Icelandic story
- Wee
- A jib is one
- Native metals
- Went on horseback
- Hebrew letter

1	2	3	4	5	6	7	8	9	10	11	12	
13				14			15		16			
17				18					19			
20				21		22			23			
			24		25		26					
	27	28				29		30		31	32	33
34			35			36		37				
38			39		40			41				
42				43			44			45		
46				47		48				49		
			50			51		52				
53	54	55				56		57		58	59	60
61				62			63		64			
65				66					67			
68						69				70		

## Kids' Maze



©2018 King Features Syndicate, Inc.

All answers found in the classified section of this issue.

Table with columns for time slots (6:30-11:30) and program titles for Wednesday Evening, March 14.

Advertisement for local food banks with the text 'DON'T FORGET Support your local food banks!' and 'This message brought to you by lighthouseNOW.ca your local newspaper'.

Large text 'What's on?' with the website address 'www.tvpassport.com/southshore'.

Channel Guide - A - Lunenburg Co. B - Queens Co. C - Caledonia/Cherry Hill D - St. Margaret's Bay E - New Ross

Channel Guide table with columns for channels (GLOBAL, ATV, CBC, etc.) and time slots (A-E).

THURSDAY EVENING MARCH 15

Table with columns for time slots (6:30-11:30) and program titles for Thursday Evening, March 15.

FRIDAY EVENING MARCH 16

Table with columns for time slots (6:30-11:30) and program titles for Friday Evening, March 16.

WEEKDAY DAYTIME MARCH 14 TO MARCH 20

Large table with columns for time slots (7:30-6:00) and program titles for Weekday Daytime, March 14 to March 20.

SATURDAY DAYTIME MARCH 17. Table with 19 columns (7:30-6:00) and 56 rows of program listings.

SUNDAY DAYTIME MARCH 18. Table with 19 columns (7:30-6:00) and 56 rows of program listings.

SATURDAY EVENING MARCH 17. Table with 10 columns (6:30-11:30) and 56 rows of program listings.

SUNDAY EVENING MARCH 18. Table with 10 columns (6:30-11:30) and 56 rows of program listings.

MOVIES

WEDNESDAY 03/14

Evening
8:00 FAM "Zathura: A Space Adventure" (Adventure,2005) Jonah Bobo, Josh Hutcherson. Two brothers are propelled into space while playing a game they found in their house. (PG)
9:00 WTN "Miss You Already" (Comedy/Drama,2015) Drew Barrymore, Toni Collette. Two best friends try to deal with tragic news and an exciting announcement. (14+)
SPACE "Transformers: Dark of the Moon" (Action,2011) Shia LaBeouf, Tyrese Gibson. The Autobots and Decepticons fight to uncover a spacecraft that is hidden on the moon. (PG)
10:00 BRAVO "Love Locks" (Romance,2017) Rebecca Romijn, Jerry O'Connell. After 20 years, a woman returns to Paris to begin a journey of romance and rediscovery. (G)
1:00 APTN "Speed 2: Cruise Control" (Action,1997) Sandra Bullock, Jason Patric. A computer genius takes over a cruise ship and sets it on a course for destruction. (14+)
VTS "Angela's Ashes" (Drama,1999) Emily Watson, Robert Carlyle. An author describes his childhood growing up in an impoverished pre-war Irish slum. (18+)

THURSDAY 03/15

Evening
8:00 FAM "Away and Back" (Romance,2015) Jason Lee, Minka Kelly. A family of swans makes their home on a young girl's farm and it's love at first sight. (PG)
9:00 CH "I Spy" (Spy,2002) Eddie Murphy, Owen Wilson. A professional agent helps a government agent recover a missing stealth fighter jet.
WTN "Love on a Limb" (Romance,2016) Ashley Williams, Trevor Donovan. A woman chains herself to an oak tree after the mayor hires a landscaper to cut it down.
10:00 SHOW "Dracula Untold" (Fantasy,2014) Luke Evans, Sarah Gadon. The origin story of the legendary vampire, Dracula, who started out as a young prince. (14+)
APTN "The Northlander" (Adventure,2016) Corey Sevier, Roseanne Supernault. In the year 2961, a hunter is called upon to protect his people. (14+)
VTS "Angela's Ashes" (Drama,1999) Emily Watson, Robert Carlyle. An author describes his childhood growing up in an impoverished pre-war Irish slum. (18+)
12:00 SHOW "Hellboy II: The Golden Army" (Adventure,2008) Ron Perlman, Selma Blair. Hellboy and his team try to save the world from creatures bent on destruction. (14+)
SPACE "Ghostbusters"

(Comedy,1984) Bill Murray, Harold Ramis. Three parapsychologists open a ghost removal business in New York.

FRIDAY 03/16

Evening
8:00 FAM "Open Season 3" (Children,2010) Dana Snyder, Matthew W. Taylor. Boog joins the circus, but his fun ends when he learns that he is being sent to Russia. (G)
9:00 WTN "The Longest Ride" (Romance,2015) Britt Robertson, Scott Eastwood. A college student falls in love with a former champion bull rider who's keeping a secret. (14+)
SHOW "Transformers: Age of Extinction" (Action,2014) Mark Wahlberg, Nicola Peltz. A mechanic stumbles across a deactivated Optimus Prime and becomes wrapped up in a battle. (13+)
10:00 LIFE "Gone Girl" (Mystery,2014) Ben Affleck, Rosamund Pike. Suspicion is turned on a husband who reported his wife missing on their fifth anniversary. (18+)
SPACE "The Haunting in Connecticut 2: Ghosts of Georgia" (Drama,2013) Abigail Spencer, Chad Michael Murray. A family quickly discovers they are not their house's only inhabitants.
11:00 FAM "Kiss and Cry" (Drama,2017) Carley Allison is diagnosed with a rare form of throat cancer soon after falling in love. (PG)
12:30 SHOW "Mission: Impossible - Ghost Protocol" (Action,2011) Tom Cruise, Jeremy Renner. Ethan Hunt must work to clear the IMF's name after it is implicated in a bombing. (PG)
1:00 APTN "The Matrix Reloaded" (Sci-Fi,2003) Keanu Reeves, Carrie-Anne Moss. Neo and rebel leaders have 72 hours to stop an army of machines sent to destroy humankind. (18+)

SATURDAY 03/17

Evening
5:00 CH "Blackbeard the Pirate" (Adventure,1952) Robert Newton, William Bendix. The story of a ruthless 17th-century pirate who takes a lovely woman as his captive.
LIFE "Mr. and Mrs. Smith" (Action,2005) Brad Pitt, Angelina Jolie. A husband and wife, leading double lives as assassins, become each other's target. (14+)
5:30 WTN "Hot Pursuit" (Action/Comedy,2015) Reese Witherspoon, Sofia Vergara. A cop must step out of the box as she protects the gregarious wife of a drug boss. (14+)
5:45 STAR "Sweet Home Alabama" (Comedy,2002) Reese Witherspoon, Candice Bergen. A designer's plans to marry are threatened when her first husband refuses to divorce her. (14+)
7:30 WTN "Runaway Bride" (Romance,1999) Julia Roberts, Richard Gere. A news-

paper columnist investigates a small-town bride-to-be who has a unique history. (PG)
SHOW "Godzilla" (Action,2014) Elizabeth Olsen, Aaron Taylor-Johnson. Godzilla has awoken once again to regain the balance of nature offset by humanity.
LIFE "I, Robot" (Sci-Fi,2004) Will Smith, Bridget Moynahan. In 2035, a Chicago detective investigates a robot's role in the death of a scientist. (14+)

8:00 GLOBAL "Abducted Love" (Thriller,2016) Daphne Zuniga, Aaron Pearl. A woman helps the police investigate the kidnapping of her husband.
FAM "Surf's Up" (Animated,2007) Voices of Shia LaBeouf, Jeff Bridges. A star lifeguard helps an enthusiastic penguin who enters a surfing competition. (PG)
SPACE "True Bloodthirst" (Sci-Fi,2012) Andrew Lee Potts, Neil Jackson. Vampires and humans must band together to obliterate a new species of super vampire. (14+)
APTN "In Her Shoes" (Drama,2005) Cameron Diaz, Toni Collette. Two estranged sisters bond after meeting the grandmother they never knew existed. (14+)

9:00 STAR "Sweet Home Alabama" (Comedy,2002) Reese Witherspoon, Candice Bergen. A designer's plans to marry are threatened when her first husband refuses to divorce her. (14+)
10:00 TOON "Indiana Jones and the Last Crusade" (Adventure,1989) Harrison Ford, Sean Connery. Indiana Jones and his father must fend off Nazis while searching for the Holy Grail. (14+)
WTN "Blended" (Comedy,2014) Adam Sandler, Drew Barrymore. After an awful blind date, two single parents find themselves stuck together at a resort. (14+)

SHOW "Pacific Rim" (Action,2013) Idris Elba, Charlie Hunnam. A former pilot and trainee are paired up to operate a weapon and save the world. (18+)
LIFE "Get Hard" (Comedy,2015) Will Ferrell, Kevin Hart. A millionaire convicted of fraud hires his friend to prep him for his time in San Quentin. (18+)
SPACE "Underworld" (Fantasy,2003) Kate Beckinsale, Scott Speedman. A beautiful vampire warrior is torn when she falls in love with a werewolf. (18+)

10:30 CFTV "Abducted Love" (Thriller,2016) Daphne Zuniga, Aaron Pearl. A woman helps the police investigate the kidnapping of her husband.
APTN "The Revenant" (Drama,2015) Leonardo DiCaprio, Tom Hardy. A trading frontiersman struggles to survive after being mauled by a bear and left to die. (18+)
11:00 FAM "Beastly" (Drama,2011) Alex Pettyfer, Vanessa Hudgens. A young man is turned into a beast and must find true love in order to change back. (PG)
TBS "Nowhere to Run"

(Action,1993) Jean-Claude Van Damme, Kieran Culkin. An ex-con hides on a farm and comes to the owner's aid when she is pressured to sell.
11:15 STAR "Father of the Bride" (Comedy,1991) Steve Martin, Kimberly Williams. The trials and tribulations of a father whose daughter excitedly plans her wedding. (PG)
12:30 TOON "Indiana Jones and the Kingdom of the Crystal Skull" (Adventure,2008) Harrison Ford, Karen Allen. Indiana Jones races to uncover the secrets behind a mysterious crystal skull. (PG)
WTN "Hot Pursuit" (Action/Comedy,2015) Reese Witherspoon, Sofia Vergara. A cop must step out of the box as she protects the gregarious wife of a drug boss. (14+)
LIFE "I, Robot" (Sci-Fi,2004) Will Smith, Bridget Moynahan. In 2035, a Chicago detective investigates a robot's role in the death of a scientist. (14+)
12:45 SPACE "Underworld: Evolution" (Fantasy,2006) Kate Beckinsale, Scott Speedman. A werewolf and a vampire attempt to unlock the secret behind their tribes' feud. (18+)

SUNDAY 03/18

Evening
5:00 CBC "The Lion King" (Family,1994) Jonathan Taylor Thomas, Matthew Broderick. A guilt ridden lion cub flees into exile and abandons his identity as the future King.
CH "Happy Go Lovely" (Musical,1951) David Niven, Vera Ellen. A girl wins a role in a play when the producer believes that her boyfriend is rich. (PG)
BRAVO "Goodfellas" (Crime Story,1990) Ray Liotta, Joe Pesci. A tough New York mobster becomes a target of the government and the mafia.
TBS "Look Who's Talking" (Comedy,1989) John Travolta, Kirstie Alley. When an unmarried woman has a baby, she begins to search for a decent husband and father. (14+)
SPACE "Underworld" (Fantasy,2003) Kate Beckinsale, Scott Speedman. A beautiful vampire warrior is torn when she falls in love with a werewolf. (18+)
GOLF "The Founders" (Documentary,2016) In the 1940s a group of women fought to create the Ladies Professional Golf Association.
5:45 COM "Whatever It Takes" (Comedy,2000) Shane West, Marla Sokoloff. A geek tries to win the affections of a popular girl in school with the help of a jock. (14+)
6:30 WTN "He's Just Not That Into You" (Comedy,2009) Ginnifer Goodwin, Jennifer Connelly. Men and woman mix their signals and misinterpret the true intentions of the opposite sex. (14+)
LIFE "Ocean's Thirteen" (Comedy,2007) George Clooney, Brad Pitt. Danny Ocean and his team plan to bankrupt one of Vegas' most powerful businessmen. (14+)

7:00 SHOW "Cowboys and Aliens" (Action,2011) Daniel Craig, Harrison Ford. A group of cowboys and natives fight to stop aliens from taking over the world in 1873. (14+)
7:45 SPACE "Underworld: Evolution" (Fantasy,2006) Kate Beckinsale, Scott Speedman. A werewolf and a vampire attempt to unlock the secret behind their tribes' feud. (18+)
8:00 BRAVO "The Last Stand" (Action,2013) Arnold Schwarzenegger, Forest Whitaker. After escaping from a courthouse, the leader of a drug cartel heads to Mexico. (18+)
COM "Fired Up!" (Comedy,2009) Nicholas D'Agosto, Eric Christian Olsen. Two guys decide to join cheerleader camp instead of football camp for the girls. (14+)
FAM "The Peanuts Movie" Noah Schnapp, Bill Melendez. Charlie Brown stresses about how to make a good impression on the new girl in town.
9:00 CH "Men in Black II" (Sci-Fi,2002) Will Smith, Tommy Lee Jones. Two secret agents are called in to battle an alien disguised as a lingerie model.
WTN "Cocaine Cowboys II: Hustlin' With the Godmother" (Documentary,2008) Nelson Andreu, Jorge Ayala. A cocaine dealer writes a fan letter to the 'Cocaine Godmother' doing time in prison.
10:00 CMT "Good Luck Chuck" (Comedy,2007) Jessica Alba, Dane Cook. Chuck is cursed to be the last man to sleep with a woman before she meets her true love. (18+)
BRAVO "Escape Plan" (Musical,1951) Arnold Schwarzenegger. An expert at escaping from prison is betrayed and locked in the most secure facility.
COM "The Hot Chick" (Comedy,2002) Rob Schneider, Anna Faris. An attractive but mean-spirited teenager gets herself trapped in the body of an older man. (14+)
SPACE "Underworld: Rise of the Lycans" (Action,2009) Michael Sheen, Bill Nighy. A young lycan leads a rebellion against the vampires after losing his lover. (14+)
11:00 FAM "The DUFF" (Comedy,2015) Mae Whitman, Robbie Amell. A high school senior enlists a charming jock to help her cultivate a whole new image. (14+)
APTN "Gimme Shelter" (Drama,2014) Vanessa Hudgens, Brendan Fraser. A pregnant teenager, abused and neglected, learns what it means to be part of a family.
11:55 SPACE "Underworld: Awakening" (Action,2012) Michael Ealy, India Eisley. Humans wage war against Vampire and Lycan clans after learning of their existence.
12:00 CMT "Without a Paddle" (Comedy,2004) Seth Green, Matthew Lillard. Three city boys go canoeing in Oregon State in hopes of finding a long-lost fortune. (14+)
12:05 WTN "Cocaine Cowboys II: Hustlin' With the Godmother" Nelson Andreu, Jorge Ayala. A cocaine dealer writes a fan letter to the 'Co-

caine Godmother' doing time in prison.
12:15 COM "Romy and Michele's High School Reunion" (Comedy,1997) Mira Sorvino, Lisa Kudrow. An upcoming high school reunion forces two friends to confront their failures in life. (18+)
12:20 BRAVO "The Last Stand" Arnold Schwarzenegger, Forest Whitaker. After escaping from a courthouse, the leader of a drug cartel heads to Mexico. (18+)

MONDAY 03/19

Evening
9:00 SPACE "Star Trek III: The Search for Spock" William Shatner, Leonard Nimoy. Captain Kirk hijacks the Enterprise and embarks on a mission to search for Mr. Spock. (PG)
10:00 SHOW "R.I.P.D." Ryan Reynolds, Jeff Bridges. A cop joins the Rest in Peace Department, a unit made up of undead police officers. (PG)
1:00 APTN "From Above" (Drama,2013) Danny Glover, Graham Greene. A man recalls the struggles to defy social conventions as he sits by his love's death bed.
VTS "Lost Letter Mysteries: Reconcilable Differences" (Mystery,2014) A letter from someone who passed away helps unite a divided family.
2:00 SPACE "Star Trek III: The Search for Spock" William Shatner, Leonard Nimoy. Captain Kirk hijacks the Enterprise and embarks on a mission to search for Mr. Spock. (PG)

TUESDAY 03/20

Evening
9:00 WTN "About Time" (Romance,2013) Domhnall Gleeson, Rachel McAdams. A man discovers that he has the ability to travel back in time and redo parts of his life. (14+)
SHOW "Transcendence" (Action,2014) Johnny Depp, Rebecca Hall. A researcher gains immeasurable power after downloading his mind into a computer. (14+)
SPACE "The Incredible Hulk" (Action,2008) Edward Norton, Liv Tyler. Bruce Banner meets a monstrous opponent while he searches for a cure to banish the Hulk.
10:00 VTS "Lost Letter Mysteries: Reconcilable Differences" (Mystery,2014) A letter from someone who passed away helps unite a divided family.
1:00 APTN "In the Valley of Elah" (Crime Story,2007) Tommy Lee Jones, Charlize Theron. A former military Sergeant searches for the truth behind his son's disappearance. (18+)
VTS "The Curious Case of Benjamin Button" (Drama,2008) Cate Blanchett, Julia Ormond. A man is born in his elder years and proceeds to get younger as he grows up.

MONDAY EVENING MARCH 19
Table with 11 columns (6:30-11:30) and 56 rows of programming details.

TUESDAY EVENING MARCH 20
Table with 11 columns (6:30-11:30) and 56 rows of programming details.

ph: 902.543.2457

fax: 902.543.2228

toll free: 888.543.2457

email: ads@lighthouse.ca

# LIGHTHOUSENOW.CA CLASSIFIEDS



## JOBS • EVENTS • FOR SALE/RENT • NETWORK & MORE!

### MEETINGS

Annual Meeting Lunenburg & District Swimming Pool Society, April 17, 7 p.m., Lunenburg TD Canada Trust.

Bridgewater Garden Club Meeting, March 19, 7 p.m. Baptist Church, Glen Allen Drive, Garden Trivia Challenge.

Greater Petite Area Community Association AGM, Monday March 26 at the Petite Riviere Fire Hall, 7-8:30 p.m. Join us for celebrations, strategy and refreshments.

If you drink, that's your business. If you want to stop, that's ours! Call AA, (902)521-8114

### DANCES

St. Patrick's Dance, March 17, Oakhill Fire Hall. Band: Rinshot, Tammy Adam, 9 p.m.-12:30 a.m. \$8 admission. Prize for outstanding green outfit. Info 902-644-3306, 902-634-7294.

St. Patrick's Day Benefit Dance, featuring Newfoundland Country. March 17, 9 p.m.-1 a.m. Northfield Fire Hall. \$20/ couple. Proceeds to Rick Cheeseman. 902-527-0045 or 902-521-1229.

St. Patrick's Day Dance, March 17, Conquerall Mills Community Hall. DJ Rockin Sounds. 9 p.m.-1 a.m. Tickets: call Emily 902-543-2154.

### BINGOS

**Mahone Bay Fire Department**  
**BINGO**  
Thursdays & Sundays Starting at 7:10pm  
**COSMIC BINGO**  
Easter Bingo Mar. 31st  
Doors open at 6:30pm  
Hall Number 902-624-8437  
**184 Kinburn St.**

**OAKHILL FIRE DEPT.**  
**BINGO**  
Sunday Afternoon Bingo  
Doors open at noon  
Play starts at 1 pm  
Monday Evening Bingo  
Doors open at 5:30 pm  
Play starts at 6:45 pm  
Thursday Evening Bingo  
Doors open at 5:30 pm  
Play starts at 6:45 pm  
Electronic Personal Verifiers Available so you can Play more books in every game - More Chances to Win!  
For information call 902-521-1834

### NOTICES

SCANS, the Seniors' College Association of Nova Scotia is presenting three new courses this spring: A Cauldron Struggle, Ideology, War & Art; A Beginner's Guide to the Renaissance; and Oil, the History & Politics of the Liquid Which Fuels Our Society. Find out more about the courses and the people who are presenting them at the SCANS Information & Registration Session at the Mahone Bay Centre, Tuesday March 20 at 10.30 a.m. For more information go to www.thescans.org.

### TRAVEL/TOURS

"All Greek to Me" Tour. Want to travel and don't want to go alone? Join me on another adventure! April 15-27. Includes air, hotels, cruise, tours, extra two nights in Santorini. Double rate: \$4,399; single rate: \$5,299. Call Amber: 902-531-9370 or visit my new Mahone Bay Centre office.

### APTS.

Blockhouse. Newly renovated 1 bedroom apartment. \$525 plus utilities. Available April 1. 902-624-9792

Bridgewater. For rent: 1, 2 and 3 bedroom apt. Heat, hot and cold water, fridge, stove, coin laundry, parking, security building. Clean, well maintained building. No pets, security deposit required. 902-527-1843.

Milton, Queens County. Large 3 bedroom apartment. Utilities included. Quiet location on the Mercy River. \$995 monthly. Available April 1. 902-354-2854 leave message.

### HOMES/SALE

Estate country house for sale. Three additional buildings. Sold with all appliances and furnishings. Wood stove and oil furnace. 1166 Highway 208. 5km from town. Inquires: 902-299-0250.

### LAND FOR SALE

One building lots for sale. Approximately one acre roadside. McInnis Road, Chester Basin. 902-275-3029

### COMMERCIAL

Professional office space for rent in downtown Lunenburg. Two upstairs offices (one can be used as reception) in a heritage building in the center of town (approximately 350 sq. ft.) Furnished or unfurnished. Includes shared boardroom, kitchen and washroom facilities. Rent \$1200+ HST, includes heat and water. 902-634-8354 or piotr@wolffhaus.com

### ROOMS for RENT

Room for rent, 361 Grimm Rd., Lunenburg. \$425. Use of all utilities. No pets. 902-521-0029.

### FOR SALE

2 sets Sheriff coins (car and airplane) with holders. Old advertising tins and signs. Hockey and baseball cards 1950's to present. Old sports books and magazines. Old toys. 902-521-0726.

Assortment of yokes: single, double, and bow. 902-527-0429.

Buy any in-stock Bushnell rifle scope during March and receive a mail-in rebate for 30% in US Dollars. Woods Wise Outfitters 902-543-7221.

COLORADO BLUE SPRUCE: \$0.99/each for a box of 180 (\$178.20). Also full range of tree, shrub and berry seedlings. Free shipping most of Canada. Growth guarantee. 1-866-873-3846 or TreeTime.ca.

Deer repellent canisters. Harmless to deer. Protect your flowers, shrubs, and vegetables. Eric Oickle: 902-543-4414.

Firewood, rocks new properties. G. Falkenham & Sons, 902-527-3418, 902-644-2792

SAWMILLS from only \$4,397 - MAKE MONEY & SAVE MONEY with your own bandmill - Cut lumber any dimension. In stock ready to ship. FREE Info & DVD: www.NorwoodSawmills.com/4000T 1-800-567-0404 Ext:4000T.

Variety of good quality tires, all sizes, contact 902-521-0029.

### FOR SALE

**WANTED: Dead or Alive**  
Old cars, trucks, school buses, dump trucks, excavators & bulldozers.  
**Top prices paid for scrap metal only**  
**543-9752**  
Cell 527-7291

### STEEL BUILDINGS

STEEL BUILDING SALE ..."BIG BLOW OUT SALE - ALL BUILDINGS PRICED TO CLEAR!" 20X21 \$5,560. 23X23 \$5,523. 25X25 \$6,896. 32X33 \$9,629. 33X33 \$9,332. One End Wall Included. Pioneer Steel 1-855-212-7036.

### ANTIQUES

**Rhodenizer Antique Auctions**  
Buying Antiques & Collectibles, one item or complete estate contents or will sell your items on commission.  
**Judy Rhodenizer**  
902-543-5194

### MOVING

CANE'S MOVING. Professional, reliable and very careful residential and office moving service. Local and long distance. 902-521-8596

### FIREWOOD

Top quality firewood, cut, split and delivered. 100% hardwood. Also, residential tree cutting and pruning. Fully insured and safety certified. Phone Vicki 902-543-6150.

### SERVICES

Available for JUNK REMOVAL, brush/ tree limb disposal, light moving, deliveries, etc. Chainsaw work. 902-543-6648

Handyman Available. No job too small. Carpentry, plumbing, sawing logs and general maintenance. 902-634-4166.

### HAL JOHNSON GENERAL CONTRACTING

30+ years experience  
**WE DO IT ALL**  
Residential, Commercial, Repairs, Renovations & New Home Construction. Fully licensed & insured. Free estimate.  
Ph: 902-543-1815  
124692 Cell: 902-521-3046

**LUNENBURG ACADEMY FOUNDATION NOTICE OF ANNUAL GENERAL MEETING OF THE MEMBERS** NOTICE is hereby given that the Annual General Meeting of the Members of the LUNENBURG ACADEMY FOUNDATION is called for and will be held on the 26th day of March, 2018, at the Lunenburg Academy, Room 206, (97 Kaulbach Street, Lunenburg, Nova Scotia, B0J 2C0) at 6:30 pm.  
The Foundation's primary objective is the preservation and restoration of the Lunenburg Academy building.

### CHURCH

Sunday, March 18, 3 p.m. Western Shore Baptist Church, reading and song service. Special music by Myles and June Robar.

### COMMUNITY

CRIBBAGE, Riverport & District Lions Club, 3rd Saturday Of Each Month, \$20/ team. 7 p.m. Riverport Community Centre. Canteen. Info contact Lion Nancy 902-764-2100 or 902-514-4533

Home Smoked Ham Raffle at Tri District Fire Rescue, Station 1. Friday March 16, 7 p.m. Canteen. We also will be selling home smoked hams. To place your order or for more info phone Roger at 902-543-2865.

Join the Mahone Bay Quilters Guild Saturday, March 17 to assemble quilts for local charities. No sewing required. Trinity United Church Hall, Mahone Bay. Doors open at 9:30 a.m. Lunch provided.

Penny Auction, Italy Cross and Middlewood Fire Dept, March 18, 11 a.m.-2 p.m. Canteen. Information: Christine, 902-543-2729.

West Side Players present a dinner theatre: "On a Wing or a Prayer". May 10, 11, 12, 6:30 p.m. West Side United Church, Pentz. Hot turkey dinner. For tickets, phone: Cecelia: 902-688-2631, Melanie 902-688-2737 (evenings). Price: \$30 per ticket.

Want to find a community supper?

Check out our Community Events Calendar! www.lighthouse.ca/events.php

### DANCES

St. Patrick's Day Dance. March 17th, 9 p.m.-1 a.m. Lunenburg Legion, 34 Duke St. DJ Wade Knickle. \$7. Tickets: 902-634-4215 or paid at door. 19 years and old.

### VARIETY SHOWS

Variety Show, Baker Settlement, Community Hall. March 17, 7 p.m. Featuring- Jeff and Debbie Beck, Cripple Creek, Kentucky Blue, Kitchen Country. \$5. 50/50. Canteen.

### SUPPERS

Corned Beef and Cabbage Supper. Sunday March 18. Forties Community Centre, New Ross. Corned beef and cabbage, carrots and boiled potatoes, dessert, tea/ coffee. Doors open at 4 p.m. Serving 4:30- 6 p.m. Adults \$13, 12 and under \$7, under 5 \$3. 902-689-2612 or 902-689-2000 (Hall).

St. Patrick's Day Supper, Saturday, March 17, Middlewood United Church Hall, (18440 Highway 103) 4-6 p.m. Chili, various soups, chowders (clam, corn), rolls, biscuits, pies, tea and coffee. Adults \$10; children \$5.

### BREAKFASTS

Breakfast/Brunch, Mahone Bay Legion, Sunday, March 25, 9 a.m.-1 p.m. Adults \$9; Children \$5; Ages 5 & under no charge.

Saturday March, 17. Riverport and District Firemen's Breakfast, 7:30-11:30 a.m., usual menu, adults \$8; children (6-12) \$3; children 5 and under free.

## AL-MAR Tax Services

One Price **\$34.75** +HST  
Any Income Tax Return

Registered E-Filer  
with Canada Revenue Agency

Refunds in 7-10 days

34 years in the business

**902-530-2625**

Local food banks need your support!

### SERVICES

Midtown Construction. Roofing, renovations, etc. Carson Robar 902-644-3917. Free estimates. midtownconstruction@live.com

Experienced cleaner looking for work day or night. References. Police check. Reasonable rates. 902-521-0442.

Home Maintenance: Carpentry, laminate and hardwood flooring, painting, minor electrical/plumbing repairs. 902-521-0649, 902-275-2291. home maintenance@bellaliant.net

### WANTED

Buying old sports cards, hockey news newspapers, hockey coins, comics, toys. 902-521-0726.

Need weekly cleaner for light house work. 902-530-2036.

Wanted to buy: Any type of rifle (22 lever action or commemorative rifles.) 902-354-5659

## MOM'S BUY & SELL

Lunenburg's coolest eclectic shop

Downsizing or redecorating? We buy furniture, antiques & such...by piece or by lot.

229 Lincoln St., Lunenburg Call Pam at **902-634-3595**

**SERVICES**

Trucking, tree clearing, repair build driveways, septic systems etc. G. Falkenham & Sons. 902-527-3418

Top quality firewood cut and split and delivered. Portable machine to come to your location to cut, split your wood. Min 4 cords. Phone 902-527-7946, 902-543-7258.

Rafuse's Roofing. Reasonable prices. Phone Paul Rafuse. 902-529-1408

**PAINTING**

Style Pro Painting. Interior and Exterior painting, pressure washing. Commercial and residential. Quality workmanship. Free estimates. Please call 902-523-1491.

**ELDERLY CARE**

Alan's Companion Care for seniors, caring for seniors in their homes, and more. References. 902-523-5242 www.alanscompanioncare.com

Will do home care for seniors in Queens County only. Will work any time (nights, etc.). 902-677-2693.

**HEALTH**

DISABILITY? ADHD? Do you have a DISABILITY? We can help you get up to \$50,000 back from the Canadian Government. BBB Accredited. FOR DETAILS CALL US TODAY Toll-Free 1-888-875-4787 or Visit us at: disabilitygroupcanada.com.




**Now Hiring  
Tradesperson - Carpenter  
(Permanent position)**

**Qualifications:**

- Journeyman's certificate in carpentry.
- Ability to work collaboratively with other trades, custodial staff, and school administration.
- Completion of WHMIS and first aid training.
- Ability to lift up to 50 lbs.
- Effective interpersonal skills.

Competitive Salary (\$24.87/hr).

For more information and to apply for this position, please visit our web site at [www.ssrbsb.ca](http://www.ssrbsb.ca), click on Employment Opportunities and follow the links to fill out an online application form.

For further information, please contact Human Resources, (541-3080) or by email at [dhalverson@ssrbsb.ca](mailto:dhalverson@ssrbsb.ca)

147314.in

**Reprints available**

Want a copy of a photo that's been in the paper? \* Contact our office for more information.

LIGHTHOUSENOW.CA

353 York St., Bridgewater, NS B4V 3K2  
P 902 543 2457 TF 1 888 543 2457  
\* Some restrictions apply.

**KINLEY DRUG  
& PharmaChoice**

**Position: Home Health Care Practitioner**

Location: Kinley Drug Store, 264 Lincoln Street, Lunenburg N.S.

Position available at well-established, independently owned community pharmacy.

Seeking highly motivated Home Health Care Practitioner to join our health care team.

**QUALIFICATIONS:**

- Leadership, work independently and collaboratively with all health care professionals.
- Reliable and flexible.
- Enthusiasm for learning and professional development.
- Excellent communication skills
- High degree of courtesy, empathy, accountability
- Strong decision-making skills
- Organizational and time-management skills
- Preference given to applicants who possess certification for compression therapy, orthotics, mastectomy services, etc.
- Business knowledge and skills

**POSITION RESPONSIBILITIES:**

- Inventory Management
- Sales and services encompassing all home health care supplies
- In-home visits, services to Long Term Care Facilities, Homes for Special Care, and various health care organizations
- Provide specialized customer service for home health needs

**HOURS:**

- 25-30 hours per week, to include weekdays, possible evenings, and every second Saturday (current store hours: Mon-Fri 9-9, Sat & Sun 9-5, Holidays 12-5). Eligible for benefits following 3-month probationary period.

**WAGE:**

- Hourly, based on qualifications and experience.

Please submit resume in person to Mary Bhagan or Mike Skinner at Kinley Drug Co., 264 Lincoln St. Lunenburg, NS, or email resume to [kinleyrx@bellaliant.com](mailto:kinleyrx@bellaliant.com)

147151



**RN Job Posting – Competition Number NUR- 201801**

North Queens Nursing Home is currently accepting applications for a **Permanent Full-Time Registered Nurse** to join our team. North Queens Nursing Home is located in Caledonia, NS, only a 30-minute drive from Bridgewater or Liverpool, with a community that has much to offer including its close proximity to Kejimikujik National Park.

North Queens Nursing home is a progressive, 44 bed long term care facility which prides itself on providing high quality care to seniors. We use electronic health record documentation and offer ongoing education for staff related to a variety of topics of interest. Registered Nurses are members of NSNU at NQNH and are compensated according to the collective agreement.

**Qualifications:**

- Must hold current, active-practicing licensure with the College of Registered Nurses of Nova Scotia or willing to obtain prior to commencing employment
- Graduate of an approved School of Nursing
- Experience and interest working with the elderly and commitment to resident centred care philosophy
- Physically able to perform the duties of the position as outlined in the RN functional job analysis for North Queens Nursing Home
- Ability to do shift work including 12 and 8 hour shifts on days, evenings, nights, weekends and holidays
- Alzheimer's and Related Dementia Care course, gerontology nursing course and or Gentle Persuasive Approach course an asset
- Physical and mental capabilities to work with agitated, confused, aggressive or hostile behaviour of residents. Ability to work in an environment with resident cats and therapy dogs/ other pets. Exposure to medications, contaminated equipment, and chemicals.
- Excellent communication skills with residents, families and other team members. Ability and confidence to take a leadership role.
- Demonstrated competency using computers including internet, email and Microsoft office
- Regular attendance in current and previous employment

**Rate:** as per NSNU collective agreement

Position posted: March 6, 2018

Application Deadline: On Going

Position Start Date: Immediately

Please apply with resume and cover letter to: Laurie Smith

Director of Care  
9565 Hwy #8  
Caledonia, Queens Co., NS  
B0T 1B0  
Fax: 902 682 2602  
E-mail: [lsmith@nqnh.ca](mailto:lsmith@nqnh.ca)

147190



**RPS Composites Inc.**

*Solutions for our customers....prosperity for our people*

Mahone Bay, Nova Scotia

**Production Supervisor Opportunity**

RPS Composites is searching for a creative and energetic Production Supervisor to join our manufacturing team to oversee all aspects of our Small Parts Area.

From our waterfront plant location in Mahone Bay we have manufactured and shipped products to customers worldwide for more than 50 years. Our mission is to deliver value to our customers by listening, thinking, and doing the right thing – for today and tomorrow. With eight manufacturing and service facilities in the United States and Canada we have the production capacity and flexibility to deliver large capital projects on time. We require a new team member interested in contributing to the continued success of the company.

The successful applicant will be responsible to ensure the Small Parts Area meets production quotas and deadlines, builds a quality product, minimizes cost, and ensures the safety of everyone in the area. Working with other personnel at many levels of the company for the overall benefit of RPS is essential.

This position will be of interest to people who are natural leaders, have strong communication and interpersonal skills, and enjoy coaching, motivating and training others. We want someone that shares our values of passion for their work, respect, trust, and honesty.

The salary will be commensurate with qualifications, experience, and abilities. RPS offers a comprehensive compensation package including shared contribution RRSP, medical, dental, and insurance plans as well as competitive vacation allowances.

A minimum of five-years of experience in an industrial setting is required for this position.

If you are interested, please email a cover letter and resume to [employment@rpscomposites.com](mailto:employment@rpscomposites.com) by March 23, 2018.

For more information about RPS Composites, please visit [www.rpscomposites.com](http://www.rpscomposites.com).

*We appreciate all applications; however, only those selected for an interview will be contacted.*

147092



**Won't Be Needing  
Something?**

*Sell it in the Classifieds!*

# Employment OPPORTUNITY

We are opening our first North American facility in Chester, Nova Scotia and we are hiring for the following positions:

- Technologist
- Operating Technicians
- Senior Maintenance Technician
- Junior Maintenance Technician
- Equipment/Utility Operator
- Production Manager
- Controls Technician

To learn more visit [www.sustanetech.com/employment.html](http://www.sustanetech.com/employment.html)

## FAMILY ALBUM



On the 19th of March **Lillian Joudrey**, Upper Cornwall, will be 90 years young. Family and friends want to wish you a Happy Birthday and hope your day is special.



She's happy, cute and so much fun, **Mallory Belle** is turning one! Have a "One-derful" year Mally. You are so loved by, Mom, Dad, Aj, and Mia.

## THANKS

We wish to thank our family and friends for helping us celebrate our 60th anniversary. Also, for the cards, calls and gifts we received. It was awesome. Thank you so much. We really appreciated it.  
Earl and Nina Teal

**CROWE, Shawn:** From our hearts, we the family of the late Shawn Crowe, wish to thank everyone who supported us during Shawn's illness and since his recent passing. We wish to especially express our sincere gratitude to all our extended families, neighbours and friends. Your visits, help and support, in so many different ways, was really appreciated during Shawn's illness and after his funeral. Thank you for all who put their time and effort into arranging fundraisers for Shawn to help offset the costs of his sickness, which was used for funeral arrangements with the remainder going into the trust fund for Ethan and Kennedy. Thank you to all who made donations in Shawn's memory. Thank you to Dr. Anne Chaisson, Dr. Debra Gowan and all the nurses on the surgery floor at SSRH for their great care of Shawn during his time spent there. Thank you also to Rev. Father Chad McCharles, the readers and urn bearers for making Shawn's funeral service extra special. It meant the world to us, his family, and would have to Shawn as well. Thank you to MBVFD for the use of the fire hall and Chris and Cathy Wile for all their help. Also thanks to Mahone Funeral Home for the great compassion and care you gave us during this difficult time. "Never give up; the last swing could win the game."  
Ethan, Kennedy & Nicole Crowe, Darlene & Kerry Blaikie, Gary & Doreen Crowe, David & Gail Veinotte.  
God bless, James and Linda

## MEMORIAMS

**ZINCK, Joseph:** March 15, 2011. Loved and always remembered.  
Sadly missed by wife, Daisy.  
In loving memory of a dear grandson, Chad Edward Oickle, who passed away on March 9, 2017.  
Much loved, much missed, Nana.

**JOUDREY:** In loving memory of my husband, William H. Joudrey, who passed away March 16, 2017. Beautiful memories are treasured forever, Of happy days when we were together I sit here all alone and look at pictures that are hanging on the wall, And I cherish and love them all.  
Sadly missed by wife, Frances; children, Wayne (Jeannette), Brenda (Scott), Yvonne (Clinton); grandchildren and great grandchildren. We love you forever.

## MEMORIAMS

**VEINOT-MAUGHAN, Kathy:** In loving memory of our daughter, Kathy, who passed away March 12, 2014.  
A smile for all, a heart of gold  
One of the best the world could hold,  
Always thoughtful, loving and kind  
These are the memories you left behind.  
Forever loved and sadly missed by parents, Noble and Isabel and family.

In memory of Vivian I. Rafuse, March 18, 2017. One year today our mom was called to her eternal rest;  
Gone where the angels sing so sweet  
And taken when God knew best.  
We miss her here so very much  
Her presence often seems near,  
But we all hope in Heaven to meet  
Where no one says goodbye.  
Love and miss you, Monica and family; and Chris.

### CARE HOME POSITION AVAILABLE BRIDGEWATER

Small boutique nursing home  
Applicants will be assisting residents with day-to-day routines

**Duties will include:**  
Cooking, Feeding, Outings, Washing & Dressing, other activities  
On the job training offered  
Flexible hours and a great introductory position to care!

**For more information please send your resume to:**  
[info@medtechstaffing.org](mailto:info@medtechstaffing.org) or contact us via Phone

Quinton Rautenbach  
902-527-8382  
Medtech Staffing Ltd  
[www.MedTechStaffing.org](http://www.MedTechStaffing.org)  
[www.ashwoodcare.ca](http://www.ashwoodcare.ca)  
[info@medtechstaffing.org](mailto:info@medtechstaffing.org)  
[quinton\\_21@yahoo.com](mailto:quinton_21@yahoo.com)

## THANKS

We, the family of the late Treva Elizabeth Rhuland, would like to thank all who called, visited, and sent cards during the loss of our mother. Thank you to all who gave donations in her memory. Thank you to Mahone Funeral Home and Pastor Adam Snook for the lovely service. We would also like to thank the paramedics and the second floor medical unit at Fisherman's Hospital for the care they gave mom when she was there.  
God bless,  
James and Linda

## OBITUARIES

**Vivian Lucille Goddard**  
GODDARD, Vivian Lucille: Age 97, of Bridgewater, passed away peacefully on February 26, 2018. Born in Lunenburg, she was the daughter of the late Capt. Moyle and Mable Crouse. She was the last surviving member of her immediate family. She was predeceased by her husband Raymond and her sisters, Oriol (Goddard) and Dorothy (Davis).  
She is survived by son, David and daughter, Janet (Ross Hallett); grandchildren, Eric Goddard (Peggy), Alec Hallett and Sarah Hallett and great grandchildren, Danielle Goddard, Hunter Hallett and Annabelle Hallett; along with nine nieces and nephews and their extended families.  
She was educated at the Lunenburg Academy graduating a year early with top honours in 1938. She graduated from the Montreal General Hospital School of Nursing in 1942. She was enlisted in the Naval Reserve. During the war she worked in essential services as a hospital nurse at the Aluminium Company of Canada in Arvida, Quebec. Following the war she went to St. Michael's Hospital in Toronto to do post graduate work on Operating Room studies. She went to Cornwall General Hospital (Ontario) as O.R. Supervisor, staying there until 1951. While there she made lifelong friends. She moved back to Montreal to study teaching and supervision at McGill University and then went back to the Montreal General Hospital as clinical teacher for students in the O.R. She was soon offered the position as Head of the O.R. Department, a position she kept until 1961. When she announced that she was leaving they offered her the Administrators post at the Bermuda General Hospital but her path was returning to Nova Scotia and her new home in Bridgewater.  
Following her return to Nova Scotia she became very active in a number of volunteer capacities from President of the Home and School Association to being a loyal canvasser for The Heart Fund, Canadian Cancer, Red Cross and other causes. She was a supporter of several organizations such as the Dawson Memorial Hospital then South Shore Regional Hospital, DesBrisay Museum, The Lunenburg Academy and more. For a number of years she worked beside her husband, Ray, helping in the family business, Goddard Pharmacy.  
Her faith was extremely important to her. Over the years she was a stalwart member of her church (wherever she was living) and was active in several church groups including Ladies Aid, LCW/ELW and Altar Guild, continuing as a choir member into her 96th year.  
Guiding was always a very important part of her life. She was a Girl Guide in Lunenburg and a Guide leader in Cornwall. She became a Brownie Leader soon after landing in Bridgewater in 1961 and stayed active until the late 1990's serving in several positions including Camp Advisor, Area Commissioner and President of the Trefoil Guild. She attended several national camps and was selected as camp nurse to attend the International Camp at Myra River, Cape Breton. She loved camping, whether it was with family, Guiding or Church Family Camp.  
Her hobbies included knitting and sewing (especially for Baby Lattes), smock balls, needle point as well as flower gardening. She loved nature and the outdoors hence the camping as well as trout fishing with Raymond. Her family and friends were extremely important to her and she was loved and respected by all. Her great-grands were a great source of delight to her and she enjoyed their artwork and phone/Skype calls.  
Visitation was held at Sweeny's Funeral Home, Bridgewater on Sunday, March 4 from 2 - 4 p.m. and 7 - 9 p.m. A Celebration of her life and funeral was led by Pastor Paul Jensen at 2 p.m. Monday, March 5, 2018 at St. Paul's Evangelical Lutheran Church, 25 Phoenix Street, Bridgewater. In lieu of flowers, donations may be made in her memory to St. Paul's Lutheran Church or to the charity of your choice. On-line condolences may be made by visiting [www.sweenysfuneralhome.com](http://www.sweenysfuneralhome.com).



### LIEBHERR

HEAVY EQUIPMENT  
**Now Hiring**  
Nova Scotia Field Technician

Apply online  
[www.liebherr.ca](http://www.liebherr.ca)

Peter's Bros. Construction based in Penticton, BC performs quality work though out the province. Seeking experienced paving personnel (minimum 3 years). We have an outstanding benefit and wage package, \$30 \$40/hr plus bonuses and a generous RRSP contribution program. Relocation allowance may be available. Send resume to: [petersbros@shaw.ca](mailto:petersbros@shaw.ca).

### VEINOTTE'S HEAVY EQUIPMENT WANTED

EXCAVATOR OPERATOR & DUMP TRUCK DRIVER with a minimum Class 3 License

Experience Required.  
Wage based on experience.

Send résumés by fax to 902-644-1249

by email to [hwy10roadbuilder@yahoo.com](mailto:hwy10roadbuilder@yahoo.com)

or by mail to PO Box 117 New Germany, NS B0R 1E0

Hiring now for:  
**FULL TIME DISHWASHERS & ROOM ATTENDANTS**

Perks: Endless staff events, subsidized staff housing, competitive benefits, daily duty meal in our staff cafeteria, employee travel program, food & beverage discounts, fitness centre/spa/golf discounts

Apply today and begin an extraordinary career path with Fairmont Hotels & Resorts!

[www.fairmontcareers.com](http://www.fairmontcareers.com)

## MEMORIAMS



In loving memory of **George Donald Knickle**, who passed away March 12, 2013.  
Five years has gone by since God called you away  
It broke our hearts to lose you but you didn't go alone,  
For part of us went with you  
The day God called you home.  
Always loved and sadly missed, wife Eva; son George and family.

Find out what's going on in your community this week!  
[www.lighthouseNOW.ca/events.php](http://www.lighthouseNOW.ca/events.php)

### DON'T FORGET

**Support your local food banks!**

**OBITUARIES**

**Paul St. Clair Hiltz**

Age 70, passed away peacefully on Monday, March 5, 2018 at South Shore Regional Hospital, Bridgewater. Born in Martins River, he was the son of the late Bernice and Gerald Hiltz. He is survived by sister, Joyce (Clyde) Richardson; nephews, Christopher Richardson and Stephen (Jessie) Hatt. He was predeceased by sister, Jean Bruhm. Visitation was held 7-9 p.m., Friday, March 9 at Mahone Funeral Home, Mahone Bay. A funeral service was held 2 p.m., Saturday, March 10 in St. Martin's Anglican Church, Martins River; Rev. Ron Barkhouse officiated. A reception followed in the lower level of the Western Shore and Area Improvement Association, Western Shore. Memorial donations in memory of Paul may be made to St. Martin's Anglican Church or a charity of your choice. Arrangements were entrusted to the care of Mahone Funeral Home, P.O. Box 200, 32 Parish St., Mahone Bay, NS B0J 2E0 (902-624-8241).

**Alan Nelson Garber**

January 23, 1963-February 20, 2018.

A farewell to a quiet, gentle man who was creative and artistic (yet mostly unknown) in his paintings and miniature models of merry-go-rounds and other exhibition rides etc. most parts which had to be made. He possessed good hand crafts.



**Card of Thanks**

The family would like to thank all family members and friends (includes hockey friends) for donations and support. Doctor Heather Robertson, Palliative Care Team and nurses for their kindness, care and guidance. Thanks to Sweeny's Funeral Home for their conciliated support. A special thank you to Rev. Willis Ott for his inspiring words and support. For all donations made to charities of choice, St. Paul's Lutheran Church and the family. Thanks to Ladies of St. Paul's Lutheran Church for their catering. He will be missed. We will remember Alan for the love of his family, his amazing miniature models, his beautiful paintings, his devilish smile and great sense of humour. Lucille, Tina and boys, Cory, Chad, Catlin.

**DEATHS**

**Vivian Lucille Goddard** - 97, Bridgewater, died February 26, 2018 at Mahone Nursing Home, Mahone Bay. Funeral arrangements entrusted to Sweeny's Funeral Home, Bridgewater.  
**Larry Victor Lunn** - 76, Hebbville, died March 1, 2018 at home, Hebbville. Funeral arrangements entrusted to Sweeny's Funeral Home, Bridgewater.

**DEATHS**

**Joseph Edmond Theriault** - 84, Bridgewater, died March 1, 2018 at South Shore Regional Hospital, Bridgewater. Funeral arrangements entrusted to Sweeny's Funeral Home, Bridgewater.  
**Jean Winnifred Publicover** - 99, Bridgewater, died March 3, 2018 at South Shore Regional Hospital, Bridgewater. Funeral arrangements entrusted to Sweeny's Funeral Home, Bridgewater.

*through* **YOUR LENS**



Enjoying a community breakfast, lunch or supper?

HAVE A GOOD QUALITY PHOTO OF A LOCAL EVENT YOU WANT TO SHARE WITH OUR READERS ...

**Take a photo & send it to us!**

e-mail: [hello@lighthouseNOW.ca](mailto:hello@lighthouseNOW.ca)

Please include names of people in the photo and where and when it was taken.

A DIVISION OF ADVOCATE MEDIA INC.  
**LIGHTHOUSENOW.CA**  
 shining a light on the progress of our south shore

**CRANIAL CRUNCHES ANSWERS**  
 March 14, 2018

**Crossword Solution**

S	C	A	D	M	A	C	S	H	A	W	K					
C	A	F	E	A	T	L	A	S	E	R	I	N				
A	S	A	P	R	E	E	V	E	S	A	L	E				
T	H	R	I	F	T	F	E	A	S	I	B	L	E			
				C	L	I	O	S	M	U	T					
				M	U	T	A	N	T	S	A	B	A	C	U	S
S	O	N	W	I	T	H	I	N	T	H	R	U				
E	X	I	T	S	E	O	N	B	E	I	G	E				
R	I	T	E	B	R	O	N	C	O	N	E	T				
F	E	E	L	E	R	T	E	A	R	G	A	S				
				E	R	A	S	R	U	N	E					
R	E	S	T	R	I	C	T	S	E	N	S	O	R			
U	T	A	H	S	A	I	N	T	T	A	R	O				
S	A	G	O	E	N	N	U	I	L	I	E	D				
E	L	A	N	S	Y	N	C	E	L	S	E					

**Sudoku**

9	8	8	4	5	6	7	2	1
6	4	7	2	3	1	5	9	8
2	1	5	8	7	9	4	6	3
7	6	3	1	9	4	8	5	2
1	5	8	6	2	7	3	4	9
9	2	4	5	8	3	6	1	7
4	3	1	7	6	2	9	8	5
8	9	6	3	1	5	2	7	4
5	7	2	9	4	8	1	3	6

**CryptoQuote**

Committee work is like a soft end - easy to get into and hard to get out of.  
 - Kenneth St. Veley

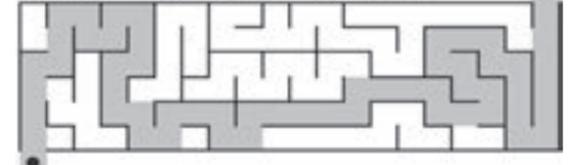
**CryptoQuip**

Whenever I get in to deposit the bank, I check everybody's checks making at the window stores.

**Even Exchange answers**

- |                  |                   |
|------------------|-------------------|
| 1. Poster, Paper | 8. Market, Market |
| 2. Fox, Flock    | 7. Place, Plate   |
| 3. Horse, Horde  | 9. Rocket, Racket |
| 4. Sandy, Vanity | 3. Order, Ouder   |
| 5. Snake, Stack  | 10. Over, Ower    |

**Kids' Maze Solution**



News of the week found on **lighthouseNOW.ca**



**Building Value in Every Used Car**

- All cars inspected and serviced. High quality
- 3 day exchange/money back
- 30 day warranty
- All used Kia's include lifetime oil and filter change program
- We lease all makes and models. New and used

Paying high interest on your car loan? You may qualify for a lower rate. Call Dawn for details.

<p><b>2010 Soul 2U • Auto Htd Seats • 128k</b></p> <p>18075A</p> <p><b>\$ 6,950 • \$50 weekly</b></p>	<p><b>2013 Corolla CE • Auto Htd Seats • Air • 52k</b></p> <p>U921</p> <p><b>\$ 12,450 • \$59 weekly</b></p>	<p><b>2014 Forte Koup SX Std • Camera • 79k</b></p> <p>8004A1</p> <p><b>\$ 11,950 • \$58 weekly</b></p>	<p><b>2017 Forte LX + Auto • Htd Seats • 32k</b></p> <p>U904</p> <p><b>\$ 14,950 • \$62 weekly</b></p>	<p><b>2016 Sorento LX + Turbo • AWD • 106k</b></p> <p>U907</p> <p><b>\$ 18,950 • \$78 weekly</b></p>
<p><b>2012 Hyundai Veloster Tec. Navi • Sunroof • 45k</b></p> <p>16198A</p> <p><b>\$ 10,950 • \$62 weekly</b></p>	<p><b>2017 Sorento LX AWD • 4 Cyl • 30k</b></p> <p>U909</p> <p><b>\$ 23,950 • \$97 weekly</b></p>	<p><b>2012 Civic LX Auto • Air • 113k</b></p> <p>U911</p> <p><b>\$ 9,450 • \$54 weekly</b></p>	<p><b>2014 Soul EX Auto • Htd Seats • 79k</b></p> <p>U915</p> <p><b>\$ 12,950 • \$62 weekly</b></p>	<p><b>2012 Optima LX Auto • Htd Seats • 98k</b></p> <p>18083A</p> <p><b>\$ 9,950 • \$57 weekly</b></p>

For a detailed view, please, visit our website @ [www.forbeskiabridgewater.ca](http://www.forbeskiabridgewater.ca)



**Kim Zinck**  
Sales and Leasing



**Ashley Selig**  
Sales and Leasing



**Dawn Lohnes**  
Business Manager  
Sales and Leasing



**Forbes Kia Bridgewater**

**902-543-9542**

15094 Auto Row, Bridgewater, NS B4V 3W3

Nataleah Irvine & Kaitlyn Labrecque,  
Intern Architects, FBM

“NATALEAH AND KAITLYN BOTH HAVE TALENT, AND THEY ARE ALSO VERY HARDWORKING. THEY HAVE ENTHUSIASM, ENERGY, AND ARE THE FIRST TO PICK UP NEW COMPUTER SOFTWARE.”

SUSAN FITZGERALD,  
PRINCIPAL, FOWLER BAULD AND MITCHELL (FBM)

The Graduate to Opportunity Program provides salary contributions to small businesses, start-up companies, social enterprises and non-profit organizations to help hire a recent grad. To breathe new life into your workforce, visit [NOVASCOTIA.CA/GTO](http://NOVASCOTIA.CA/GTO)



139657

# Set yourself up for more than just a good day.

The energy you use in your morning routine will influence future energy costs. It's time to come together as a community to use less energy during peak hours from 8:30 to 11:30am, and help stabilize future energy costs. Get started by taking the Mahone Bay Power Pledge. Three hours can make all the difference.

Take the Pledge at [powerpledgens.ca](http://powerpledgens.ca)



Search Mahone Bay Power Pledge on Facebook for more details and live updates.



147124